

BYLAWS/FOOTBALL

- 1.1 GAMES: there will be a maximum of ten varsity games each season, not including playoff games. Each school will play each school once.
- 1.2 STARTING TIMES
Night games: Fr/soph.....5:15 Varsity.....7:30, or after a 20 minute warm-up.
Day Games: Fr/soph...11:30 Varsity...1:45 or after a 20 minute warm-up.
- 1.3 TIMER
An adult timer will be used at all games. An adult chain gang is to be furnished by the home team.
Playing time will be: varsity...12 minute quarters
Fr/soph...10 minute quarters
Rambler..10 minute quarters
(8 minutes by mutual agreement)
- 1.4 ROSTERS
Three copies of the roster shall be furnished to all schools before the first league game. These rosters are for the use athletic director, program director, and varsity coach.
- 1.5 PHYSICIANS
The host team will endeavor to furnish physicians at all games.
- 1.6 OFFICIALS
Varsity and Fr/Soph games will follow Section guidelines.
- 1.7 GAME BALL
The offensive team may use either leather or a rubber ball.
- 1.8 BAND AND HALFTIME
The home team will furnish the band and field entertainment. The visiting team may bring their band. Halftime routines by visitors will be by mutual agreement. Halftime will be extended a maximum of five minutes when needed. There will be no pregame routines. The band must enter from the home team end zone and remain on the home-team side of the field.
- 1.9 JERSEY COLORS
The home team will wear dark. The visiting team will wear light. Change will be permitted by mutual agreement.
- 1.10 PLAYER PASSES
No player passes will be given. Host school is responsible for procedure regarding players entering the stadium.
- 1.11 TEAMS
The makeup of the varsity, fr/soph, and rambler teams will follow section guidelines.
- 1.12 SCRIMMAGES (See General Rule 0.13)
- 1.13 PRACTICES: There will be no football games until the squad has had 14 days of practice before the first game. Each individual student on the have had at least 10 days of practice before being allowed to compete in a game.
Section Bylaw 1903: A high school shall not conduct a physical conditioning practice session during the summer prior to opening day of authorized football practice, unless so authorized by the appropriate CIF section.
Section Bylaw 1903.1: Sac-Joaquin Section schools may conduct summer conditioning sessions in all sports. Conditioning is limited to weight training, conditioning, and individual skill development. Balls are the only equipment allowed. All other summer activities are limited to the approval of the individual school districts.
- 1.13 LEAGUE SCHEDULE
There will be a two-year schedule. This site will be revised on even numbered years.
- 1.14 LEAGUE CHAMPION
The league champion will be determined on the basis of win-loss record.
- 1.15 POSTPONEMENTS AND MAKEUP GAMES
 - 1.15.1 The visiting team may postpone a game due to undesirable traveling conditions.
 - 1.15.2 The home team may postpone a game due to undesirable field conditions.

- 1.16 CHANGE IN PLAYER STATUS
No player may be dropped from varsity to Fr/Soph after the first league game of the season.
- 1.17 SPRING FOOTBALL PRACTICE
Spring football practice will be part of the "Limited Period" May 2 through May 31. Section Rule 1903.3 regarding use of equipment will be followed.
- 1.18 ALL LEAGUE SELECTIONS
Selection of an all-league team by coaches will be held on the Monday following the last game. Championship team will host the meeting.
- 1.19 SPOTTERS AND SCOUTING
Equal facilities for spotters and cameramen will be furnished at all games. No spotting or scouting will be allowed from the end zone. No still shots for scouting purposes will be allowed.
- 1.20 TIES
See Section By-Law 1906.1: All varsity games (non-league, league, and play-off) involving Sac Joaquin Section schools that end in a tie at the end of regulation will played to a conclusion (a winner and a loser) using the 10-yard line overtime procedure as stated in the National Federation rules book.
- 1.21 SECTION PLAYOFFS:
See Universal Tie Breaker procedure Section Rule 1908.6.
- 1.22 DISTRIBUTION OF SECTION PLAYOFF PROFITS
Each participating school will receive half of the profits for each game played in playoffs.
- 1.23 EXCHANGE OF FILMS
- 1.23.1 Non-league exchange of film is permitted if no other league opponent appears on the film
- 1.23.2 No outside-of-league exchange of film for playoff games except between opposing teams.
- 1.23.3 All teams will exchange unedited film of Friday games by 11:00 a.m. on Saturday morning. Unedited films of Saturday games will be exchanged by 11 a.m. on Sunday. The receiving coaches may choose films to be exchanged. Films may be exchanged at a time other than 11:00 a.m. by mutual agreement.