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COMMISSIONER
MICHAEL S. GARRISON
CIF Sac-Joaquin Section
P.O. Box 289
Lodi, CA 95241
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**BACKUP MATERIAL
BOARD OF MANAGERS MEETING
January 21, 2015
The Reserve at Spanos Park**

CONSENT CALENDAR

The following items are considered for your approval. If requested, any of the following items may be removed and placed on the regular agenda.

Section

1. **Approval of Minutes of October 22, 2014 Board of Managers Meeting**

OLD BUSINESS (Voting Items)

Section

1. **Election of Superintendent's Representative**

The Section office contacted ACSA several months ago seeking their assistance in getting information out to Superintendents within the Sac-Joaquin Section region informing them that nominations were being accepted for the CIF-SJS Superintendent Representative to the Board of Managers. As of January 5, 2015, the only nomination received was George Sziraki, Superintendent of Placer Union High School District. (page 1)

State

1. **Proposed Revision to Bylaw 503 H – Concussion Protocol**

This bylaw would require an athlete, who has been diagnosed with a concussion by a licensed health care provider, to complete a graduated return-to-play protocol of no less than seven days from the date of diagnosis, under the supervision of a licensed health care provider. This revision will bring our CIF bylaw into compliance with State Education Code. (pages 2-3)

2. **Proposed Bylaw 1901 A and B**

With the passage of A.B. 2127 (Cooley), California Education Code will be revised on January 1, 2015 to limit "Full Contact Practice" in football. This proposed addition to Bylaw 1901 will bring our CIF bylaws into compliance with State Education Code. (pages 4-6)

3. **Proposed Bylaw 1502 (Baseball) and 2502 (Softball)**

These bylaws would require that all individuals must wear a protective helmet while coaching the bases. It would be implemented immediately. Both the NCAA and professional baseball have this mandate in place. (page 7)

4. **Proposed State Football Bowl Championships Revisions**

This proposal would change the current format of the State Football Bowl Championships; it would allow all Section champions/representatives the opportunity to participate in the Bowl Championships. (pages 8-10)

5. **Proposed Revision of Bylaw 22.B.(9) Coaches Education and Training and Bylaw 503.J. Sudden Cardiac Arrest Protocol**

This would require the education and training of coaches for the awareness, recognition and management of sudden cardiac arrest in student-athletes and ensure that they are aware of and know how best to react to the condition's warning signs, mirroring the process approved for concussion education. (pages 11-12)

NEW BUSINESS (Non- voting Items)

Section

1. Proposed Change to Season of Sport for Soccer

There has been continued discussion surrounding the topic of soccer (boys and girls) and its season of sport in the Sac-Joaquin Section. This was a discussion item at the October 22, 2104 Board of Managers meeting. Based on that discussion and direction of the Board, Section staff is proposing to change the season of sport for boys and girls soccer to the winter season to be implemented for the 2016-17 school year. Attached are the pros and cons sheet developed by the Section staff for continuing with boy's soccer in the fall and girl's soccer in the spring, or changing to both genders to the winter. (page 13)

2. Election of Medium School Athletic Director Representative – No Backup Material

This position has a two-year term and will serve on the Board for the 2015-16 and 2016-17 school years. Nominations are open to all athletic directors at Division III and IV schools (only AD's at schools in the CAL, TCC, VOL, PVL, SVC and WAC are eligible). The deadline to submit an application (one-page resume) to the Section office is Monday, March 30, 2015.

3. Playoff Committee Recommendations – No Backup Material

The playoff committee met on December 18, 2014 and meets again on January 16, 2015. Proposals to changes in our current playoffs for the sports of cross country, football, team tennis, water polo, girls wrestling will be presented to the Board.

State (These are first reading items (informational) at the January 30, 2015 Federated Council meeting.)

1. Proposed State Girls Volleyball Tournament Revisions

This proposal would expand the existing girls volleyball championship brackets from eight-team to 16-team brackets in Divisions I-V and add an eight-team OPEN Division bracket to be implemented in the fall of 2016. (pages 14-18)

PRESENTATION OF COMMUNITY SERVICE AWARD

George S. Sziraki, Ed.D.

Professional:
13000 New Airport Rd
Sac, CA 95816
Auburn, CA 95306

Cell (209) 676-0623
gsziraki@puhsd.k12.ca.us

QUALIFICATIONS:

◆ <i>Instructional Leadership</i>	◆ <i>Board Relations</i>
◆ <i>Staff Development Focused</i>	◆ <i>High Expectations</i>
◆ <i>Collaborative Leadership</i>	◆ <i>Technology Background</i>
◆ <i>Organizational Skills – Strategic Planning</i>	◆ <i>Fiscal/Budgetary Experience</i>
◆ <i>High Exception Visionary Leadership</i>	◆ <i>Data-Directed Leadership</i>
◆ <i>Proven Successful Career Record</i>	

EXPERIENCE:

2013 – Current **Superintendent, Placer Union High School District**

2008-2013 **Assistant Superintendent** **Merced Union High School District**
of Educational Services 3430 "A" Street, Atwater, CA 95301
and Instructional Improvement

Principal **Argus and Endeavor High Schools** **Ceres Unified School District**
2004 - 2008 **District Coordinator of Athletics** 2503 Lawrence Street, Ceres, CA 95307

Co-Administrator **Buhach Colony High School** **Merced Union High School District**
July 2001 – 2004 **Athletic Director and Academy Associate Principal** 3430 "A" Street, Atwater, CA 95301

Secondary **Merced High School** **Merced Union High School District**
Administrator **Summer School Principal** 3430 "A" Street, Atwater, CA 95301
June 2001 –
August 2003

Teacher **Atwater High School** **Merced Union High School District**
July 1991 – **Social Studies/** 3430 "A" Street, Atwater, CA 95301
June 2001 **School to Career**

Athletic Coach **Atwater High School** **Merced Union High School District**
July 1991 – **Varsity Head Football Coach** 3430 "A" Street, Atwater, CA 95301
December 2000

◆ 8 playoff appearances out of 10 seasons.	◆ 93-29 W-L record
◆ 5 Central Valley Conference Championships.	◆ 3 section final appearances; 5 semi-final appearances

EDUCATION:

Degrees

Doctorate, Educational Administration & Leadership University of the Pacific – Stockton, CA 2011 Bachelor of Arts, Social Science CSU Stanislaus – Turlock, CA 1989	Master of Arts, Educational Administration National University – Fresno, CA 1997
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Credentials

Tier II Administrative Credential AB 75 Principal Training – CSU Stanislaus 1999	Tier I Administrative Credential National University – Fresno, CA 1997
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V.C.1.

ROGER L. BLAKE, EXECUTIVE DIRECTOR

CALIFORNIA INTERSCHOLASTIC FEDERATION

CIF STATE OFFICE • 4658 DUCKHORN DRIVE • SACRAMENTO, CA 95834 • PH: 916-239-4477 • FX: 916-239-4470 • WWW.CIFSTATE.ORG

To: Federated Council

Date: November 24, 2014

Re: Bylaw 503 H. Concussion Protocols as Per Ed. Code 49475.(a).(1)

Proposal Originated: C.I.F. Staff

Proposal Reviewed

9/9/2014 – Executive Committee
9/23/2014 – Sports Medicine Advisory Committee
9/30/2014 – Commissioners Committee
10/7/2014 – Athletic Administrators Advisory Committee
10/27/2014 – Federated Council – 1st Reading
01/30/2015 – Federated Council – Action Item

Proposal Recommendation

8-0 Support
Will develop collateral materials for CIF
10-0 Support
19-0 Support
Completed

Type: Bylaw Revision

Next: 1/30/2015 – Action Item Federated Council

Proposal Summary: With the passage of A.B. 2127 (Cooley) the CIF must revise our "Return to Play," if a licensed health care provider determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return-to-play protocol of no less than 7 days in duration under the supervision of a licensed health care provider.

Fiscal Impact: None

Background: In 2010 the CIF passed Bylaw 503 (formerly Bylaw 313) that required physicians signed "Return to Play" for any student suspected of having a concussion. This change would further provide that, if a licensed health care provider determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return-to-play protocol of no less than 7 days in duration under the supervision of a licensed health care provider as required by A.B. 2127 that will be added to the Education Code on January 1, 2015



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Concussion Protocol

A student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. If a licensed health care provider, trained in education and management of concussion determines that the athlete sustained a concussion or a head injury, the athlete is required to complete a graduated return-to-play protocol of no less than 7 days, from the time of diagnosis, in duration under the supervision of a licensed health care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent or guardian before the athlete's initiating practice or competition.
(Approved May 2010 Federated Council/Revised May 2012 Federated Council)



ROGER L. BLAKE, EXECUTIVE DIRECTOR

V.C.2.

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To: Executive Committee

Date: November 24, 2014

Re: Bylaw 1901 A & B. as Per Ed. Code 35179.5. (A). and 35179.5. (B). and Per Ed. Code 35179.5. (C). and 35179.5. (C).(2)

Proposal Originated: C.I.F. Staff

Proposal Reviewed

9/8/2014 – Football Advisory Committee
9/9/2014 – Executive Committee
9/30/2014 – Commissioners Committee
10/7/2014 – Athletic Administrators Advisory Committee
10/26/2014 – Executive Committee
10/27/2014 – Federated Council – 1st Reading
01/30/2015 – Federated Council – Action Item

Proposal Recommendation

10-0 Support, Move forward to Commissioners
8-0 In support
10-0 support
19-0 support
9-0 support
Completed

Type: Bylaw Revision - Addition

Next: 1/30/2015 – Action Item Federated Council

Proposal Summary: With the passage of A.B. 2127 (Cooley), California Education Code will be revised on January 1, 2015 to state that *"If a school district, charter school, or private school elects to offer an athletic program, it shall comply with all of the following:*

(A) A high school or middle school football team shall not conduct more than two full-contact practices per week during the preseason and regular season. (B) The full-contact portion of a practice shall not exceed 90 minutes in any single day. Further, the additions to the Education Code also stated that "A high school or middle school football team shall not hold a full-contact practice during the off-season. For purposes of this section, a team camp session shall be deemed to be a practice." These proposed additions to Bylaw 1901 will bring our CIF Bylaws into compliance with State Education Code. These additions are proposed as immediate implementation.

Fiscal Impact: None

Background: Bylaw 1901 is a longstanding sport specific rule regarding the required number of days of practice and a prohibition on Sunday practices. These additions would add a further clarify to the amount of permissible "full contact" practice.



ROGER L. BLAKE, EXECUTIVE DIRECTOR

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1901. NUMBER OF FOOTBALL PRACTICE DAYS; NO SUNDAY PRACTICE

A. There shall be no football games until the squad has had 14 days of practice before the first game. Each individual student on the team must have had at least 10 days of practice before being allowed to compete in a game. (The opening date of football practice may be determined by each Section.) No Sunday practice is permitted (See Bylaw 504.M. for exception).

B. Football teams are limited to two days per week of full contact practice, with no more than 90 minutes of full contact on each of those days during the season of sport. For purposes of this Bylaw, each team's season of sport is defined as the first day of practice, as allowed by the Section, until the final contest for the team. All full contact practices are prohibited in the off-season which includes team camps.

Full contact practice is defined by state statute as a practice where drills or live action is conducted that involves collisions at game speed where players execute tackles and other activity that is typical of an actual tackle football game. For the purposes of this bylaw, refer to the definition of "Live Action" as defined by USA Football.

NOTE: See the Blue Policy Page XX for further clarification. (drafts attached)

Q & A TBD

CIF State Bylaw 1901.B. – Policy Page

State statute mandates that football teams are limited to two days per week of full contact practice, with no more than 90 minutes of full contact on each of those days during the season of sport. For purposes of this CIF Bylaw, each team's season of sport is defined as the first day of practice, as allowed by the Section, until the final contest for the team. All full contact practices are prohibited in the off-season which includes team camps.

Full contact practice is defined by state statute as a practice where drills or live action is conducted that involves collisions at game speed where players execute tackles and other activity that is typical of an actual tackle football game. Live action is defined by USA Football as a drill run in game like conditions and is the only time that players are taken to the ground. Thud is a drill run at an assigned speed through the moment of contact with no pre-determined winner. Contact remains above the waist and players stay on their feet. Thud is considered full-contact by the National Federation of State High School Associations (NFHS).

The CIF has developed the following regarding full contact football practices:

Allowable Activities During the Season of Sport:

- A team is allowed two days per week of full contact practice, with no more than 90 minutes of full contact on each of those days. This includes live action and thud.
- A team may participate in air, bags/blocking sleds and control drills at any time unless the Section has implemented more restrictive rules. A team may continue to dress in full pads for practice when conducting any of these drills defined below:
 - **Air-** Players run unopposed without bags or any opposition.
 - **Bags/Blocking Sleds-** Activity is executed against a bag/blocking sleds, shield or pad to allow for a soft-contact surface, with or without the resistance of a teammate or coach standing behind the bag.
 - **Control:** Drill is run at assigned speed until the moment of contact with a pre-determined winner. Contact remains above the waist and players stay on their feet.
- For purposes of this Bylaw, the season of sport for each team is defined as the first day of practice, as allowed by the Section, until the final contest for that team.

Allowable Activities During the Off-Season:

- No full contact practice is allowed during the off-season. Please consult Section Bylaws for allowable off-season activities.
- For purposes of this Bylaw, the off-season is defined as the team's last football contest of the season until the first day of practice the following school year as set by the Section.

Allowable Activities for Team Camps:

- No full contact practice is allowed during the off-season.
- Team camps are considered practice.
- If allowed by the Section, a team may participate in air, bags/blocking sleds and control drills (see above for definitions of these activities) while attending a team camp. A team may continue to dress in full pads for practice when conducting any of these drills at a team camp. Please consult Section and School District rules regarding the use of school equipment in the off-season.
- For purposes of this Bylaw, the off-season is defined as the team's last football contest of the season until the first day of practice the following school year as set by the Section.



ROGER L. BLAKE, EXECUTIVE DIRECTOR

V.C.3.

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To: Federated Council

Date: November 24, 2014

Re: Bylaws 1502 (baseball) and 2502 (softball) – Protective Helmet

Proposal Originated: C.I.F. Staff

Proposal Reviewed

9/9/2014 – Executive Committee
9/23/2014 – Sports Medicine Advisory Committee
9/30/2014 – Commissioners Committee
10/7/2014 – Athletic Administrators Advisory Committee
10/26/2014 – Executive Committee
10/27/2014 – Federated Council – 1st Reading
01/30/2015 – Federated Council – Action Item

Proposal Recommendation

8-0 support and forward
19-0 support *recommend NOCSAE mandate*
8-2 support *w/ NOCSAE recommendation*
18-1 support *w/NOCSAE recommendation*
9-0 forward *w/NOCSAE recommendation*
Completed

Type: Bylaw Additions for Baseball and Softball

Next: 01/30/2015 Action Item

Proposal Summary: This proposal would require that all individuals must wear a protective helmet while coaching the bases. It would be implemented immediately.

Fiscal Impact: In most cases less than \$100 per sport.

Background: Professional and NCAA baseball require the use of a protective helmet for all individuals coaching the bases. Each year high school baseball and softball coaches are struck in the head by batted balls that may result in catastrophic injuries. While the NFHS Rule Books are permissive in the use of protective helmets by adult base coaches, it is not a mandate. It is not currently a requirement that NCAA softball coaches wear a protective helmet while coaching the bases.

New Baseball

Bylaw 1502: It is required that adult base coaches wear a protective helmet. Play will not continue until compliance with this rule is met. It is recommended that the helmet meet NOCSAE standards.

New Softball

Bylaw 2502: It is required that adult base coaches wear a protective helmet. Play will not continue until compliance with this rule is met. It is recommended that the helmet meet NOCSAE standards.

Note (for both sports): NFHS rules govern use of protective equipment by a player/student.



V.C.4.

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To: Executive Committee

Date: November 24, 2014

Re: Revision of CIF Regional & State Football Championships

Proposal Originated: CIF Commissioners Committee

Proposal Reviewed

3/19/2014 – Commissioners Committee
4/1/2014 – Football Advisory Committee
6/18/2014 – Commissioners Committee
9/08/2014 – Football Advisory Committee
9/9/2014 – Executive Committee
9/30/2014 – Commissioners Committee
10/7/2014 – Athletic Administrators Advisory Committee
10/26/2014 – Executive Committee
10/27/2014 – Federated Council – 1st Reading
01/30/2015 – Federated Council – Action Item

Proposal Recommendation

Discussion Only
10-0 Approved in concept: forward to Comm.
10-0 Approved in concept
10-0 Approved in concept
8-0 Support in concept
10-0 Support proposal forward to Fed. Coun.
18-1 Support proposal
9-0 Support proposal
Completed

Type: Football Regional and State Bowl Game Format Revision

Next: 1/30/2015 Action Item Federated Council

Proposal Summary: The Commissioners Committee is making a recommendations for revisions and to modify the CIF State Football Regional and State Championship Bowl Formats.

Fiscal Impact: It is anticipated that this event would increase the section revenue profit sharing based upon the past two years' experience.

Background: Currently only eighteen (18) of the fifty-one (51) section champions are selected for participate in the CIF Football Bowl Championships. For the past several years the Football Advisory Committee and the Commissioners Committee have been discussing formats that would allow all Section Champions, who chose to participate, the opportunity to play in a Regional Football Bowl Championship.

Proposed Football Regional and State Bowl Game Format Revision

- 1.) This proposal will advance all Section champions, if they choose to participate, to a CIF Regional Football Championship Bowl Game. If a team from a Section does not wish to participate in the CIF Football Championship Bowl Games, they must notify their Section commissioner by the start of the 2nd week of their Section playoffs.
- 2.) CIF Sections with an "Open Division" will be allowed to replace one or more of their Section champions from another division with a team that participated in that Section's Open Division. That Section Open Division team may only replace a Section Champion from the division in which they would have been slotted if they had not been selected for the Section's Open Division.
 - a. Sections with an Open Division choosing to utilize this provision must have a policy in place (adhering to the above language) which outlines the process the Section will use to replace champions from their Section divisions with non-champions from their Open Division.
- 3.) All teams in the CIF Regional Football Championship Bowl Games will be slotted based on "competitive equity." See the sample mock selection below using the 2013 Section Champions.
 - a. Due to the number of Section divisions, there will be one play-in game in the north. The two teams will be selected from those Section division champions that complete play prior to week # 14.
- 4.) There will be two (2) Open Divisions.
 - a. The first will be open to all teams regardless of enrollment that have qualified through their respective section playoffs. The best team for the north and the best team from the south will be selected to participate and will receive byes directly to the CIF State Football Championships Bowl Open Division game.
 - b. The second will be open to all teams with an enrollment of 1,250 students or less that have qualified through their respective section playoffs. These teams will participate in the CIF Regional Football Bowl Games with the winner advancing to the CIF State Football Championship Bowl Game (1,250 or less)
- 5.) In order to balance the number of teams from the north and the south, Central Section Divisions I, III and V have been slotted in the north and Central Section Divisions II, IV and VI have been slotted in the south. The Central Section teams will be slotted in their respective regions in a manner to ensure that two teams from that Section would not play each other in a CIF State Football Championship Bowl Game.

COMPETITIVE EQUITY BASED "MOCK SELECTION" (USING TEAMS FROM 2013)

North			South	
Division	Team #1	Team #2	Team #1	Team #2
Open	De La Salle - NC		St. John Bosco - SS	
1AA	Folsom - SJ	Bakersfield - CS	Centennial - SS	Mission Hills - SD
1A	Del Oro - SJ	Serra - CC	Chaminade - SS	Cathedral Catholic - SD
2AA	Enterprise - NS	Milpitas - CC	Corona del Mar - SS	Hart - SS
2A	Dinuba - CS	Los Gatos - CC	Huntington Beach - SS	St. Augustine - SD
3AA	Manteca - SJ	Aptos - CC	La Serna - SS	El Diamante - CS
3A	Miramonte - NC	West Valley - NS	Heritage - SS	Nordhoff - SS
4AA	McClymonds - OK	El Cerrito - NC	Citrus Hill - SS	San Dimas - SS
4A	St. Mary's - NC	Galileo - SF	Sweetwater - SD	Jurupa Hills - SS
5AA	Salesian - NC	LeGrand - SJ	Salesian - SS	San Fernando - LA
5A	Liberty	Bradshaw Christian - SJ	Bakersfield Chr - CS	View Park - LA
6AA	Winters - NS	Maxwell - NS/SJ D VII	Farmersville - CS	Holtville - SD
Open - 1250	Sacred Heart Prep - CC	Central Catholic - SJS	Crenshaw - LA	Christian - SD



V.C.5.

ROGER L. BLAKE, EXECUTIVE DIRECTOR
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To: Federated Council

Date: November 24, 2014

Re: Bylaw 22.B.(9) Coaches Education and Training
Bylaw 503 J. Sudden Cardiac Arrest Protocol

Proposal Originated: C.I.F. Executive Committee

Proposal Reviewed

9/9/2014 – Executive Committee
9/23/2014 – Sports Medicine Advisory Committee
9/30/2014 – Commissioners Committee
10/7/2014 – Athletic Administrators Advisory Committee
10/26/2014 – Executive Committee
10/27/2014 – Federated Council – 1st Reading
01/30/2015 – Federated Council – Action Item

Proposal Recommendation

Directed Staff to Develop Proposal
19-0 in support
10-0 in support
19-0 in support
9-0 in support
Completed

Type: Bylaw Additions

Next: Vote by Federated Council – January 30, 2015

Proposal Summary: Training and education for coaches, parents and students for the awareness, recognition, and management of sudden cardiac arrest in student-athletes.

Fiscal Impact: Minimal. All materials available for free including the on-line education and training class through the *Eric Paredes Save A Life Foundation* and *Simon's Fund*.

Background: Sudden Cardiac Arrest (SCA) is the number two (2) cause of death in young people participating in education based athletics. While very rare, about 100 such deaths are reported each year in the United States in young athletes according to the American Heart Association. Tragically, California students have been on that list including one this past July. This Bylaw will alert coaches and parents to this condition, and ensure that they are aware of and know how best to react to the condition's warning signs. This spring, state legislatures in Delaware and Connecticut have implemented similar training requirements in their states.

22. B. (9) Ensure that all coaches, paid and unpaid, will have completed a coaching education program that emphasizes the following components:
- a. Development of coaching philosophies consistent with school, school district and school board goals;
 - b. Sport psychology: emphasizing communication; reinforcement of young people's efforts; effective delivery of coaching regarding technique and motivation of the student-athlete;
 - c. Sport pedagogy: how young athletes learn and how to teach sport skills;
 - d. Sport physiology: principles of training; fitness for sport; development of a training program; nutrition for athletes; and the harmful effects associated with the use of steroids and performance-enhancing dietary supplements by adolescents;
 - e. Sport management: team management; risk management; and working within the context of an entire school program;
 - f. Training: certification in CPR and first aid that includes training in signs and symptoms of concussions and sudden cardiac arrest.
 - g. Knowledge of, and adherence to, statewide rules and regulations; as well as school regulations including, but not necessarily limited to, eligibility, gender equity and discrimination;
 - h. Sound planning and goal setting; AND
 - i. A school/district may use a coach that does not meet these standards for one sports season in an emergency. The coach must still hold a CPR and First Aid, Concussion and Sudden Cardiac Arrest certification as required under Title V. However, that person may not coach another season of sport without fulfilling this coaching education requirement. Any currently employed coach who has completed and passed a prior version of a coaching education program that meets the above listed criteria, as determined by the local administration, is exempt from this provision. The above certification is transferable between/among CIF member schools. Coaches may need to complete additional local school or school district requirements.
- NOTE:** Definition of a coach, paid or unpaid: Any individual that the school/district is required to approve under Title V, California Code of Regulations, Section 5593 and 5594 and/or under California Education Code 35179-35179.7, 49032 and 4125.01-45125.1.

503. **ADMINISTRATIVE OVERSIGHT**

The principal of each school shall be held responsible for the amateur standing and eligibility of the school's teams and team members under CIF, Section, and league rules.

F. Coaching

Principals are responsible to insure that all coaches of the CIF member school for all individual or team(s) meet the requirements of the California Education Code 49032, 35179.1 and Bylaw 22.B.(9)
(Revised February 2009 Federated Council)

H. Concussion Protocol

A student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in education and management of concussion and receives written clearance to return to play from that health care provider. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by all athletes and the athlete's parent or guardian before the athlete's initiating practice or competition. (Approved May 2010 Federated Council/Revised May 2012 Federated Council)

Q: What is meant by "licensed health care provider?"

A: The "scope of practice" for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

I. Steroid Prohibition

As a condition of membership, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parent(s)/guardian(s)/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition.
NOTE: Article 1-12.N. (Revised May 2005 Federated Council)

J. Sudden Cardiac Arrest Protocol

A student-athlete who passes out or faints while participating in, or immediately following, an athletic activity or who is known to have passed out or fainted while participating in or immediately following an athletic activity, must be removed immediately from participating in a practice or game for the remainder of the day. A student-athlete who has been removed from play after displaying signs and symptoms associated with sudden cardiac arrest may not return to play until the athlete is evaluated by a licensed health care provider and receives written clearance to return to play from that health care provider. On a yearly basis, a Sudden Cardiac Arrest information sheet shall be signed and returned by all athletes and the athlete's parent or guardian before the athlete's initiating practice or competition.

Q: What is meant by "licensed health care provider?"

A: The "scope of practice" for licensed health care providers and medical professionals is defined by California state statutes. This scope of practice will limit the evaluation to a medical doctor (MD) or doctor of osteopathy (DO).

Soccer Season of Sport

If the SJS keeps boys soccer in the fall and girls soccer in the spring:

- 1-Neither sport is in the state season of sport of winter, and Rule 600 is not in effect.
- 2-If a state or regional playoff is created, the SJS would not be allowed to participate.
- 3-A common complaint is that girls have to choose between softball and soccer in the spring.
- 4-Soccer is currently played in the two busiest sport seasons.

If the SJS moves both boys and girls soccer to the winter:

- 1-Rule 600 would be in effect. (outside competition would not be allowed)
- 2-Some of our schools will experience weather (snow) issues.
- 3-More officials will be needed each week.
- 4-When one gender is playing a game at home, the other gender may struggle to find a place to practice.
- 5-Daylight is limited in the winter season. Those without access to lights will have to start earlier or not play lower level.
- 6-A move to winter will open up more winter opportunities for both boys and girls.
- 7-A move to winter would allow the SJS to participate in regional competition, if it occurred.
- 8 - If a school has the same coach for both boys and girls, that would be a conflict.

If the SJS creates split seasons (fall-spring and winter-winter)

- 1 - Rule 600 would be in effect for some schools and not others.
- 2 - If regional competition is created, only the winter-winter schools would be allowed to participate.
- 3 - Instead of 7 divisions per gender, there would be 3 or 4 per season. Therefore, the divisional splits would be more spaced out.

NOTES:

Sections that play exclusively in the winter: Southern, San Diego, Los Angeles, Central, Central Coast, Oakland.

Fall/spring: SJS, San Francisco

All three seasons: NCS

Fall/winter: Northern

There is a SoCal Regional for soccer because all four Sections offer soccer in the winter.

There is no NorCal Regional.



ROGER L. BLAKE, EXECUTIVE DIRECTOR

V.B.3.

CALIFORNIA INTERSCHOLASTIC FEDERATION

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To: Federated Council

Date: December 3, 2014

Re: Proposal – Expand girls volleyball brackets from 8 to 16 in divisions I-V and add an eight (8) team Open Division bracket

Implementation: 2016-2017 season

Proposal Originated: Commissioners Committee

Proposal Discussed/Reviewed

June 17, 2014 – Commissioners Committee
August 26, 2014 Advisory Committee
September 9, 2014 Executive Committee
October 7, 2014 Athletic Administrators Com
October 26, 2014 Executive Committee
October 27, 2014 Info Only Fed Council
December 2, 2014 Executive Committee
January 13, 2015 Commissioners Committee
January 30, 2015 1st Reading Fed Council
May 1, 2015 – Voting Item Fed. Council

Proposal Recommendation

8-2 in favor of moving proposal forward
6-2 (2 sections not represented at meeting)
8-0 in favor of moving proposal forward
11-3-1 in support
9-0 in favor of adding Open Division to proposal
Information Only
9-0 in support

Type: Expansion of Existing Championship Event

Proposal Summary: Expand existing girls volleyball championships in the north and south from 8-team to 16-team brackets in Divisions I-V and add an 8 team Open Division Bracket with implementation beginning in the fall of 2016.

Fiscal Impact: First and second round games in girls regional volleyball have historically shown a profit. It is expected the addition of 32 more teams and one more round of games in Divisions I-V will also be profitable. Based on Basketball Open Division financials, it is expected the Open Division in Volleyball would generate additional revenue.

Background: Girls volleyball in California is highly competitive and should allow more teams the opportunity to participate. Basketball currently has 16 team brackets and an Open Division. Participation in girl's volleyball has shown steady increases over the past 5+ years.

Proposed State Girls Volleyball Expansion

Proposal: Expand the girls volleyball state championship brackets from 8 teams to 16 teams and add an Open Division.

Implementation: 2016-2017 school year.

Rationale: Given the highly competitive nature of California High School volleyball, the addition of team would not diminish the quality of the championships. The precedent of 16-team brackets and an Open Division has been set with basketball. In addition, participation numbers in girls volleyball have shown a steady increase.

Calendar: In order to expand to a 16-team bracket, the state and section playoff calendar would need to be adjusted.

This proposal would require each section move their championship one week earlier (was done with football in 2011).

The state volleyball playoff dates would be as follows:

2016 State Playoffs for DI through DV

Final Day for Section Championships	Saturday	November 12
State Playoff Seeding Meeting	Sunday	November 13
1 st round	Wed	November 16 (16 teams)
2 nd round	Saturday	November 19 (8 teams)
3 rd round	Tuesday	November 22 (4 teams)

Thanksgiving Thursday, November 24

Nor Cal/SoCal finals	Saturday	November 26 (2 teams)
State Finals	Sat	December 3 (1 team)

2016 State Playoffs for Open Division

Final Day for Section Championships	Saturday	November 12
State Playoff Seeding Meeting	Sunday	November 13
1 st round	Thursday	November 17 (8 teams)
2 nd round	Tuesday	November 22 (4 teams)

Thanksgiving Thursday, November 24

Nor Cal/SoCal finals	Saturday	November 26 (2 teams)
State Finals	Friday/Sat	December 2/3 (1 team)

Seeding Procedures

The volleyball handbook could be amended with the following changes:

The CIF State Volleyball Championships will be conducted using one eight-team Open Division bracket in both the north and south. Divisions I-V will use sixteen-team brackets in both the north and south. Division VI in the north will remain an 8-team bracket.

Girls Volleyball Open Division

- 1) There will be two regional Open Division brackets (one in the north and one in the south).
- 2) Each regional Open Division bracket will have a maximum of eight (8) teams.
- 3) No more than 50% of the bracket (4 teams) will be from the same section.
- 4) Teams must compete, and qualify through, their respective CIF Section Championships to participate in CIF Open Division Championships.
- 5) The tournament committee will select the teams for the Open Division before they seed the 5 divisions in the south and 6 divisions in the north.
- 6) Teams selected for the Open Division will compete in the Open Division ONLY and cannot opt out.
- 7) Teams that participate in a Section Open Division will revert to the division the team would have participated in had they not been selected for the Section Open. For example: A team is listed as Section DII, they are selected and participate in the Section Open Championship. The team is put forward by the section but IS NOT selected for the State Open Division. The team can only compete in the State DII bracket.
- 8) If a section has a team selected for the Open Division, the section may elect to replace that team, from their designated division, with another team from the section. The section must have a policy in place which outlines the process the section will use to fill spots vacated by teams selected for the State Open Division.

Open Division Criteria: The following criteria will be utilized to select the teams for the Open Division for the CIF State Volleyball Tournament. A school needs to only satisfy one of the criteria below to be considered:

- a. A school has competed in their Section Semi-Finals 2 out of the last 3 years.
- b. A school qualified and participated in the CIF Regional Championships 2 out of last 4 years.
- c. A school qualifying for their regional playoffs may request to be placed in the open division.

Entries:

Northern California Regional

The Central Coast Section (CCS), North Coast Section (NCS), Northern Section (NS), Oakland Section (OS), Sac-Joaquin Section (SJS), and San Francisco Section (SFS) will participate in the CIF Northern California Regional Tournament. The number of eligible team entries is listed below:

<u>Section</u>	Open	Division I	Division II	Division III	Division IV	Division V
CCS	TBD	4	4	4	4	4
NCS	TBD	4	4	4	4	4
SJS	TBD	4	4	4	4	4
NS	TBD	0	2	2	2	2
OAK	TBD	2	0	0	0	0
SFS	TBD	TBD**	TBD**	TBD**	TBD**	TBD**
Totals	8	16	16	16	16	16

**SF and Oakland will have two automatic berths in the tournament. Entries will be placed into their respective enrollment division as determined by the section. Division V enrollment not to exceed 600.

* Sections must have more than 8 teams in a division to receive more than one entry in that division.

Southern California Regional

The San Diego Section (SDS), Los Angeles Section (LAS), Southern Section (SS) and the Central Section (CS) will participate in the CIF Southern California Regional. The number of eligible team entries is listed below:

<u>Section</u>	OPEN	Division I	Division II	Division III	Division IV	Division V
CS	TBD	2	2	2	2	2

LAS	TBD	2	2	2	2	2
SDS	TBD	4	4	4	4	4
SS	TBD	8	8	8	8	8
Totals	8	16	16	16	16	16

State CIF Volleyball Championship History 2003-2013

SoCal Championships

Central	2
L.A.	0
San Diego	25
Southern	27

NorCal Championships

Central Coast	31
Oakland	0
North Coast	11
Northern	0
Sac-Joaquin	13
San Francisco	0

DI San Diego (1), Southern (10)

Central Coast (5), North Coast (1), Sac-Joaquin (5)

DII San Diego (1), Southern (10)

Central Coast (11)

DIII Central (1), San Diego (5), Southern (5)

Central Coast (6), North Coast (4), Sac-Joaquin (1)

DIV San Diego (9), Southern (2)

Central Coast (4), Sac-Joaquin (7)

DV Central (2), San Diego (9)

Central Coast (5), North Coast (6)

State Championships

Central	1
Central Coast	14
L.A.	0
North Coast	7
Northern	0
Oakland	0
San Diego	16
Sac-Joaquin	2
San Francisco	0
Southern	13

Championships by Division

DI Central Coast (2), North Coast (1), San Diego (1), Southern (7)

DII Central Coast (8), Southern (3)

DIII Central Coast (2), North Coast (2), San Diego (4), Sac-Joaquin (1), Southern (2)

DIV San Diego (8), Sac-Joaquin (1), Southern (2)

DV Central (1), Central Coast (2), North Coast (5), San Diego (3)

