### PRESIDENT PETER EFSTATHIU

Principal Placer High School 275 Orange St. Auburn, CA 95603 (530) 745-5700 FAX: (530) 885-9836



# COMMISSIONER MICHAEL S. GARRISON

CIF Sac-Joaquin Section P.O. Box 289 Lodi, CA 95241 (209) 334-5900 FAX: (209) 334-0300 Web site: www.cifsjs.org

#### BACKUP MATERIAL BOARD OF MANAGERS MEETING January 27, 2016 The Reserve at Spanos Park

#### **CONSENT CALENDAR**

The following items are considered for your approval. If requested, any of the following items may be removed and placed on the regular agenda.

#### Section

1. Approval of Minutes of October 7, 2015 Board of Managers Meeting

#### **OLD BUSINESS (Voting Items)**

#### Section

1. Election of Large School Athletic Director Representative

The Section office announced at the October 7, 2015 Board of Managers meeting that with the resignation of Chris Fahey, the Board needed to elect a new Large Schools Athletic Director Representative to the Board for the 2016-17 and 2017-18 school years. The announcement was sent out to all Division I and II school athletic directors requesting nominations/resumes to be sent to the Section office by Friday, December 4, 2015. The Section has received seven (7) nominations/resumes. (Pages 1-8)

2. Proposed Revisions to Article 4 of the Sac-Joaquin Section Constitution: Section 1 - #4, Section 2 and Section 3.

This proposal restructures portions of our officers and governance structure. The Executive Committee and Staff are recommending placing the Sac-Joaquin Athletic Directors Association (SJADA) rep. on the Executive Committee. This will eliminate the SJADA rep. as a voting member of the Board of Managers, but allows them the opportunity to have a voice at the next level of our governance structure. In conjunction with this, it is proposed that each athletic director's rep. (small, medium and large) becomes a voting member of the Board of Managers – in the past, there has been one (1) vote for our four (4) athletic director reps, which has come through the SJADA rep. (Pages 9-11)

#### State

1. Proposed Revisions for Bylaws 204, 207, 213

The proposed modifications for consideration are to better clarify the residential eligibility and status of a student who has been declared by the local educational agency (LEA) as "homeless" under the McKinney-Vento Assistance Act. (Pages 12-16)

#### **NEW BUSINESS** (Non-voting Items)

#### Section

1. Proposed Revisions of CIF-SJS Bylaw 1903.2 (Team Camps – Football)

With the passage of AB 2127 (Ed Code 35179.1 and 48475) there has been much discussion surrounding the topic of football camps and the use of protective equipment. These discussions have included executive committee meetings, league commissioners meetings and Board of Managers. As a result of these discussions, it is being proposed to prohibit the use of protective gear at team football camps. (Pages 17-18)

2. Playoff Committee Recommendations / Proposals

The playoff committee met on September 16, 2015 and December 9, 2015. Their hard work has resulted in the development of multiple proposals for playoff changes effective 2016-17, with the exception of the track and field proposal, which is being proposed to go into effect immediately. Each proposal will be voted on separately at the spring Board of Managers meeting in April.

A. Proposal A – For water polo, a league champion (outright, or is the No. 1 seed by

criteria) must play at or above the level of its league competition.

This would require a team that wins a league championship (outright, or is the No. 1 seed by criteria), to play at or above the level of its league competition. For instance, if a school wins a championship in a D3 league but is a D4 school by enrollment, they would be required to play D3 in that year's playoffs.

**NOTE:** A similar proposal was passed last spring by the Board of Managers for the sports of football, girl's volleyball, boys and girl's basketball, boys and girl's soccer, and softball. Water Polo was part of the original discussions and should have been included in the

original proposal but was accidently omitted. (Page 19)

B. Proposal B – For girls and boy's basketball, NorCal basketball "OPEN Division" qualifiers placed in SJS Division 1.

This proposal would require any girls or boys basketball team that qualifies for the Northern California Regional "OPEN Division" to be placed in the Sac-Joaquin Section Division 1 the following year. (Page 20)

C. Proposal C - For track and field, adjustment of track and field divisional meet qualifying marks.

This proposal recommends setting qualifying marks for divisional meets by using only those divisions participating in said divisional meet. For instance, divisions 2-3 divisional meet at-large marks would be based on the three (3) year average of the sixth (6<sup>th</sup>) place finisher at the division 2-3 divisional meet only. (Pages 21-22)

D. Proposal D – League redivisioning for enrollment-based sports.

As a result of the "league champion" rule, we have seen some issues with equity and parity. This proposal recommends redivisioning leagues in enrollment-based sports (football, boys and girls volleyball, boys and girls soccer, boys and girls water polo, boys and girls basketball, and softball) creating better parity in our enrollment-based playoffs. (Page 23-27)

3. Proposed Increase of Student Dues and Sport Fees

Staff will provide the finalized proposal at the Board of Managers meeting. (Page 28)

4. Sac-Joaquin Section Executive Committee Nominations

The SJS Nominating Committee, as per SJS Constitution, Article 4, Section 1.(1)., met by conference call and nominated the following individuals to serve in the following assigned roles for a two-year term in each office. Additional nominations will also be accepted from the floor. (Pages 29-34)

A. President – Alan Peterson, Superintendent-Merced Union High School District

B. President-Elect – John Becker, Principal-Antelope High School

#### State

(These are first reading items (informational) at the January 29-30, 2016 Federated Council meeting.)

1. Proposed Revisions of CIF Bylaws 201, 204, 207

It is anticipated that the Federated Council will be asked to consider recommended revisions for modifications to Bylaws 201, 204, and 207 to better clarify and define "days of enrollment". **NOTE**:More detailed information will be shared at the BOM meeting as the Commissioners Committee meets January 11, 2016. (Page 35)

2. Proposed Revision of CIF Bylaw 1901.B

It is anticipated that the Federated Council will be asked to consider a revision to Bylaw 1901.B to further clarify and define football full contact at camps that take place outside the season of sport.

**NOTE:**More detailed information will be shared at the BOM meeting as the Commissioners Committee meets January 11, 2016. (Page 36)

#### **REPORTS**

#### **CIF Home**

1. CIF Home Committee Report

The CIF Home committee met in November 2015 and January 2016 to discuss the use of a web based software program for our Section. This program is used by five (5) other Sections (CCS, LAS, NS, SDS, SS) who have seen great benefits in time efficiency by converting transfer eligibility, section directory and section finance to an electronic format. A report will be provided at the Board of Managers meeting. (Pages 37)

#### **INFORMATION / ARTICLES**

1. CIF Partners with Special Olympics and CDE to provide inclusive sports opportunities at local high schools (Page 38)

2. Concussion lawsuit claims PIAA negligence (Pages 39-41)

- 3. Historic day for N.J. high school sports results in groundbreaking changes (Pages 42-43)
- 4. Tommy John, son to baseball parents: Wake up Major-leaguer's son moves business to San Diego, jump-starts discussion on youth injuries (Pages 44-46)

# Large School Athletic Director Representatives

# **Nominees**

Mike Cody, Franklin (EG) High School Lori Ann Donnell, Woodcreek High School Jeff Lorenson, Davis Sr. High School Richard Lynch, Edison High School Dean Perkins, Oakmont High School David Walls, Pitman High School Mark Wudel, Will C. Wood High School

## **MIKE CODY**

1999

916-539-0043 mcody@egusd.net

**EDUCATION** 

California State University, Chico

Single-Subject Social Science Clear Credential

CLAD and SDAIE Certified

**English Composition Supplement** 

Physical Education Supplement

Bachelor of Arts in History 1998

TEACHING EXPERIENCE

Franklin High School, Elk Grove, CA

World History, Psychology, Sports Psychology, Geography, Physical Education 2004-Present

School Leadership Committee

WASC Accreditation team member (2008, 2014)

Harriet Eddy Middle School, Elk Grove, CA 1999-2004

7<sup>th</sup> Grade Humanities and Reading

House Leader for 7<sup>th</sup> Grade, School Leadership Committee

ATHLETIC DIRECTOR EXPERIENCE

Franklin High School, Elk Grove, CA 2006-Present

Athletic Director (2008-Present), Assistant Athletic Director (2006-2008)

Organize and plan logistics for 20 sports, 32 teams and 800+ athletes

Construct and oversee a site budget of \$100,000+

Manage district transportation budget of \$40,000

Member of EGUSD Athletics Budget Committee

COACHING EXPERIENCE

Varsity Baseball Coach, Franklin High School, Elk Grove, CA 2002-Present

Head Varsity Coach (2002-2011), Assistant Varsity Coach (2012-Present)

Delta League Champions (2007, 2015)

Division 1 North Champions (2012)

CIF Playoffs (2006-2009, 2011-2015)

Delta League Coach of the Year (2006, 2007)

Delta Valley Conference Baseball Representative (2009-2011)

Optimist All-Star Coach (2006, 2015)

Head JV Baseball Coach, Laguna Creek High School, Elk Grove, CA 2001-2002

Delta League Champions (2001)

References are available upon request

#### Lori Ann Donnell

# Woodcreek High School Idonnell@rjuhsd.us

#### Objective

To serve as the Large School Athletic Director Representative on the CIF Sac-Joaquin Section Board of Managers for the 2016-2017 and 2017-2018 school years. In this capacity I would seek out the desires of, advocate for, and vote in the best interest of the Division I and II schools in the Section.

#### Education

#### **Teaching Credential**

National University, Sacramento, CA. 1995

#### Bachelor of Arts. English Major, Physical Education Minor

University of California, Davis. Davis, CA. 1992

#### Employment

#### Teacher

Woodcreek High School, Physical Education. 1995 to present

#### Athletic Director

• Woodcreek High School, 2002 to present

#### Coach

#### Woodcreek High School

Assistant Varsity Girls Basketball Coach 2007-2010, 2011-2014 Head Junior Varsity Girls Basketball Coach 2006-07 Head Freshman Girls Basketball Coach 2005-2006 Head Varsity Girls Basketball Coach 1995-2005 Head Girls Golf Coach 1998-2001 Assistant Varsity Softball Coach 1996-1998

#### • College of the Siskiyous

Interim Head Women's Basketball Coach 1994-1995 Assistant Track and Field Coach 1994-1995

#### Oakmont High School

Head Junior Varsity Girls Basketball Coach 1993-1994 Assistant Varsity Softball Coach 1993-1994

#### Honors and Associations

- CSADA CIF SJS Athletic Director of the Year, 2015
- CSADA Norm Mackenzie Award, 2005
- Member, State CIF Athletic Administrators Advisory Committee 2013-Present
- Member, State CIF Title IX Resource Network, 1999-Present
- Roseville Joint Union High School District Award of Excellence 2004, 2008
- Teachers Who Make a Difference Award 2002, 2012

# Jeffrey L. Lorenson

2572 Mabry Drive, Sacramento, CA 95835

916.529.3978 jlorenson@djusd.net

#### **Employment**

#### **Davis Joint Unified School District**

Davis Senior High School Athletic Director

(July 1 2014-Current)

Provide overall administration duties for all students. Management of all athletic operations including staffing, recruitment, professional development, and growth for all athletics programs. Operate positively within year to year budgets to generate income that support the vision of the athletic department.

#### East Nicolaus Union High School District

Physical Education, Sports Medicine, and Weight Training Teacher

(February 2012-June 2014)

Educate students on the importance of a healthy and active lifestyle while encouraging teamwork and leadership. Plan, develop, and implement standard based lessons to ensure the overall goals of the school and district can be reached.

Coaching: Varsity Boys Basketball, Strength and Conditioning Coach, Track & Field

#### Athletic Director

Provide overall leadership, direction and organization for all athletic teams and events including the recruitment and training of all athletic staff. Create community relationships and excitement to provide support, involvement and school pride while serving as an advisor and leader for students' future collegiate and athletic endeavors. Generate ideas and facilitate the execution of fundraising programs and events for all athletics.

#### **Esparto Unified School District**

Physical Education, Health, and Technology Teacher

(August 2006-February 2012)

Educate students on the importance of a healthy and active lifestyle while encouraging teamwork and leadership. Implement standard based lessons to ensure the overall goals of the school and district can be reached.

Coaching: Varsity Volleyball, Varsity Boys Basketball, Varsity Golf, and Varsity Cross Country

Athletic Director

(August 2006-February 2012)

Provide overall leadership, direction and organization for all athletic teams and events including the recruitment and training of all athletic staff. Create community relationships and excitement to provide support, involvement and school pride while serving as an advisor and leader for students' future collegiate and athletic endeavors. Generate ideas and facilitate the execution of fundraising programs and events for all athletics.

#### Fairfield-Suisun Unified School District

Physical Education Teacher

(August 2005-May 2006)

Plan, develop and implement a first time physical education department for the alternative junior and senior high school. Educate students on the importance of a healthy and active lifestyle while encouraging teamwork and leadership. Implement standard based lessons to ensure the overall goals of the school and district can be reached.

#### **Education**

M.A., Coaching and Athletic Administration Concordia University Irvine, Irvine, CA (May 2014)

B.S., Physical Education and Exercise Science Bemidji State University, MN (May 2004)

"Richie will go the 'extra mile' to not only improve his performance as an athletic director, but also the people around him."

#### G. Leal Former Coach Edison High School

- "...a driving force behind our positive culture at Edison; bringing students and staff together with his charisma and through planning of schoolwide events."
- "...has the passion, dedication and selflessness, to lead any school to success."
- **B. Biedermann Principal**Edison High School
- "...has been innovative in bringing the professional learning community concept to both our athletic and physical education departments."
- C. Goodwin Assistant Principal Edison High School

# **Richard Lynch**

5619 Westchester Circle Stockton, CA 95219 209-406-8361 rlynch@stockton.k12.ca.us

#### **Athletic Director and Teacher of Multiple Subjects**

Dedicated athletic director ready for a new challenge. Offers a proven track record of commended performance in improving student-athletes in the core areas of character, academics and performance. Contains a passion for education and a commitment to optimizing student and school success.

#### Core Competencies

- Character Education
- Creative Fundraising
- Program Development
- Scheduling

- Hiring Quality Coaches
- Leadership Training
- Parental Support
- CIF Rules Proficient

#### Experience

Edison High School, Stockton, CA

Athletic Director, 7/06 to Present

Assistant Principal, July 2012-September 2012 (Filled in for AP on maternity leave)

PE Department Chair, July 2011-June 2012

<u>Teacher (English, Video Production, PE, In-School Susp.)</u>, 8/00 to Present

Hired as a full-time teacher prior to student teaching practicum, instructing many academic subject areas to classrooms of up to  $55\ 9^{th}$ -12th grade students.

#### **Key Contributions:**

- While teaching:
  - Earned high marks for the quality of classroom instruction, lesson planning and instructional materials used in teaching diverse subjects.
  - Taught general education students and individuals with learning challenges within a mainstreamed, inclusive classroom.
- As Athletic Director:
  - Created the Pillars of Athletics at Edison High School: Attitude, Academics, and Athletics.
  - Created a coaches professional learning community in which all coaches collaborate for student success on and off the field.
  - Raises nearly \$75k per year through different fundraising events.
  - Was a major facilitator in the passage of Measure Q, a 495million dollar school bond.
  - Won awards such as Athletic Director of the Year, Charles Washington Coach of the Year, The Stockton Record's All-Area Coach of the Year

#### **Education & Credentials**

California State University, Fresno — Fresno, CA BA in English, 1999 California Teacher Certification, 2001 (renewed in 2006, 2011) MA in Educational Administration, 2013 Administrative Service Credential, 2013

# Dean Perkins (916) 782-5822

#### Education:

Sierra College (1973-1976)

Emporia (KS) State University (1976-1978)

Calif. State University, Chico (1978-1980)

#### Experience:

#### - Math Teacher

- -Student Teacher in Dublin, Ireland 1979
- -Lincoln High Summer School 1980
- -Oroville High 1980-1986 (math analysis, Geometry, Algebra 1, pre-algebra)
- -Oakmont High 1986-present (AP Calc. AB/BC, AP Statistics, Honors Pre-Calc., Pre-

Degrees

B.A. Mathematics, B.A History

Member- Pi Mu Epsilon, Math Hon. Soc.

A.A in Liberal Arts

#### Calc, Honors Algebra 2, Geometry, Algebra 1

-Sierra College 1988-present (Statistics, Trigonometry, College Alg, Intermed. Alg)

#### - History Teacher

- -Student Teacher in Dublin, Ireland 1979
- -RJUHSD summer school 1991-1997

#### - Varsity Baseball Coach

- -Lincoln 1976
- -Oroville 1981-1986
- -Oakmont 1987-1992, 1994-2013

#### - Football Coach

- -Lincoln 1973-74
- -Oroville 1980-1985 (6 varsity)
- -Oakmont 1986-2005 (4 varsity, 14 JV, 2 Frosh)

#### Leadership:

- Athletic Director (2006-present)
- Assistant Athletic Director 2002-2003
- Mathematics Department Chair: Oroville 1983-1986; Oakmont 1996-2006
- Co-chair of WASC Committee on School Culture
- Oakmont Beautification Project -organized the planting of 50 trees on campus
- Star Test Coordinator Oakmont (2 years)
- BTSA Coordinator Oakmont and cooperating teacher (2 years)
- League Representative in CVC and PVL

#### Awards/Honors:

- Placer County "Teachers Who Make a Difference"- 1996
- RJUHSD "Excellence" Award-1997, 2009, 2015
- RJUHSD nominee from Oakmont for District Teacher of the Year-1999, 2001
- Section Model Coach of the Year- 2003
- Pioneer Valley League Model Coach of the Year- 2003
- Championships: baseball-2 section(2 runner up), 7 league; football-1 section, 4 league
- Playoff appearances: baseball-18; football-7

#### Other relevant experiences:

- -Played 5 sports in High School (baseball, football, basketball, track, cross country)
- -Played 3 sports in college (baseball, football, track)
- -Coach Lion's All Star Football Game (North Section) 1986
- -Coach Optimist Baseball Game (twice as head coach, three times as assistant)
- -Coached basketball while student teaching in Dublin
- -Youth coach: soccer-6 teams; softball-8; baseball-12; basketball-6
- -High School and Jr. College official: basketball, softball and baseball 1973-1986
- -Baseball team filled sandbags for Roseville flood victims 1996, 1998
- -Youth Director of St. Rose Knights of Columbus
- -Oakmont Youth Baseball Clinic 1994-present
- -Volunteer Coach at Old School Baseball Clinic 2002-present
- -EF Tours- took 7 groups of recent graduates to Europe 2003-2011

#### **David Walls**

Pitman High School 2525 W. Christoffersen Parkway Turlock, CA 95382 (c)1(209)648-2520 (s)1(209)656-5130

#### ACADEMIC ACCOMPLISHMENTS

- California State University, Stanislaus August 1979 May 1984
  - o BA Sociology (Concentration: Human Resources)
    - Minor: History
  - o Single Subject Credential Social Science

#### **EMPLOYMENT HISTORY**

#### Denair High School (1987)

- Student Teacher Social Science
- Freshman Boys Basketball Coach
- Varsity Girls Basketball Coach

#### Modesto Christian High School (1988-1994)

- SGI Small Group Instructor (Resource Students)
- Social Studies Instructor (World History, United States History & Government-Economics)
- · Varsity Boys Basketball Coach
- · Varsity Tennis Coach

#### Turlock High School (1994-2002)

- Social Studies Instructor (United States History & Government-Economics)
- · Varsity Boys Basketball Coach

#### John H. Pitman High School (2002 - Present)

- World History Instructor
- United States History Instructor
- AP United States History Instructor
- Athletic Director: 2007-Present
  - o Member: California State Athletic Director Association
  - o Central California Conference participating member
  - o 20 Sports/Athletic teams
  - o 548 Athletes

#### Coach Education - Human Kinetics (2013-Present)

Certified Instructor – Successful Coaching and Coaching Principles

#### **COMMITTEES & COUNCILS**

Turlock High School: School Site Council (2000-2002)
 Pitman High School: School Site Council (2002-2004)
 Pitman High School: WASC Committee (2011-2012)

Pitman High School: Turlock Unified School District – Strategic Planning Committee (2012-2013)
 Pitman High School: Professional Learning Community Lead (United States History) (2014-2015)

Pitman High School Positive Behavior Intervention & Support (PBIS)(2014-Present)

# MARK WUDEL Will C. Wood High School 998 Marshall Road Vacaville, CA 95687 (707) 453-6900 Ext. 1011 MarkW@vacavilleusd.org

#### **OBJECTIVE**

To serve as the Large School Athletic Director Representative for the CIF Sac-Joaquin Section.

#### **SUMMARY OF QUALIFICATIONS**

- High School Educator and Basketball coach for 31 years.
- On Committee overseeing the building of new stadium at our school.
- Have coached Track for 12 years, Golf for 4 years, and Cross Country for 2 years.
- Have been the Boys and Girls Athletic Director for the last 9 years.
- Named CIF Sac-Joaquin Section Athletic Director of the Year in 2011-12.
- I am a NIAAA Certified Athletic Administrator.

#### POLICIES AND PROCEDURES OF THE CIF

- I am an instructor for LTC classes at the California State Athletic Directors Association Conference.
- I have served as the Monticello Empire League representative in the Sac/Joaquin Section in Basketball for 19 years.
- I have served on the Power Rating Committee in the Sac/Joaquin Section for 19 years.
- I have served as the Monticello Empire League representative in the Sac/Joaquin Section for Cross Country the last 8 years.

#### ABILITY TO WORK WITH A WIDE RANGE OF PEOPLE

- I have been employed as an educator in a variety of subjects and worked on committees in many diverse academic, socio-economic, cultural, and ethnic settings.
- I have been a Consulting Teacher in the Peer Assistance and Review (PAR) Program. I trained and worked with new and referred teachers and gave in-services for the Vacaville Unified School District.

#### **EDUCATION**

- Masters in Sports Management
- Bachelor of Science in Business Administration and a minor in Physical Education

#### PRESIDENT PETER EFSTATHIU

Principal Placer High School 275 Orange Street Auburn, CA 95603 (530) 745-5700



COMMISSIONER MICHAEL S. GARRISON

CIF Sac-Joaquin Section P.O. Box 289 Lodi, CA 95241 (209) 334-5900 FAX: (209) 334-0300 website: www.cifsjs.org

To:

SJS Board of Managers

**Date:** January 27, 2016

Re:

Proposal -- Revisions to Article 4 of teh Sac-Joaquin Section Constitution: Section 1 - 34, Section 2 and

Section 3.

Implementation: Immediately

Proposal Originated: Section office

Proposal Discussed/Reviewed:

Executive Committee - August 17, 2015 Board of Managers - October 7, 2015

Executive Committee - January 7, 2016 Board of Managers - January 27, 2016

Recommendation:

Support

First Reading-Discussion

Support

#### **Proposal Summary:**

Restructures portions of our officers and governnce structure by adding the SJADA representative to the executive committee and making the small, medium and large school A.D. reps voting members of the Board of Managers. The SJADA rep, as an executive committee, will no longer have a vote on the Board of Managers. This expands the executive committee to five members and allows each of the A.D. reps (small, medium and large) a vote at Board of Managers.

Fiscal Impact: None

#### Rationale:

The Section office sees a need to enlarge the executive committee, especially when the past president is unavailable, which occurs frequently. Adding the SJADA rep gives the athletic directors a voice on the executive committee.

#### **CURRENT LANGUAGE**

# ARTICLE 4 OFFICERS

- Section 1. At the spring meeting of the Board of Managers in each even year, the Board of Managers shall elect from the Section a president and a president-elect who shall serve a two-year term in each office. The board shall also elect a representative to Federated Council who shall serve a two-year term and not more than two consecutive two-year terms. The immediate past president's term shall be two years as well.
  - 1. A three-member nominating committee will be established and the immediate past president shall be chair of this committee. In the event there is no immediate past president, the president shall appoint a chair.
  - The president and the president-elect should be representative of the entire Section. If the president
    is from the northern part of the Section, then the president-elect shall be from the southern part of
    the Section and vice versa. The northern leagues include the CAL, CVC, CVCL, DELTA, GEL, MEL,
    METRO, NPAC, PVL, SCAC, SDL, SFL, SMAL, SVC and the TCC. The southern part of the Section
    includes the CCAA, CCC, MLL, MMC, MVL, SJAA, SL, TCAL, TVL, VOL and the WAC.
  - 3. The representative to the Federated Council shall be elected if the president and the president-elect are of the same gender.
  - 4. The Executive Committee of the Sac-Joaquin Section shall include the president, president-elect, representative to the Federated Council and the immediate past-president.
    - a. Duties of the Executive Committee
      - Develop operational procedures.
      - ii. Review Section and State annual budgets prior to the spring meeting.
      - iii. Review, monitor and update goals of the Section.
      - iv. Be the decision-making body between meetings of the Board of Managers when it is not necessary to call an emergency meeting.
      - Report on any emergency decision that was made between meetings of the Board of Managers.
      - vi. Review the agenda of the Board of Managers meeting prior to each meeting.
      - vii. Recommend positions, considerations and actions to the Board of Managers.
      - viii. Employ the Section Commissioner and contribute to the annual evaluation of the Section Commissioner.
      - ix. Consider and recommend salary and other benefits.
      - Monitor the office structure and operation of the Section office.
      - xi. Advise the Section Commissioner on issues, programs and matters brought to the attention of the Executive Committee.
      - xii. Represent the Section at all Federated Council meetings and any committees as appointed by the State CIF President.
      - xiii. Other emergency duties as needed.
- Each league in the Sac-Joaquin Section will be represented on the Board of Managers. Each league is entitled to two votes and two representatives on the Board of Managers. The following representatives will be entitled to one vote: athletic director representative (the SJADA representative will be the voting member), school board member and the superintendent's representative. The Executive Committee will only vote on items when there is a tie. A quorum shall consist of two-thirds of the membership of the Board of Managers to conduct business.
- A representative elected by Sac-Joaquin Athletic Directors Association shall be a voting member of the Board of Managers. The term shall commence on the even numbered years. League representatives and at-large representatives shall constitute the Board of Managers and shall be authorized to conduct business. A quorum shall consist of two-thirds of the membership of the Board of Managers to conduct business, president to vote in case of tie. Athletic directors shall be elected to two-year terms, as representatives for the large, medium and small schools of the Section. The large schools, the medium schools and the small schools representatives shall be elected at the spring meeting of the Board of Managers of every even numbered year.

#### PROPOSED LANGUAGE

# ARTICLE 4 OFFICERS

- Section 1. At the spring meeting of the Board of Managers in each even year, the Board of Managers shall elect from the Section a president and a president-elect, who shall serve a two-year term in each office. The board shall also elect a representative to Federated Council who shall serve a two-year term and not more than two consecutive two-year terms. The immediate past president's term shall be two years as well.
  - A three-member nominating committee will be established and the immediate past president shall be chair of this committee. In the event there is no immediate past president, the president shall appoint a chair.
  - The president and the president-elect should be representative of the entire Section. If the president
    is from the northern part of the Section, then the president-elect shall be from the southern part of
    the Section and vice versa. The northern leagues include the CAL, CVC, CVCL, DELTA, GEL, MEL,
    METRO, NPAC, PVL, SCAC, SDL, SFL, SMAL, SVC and the TCC. The southern part of the Section
    includes the CCAA, CCC, MLL, MMC, MVL, SJAA, SL, TCAL, TVL, VOL and the WAC.
  - 3. The representative to the Federated Council shall be elected if the president and the president-elect are of the same gender.
  - 4. The Executive Committee of the Sac-Joaquin Section shall include the president, president-elect, representative to the Federated Council, immediate past-president and a <u>representative elected by the Sac-Joaquin Athletic Directors Association (SJADA). The SJADA representative shall serve for two years, commencing in the even years.</u>
    - a. Duties of the Executive Committee
      - i. Develop operational procedures.
      - ii. Review Section and State annual budgets prior to the spring meeting.
      - iii. Review, monitor and update goals of the Section.
      - iv. Be the decision-making body between meetings of the Board of Managers when it is not necessary to call an emergency meeting.
      - v. Report on any emergency decision that was made between meetings of the Board of Managers.
      - vi. Review the agenda of the Board of Managers meeting prior to each meeting.
      - vii. Recommend positions, considerations and actions to the Board of Managers.
      - viii. Employ the Section Commissioner and contribute to the annual evaluation of the Section Commissioner.
      - ix. Consider and recommend salary and other benefits.
      - Monitor the office structure and operation of the Section office.
      - xi. Advise the Section Commissioner on issues, programs and matters brought to the attention of the Executive Committee.
      - xii. Represent the Section at all Federated Council meetings and any committees as appointed by the State CIF President.
      - xiii. Other emergency duties as needed.
- Section 2. Each league in the Sac-Joaquin Section will be represented on the Board of Managers. Each league is entitled to two votes and two representatives on the Board of Managers. The following representatives will be entitled to one vote: <a href="mailto:small school athletic directors">small school athletic directors</a> rep, medium school athletic directors' rep, large school athletic directors' rep, school board member and the superintendent's representative. The Executive Committee will only vote on items when there is a tie. A quorum shall consist of two-thirds of the membership of the Board of Managers to conduct business.
- Section 3. A representative elected by Sac-Joaquin Athletic Directors Association shall be a voting member of the Board of Managers. The term shall commence on the even numbered years. League representatives and at-large representatives shall constitute the Board of Managers and shall be authorized to conduct business.
  - A quorum shall consist of two-thirds of the membership of the Board of Managers to conduct business.
    - a. The president will vote in case of a tie.
  - 2. Athletic directors shall be elected to two-year terms, as representatives for the large, medium and small schools of the Section.
    - a. The large schools, the medium schools and the small schools representatives shall be elected at the spring meeting of the Board of Managers of every even numbered year.



#### ROGER L. BLAKE, EXECUTIVE DIRECTOR

# CALIFORNIA INTERSCHOLASTIC FEDERATION

cif state office - 4658 duckhorh drive - Sacramento, ca 95834 - Ph: 916-239-4477 - FX: 916-239-4478 - www.cifstate.ore

To:

Federated Council

Date:

December 1, 2015

Re:

Proposed Revisions for Bylaw 204, 207 and 213

Proposal Originated: Legal Counsel and Settlement Agreement

#### Proposal Reviewed

06/17/2015 – Commissioner Committee 08/26/2015 – Executive Committee 10/08/2015 – Executive Committee 10/09/2015 – Federated Council 01/29/2016 – Federated Council

#### Proposal Recommendation

Discussion First Reading 9-0 In Support First Reading

Type: Bylaw Revisions

Next: Action Item

**Summary:** The proposed modifications for consideration are to better clarify the <u>residential</u> eligibility and status of a student who has been declared by the local educational agency as "homeless" under the McKinney – Vento Assistance Act.

Fiscal Impact: None

**Background:** Proposed revisions for modifications to Bylaw 204, 207 and 213 regarding "homeless" students as defined by the McKinney - Vento Assistance Act. These proposed modifications are a result of the Settlement Agreement entered into by the CIF in the Sanchez vs. CIF Northern Section and the CIF.

# EXHIBIT A

#### CIF and NSCIF Bylaw Amendments

#### 204. EIGHT (8) CONSECUTIVE SEMESTERS REQUIREMENT- See also 201.A.(2)

A. Definition of a Semester of Attendance

The first time any student has been entered on the attendance roll for 15 school days in the 9th grade, and/or in any classes taken subsequent to the completion of the 8th grade, at any school whether the student has physically been in attendance at those classes for all 15 days or not, or has played in an interscholastic athletic contest, the CIF will count that as the student's first semester of high school eligibility.

B. Eight (8) Consecutive Semester Rule

A student who first enters the 9th grade of any school following the student's completion of the 8th grade in any school may be eligible for athletic competition during a maximum period of time that is not to exceed eight (8) consecutive semesters following the initial enrollment in the 9th grade of any school and/or in any classes taken subsequent to the completion of the 8th grade, whether or not the student is enrolled in school, whether or not the student is academically or otherwise eligible and whether or not the student avails themselves of the opportunity to participate in interscholastic sports during this time. Eligibility is only available during the student's first eight (8) consecutive semesters of enrollment in high school (grades 9-12).

#### C. Section Waivers

(1) Waiving Semester Limitation

Each Section may, at its discretion, establish rules and procedures for waiving the limitation on eight (8) semesters of eligibility, providing:

- a. The student is required by the student's school principal to return to grade eight (8) from grade nine (9) and the student did not take part in an interscholastic contest while in the 9th grade for the first time; OR
- b. The student, because of mid-year completion of an 8th grade or a mid-year completion of the 9th grade in a junior high school, is required by the student's school principal to repeat a semester of work in order to conform to a school program having annual terms; AND
- c. The student has not taken part in an interscholastic athletic contest while enrolled for the first time in the semester which the student's school principal required the student to repeat.
- (2) Waivers of the Charge of a Semester of Attendance
  - a. Other than C.(1) above, relief under this rule may only be granted when the conditions set forth in Bylaw 204.C.(2)b. below are found to be present. Any other past rationales or basis for relief under this Bylaw are invalidated.

(Approved May 2001 Federated Council)

b. Each Section may waive the charge of one (1) or more of the eight (8) consecutive semesters of eligibility for athletic competition due to a hardship condition that causes the student's absence from

school or to extend the student's attendance in school beyond eight (8) consecutive semesters, provided:

- (i) That a hardship condition exists that, in the judgment of the Section, warrants a waiver. Hardship is defined in Bylaw 213; AND
- (ii) The hardship caused the student to remain out of school for more than half of any semester during his/her high school career; OR
- (iii) The hardship is the direct and sole cause of the student extending his/her attendance beyond eight (8) consecutive semesters even though the student was in attendance for those eight (8) consecutive semesters. Further, the student's extension of his/her attendance beyond eight (8) semesters has no athletic motivation; AND
- (iv) That the student was eligible under all rules in the semester immediately prior to either his/her absence or the onset of the hardship condition that is the direct and sole cause for extending his/her attendance beyond eight (8) semesters;

  AND or the student is or was homeless or in foster care, and his/her status as a foster or homeless youth is the sole and direct cause for seeking a waiver of the charge of a semester of attendance and the student meets all other eligibility requirements unrelated to his/her status as a foster or homeless youth; AND
- (v) Such a waiver would not grant more than four (4) years of participation in any sport;(See Bylaw 504.K. and 504.L.); AND
- (vi) Hardship applications may not be submitted prior to the conclusion of the student's 7th semester in high school.
- (3) All other eligibility requirements apply.
- (4) APPEALS: A decision to deny such a waiver by the Section Commissioner may be appealed only to the Section and in accordance with the provisions set forth in Bylaw 1101.
  NOTE: Failure to satisfy the California High School Exit Exam (CAHSEE), California course requirements (e.g. Algebra I), and/or end of course requirements shall not be considered a hardship.

#### 207.B: [TRANSFER ELIGIBILITY]

(1) Mandatory Applications for Eligibility Determination

All such transfer students addressed in 207 must complete the respective CIF Section-required 207/510 Application form. This form must be submitted to the CIF Section for an eligibility determination, which the CIF Section Commissioner shall render in writing within twenty (20) business days of receipt unless a shorter timeframe has been so designated. No transfer student is eligible to compete for their new school of enrollment until a determination has been

made by their respective CIF Section. (See also Bylaws 501, 510 and 700.)

(5)(c)(viii) One (1) of the following hardship circumstances is documented to the satisfaction of the respective CIF Section: [...]

(f) Foster Children or Homeless Children

A student who: (1) is under the court-ordered supervision of the California Foster Care System who has changed residences pursuant to a court order and as a result, has transferred schools, OR (2) is homeless as defined by 42 U.S.C. § 11302; shall be determined to be residentially eligible for unlimited participation in interscholastic athletics provided all other CIF rules and regulations are met. A Under circumstance (1), a change of residence ordered by a social worker of the California Foster Care System shall be acceptable, provided all other CIF rules and regulations are met. Under circumstance (2), a determination by a Local Education Agency that the student meets the definition of homeless shall be acceptable, provided all other CIF rules and regulations are met. A subsequent transfer of schools by a homeless student while continuing to reside in the same residence/locale where the LEA declared the student "homeless" is subject to the transfer provisions of Bylaw 207. Section Commissioners shall render eligibility determinations for foster children and homeless children within fifteen (15) business days of receipt.

#### 213. HARDSHIP WAIVERS OTHER THAN TRANSFER

A hardship is defined as an unforeseeable, unavoidable, and uncorrectable act, condition or event, which causes the imposition of a severe and non-athletic burden upon the student or his/her family. Due to hardship circumstances experienced by the student, the following bylaws may be waived, provided that the Section has established rules and procedures regulating hardship waivers. Waivers granted by a Section are not transferable to another Section.

Applications to waive the following bylaws must be submitted to the CIF Section for an eligibility determination, which the CIF Section Commissioner shall render in writing within twenty (20) business days of receipt. Section Commissioners shall render eligibility determinations for foster children and homeless children within fifteen (15) business days of receipt.

- A. Twenty-semester credit requirement (Bylaw 205.C.)
- B. Charged semester of attendance (Bylaw 204)
- C. Age requirement (Bylaw 203)

#### PRESIDENT PETER EFSTATHIU

Principal Placer High School 275 Orange Street Auburn, CA 95603 (530) 745-5700



COMMISSIONER
MICHAEL S. GARRISON

CIF Sac-Joaquin Section P.O. Box 289 Lodi, CA 95241 (209) 334-5900 FAX: (209) 334-0300 website: www.cifsjs.org

To:

SJS Board of Managers

Date:

January 27, 2016

Re:

Proposal -- Revisions of CIF-SJS Bylaw 1903.2 (Team Camps-Football)

Elimination of protective gear (equipment and pads) at team camps for football.

Implementation: June 2016.

Proposal Originated: Section office

#### Proposal Discussed/Reviewed:

Executive Committee - August 17, 2015

Commissioners Committee - August 21, 2015

Executive Committee - September 30, 2015

Board of Managers - October 7, 2015

Commissioners Committee - December 16, 2015

Executive Committee - January 7, 2016

Board of Managers - January 27, 2016

Discussion

Support

Support

First Reading

#### **Proposal Summary:**

Currently, CIF-SJS Bylaw 1903.2 allows schools to go to team camps in the summer in full pads (protective gear) for up to five days. This proposal would continue to allow team camps, but prohibit pads (protective gear). The language in this proposal is the same as the wording in Bylaw 1903.1 (SUMMER).

Recommendation:

Fiscal Impact: None

#### Rationale:

The passage of AB 2127, resulted in the development of California Education Code 35179.1 and 48475, which prohibits "full contact" football camps outside the season of sport. The team camp concept that includes pads, helmets and equipment (protective gear), that the CIF-SJS has allowed over the years, puts everyone at peril of violating this provision, evidence by multiple infractions throughout the section and state this past summer.

#### **CURRENT LANGUAGE**

- 1903.2 **TEAM CAMPS**: Any school attending or hosting a team camp must have the approval of the school principal and the superintendent or his/her designee. Team camps must include a minimum of four schools. A student may only attend one team camp for a maximum of five consecutive days. School equipment may be used at the team camp. **NOTES**:
  - 1. Any approval of a team camp must be forwarded to the school's league commissioner. Any violation of this rule will be sent to the league for appropriate action.
  - Individual camps are not affected by this bylaw as long as the member school's equipment is not used.

#### PROPOSED LANGUAGE

- TEAM CAMPS: Any school attending or hosting a team camp must have the approval of the school principal and the superintendent or his/her designee. Team camps must include a minimum of four schools. A student may only attend one team camp for a maximum of five consecutive days. School equipment may be used at the team camp. The following equipment will be permitted at team camps provided it is used in a safe manner: balls; air dummies; stand-up dummies; blocking sleds; tackling dummies; blocking shields and blocking aprons. Helmets, shoulder pads and leg pads are prohibited. Also, all provisions of Ed Code 35179.1 and 48475 (AB 2127) must be adhered to. NOTES:
  - 1. Any approval of a team camp must be forwarded to the school's league commissioner. Any violation of this rule will be sent to the league for appropriate action.
  - 2. Individual camps are not affected by this bylaw as long as the member school's equipment is not used.

#### PRESIDENT PETER EFSTATHIU

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COMMISSIONER MICHAEL S. GARRISON

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To:

SJS Board of Managers

**Date:** January 27, 2016

Re:

Proposal A -- For water polo, a league champion (outright, or is the No. 1 seed by criteria) must play at or

above the level of its league competition.

Implementation: 2016-17 season

Proposal Originated: Playoff Committee

#### Proposal Discussed/Reviewed:

Recommendation: Playoff Committee - December 18, 2014 Discussion Executive Committee - January 15, 2015 Support Playoff Committee - January 16, 2015 10-3 Support Playoff Committee - September 16, 2015 Discussion Executive Committee - September 30, 2015 Support Playoff Committee - December 9, 2015 13-0 Support Commissioners Committee - December 16, 2015 Support Executive Committee - January 7, 2016 Support Board of Managers - January 27, 2016 First Reading

#### **Proposal Summary:**

If a team wins a league championship (outright, or is the No. 1 seed by criteria), that team must play at or above the level of its league competition. For instance, if a school wins a championship in a D3 league but is D4 by enrollment, they would be forced to play D3 in that year's playoffs.

Fiscal Impact: None

#### Rationale:

Last spring (April 2015), a similar proposal was passed by the Board of Managers for the sports of football, boy's and girl's volleyball, boy's and girl's basketball, boy's and girl's soccer, and softball. The original discussions included water polo and water polo should have been included in the proposal last spring (April 2015), however it was accidently ommited. With the passage of this proposal all enrollment-based teams sports, originally discussed, will be similar.

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To:

SJS Board of Managers

**Date:** January 27, 2016

Re:

Proposal B -- For boy's and girl's basketball - NorCal basketball "OPEN Division" qualifiers placed in SJS

Division I

Implementation: 2016-2017 season

Proposal Originated: Playoff Committee

#### Proposal Discussed/Reviewed:

Playoff Committee - September 16, 2015 Executive Committee - September 30, 2015 Playoff Committee - December 9, 2015 Executive Committee - January 7, 2016 Board of Managers - January 27, 2016

#### Recommendation:

Discussion Discussion 13-0 Support Support First Reading

#### **Proposal Summary:**

Any boys or girls basketball team that qualifies for the Northern California Regional "Open Division" will be placed in the Sac-Joaquin Section Division I division for the following year. That school may be moved down one level if the following occurs:

- The school misses the playoffs in any year; a.
- b. The school fails to reach the semifinals in two consecutive years.

Fiscal Impact: None

#### Rationale:

If a team is considered to be one of the top 8 teams in Northern California they should be able to compete at the highest level in the Sac-Joaquin Section.

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To:

SJS Board of Managers

**Date:** January 27, 2016

Re:

Proposal C -- For track and field, adjustment of track and field divisional meet qualifying marks

Implementation: 2015-2016 season (Meets scheduled for May 17 to May 20, 2016)

**Proposal Originated:** Track & Field Advisory Committee

#### Proposal Discussed/Reviewed:

Track and Field Committee - December 8, 2015 Executive Committee - January 7, 2016 Board of Managers - January 27, 2016

#### Recommendation:

17 - 1 in favor Discussion - Support First Reading

#### **Proposal Summary:**

Currently the at-large marks to qualify for a Divisional Track Meet are based on a three (3) year average of the 6th place finisher at ALL Divisional Meets. This proposal makes the following adjustments to this system:

- 1. For the Divisions 2-3 and 4-5 Meets, the at-large marks would be based on the 3 year average of the 6th place finisher at that specific meet. For example - the Division 4-5 at-large marks would be based only on the Division 4-5 results and not take into account the other division's results.
- 2. For the Division 1 Meet the at-large marks would be based on the 3 year average of the 12th place finisher at the Division 1 Meet.

Fiscal Impact: None

#### Rationale:

Past practice has seen track and field at-lage qualifying marks established by using the three (3) year average of the sixth (6th) place finisher at ALL divisional meets. The Track and Field committee is of the belief that student athletes should have the opportunity to qualify based on athletes within their same divisional, therefore this proposal would allow a student-athlete to qualify for their division meet based on the average of that specific meet.

#### 2016 At-Large Sac-Joaquin Section Qualifying Marks (Only FAT times are acceptable) From League to Divisional\*\*

Event	Current Mark	Proposed Marks
		<u>D I D II/III D IV/V</u>
Boys 100M	11.27	11.30 11.46 11.27
Boys 200M	22.95	22.90 23.28 22.97
Boys 400M	50.44	50.77 50.14 51.30
Boys 800M	2:00.21	1:59.56 1:59.49 2:03.54
Boys 1600M	4:28.00	4:25.62 4:29.64 4:32.08
Boys 3200M	9:46.80	9:44.36 9:41.15 10:03.12
Boys 110M Hurdles	15.37	15.66 15.59 15.40
Boys 300M Hurdles	40.74	40.81 41.07 41.37
Boys 4x100M Relay	43.64	43.52 43.58 44.31
Boys 4x400M Relay	3:26.85	3:27.74 3:26.55 3:30.21
Boys High Jump	6-00	6-00 5-10 5-10
Boys Pole Vault	13-00	12-10 12-01 12-10
Boys Long Jump	21-00	20-11 20-09 20-05
Boys Triple Jump	42-10	41-10 43-00 42-02
Boys Shot Put	48-07	48-03 47-03 46-00
Boys Discus	139-05	135-06 134-08 138-06
Girls 100M	12.86	12.75 13.00 12.97
Girls 200M	26.68	26.13 26.85 27.53
Girls 400M	59.75	59.14 60.01 61.66
Girls 800M	2:22.15	2:22.70 2:20.71 2:26.44
Girls 1600M	5:18.21	5;18.10 5:22.11 5:23.97
Girls 3200M	11:34.00	11:27.41 11:38.47 11:54.08
Girls 100M Hurdles	16.27	16.61 16.65 16.43
Girls 300M Hurdles	47.55	47.66 47.88 48.94
Girls 4x100M Relay	50.20	50.32 50.16 51.18
Girls 4x400M Relay	4:07.98	4:06.06 4:08.37 4:15.00
Girls High Jump	500	4-11 4-11 4-11
Girls Pole Vault	9-07	9-04 9-02 8-11
Girls Long Jump	16-07	16-08 16-06 15-09
Girls Triple Jump	34-06	35-00 33-07 33-09
Girls Shot Put	35-04	33-11 33-10 35-00
Girls Discus	109-03	107-01 110-01 100-06

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COMMISSIONER MICHAEL S. GARRISON CIF Sac-Joaquin Section P.O. Box 289 Lodi, CA 95241 (209) 334-5900 FAX: (209) 334-0300 website: www.cifsis.org

To:

SJS Board of Managers

**Date:** January 27, 2016

Re:

Proposal D -- League redivisioning for enrollment-based team sports

Implementation: 2016-2017 season

Proposal Originated: Playoff Committee

#### Proposal Discussed/Reviewed:

Playoff Committee - September 16, 2015 Executive Committee - September 30, 2016 Playoff Committee - December 9, 2015 Commissioners Committee - December 16, 2015 Executive Committee - January 7, 2016 Board of Managers - January 27, 2016

#### Recommendation:

Discussion Discussion 13-0 Support Discussion - Support Support First Reading

#### Proposal Summary: (See Attached)

In the past ten years there has been a transition from playoffs being league-based to enrollment-based. This proposal would only affect enrollment-based team sports - football, boy's and girl's volleyball, boy's and girl's soccer, boy's and girl's water polo, boy's and girl's basketball and softball. This proposal would reassign some leagues to a different division; all proposed moves would move leagues to a lower division.

Fiscal Impact: None

#### Rationale: (See Attached)

As a result of our "League Champion" rule, we have seen some issues with equity and parity within our divisions. This has created an unintended consequence of some league champions playing in a playoff division against much larger schools. This proposal would more accurately place many of our schools creating better parity and equity.

PRESIDENT
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Placer High School
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#### LEAGUE REDIVISIONING FOR ENROLLMENT-BASED SPORTS

The Playoff Committee approved a Section staff proposal that would redivision some of our leagues for enrollment-based sports only. There are some issues created with the "league championship stays up" rule, mainly the fact that there are seven D1 leagues. This has been a problem for some time, but we haven't fixed it because of the issues it would create in baseball, the lone remaining team sport with league-based playoff divisions. The leagues will almost definitely be redivisioned in the next realignment cycle, but this fix (effective 2016-17 school year) would solve some potential problems in the enrollment-based division sports. This is a temporary fix that would be corrected with the next realignment.

The proposed league redivisioning would go into effect for the following sports: football, boys and girls volleyball, boys and girls soccer, boys and girls water polo, boys and girls basketball and softball. The reasoning behind this is, we have a handful of leagues that should not be at the division they are at, but are there because of baseball and/or geography. In enrollment-based sports, this change wouldn't force those league champions into divisions where they have little chance at being competitive.

The following sports would <u>NOT</u> be impacted at all by the proposed league redivisioning. We would stay with the current league alignment for these sports (non-CBEDS): Boys and girls cross country, girls golf, girls tennis, boys and girls wrestling, badminton, baseball, boys golf, boys and girls swimming, boys and coed tennis and track and field.

The proposal drops four leagues (CCC, MMC, SCAC, TCC) one division each and drops the SJAA two divisions, to D3. The majority of schools in these leagues <u>will not be impacted</u>. If a school is Division I by enrollment, it will be in D1 regardless of what division its league is in. The schools being impacted – in a good way – are the ones that are extremely small for their division (i.e., Grace Davis in the MMC) and the league champions being pushed into a higher division where in many cases they don't belong (the majority of the SCAC).

LEAGUE ALIGNMENT 2016-2017 (For the following sports: football, boys/girls volleyball, boys/girls soccer, boys/girls water polo, boys/girls basketball and softball). Enrollment-based divisions.

#### **DIVISION I**

DELTA LEAGUE (DELTA) Davis Sr. Elk Grove Franklin (EG) Grant Jesuit (boys only) Monterey Trail Pleasant Grove Sheldon

MONTICELLO EMPIRE LEAGUE (MEL) Armijo Napa Rodriguez Vacaville Vintage Wood

SIERRA FOOTHILL LEAGUE (SFL) Del Oro Folsom Granite Bay Nevada Union Oak Ridge Rocklin Woodcreek

TRI-CITY ATHLETIC LEAGUE (TCAL) Lincoln (S) Lodi St. Mary's Tokav Tracy West

St. Francis (girls only) DIVISION II.

CAPITAL VALLEY CONFERENCE (CVC) Antelope Bella Vista Cosumnes Oaks Del Campo Oakmont Ponderosa Roseville Whitney

CENTRAL CALIFORNIA CONF. (CCC) (1) Atwater Buhach Colony Golden Valley Merced Pitman Turlock

METROPOLITAN CONFERENCE (METRO) Burbank Florin Johnson Kennedy Laguna Creek McClatchy Sacramento Valley

MODESTO METRO CONFERENCE (MMC) (1) Beyer Grace Davis Downey Enochs Gregori Johansen Modesto

WESTERN ATHLETIC CONFERENCE (WAC)

**DIVISION III** 

CAPITAL ATHLETIC LEAGUE (CAL) Casa Roble Christian Brothers El Camino Mira Loma Rio Americano Vista del Lago

(SJAA) (1) Bear Creek Chavez Edison Franklin (S) McNair Stagg

SAN JOAQUIN ATHLETIC ASSOC SOLANO COUNTY ATHLETIC CONFERENCE (SCAC) (2) American Canyon Benicia Bethel Fairfield Vallejo Vanden

VALLEY OAK LEAGUE (VOL) Central Catholic East Union Kimbali Lathrop Manteca Oakdale Sierra Weston Ranch

Central Valley

Ceres

El Capitan

Livingston

Los Banos

Pacheco

Patterson

**DIVISION IV** 

PIONEER VALLEY LEAGUE (PVL) Bear River Center Colfax Foothill Lincoln-L Placer

SIERRA VALLEY CONFERENCE (SVC) Cordova El Dorado Galt Liberty Ranch Rosemont Union Mine

TRI-COUNTY CONFERENCE (TCC) (3) Inderkum Pioneer Rio Linda River City River Valley Woodland Yuba City

**GOLDEN EMPIRE LEAGUE (GEL)** Capital Christian Dixon

**DIVISION V** 

Lindhurst Marysville Mesa Verde Natomas West Campus MOTHER LODE LEAGUE (MLL) Amador

Argonaut Bret Harte Calaveras Linden Sonora Summerviile TRANS VALLEY LEAGUE (TVL) Escalon Hilmar Hughson Modesto Christian Mountain House Ripon

**DIVISION VI** 

CENTRAL VALLEY CALIFORNIA LEAGUE (CVCL) Delta Forest Lake Christian Foresthill Sacramento Waldorf Victory Christian Woodland Christian

SIERRA DELTA LEAGUE (SDL) Bradshaw Christian Encina Golden Sierra

Highlands Rio Vista San Juan Vacaville Christian SOUTHERN LEAGUE (SL) Delhi

Denair Gustine LeGrand Mariposa Orestimba Ripon Christian Waterford

Riverbank

**DIVISION VII** 

CENTRAL CALIFORNIA ATHLETIC ALLIANCE (CCAA) Big Valley Christian Brookside Christian Elliot Christian Millennium ROP Sierra Ridge (boys only) Stone Ridge Christian Turlock Christian Venture Academy

MOUNTAIN VALLEY LEAGUE (MVL) Delta Charter Don Pedro Holt Academy Hughes Academy Lodi Academy Mountain Oaks Stockton Christian Tioga

NORTHERN PACIFIC ATHLETIC CONFERENCE (NPAC) Freedom Christian Lutheran New Life Christian Trinity Prep Western Sierra

SACRAMENTO METROPOLITAN ATHLETIC LEAGUE (SMAL) Buckingham Charter Cristo Rey Faith Christian Sacramento Adventist Sacramento Country Day Valley Christian Wilton Christian.

#### **Divisions & Leagues**

#### **LEAGUE ALIGNMENT 2015-2016**

# EAGUE-BASED DIVISIONS

#### **DIVISION I**

CENTRAL CALIFORNIA CONF. (CCC)

Atwater Buhach Colony Golden Valley Merced Pitman

Turlock

**DELTA LEAGUE (DELTA)** 

Davis Sr. Elk Grove Franklin (EG) Grant Jesuit (boys only) Monterey Trail Pleasant Grove Sheldon St. Francis (girls only) MODESTO METRO CONFERENCE (MMC) MONTICELLO EMPIRE LEAGUE (MEL)

Beyer Grace Davis Downey Enochs Gregori Johansen Modesto

Armiio Napa Rodriguez Vacaville Vintage Wood

SAN JOAQUIN ATHLETIC ASSOC (SJAA) SIERRA FOOTHILL LEAGUE

Bear Creek Chavez Edison Franklin (S) McNair

Stagg

(SFL) Del Oro Folsom Granite Bay Nevada Union Oak Ridge Rocklin Woodcreek

TRI-CITY ATHLETIC LEAGUE (TCAL)

Lincoln (S) Lődi St. Mary's Tokay Tracy West

**DIVISION II** 

CAPITAL VALLEY CONFERENCE (CVC)

Bella Vista Cosumnes Oaks Del Campo Oakmont Ponderosa Roseville Whitney

METROPOLITAN CONFERENCE

(METRO) Burbank Florin Johnson Kennedy Laguna Creek McClatchy Sacramento Valley

SOLANO COUNTY ATHLETIC

CONFERENCE (SCAC) American Canyon Benicia Bethel Fairfield Vallejo Vanden

**DIVISION III** 

CAPITAL ATHLETIC LEAGUE (CAL)

Casa Roble Christian Brothers El Camino Mira Loma Rio Americano Vista del Lago

TRI-COUNTY CONFERENCE

(TCC) Inderkum Pioneer Rio Linda River City River Valley Woodland Yuba City

**VALLEY OAK LEAGUE (VOL)** 

Central Catholic East Union Kimball Lathrop Manteca Oakdale Sierra Weston Ranch

**DIVISION IV** 

PIONEER VALLEY LEAGUE (PVL)

Bear River Center Colfax Foothill Lincoln-L Placer

SIERRA VALLEY CONFERENCE

(SVC) Cordova El Dorado Galt Liberty Ranch Rosemont Union Mine

WESTERN ATHLETIC CONFERENCE

(WAC) Central Valley Ceres El Capitan Livingston Los Banos Pacheco Patterson

**DIVISION V** 

**GOLDEN EMPIRE LEAGUE (GEL)** 

Capital Christian Dixon Lindhurst Marysville Mesa Verde **Natomas** West Campus

**MOTHER LODE LEAGUE (MLL)** 

Amador Argonaut Bret Harte Calaveras Linden Sonora Summerville TRANS VALLEY LEAGUE (TVL)

Escalon Hilmar Hughson Modesto Christian Mountain House Ripon Riverbank

**DIVISION VI** 

CENTRAL VALLEY CALIFORNIA LEAGUE SIERRA DELTA LEAGUE (SDL) (CVCL)

Delta Forest Lake Christlan Foresthill Sacramento Waldorf Victory Christian

Woodland Christian

Bradshaw Christian Encina Golden Sierra Highlands Rio Vista

Vacaville Christian

San Juan

**SOUTHERN LEAGUE (SL)** Delhi

Denair Gustine LeGrand Mariposa Orestimba Ripon Christian Waterford

#### DIVÍSION VII

# CENTRAL CALIFORNIA ATHLETIC ALLIANCE (CCAA)

ALLIANCE (CCAA)
Big Vailey Christian
Brookside Christian
Elliot Christian
Millennium

ROP Sierra Ridge (boys only) Stone Ridge Christian Turlock Christian

Venture Academy

#### DIVISION VII (football only)

SMAL Cristo Rey Delta Foresthill Valley Christian Woodland Christian MOUNTAIN VALLEY LEAGUE

(MYL.)
Delta Charter
Don Pedro
Holt Academy
Hughes Academy
Lodi Academy
Mountain Oaks
Stockton Christian

NORTHERN PACIFIC ATHLETIC

Freedom Christian Lutheran New Life Christian Trinity Prep Western Sierra 3) SACRAMENTO METROPOLITAN ATHLETIC LEAGUE (SMAL) Buckingham Charter

Buckingham Charter
Cristo Rey
Faith Christian
Sacramento Adventist
Sacramento Country Day
Valley Christian
Wilton Christian

Big Valley Christian Brookside Christian Millennium ROP/Sierra Ridge Stone Ridge Christian

CCAA

# SJS Proposal - Increase of Student Dues and Sport Fees

Will be distributed on January 27<sup>th</sup> at the SJS Board of Managers meeting following meeting and recommendation by the SJS Executive Committee

# CIF-SJS Executive Committee Nominees 2016-17 & 2017-18

President - Alan Peterson, Sup-Merced UHSD

President-Elect - John Becker, Prin-Antelope HS

## **Alan Peterson**

11580 Longview Road • Atwater, CA 95301 • Cell (209) 628-6215

#### PROFESSIONAL OBJECTIVE

My career objective is to secure the superintendent position in a progressive district where dedication, strong personal and community relation skills, successful administrative and teaching experiences, leadership, and commitment to student achievement are priorities.

#### Focus on Organizational Health

- Instructional Leadership
- Professional Development Leadersip
- Alternative Education Leadership
- Principal Mentoring

#### • QUALIFICATIONS •

- Board Relations
- Collaborative Leadership
- Transparent Communication
- High Expectations
- Curriculum Development
- Technology Background
- Fiscal/Budgetary Leadership
- Data-Directed Leadership
- Proven Track Record
- Personnel Management

#### **KEY ACCOMPLISHMENTS**

- Planned and designed 2015-16 \$110 million budget.
- Reorganized Business Services Division both from an operations and attitudinal point of view.
- Created a culture of student and staff involvement at Atwater High School that led to award winning student achievement.
- Collaborated and communicated with staff and the community, creating programs and hiring staff that truly put students first, closing the achievement gap in all sub groups.
- Designed and created Sequoia High School, a Community Day School.

#### PROFESSIONAL EXPERIENCE

#### Merced Union High School District • Atwater, CA

#### Assistant Superintendent of Business Services/CBO • December 2014 to current

- Supervises and coordinates the activities of the Business Division, including Budget, Accounting, Payroll, Purchasing, Transportation, Maintenance, Operations, Student Nutrition, Risk Management, and Information Technology.
- Serves as Chief Business Officer for the District; oversees the development and ongoing monitoring of the District's annual operating budget and the multiyear financial planning; provides financial information to the Superintendent, Board of Education and other divisions to facilitate decision-making.
- Formulates and recommends to the Superintendent, for approval or submission to the Board of Education, policies governing the operation and control of the District.
- Oversees the preparation of specifications and standards for purchase of supplies, equipment, and insurance programs; manages programs for purchase and distribution of supplies and technology equipment.
- Oversees preparation of the District's Facility Master Plan; oversees all District construction and modernization, including selection of architects and construction management firms.
- Provides leadership for sound financial management in accordance with all federal and state laws and the Education Code.
- Establishes a sound basis for professional management of all revenues and expenditures of the District.
- Oversees District Risk Management programs for property, liability and Worker's Compensation.
- Represents the District for the Office of Public School Construction (OPSC); ensures that the District is eligible for all appropriate state building/modernization funds; submits all required applications and reports to OPSC and the State Allocation Board (SAB).
- Supervises, develops, and evaluates assigned personnel.
- Provides data, advice and recommendations related to negotiations.
- Currently the San Joaquin Section President, elect California Interscholastic Federation (CIF).

#### California Interscholastic Federation • Lodi, CA

#### San Joaquin Section President Elect • 2015 to current

- Responsible for directing the Section Commissioner.
- Responsible for overseeing all section business and facilitating Board of Managers meetings.

#### Atwater High School • Atwater, CA

#### Principal • June 2009 to December 2014

- Developed and implemented a consistent, school-wide curriculum based on the Common Core Standards by articulating and sequencing the curriculum with clear defined entry and exit points.
- Developed a school-wide literacy program focusing various instructional strategies.
- Supervised content area specialists, and instructional coaches and the implementation of Common Core Standards.
- Actively participated in curriculum council, providing feedback and leadership to various curriculum developers to ensure a consistent format and an articulated curriculum.
- Worked extensively with diverse populations and parent groups, narrowing the achievement gap substantially.
- Employed current supervision and evaluation, processes, and walk through "models".
- Coordinated successful outcomes in multiple Western Association of Schools and Colleges (WASC) visits.
- Participated in Collective Bargaining Unit for the District.
- Successfully aligned fiscal resources to match the strategic goals of the site/District.
- Fostered continuous improvement culture that led to award winning gains in student achievement and graduation rates.
- Strong advocate for FFA/Ag, testifying before the California State Senate.
- Served as League President and CIF Board of Managers.
- Provided site leadership for athletics, setting coaching standards, increasing participation, and substantially increasing athletic success.
- Provided site leadership focusing on student clubs, increasing both staff and student participation substantially.
- Provided site leadership focusing on student leadership and community service. Student involvement rates almost doubled during 2009-2015.

#### Sequoia High School • Merced, CA

#### Principal • May 2008 to June 2009

- Researched, planned and implemented the Community Day School concept for MUHSD, including presentations to all stakeholders.
- Developed the schedule and curriculum for all students and staff.
- Recruited and trained all staff on the intricacies of alternative education.
- Directed the remodeling of the SHS campus area on East Campus Educational Center.

#### Golden Valley High School • Merced, CA

#### Associate Principal, October 2004 to May 2008

- Supervised all attendance, discipline and student services.
- Assisted with master schedule development.
- Oversaw social studies and special education departments.

#### Atwater High School • Atwater, CA

#### Vice Principal, July 2001 to October 2004

- Supervised attendance and discipline.
- Oversaw the Social Studies instructional program.

#### Self Employed • Atwater, CA

#### Farmer, June 1999 to July 2001

Farmed almonds as a family business.

# Hilmar Unified School District, Hilmar High School • Hilmar, CA Vice Principal / Teacher, 1994 to 1999

- Redesigned and maintained discipline procedures.
- Created the "college night" experience.
- Created and implemented the Renaissance Reward Program.
- Taught the Leadership class.
- Developed a Model U.N program and led students in the Model U.N experience in New York City.

# Hilmar Unified School District, Hilmar Middle School • Hilmar, CA Social Studies Teacher, 1989-1994

- Taught U.S. History.
- Coordinated district-wide vertical articulation.

# Hilmar Unified School District, Hilmar High School • Hilmar, CA Athletic Coach, 1989-1996

- Four playoff appearances out of seven seasons.
- Developed basketball program from cellar to contender.
- Created the Hilmar Youth Summer Basketball camp.
- Created Hilmar Christmas Classic Tournament.

#### **EDUCATION**

Masters of Arts in Educational Leadership Chapman University - Orange, CA 1994

**Bachelor of Arts in American Studies** *California State University, Chico - Chico, CA*1988

**Tier II Administrative Services Credential**Doctorate Program

University of La Verne - La Verne, CA 2007

Masters of Arts Teacher Credential University of the Pacific - Stockton, CA 1990

#### PROFESSIONAL DEVELOPMENT

- ACSA Personnel Academy participant
- SSDA New Superintendent's Symposium, July 2014
- CASBO Chief Business Officer Bootcamp, January 2015
- Conference Presenter at California League of High Schools, 2014
- Conference Presenter at Lead 3.0, 2015
- Presenter for Cal State Stanislaus Administrative Credential Program, 2014 and 2015
- Presenter for Cal Poly Ag Teacher Conclave, 2011, 2012 and 2013

#### **MEMBERSHIPS**

- Association of California School Administrators
- California Association of School Business Officials
- School Services of California
- Association of School Business Officials International
- Atwater Rotary since 2012
- Hilmar Covenant Church Board Member

#### **AWARDS**

- FFA Star Administrator of the Year 2014
- ACSA Principal of the Year 2013
- MUHSD Principal of the Year 2012

#### **REFERENCES**

Dr. George S. Sziraki

Superintendent, Placer UHSD

Dr. Raynee J. Daley

Superintendent, Lucia Mar USD

Mike Carpenter

Merced Businessman

**Suzy Hultgren Pimentel** 

Business Owner

**Dr. Steven Gomes** 

Superintendent, MCOE

Roger Wood

Community Member

**Derek Daley** 

CSEA President

**Dave Gossman** 

DTA Site Representative

Sacramento, CA

(209) 676-0623 or (530) 886-4400

Arroyo Grande, CA

(209) 756-9748

Merced, CA

(209) 769-2007

Winton, CA

(209) 769-8583

Merced, CA

(209) 658-4631

Atwater, CA

(209) 358-7343

Merced, CA

(209) 600-9195

Atwater, CA

(209) 648-2616

#### John Becker

5024 Recital Way® Roseville, CA 95747 Phone: 916-468-9053 ® E-Mail: jbecker@rjuhsd.us

#### **Education**

M.A Educational Administration, National University (1999)

B.A. Physical Education, California Lutheran University (1995)

#### **Administrative Experience**

<ul> <li>Principal, Antelope High School, Roseville Jt. UHSD</li> </ul>	2007 - Current
Principal, West Campus High School, Sacramento City USD	2003 - 2007
Principal, Oak Ridge Elementary School, Sacramento City USD	2001 - 2003
Asst. Principal, Oak Ridge Elementary School, Sacramento City USD	2000 - 2001

#### **Athletic Leadership**

Capital Athletic League Vice President	2014 - Current
CIF Federated Council SJS Guest Attendee	Jan. 2015
SJS Officials Evaluation Committee	2013
Capital Valley Conference SJS Board of Managers Rep	2010 – 2012
Athletic Director, West Campus High School	2004 – 2006
Asst. Varsity Baseball Coach, Laguna Creek High School	1996 – 1998
Head JV Soccer Coach, Laguna Creek High School	1995 – 1998
Head JV Baseball Coach, Laguna Creek High School	1996

#### **Other Athletic Related Experience**

•	All-America Baseball Team – California Lutheran University		1994
•	Played 4 years collegiate baseball, 1 year collegiate soccer	1991 -	1995

#### **Other Administrative Experience**

•	WASC Review Team (5 site visits)	2005 - Current
•	Presenter – Project Lead the Way National & State Conference	2009, 10, 13, 15
•	Presenter High Poverty / Achieving Schools, SCOE & SJCOE &	1998, 99, 01, 02
•	Presenter – ACSA Principal's Academy & CSUS, Academic Conferencing	2002-2003



#### ROGER L. BLAKE, EXECUTIVE DIRECTOR

## CALIFORNIA INTERSCHOLASTIC FEDERATION

CIF STATE OFFICE - 4658 DUCKHORN DRIVE - SACRAMENTO, CA 95834 - PH- 916-239-4471 - FX: 916-239-4478 - WWW.CIFSTATE.BRG

To:

**Federated Council** 

Date:

December 1, 2015

Re:

Proposed Revisions for Bylaw 201, 204 and 207

**Proposal Originated: Commissioners Committee** 

**Proposal Reviewed** 

06/17/2015 — Commissioner Committee 08/26/2015 — Commissioner Committee 01/11/2016 — Commissioner Committee 01/29/2016 — Executive Committee 01/30/2016 — Federated Council

**Proposal Recommendation** 

Discussion
Discussion
Anticipated Proposal to be Forwarded
Anticipated 1<sup>st</sup> Reading and Review
Anticipated 1<sup>st</sup> Reading

Type: Bylaw Revisions

Next: April 7, 2016 Federated Council - Action Item

**Summary:** It is anticipated that the Federated Council will be asked to consider recommended revisions to Bylaw 201, 204 and 207 regarding the definition(s) on days of enrollment. The Commissioners Committee has discussed this issue at past meetings and it is anticipated that a formal proposal will be recommended as an outcome of the Commissioner January 11, 2016 meeting.

If a proposal is forwarded for consideration it will be distributed at the meeting. This would be a first reading item.

Fiscal Impact: None

**Background:** Proposed revisions for modifications to Bylaw 201, 204 and 207 are to better clarify and define "days of enrollment."

V.B.4.



#### ROGER L. BLAKE, EXECUTIVE DIRECTOR

# CALIFORNIA INTERSCHOLASTIC FEDERATION

CIF STATE OFFICE • 4658 DUCKHORN DRIVE • SACRAMENTO, CA 95834 • PH: 916-239-4477 • FX: 916-239-4478 • WWW.CIFSTATE.ORG

To:

**Federated Council** 

Date:

December 1, 2015

Re:

Proposed Revisions for Bylaw 1901.B

Proposal Originated: Commissioners Committee – Football Advisory Committee

#### Proposal Reviewed

06/17/2015 – Commissioner Committee 08/26/2015 – Commissioner Committee 09/08/2015 – Football Advisory Committee 01/11/2016 – Commissioner Committee 01/26/2015 – Football Advisory Committee 01/29/2016 – Executive Committee 01/30/2016 – Federated Council

#### **Proposal Recommendation**

Discussion
Discussion
Discussion
Anticipated Proposal to be Forwarded
Anticipated Proposal to be Forwarded
Anticipated 1st Reading
Anticipated 1st Reading

Type: Bylaw Revisions

Next: April 7, 2016 Federated Council – Action Item

**Summary:** It is anticipated that the Federated Council may be asked to consider recommended revisions to Bylaw 1901.B regarding the participation in football "team camp" outside the of season. The Commissioners Committee has discussed this issue at past meetings and it is anticipated that a formal proposal will be recommended as an outcome of the January 11, 2016 Commissioner meeting. The Football Advisory Committee discussed options in September and will review any proposal at their meeting on January 26, 2016.

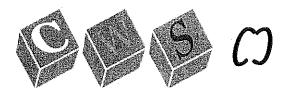
If a proposal is forwarded for consideration it will be distributed at the meeting. <u>This would</u> be a first reading item.

Fiscal Impact: None

**Background:** Education Code 35179.1 and 49475 and CIF Bylaw 1901.B prohibited "full contact" football camps outside the season of sport. Currently, five (5) CIF Sections prohibit school teams from <u>all</u> participation at any out of season football camp and five (5) CIF Sections allow team participation at out of season football camps.

This past summer there were several violations by school teams of state law and CIF Bylaws.

AN EQUAL OPPORTUNITY ORGANIZATION • MEMBER NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS



Home (index.html)

Products & Brands (products--brands.html)

Web Design (web-design.html)

Software (software.html)

About Us (about-us.html)

Contact Us (contact-us.html)

#### CIF Home

CIF Home is a web based software program for High School Sport State & Section Associations and their member schools. CIF Home was launched in Summer of 2012 and is used by the CIF Southern Section and their 579 Member schools, CIF San Diego Section and their 125 Member schools, CIF-LA and their 128 Member Schools, and CIF-Central Coast Section and their 143 Member schools. CIF Home now has over 15,000 users and counting!

CIF Home has received high praise by both the sections and their member schools. Below is a list of just some of the features.

#### **Features**

- 1. Automated Online School Directory
- 2. Electronic Transfer Process
- 3. Game Scheduling & Reporting
- 4. Playoff Management
  - a. Roster & Eligibility Lists
  - b. Ticket Manager
  - c. Financial Revenue & Expense Reporting
  - d. Power Rankings
- 5. Dues & Account Receivable
- 6. Survey Creator
- 7. Email List Creator & Message Center
- 8. Games & Coaches Wanted
- 9. Sanctioned Events
- 10. Academic Awards
- 11. And Much More!

If you would like more information about CIF Home please click here to contact us. (contact-us.html)



Watch this video below to see the power of CIF Home.





# STATE MEDIA RELEASE

FOR IMMEDIATE RELEASE November 30, 2015

Contact: Rebecca Brutlag, Media Relations Officer rbrutlag@cifstate.org

### CIF PARTNERS WITH SPECIAL OLYMPICS AND CDE TO PROVIDE INCLUSIVE SPORTS OPPORTUNITIES AT LOCAL HIGH SCHOOLS

**SACRAMENTO** — The California Interscholastic Federation (CIF), Special Olympics Northern and Southern California and the California Department of Education (CDE) today announce their partnership to establish an inclusive culture that promotes participation opportunities for student-athletes with disabilities. This new partnership will enable CIF member schools to implement unified sports programming on their respective campuses.

Additionally, CIF is also working with U.S. Paralympics to provide ambulatory and wheelchair events at CIF State Championship events including, 2016 Track & Field State Championships and 2017 Swim & Dive State Championships.

As a former coach, I am so pleased about the new partnership," said State Superintendent Tom Torlakson. "It will help schools ensure that students with intellectual, developmental, physical and other types of disabilities have an equal opportunity to benefit from all the things they can learn by participating in sports — teamwork, discipline, focus, persistence, practice, healthy living and so many other life lessons."

It is estimated that over 10 percent of the students in California schools have a documented disability. The inclusion of athletic programs for students with disabilities increases opportunities and encourages access to the academic benefits through athletic participation. Unified Sports joins people with and without intellectual disabilities on the same sports team, teaching teamwork and the value of inclusion for all participants.

"Unified sports on high school campuses is the next great frontier for the Special Olympics movement," said Bill Shumard, President/CEO of Special Olympics Southern California. "This is a bold move by the CIF, giving Special Olympics athletes on high school campuses in our state the same opportunity to train and compete in the same framework as other students on campus. This will lead to further acceptance and inclusion of students with special needs on school campuses...we are thrilled with this opportunity."

David Solo, President & CEO, Special Olympics Northern California adds, "CIF's visionary decision to partner with both Special Olympics Northern and Southern California in order to provide students with greater access to the Unified Sports program enables us to move closer to a world where the intellectually disabled are accepted by society as a whole and inclusion is commonplace."

With the announcement of this partnership CIF launched a new section on www.cifstate.org titled "Inclusive Sports." This resource will provide CIF member schools with tools to implement programs for students with disabilities on their school campuses.

"Unified programs will offer new and expanded opportunities on our high school campuses," said Roger L. Blake, CIF Executive Director. "Working with California Special Olympics and California Department of Education, CIF will provide strategies and best practices for integrating and growing unified sports programs at our 1,576 member schools."

-CIF-

#### Concussion Lawsuit Claims PIAA Negligence

Details by Jason Cato

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Pittsburgh Tribune Review

Many of Pennsylvania's 350,000 junior and senior high school athletes likely have experienced severe concussions and the kind of lingering effects three Lawrence County high school athletes had to endure, according to a class-action lawsuit claiming negligence against the Pennsylvania Interscholastic Athletic Association.

Two former student athletes at Neshannock High School and the father of a senior at Ellwood City sued the PIAA in Lawrence County Common Pleas Court late Thursday alleging the governing body did little to protect them from or help them with concussions suffered while playing high school sports.

The lawsuit seeks unspecified monetary damages on behalf of Jonathan Hites and Kaela Zingaro, both New Castle residents and 2014 Neshannock graduates, and Domenic Teolis, 17, of Ellwood City.

The head of the state's governing body over school sports vowed to fight the allegations vigorously, and one legal expert said the PIAA will prevail.

From AB: Judge Dismisses Class-Action Concussion Suit Against IHSA

"This lawsuit will lose," said Hosea Harvey, a Temple University law school professor with expertise in youth sports law. "They are actually undermining the issue of student safety in Pennsylvania."

Neither Hites nor Zingaro nor their families could be reached for comment. Samuel Teolis, listed as a plaintiff because his son is a minor, declined to comment.

Attorneys for a Texas-based law firm that specializes in class-action lawsuits and which is heading up the litigation against the PIAA did not respond to numerous messages from the Tribune-Review.

Bob Lombardi, the PIAA's executive director since 1988, said he was blindsided by the lawsuit in light of the measures the organization has implemented in recent years regarding player safety and concussions.

"This blows my mind," Lombardi said. "All of our schools try to take care of the health of our athletes. I think we have been very responsive in asking our member schools to follow protocols."

#### Rules in place

Since 2009, all 50 states passed laws regarding concussions in youth athletes. Pennsylvania in 2012 enacted its Youth in Sports Safety Act, which outlines responsibilities of schools and coaches.

"We have to have a player removed and evaluated by someone who is trained in the management, care and treatment of concussions. That's the extent of the law," said Larry Cooper, head athletic trainer at Penn-Trafford High School and chairman of the National Athletic Trainers' Association Secondary School Athletic Trainers' Committee.

Many schools go beyond that requirement, implementing preseason baseline assessments for concussions and installing more stringent concussion protocols with the help of brain injury specialists.

"The PIAA was in the forefront, not lagging behind, to try to get something in place as a student safety initiative," Cooper said. "You have to applied them for doing that."

The lawsuit, which alleges negligence before and after Pennsylvania passed its law, describes in detail concussion injuries suffered by the plaintiffs and the failure of coaches and others to recognize and deal with symptoms. No schools or coaches are named in the lawsuit.

Hites suffered a severe concussion in 2011 as a freshman attending a team football camp at Slippery Rock University. It took him more than a year to be medically cleared, but he still experiences learning and social difficulties, the lawsuit states.

From AB: Concussion Lawsuit Examines School Nurse's Duty of Care

Zingaro suffered a concussion in June 2014 while playing in a Neshannock High softball game. Doctors cleared her to return to play two months later, although her attorneys said she continued to experience headaches and trouble with concentration.

Domenic Teolis, now a senior at Ellwood City's Lincoln High School, suffered multiple concussions in his freshman year during football practices and games, the lawsuit states.

After suffering a concussion in practice in October 2012, Teolis played the next day against Central Valley, his lawyers said. He reported concussive symptoms to a trainer and coaches, but nothing was done until his parents took him to Children's Hospital of Pittsburgh of UPMC that night, the lawsuit states.

#### Claims against PIAA

The lawsuit claims the PIAA violated state law by not:

- · requiring concussion baseline tests;
- tracking and reporting concussions;
- requiring qualified medical personnel be present at all PIAA-sanctioned practices and events;
- removing athletes with apparent concussions from practices and games;
- taking measures to educate school personnel on how to provide proper medical response to suspected concussions; and
- providing resources for student-athletes in seeking professional medical care at the time of a concussion, during treatment or for post-injury monitoring.

"None of these are required under Pennsylvania law," said Harvey, the Temple professor. "They just aren't."

In addition to paying for its alleged negligence, the lawsuit wants a court to order the PIAA to establish a medical monitoring trust fund to pay for ongoing and long-term expenses of student athletes and former student athletes.

#### Previous case dismissed

Lawyers filed a similar suit last year against the Illinois High School Association, making it the first prep sports governing body in the country to face a class-action concussion lawsuit.

A judge in October dismissed the case, saying the IHSA had worked to improve protections for student athletes and that imposing broader liability on the governing body could reduce participation in high school football or end the sport altogether.

Harvey said the lawsuit filed in Lawrence County "cuts and pastes" whole sections of the failed litigation filed in Illinois.

Instead of frivolously suing the PIAA, the plaintiffs should address their concerns to state lawmakers in an effort to improve Pennsylvania law, the professor said.

"The allegations of what happened are not frivolous, and the solutions aren't frivolous," Harvey said. "But these are best addressed through the Legislature."

Jason Cato is a staff writer for Trib Total Media. He can be reached at 412-320-7936 or jcato@tribweb.com Sports reporter Kevin Gorman contributed to this report.

December 14, 2015

# Historic day for N.J. high school sports results in groundbreaking changes

(Chris Faytok | NJ Advance Media for NJ.com)

EDISON — On a historic, emotionally charged day for New Jersey high school sports, the state's member schools voted to approve two landmark proposals separating athletes at public and non-public schools in football and wrestling during the New Jersey State Interscholastic Athletic Association's annual business meeting Monday morning at the Pines Manor.

The groundbreaking decisions mean the state's non-public schools that play football will be separated into their own statewide conference, while non-public wrestlers will be split into their own pool in the postseason and compete against each other at the district and regional levels. Non-public and public wrestlers still will face off at the State Wrestling Championships. Non-public and public football teams can still play in the regular season if both teams agree to the matchup.

MORE: Results and complete rundown from historic NJSIAA vote

WRESTLING: Vote to separate non-public wrestlers at district, region levels passes

FOOTBALL: Vote to separate non-public schools into own statewide conference passes

TRANSFERS: Proposal to strengthen statewide transfer rule is rejected

Both changes will go into effect for the 2016-17 school year, pending approval by state education commissioner David Hespe.

"People were asking for change and change was presented," NJSIAA Executive Director Steve Timko said.

The proposal to separate in football passed by a vote of 215-128 with two abstentions. Meanwhile, the wrestling proposal was approved by a count of 216-121 with eight abstentions.

One other major proposal presented Monday sought to significantly strengthen the statewide transfer rule, but the move fell by a count of 244-99 with one abstention.

While both votes to separate passed, several administrators predicted the rulings will be challenged.

"I know there are going to be lawsuits," Ewing athletic director Bud Kowal said. "And I know people are going to appeal to the commissioner of education. My gut tells me next year nothing's really going to change."

NJSIAA attorney Steve Goodell said the decisions will "immediately" be sent to the education commissioner's office, but Goodell could not provide a timeframe for when he expects a decision to be made.

In 2009, a different commissioner of education reversed an NJSIAA decision to separate publics from non-publics in qualifying for the state wrestling tournament. The ruling from six years ago is giving coaches and athletic directors against separation hope for a similar outcome.

"I hope this doesn't set a precedent for all the other sports," Don Bosco Prep athletic director Brian McAleer said. "I'm very worried about the other sports."

Monday's meeting grew testy and heated at times as administrators stepped to a microphone to voice support or scorn for the proposals. Seton Hall Prep headmaster, Monsignor Michael Kelly, called the proposal to separate in wrestling "discriminatory," while River Dell athletic director Denis Nelson described some non-public pushback as "ignorant." Paul VI athletic director Tony Mitchell read from a prepared statement that more than doubled the allotted three-minute speaking time.

St. Peter's Prep athletic director/football coach Rich Hansen said regardless of how schools feel about the vote, the state needs to come together.

"Honestly, we needed a direction. We needed a mandate," Hansen said. "The body has spoken and given us a mandate. We have a pretty clear statement of where people stand. So we need to go forward."

Monday's changes are the result of years of trouble brewing between the state's public and non-public schools. Some public schools have been forced to play non-publics during the regular season, despite having drastically different pools from which they draw students. Public schools have defined, geographic boarders, while non-public schools can accept students from anywhere.

In recent years, several prominent non-public schools such as Don Bosco Prep, Bergen Catholic, St. Peter's Prep and Paramus Catholic have become national football powerhouses, and some public schools have said the playing field is not even and they only want to compete against like-minded opponents.

In wrestling, some districts and regions have also been dominated by non-public schools. For instance, in District 7, Bergen Catholic has won 26 consecutive championships.

Also, some public schools administrators have alleged for years non-public schools have an unfair advantage by being able to entice student athletes from all over to their programs.

Earlier this year, the New Jersey State Interscholastic Athletic Association re-convened a special public/non-public committee to examine issues plaguing the state. The committee's most significant recommendation was a proposal to split public and non-public schools for football

The state had been largely divided on the issue. South Jersey schools had been against a split, saying their public and non-public schools coexist pleasantly. Meanwhile, North Jersey schools have argued change is necessary.

Matthew Stanmyre may be reached at mstanmyre@njadvancemedia.com. Follow him on Twitter @MattStanmyre. Find NJ.com on Facebook.

#### Tommy John, son to baseball parents: Wake up

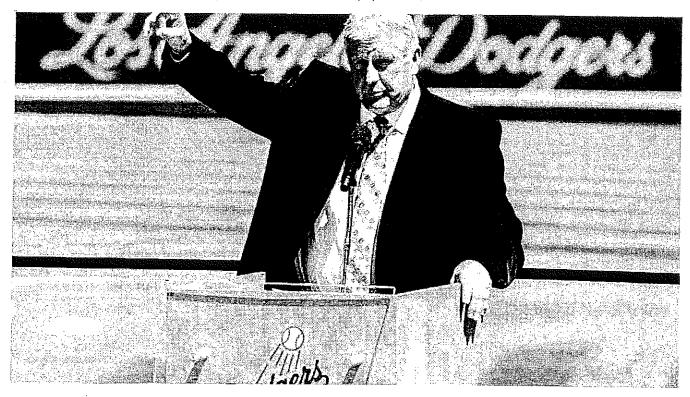
X.7.

# Major-leaguer's son moves business to San Diego, jump-starts discussion on youth injuries



(/staff/bryce-miller/)

By Bryce Miller (/staff/bryce-miller/) | 6 a.m. Nov. 27, 2015 | Updated , 8:29 a.m.



Los Angeles Dodgers former pitcher Tommy John praises his late friend, Dr. Frank Jobe during a memorial service at Dodger Stadium in Los Angeles Monday, April 7, 2014. Dr. Frank Jobe, was the surgeon who pioneered the elbow procedure that became known as Tommy John surgery and saved the careers of countless pitchers. Jobe died last month at 88. (AP Photo/Damian Dovarganes) *The Associated Press* 

Time exacts a toll on everything, including baseball legacies.

Tommy John was reminded of how memories muddy when he revisited a conversation with former Oakland A's star Gene Tenace, a bullpen coach at the time for the Toronto Blue Jays.

Tenace was working with one of the top pitchers in the organization when a name popped up. "Who's he, the surgeon?" the player said. Tenace shot back: "You don't know who Tommy John is? You better go find out."

John, a 288-game winner who played for seven major-league teams, understands that he's increasingly known as the name affixed to a pioneering patient and groundbreaking surgical procedure that allowed him to claw back from the career abyss.

"I find it funny that ball players don't know Tommy John The Pitcher, they know Tommy John The Surgery," he said.

John and his son, Dr. Tommy John III, are working to construct a new legacy by reducing the number of namesake surgeries on the increasingly stressed elbows of young pitchers.

Tommy III is a chiropractor who moved his practice from Chicago area to San Diego three weeks ago. He's astounded and frustrated it the growth in ligament, tendon and cartilage damage among kids.

The younger John and his famous father are doing speaking engagements to help stymie those types of premature injuries. http://www.sandiegouniontribune.com/news/2015/nov/27/tommy-johns-to-baseball-families-wake-up/all/... 11/30/2015

Dr. James Andrews, the world's most famed sports orthopedist, said his medical center's research indicates there's been a 7- to 10-fold increase in pitching overuse injuries to kids since 2010.

The message: If your child is crisscrossing the state on year-round traveling teams, uncorking curveballs before he shaves or banging out nightly bullpen sessions in the backyard, hit the brakes.

"It's just unbelievable," said Andrews, who has conducted procedures on John Smoltz, Roger Clemens and scores of other stars. "Parents are pushing, coaches are pushing. There's a lot of capitalism going on. Parents are paying out of the wazoo for pitching coaches, travel teams and those things.

"They're training these kids like they're professional athletes."

When the late Dr. Frank Jobe prepped for the 1974 surgery to repair the ragged left elbow of John, then a Los Angeles Dodger, he estimated the chances of his patient pitching again at 1-in-100.

John not only returned, but recorded the majority of his victories (164) post-procedure. From 1976 until his final season in 1989, John never missed a start or bullpen assignment.

The success was attributed, in large part, to John's patience as he worked back. Kids with undeveloped arms and bodies find themselves facing even more risk — and expectations — in an era of escalating specialization.

"Parents are living their lives vicariously through their children," the elder John said. "A kid playing baseball year-round when he's 8 or 10 or 12 is not going to make him any better at 22. It's just not going to happen."

John, who has the seventh most victories among left-handers in league history, presses the discussion with overambitious parents.

"I ask them, 'Who's the best pitcher in baseball?' " he said. "They give me a list of names: Kershaw, Greinke, maybe Matt Harvey. I say, 'Do they pitch year-round?' They say, 'Well, no.' I say, 'If the very best don't do that, why would a kid who probably can't walk and chew gum at the same time do that?' "

Joel Hanrahan, a free-agent pitcher who was a two-time All-Star with Pittsburgh, said the landscape of youth baseball has shifted drastically.

"It's ridiculous to see kids walking around with arm splints," he said. "I saw a kid in seventh-grade with the arm band and sling on and asked if we was playing year-round. He said he was and I told him to stop. He laughed at me. I said, 'I've two of them (surgeries). Do you want to see my scars?

"They don't listen, because they think they're going to be the next Mike Trout."

Andrews, who also has wielded a scalpel over NFL titans Tom Brady, Drew Brees, Bo Jackson and Brett Favre, recommends going at least two to four months without throwing every year, while monitoring pitch counts and rest.

"And outlaw the radar gun," he said, "so they're not trying to hit 90 mph in the backyard with their dad."

Dr. Tommy John, who is transitioning to the San Diego metro area, said he encounters too many kids who are unprepared physically in an era of texting, Tweeting and electronic devices seemingly glued to faces.

"The functional capacity of children today is so low," said John, who counts defensive back Charles Tillman of the unbeaten Carolina Panthers among his clients. "So many of them sit all the time and mess with their phones. I saw a Segway tour of a nature area in Florida one time. I was like, really?

"So now you see all this ligament and tendon damage. Kids are supposed to have broken bones and bruises sometimes — not this."

Dr. John said putting in the work to build and maintain a healthy lifestyle is something at which his father excelled. His dad would do 2,000 to 2,200 shoulder strengthening exercises a day, for example.

Today, shortcuts too often trump preparation.

"Surgeons can go in and fix the motor in the fridge, but no one checks to see if the fridge is plugged in," he said.

The Johns plan to keep spreading the message to families. The goal is to reach a point where fewer and fewer remember the name attached to the surgery.

Tommy John, after all, isn't a procedure any more than George Foreman is a chef.

http://www.sandiegouniontribune.com/news/2015/nov/27/tommy-johns-to-baseball-families-wake-up/all/... 11/30/2015

Tommy John, son to baseball parents: Wake up | SanDiegoUnionTribune.com

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Three of the major factors fueling overuse injuries for young pitchers? Money, money ... and more money.

Youth baseball instruction and traveling teams extend the playing calendar — and strain family finances.

"It's an industry now," said Tommy John, the former major-league pitcher who underwent the revolutionary elbow surgery that bears his name in 1974. "It's insane."

John's son, Tommy III, developed into a top college recruit out of Minnesota in 1996. One day, the telephone rang and the elder John answered.

"They said, 'Congratulations, Mr. John. Your son has been selected to the elite travel team in the upper-Midwest. We play 80-some games this summer,' " John recalled. "I said, 'OK, what's this going to cost me?' He said, '\$5,000 — just for your son.' Then there's other costs if you travel."

John started working his inner calculator as he continued to talk.

"Some of these guys will have four, five or six levels of traveling teams with 15 kids to a team," he said. "Even if that's \$3,000, that's \$45,000 a year. If they have six or seven teams, that's like \$300,000.

"Then they have their winter workout programs. My gawd, these guys are making a lot of money."

Joel Hanrahan, a free agent who pitched for Pittsburgh and Boston, signed with Detroit before an elbow injury caused him to undergo a second Tommy John surgery. Hanrahan said the money involved is staggering.

"I have friends in my neighborhood who have said it cost them \$18,000 for a 12-year-old on a team," Hanrahan said. "That's one season and the travel for the parents. It blows my mind."

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