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**BOARD OF MANAGERS MEETING
AGENDA
April 6, 2022
Wine and Roses, Lodi
(9:30 am - 12:00 pm)
Continental Breakfast - 8:45 a.m.**

I. OPENING BUSINESS

During this agenda item, the meeting will be called to order, the agenda will be considered and adopted, public comments will be invited, and closed session topics will be identified.

a. Call to Order

Swartwood

b. Flag Salute

Isadore

c. Roll Call

Johnson

Staff will conduct roll call. Board Reps. and/or League Commissioners will be asked to introduce new members.

d. Adopt Agenda

Swartwood

The chairperson of the meeting will cite any needed revisions in the agenda and then ask for approval of the agenda.

e. Public Communication

Swartwood

Pursuant to Education Code 33353.2(C), any person wishing to speak on any item on the agenda, or comment on the policies and practices of the CIF Sac-Joquin Section will be heard at this time. The Board reserves the right to limit public communication of each individual to three (3) minutes and cumulative totals of twenty (20) minutes per topic.

1. General Public

2. Leagues

3. Schools/Other Organizations

f. Identify Closed Session Topics, if any. Refer to Section VI.

Under this item, the President will identify any topics that might be discussed in a closed session, if such session is needed.

II. CLOSED SESSION - California Government Code Section 54957.6

Swartwood

(Any action taken will be reported publicly at the end of closed session as required by law.)

A. Conference with Legal Counsel - Litigation - California Government Code Section 54956.9(a)

The Section Commissioner will inform the Board of legal matters and be asking for direction for future action, if appropriate.

1. *Capital Christian Center v. CIF-SJS, et al. Sacramento Superior Court of California: Case No. 34-2021-80003707-CU-WM-GDS*

Return to open session and report out any action taken in closed session

III. COMMUNICATIONS

Under this item, the chairperson and/or the Commissioner will review any communications received, which may be timely or appropriate for the Board of Managers.

a. President

Swartwood

b. Commissioner

Garrison

IV. CONSENT CALENDAR

Under this item, the following matters are considered for your approval. If requested, any item may be removed and placed on the regular agenda.

a. Sac-Joaquin Section Items

- 1. Approval of Minutes - February 2, 2022, SJS Board of Managers Meeting {Pgs. 1-6}
- 2. Approval of Associate Membership - John Adams Academy - El Dorado Hills {Pgs. 7-11}
- 3. Approval of Associate Membership - Chesterton Academy of Sacramento {Pgs. 12-17}
- 4. Approval of Revised 2022-2023 Sac-Joaquin Section Sports Calendar {Pgs. 18-20}
- 5. Approval of 2023-2024 Sac-Joaquin Section Sports Calendar {Pgs. 21-23}

b. State CIF Items

- 1. Approval of Minutes - February 4, 2022, State CIF Federated Council Meeting {Pgs. 24-28}
- 2. State CIF President-Elect Election
There are two (2) candidates on the ballot for the seat of State CIF President-Elect: John Becker-Sac-Joaquin Section, and Natalie Talbot Thorne-North Coast Section. The Sac-Joaquin Section is recommending voting for our current Past-President, John Becker. {Pgs. 29-31}
- 3. State CIF Executive Committee Election (2022-2024)
It has been the practice of the SJS BOM to give the Federated Council Representatives the authority to use their discretion when voting. There are six (6) candidates vying for three (3) seats. {Pgs. 32-38}
- 4. State CIF Budget for 2022-23
The 2022-2023 proposed budget projects income of \$6.68 Million and expenses of \$6.61 Million. The budget includes a 4% COLA for staff and one position that has yet to be hired. Additional information including details of the proposed changes can be found in the 2022-2023 proposed budget notes page. {Pgs. 39-73}

V. REPORTS

The President and Commissioner will be asked to report on meetings, events or other items of concern or interest to the Board of Managers.

A. BOM President

- 1. SJS Goals Update 2021-22 {Pgs. 74-76}

Swartwood

B. Commissioner

- 1. Sanctions Data 2021-22 (YTD) {Pgs. 77-88}
- 2. Transfer and Appeal Data 2021-22 (YTD) {Pgs. 89-90}
- 3. League Insurance Status Update (D&O) {Pg. 91}
- 4. State CIF Commissioners Meeting - March 15-16, 2022
- 5. Dale Lacky Scholarship Awards Breakfast - April 26, 2022

Garrison

VI. MANAGEMENT SERVICES

A. Informational Reports, Recommendations, Additional Items Presented as First Reading Items.

Committees and/or action teams may report on meeting(s) that took place prior to the SJS Board of Managers Meeting. Recommendations from these meetings may be brought forward as First Reading Items.

1. Committee Meeting Reports

- a. Executive Committee {Pgs. 77-88} Swartwood
 - ✓ EC At-Large Positions (Administrator & Athletic Director Representatives) - Due April 8, 2022
- b. Presidents Advisory Council Swartwood
- c. SJS Economic Viability Committee Isadore
- d. SJS League Commissioners Meeting Feuerbach

2. State CIF Executive Committee

Becker

3. Sports Advisory Committee Reports

- The following meetings/championships have been completed prior to the BOM meeting:
- a. Wrestling Team Dual Championships 1/29/2022 Staff
 - b. Wrestling (B) Divisional Championships 2/11-12/2022
 - c. Wrestling (G) Regional Championships 2/11-12/2022
 - d. Wrestling (B&G) Masters 2/17-18/2022
 - e. Soccer (B&G) Championships 2/19/2022 & 2/22-24/2022
 - f. Basketball (B&G) Championships 2/25-26/2022

B. OLD BUSINESS (Action "Voting" Items)

These are action items presented for approval by the SJS Board of Managers.

1. Sac-Joaquin Section Items

- a. Proposed Revision to SJS Constitution Art. 4, Sec. 6 & 7 - Sup. Representation (BOM) Swartwood**
This proposal adds an additional superintendent representative to the Board of Managers and designates the two (2) superintendent representatives as North and South Superintendent Representative. Additionally, it cleans up language related to terms and elections. {Pg. 92}
- b. Proposed Revision to SJS Constitution Art. 4, Sec. 3 - Sup. Representation (EC) Swartwood**
This proposal recommends adding two (2) At-Large Superintendent Representative positions to the SJS Executive Committee; one (1) from north member schools/districts and one (1) from south member school/districts. {Pgs. 93-94}
- c. Proposed Bylaw 503.9 - Air Quality Index (AQI) Swartwood**
This proposal establishes a Section-wide Air Quality Index (AQI) rule/policy/bylaw. {Pg. 95}
- d. Proposed Revision to Bylaw 2600.1.a - Soccer (Yellow Cards/Ejections) Swartwood**
This proposal recommends classifying a player being issued two yellow cards in the same game as "disqualified" and removing the consequences of "out the next contest." {Pg. 96}
- e. Sacramento High School - Football Reclassification (Division) Swartwood**
This proposal recommends eliminating the requirement that Sacramento High School not be allowed to drop lower than Division III in football for post season play. {Pg. 97}
- f. Approval of Full Membership - Sierra Academy of Expeditionary Learning Swartwood**
This proposal places the Sierra Academy of Expeditionary Learning in the Central Valley California League (CVCL), effective the start of the 2022-23 school year. {Pgs. 98-99}
- g. Approval of Full Membership - River Islands High School Swartwood**
This proposal places River Islands High in the Valley Oak League (VOL), effective the start of the 2022-23 school year. {Pgs. 100-103}
- h. SJS President-Elect Election Swartwood**
As per SJS Constitution - Article 4, Section 5, the BOM will be asked to elect one (1) individual from those nominated, by the nominating committee, for the position of President-Elect (see backup materials for candidates) {Pgs. 104-108}
- i. SJS Executive Committee Election Swartwood**
As per SJS Constitution - Article 4, Section 5, the BOM will be asked to elect one (1) individual from those nominated, by the nominating committee, for the position of Executive Committee: Area Representative - North Administrator (see backup materials for candidates) {Pgs. 109-114}
- j. Medium & Large School Athletic Director Representative Election Swartwood**
As per SJS Constitution - Article 4, Section 7.2, athletic director representatives shall be elected to two-year terms and shall be elected at the spring meeting of the Board of Managers. The Medium and Large School AD representative positions will be voted on by the BOM. (see backup material for candidates). {Pg. 115-117}
- k. Proposed Continued Success Movement - Fall Sports**
This proposal makes recommendations for the movement of six (6) schools up a division based on the Sections bylaw language for continued success in the fall sports of football, girls tennis and girls volleyball. {Pg. 118}
- l. Approval for Sale of CIF-SJS Building Swartwood**
The Board will be asked to approve the sale of the SJS building. {Pgs. 119-121}

2. State CIF Items

See Consent Calendar under State CIF Items

C. NEW BUSINESS (Non-voting Items)

These are first reading items presented for the purposes of information/discussion. No action is anticipated; however, a member can revise the agenda in order to act on any Section related item. State items will be first reading items at the Federated Council meeting on April 8, 2022.

1. Sac-Joaquin Section Items

- a. **Proposed Budget for 2022-2023 (*Distribute at Meeting*)** **Swartwood**
A projected budget for the 2022-2023 school year will be presented to the Board of Managers for review and discussion. **{Pg. 122}**
- b. **Proposed Continued Success Movement - Winter Sports (*Distribute at Meeting*)** **Staff**
This proposal would make recommendations for movement of schools up a division based on the Sections bylaw language for continued success in the winter sports of basketball, soccer, and wrestling. **{Pg. 123}**
- c. **SJS Realignment Committee Nominations (2022-2026)** **Garrison**
As per SJS Constitution Article 2, Section 3.A, the Board of Managers will accept nominations of one (1) principal and one (1) athletic director from each league. Voting by the BOM, for two (2) principals and one (1) athletic director from both the north and south, will take place at the October 5, 2022 BOM meeting. Nominations are due, from each league to the Section office, by Friday, September 9, 2022 (nominations should include a one (1) page resume). **{Pgs. 124-126}**

2. State CIF Items

None

VII. AUXILARY REPORTS

A. Assignor of Officials

- 1. North
- 2. South

**Muller
Chase**

B. SJADA

Ussery

C. Commissioner

- 1. Winter Sports Congratulations
- 2. Spring Information
- 3. Winter Academic Champions

Garrison

VIII. AWARDS PRESENTATION

A. CIF Distinguished Service Award

Swartwood

IX. ADJOURNMENT

SUPPLEMENTAL DOCUMENTS (Separate Portfolio)

- 1. SJS YTD Budget - 3/31/22 (*Distribute at Meeting*)
- 2. 2022-2023 SJS Meeting Dates Calendar **{Pg. 1}**
- 3. 2022-2023 SJS Holiday Calendar **{Pg. 2}**
- 4. 2022-2023 SJS Tentative Calendar of Events **{Pgs. 3-16}**
- 5. SJS Model Coach Press Release **{Pgs. 17-19}**
- 6. 2022-2023 Updated SJS Quick Reference Playoff Guide **{Pgs. 20-23}**
- 7. 2023-24 SJS Quick Reference Playoff Guide **{Pgs. 24-27}**
- 8. Articles of Interest
 - a. NFHS Voice: Article - National Coaches of the Year Focused on Education-Based Philosophies **{Pgs. 28-31}**
 - b. NFHS Voice: Article - NFHS-NFL Football Initiatives, Multiple Sport Participants in Super Bowl **{Pgs. 32-35}**
 - c. NFHS Voice: Article - Regarding Sportsmanship, It's Time for Wake-Up Call in High School Sports **{Pgs. 36-39}**
 - d. NFHS News Release - 2020-21 National Coaches of the Year Selected by NFHS Coaches Association **{Pgs. 40-53}**
 - e. NFHS News Release - NFHS to Host First-Ever Women and Sport Leadership Virtual Summit in May **{Pgs. 54-57}**
 - f. NFHS News Release - Relaxed Hair Adornment, Uniform Rules Among Administrative Changes Set for High School Volleyball in 2022-23 **{Pgs. 58-61}**
 - g. NFHS News Release - NFHS Foundation Approves Grant to Distribute Wet Bulb Globe Thermometers to High Schools **{Pgs. 62-64}**
 - h. NFHS News Release - NFHS Learning Center Delivers 15 Millionth Course **{Pgs. 65-67}**
 - i. NFHS News Release - NFHS Learning Center Debuts Free "Football Tackling" Course Through NFL Partnership **{Pgs. 68-71}**

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**BOARD OF MANAGERS MEETING
 MINUTES – FEBRUARY 2, 2022
 Wine & Roses, Lodi**

I. OPENING BUSINESS

a. Call to Order

President Swartwood called the meeting to order at 9:33 a.m.

b. Flag Salute

Salute was conducted by President-Elect Isadore.

c. Roll Call and Introductions

Board Representatives

Capital Athletic League (2) Dale Milton, Christian Brothers (Absent) Greg Snyder, Del Campo Principal (Alternate)	Greater Sacramento League (2) Dave Nickerson, Florin	Southern Athletic League (2) John Labno, Orestimba
Central California Athletic Alliance (2) Stevi Balsamo, Millennium Charter	Monticello Empire League (2) Adam Rich, Wood	Sacramento Metropolitan Athletic League (2) Brad Gunter, Jr., Valley Christian (Absent) Matt Vargo, Sacramento Country Day (Alternate)
Central California Athletic League (2) Angela Freeman, Pitman	Metropolitan Conference (2) Lara Ricks, Monterey Trail	San Joaquin Athletic Association (2) Hillary Harrell, Bear Creek
Central California Conference (2) Dave Smith, Patterson	Mother Lode League (2) Mike Koepp, Calaveras	Sierra Valley Conference (2) Joe Saramago, Liberty Ranch
Capital Valley Conference (2) Matt Hinton, Inderkum	Mountain Valley League (2) Mike Merritt (Absent)	Tri-City Athletic League (2) Erik Sandstrom, Tokay
Central Valley California League (2) Katie Ingalls, Delta (Absent)	Northern Pacific Athletic Conference (2) Tracy McLaughlin (Zoom)	Trans Valley League (2) Eric Simoni, Escalon
Delta League (2) Paula Duncan, Sheldon	Pioneer Valley League (2) Shevaun Mathews, Marysville	Valley Oak League (2) Steve Clark, Sierra
Foothill Valley (2) Michael Morris, Rio Linda	Sierra Delta League (2) Vicky Turk, Rio Vista (Absent)	Western Athletic Conference (2) Charlie Pikas, Pacheco
Golden Empire League (2) Bob Bugalski, Dixon (Absent) Dave Nickerson, Florin (Proxy)	Sierra Foothill League (2) Aaron Palm, Oak Ridge	
ATHLETIC DIRECTOR REPRESENTATIVES Small School: TBD Medium School: Scott Winton, Atwater Lg. School: Ryan Spears, Rocklin (Absent) Aaron Palm (Proxy)	SCHOOL BOARD REPRESENTATIVE (1) Ron Oates, Placer Union H.S.D. (Absent) George Sziraki, Placer Union H.S.D (Proxy)	SCHOOL SUPT. REPRESENTATIVE (1) George Sziraki, Placer Union H.S.D.

Non-voting attendees

President: Kevin Swartwood, Golden Valley	Executive Assistant: Karen Johnson	PVL Commissioner: Ron Barney
President Elect: Clarence Isadore, Rodriguez	CAL Commissioner: Mark Golston	SFL Commissioner: Steve Thornton
Past President: John Becker, RJUHSD	CCAA Commissioner: David Voortman (Absent)	SAL Commissioner: Frank Ferreira (Absent)
AD Rep: Dave Coronado, Monterey Trail	CCAL Commissioner: Ed Felt (Zoom)	SJAA Commissioner: Randy Snider
At-Large AD Rep – Dave Walls, Pitman	CCC Commissioner: Lou Souza	SVC Commissioner John Williams (Absent)
At Large Admin Rep: Greg Leland, Lathrop (Absent)	CVC Commissioner: Al Hooker (Absent)	TCAL Commissioner: Steve Lopez
North Admin Rep & Rep to Federated Council: Lori Ann Donnell, Woodcreek (absent)	DELTA Commissioner: Rick Spears	TVL Commissioner: Bill Inderbitzen (Absent)
SJADA Rep.: Jon Ussery, Laguna Creek	FVL Commissioner: Tom Henderson	VOL Commissioner: TBD
South Admin Rep: Melissa Brewer, Hilmar	GEL/SDL Commissioner: Mike Haines (Absent)	WAC Commissioner: Kerry McWilliams (Absent)
State Federated Council: Mary Jo Truesdale (Absent)	GSL Commissioner: Matt Winn (Zoom)	North Assignor: Monty Muller
Commissioner: Michael Garrison	MEL Commissioner: Joan Mumaugh	South Assignor: Mark Chase
Associate Commissioner: Jason Feuerbach	METRO Commissioner Jim Smerkar	NCOA North: Bill Swanson
Assistant Commissioner: Will DeBoard	MLL Commissioner: Jerry Rucker	NCOA South: Jerry Ford
Finance/HR Manager: Brian Moore		

GUESTS

Ron Nocetti - CIF State Office, Scott Donald - CIF General Counsel, Diane Marshall-Friedman - CIF General Counsel, Troy Fast - Weston Ranch Principal, Marcelo Zamarripa - Weston Ranch Athletic Director, Kurt Takahashi - Bradshaw Christian Athletic Director, Sondra Myles - Oakmont Assistant Principal, Mark Lee - Placer Athletic Director,

d. Adopt Agenda

Motion to suspend New Business Item C.1.a as a first read and move it to Old Business Item B.1.c as an action item.

Motion to move Item C.1.a to Item B.1.c

Motion: Steve Clark; Seconded: Hillary Harrell; Roll Call Vote. Passed Unanimously 48-0-8

Motion to adopt revised agenda

Motion: Clarence Isadore; Second: John Labno; Roll Call Vote. Passed Unanimously 48-0-8

e. Public Communication

1. General Public - None
2. Leagues - None
3. Schools/Other Organization - None

II. CLOSED SESSION

a. Conference with Legal Counsel Litigation

b. Officials Assignors Evaluation

- ✓ Muller Sports Service (North)
- ✓ MMSS, Inc. (South)

The meeting was reconvened to open session at 10:28 a.m.

Closed Session Report Out:

The Board of Managers voted to extend contracts with Muller Sports Service and MMSS, Inc. for an additional two years.

III. COMMUNICATIONS

- a. President - None
- b. Commissioner - None

IV. CONSENT CALENDAR

The Board of Managers APPROVED the following items under consent calendar:

a. Sac-Joaquin Section Items

1. Minutes of October 6, 2021 Board of Managers Meeting
2. Associate Membership - Tahoe Expedition Academy

b. State CIF Items

1. Minutes of October 8, 2021 CIF Federated Council Meeting

Motion to approve Consent Calendar.

Motion: Clarence Isadore; Seconded: Dave Nickerson; Roll Call Vote. Passed Unanimously 48-0-8

V. REPORTS

A. BOM President

1. SJS Goals 2021-22
President Swartwood reported on the updates of the SJS goals since the last Board of Managers meeting.
2. SJS Audit - Year End 2020
President Swartwood reported on the Section's 2020 audit review which was clean.

B. Commissioner

Commissioner Garrison reported on the following:

1. Sanctions Data (2021-22 YTD)
There have been 70 violations by 45 schools.
2. Transfers and Appeal Data (2021-22 YTD)
Transfers: There have been 1,707 transfers (As of 12/31/21).
Appeals: There have been six (6) section appeals (all Sustained) one (1) State appeal (Pending) - As of 12/31/21.
3. League Insurance Status
General Liability Insurance: All 26 Leagues
D&O Insurance: Five (5) leagues have completed the process and are covered (CAL, DL, MEL, TCAL, WAC).

4. SJS Women in Sports Conference
The event was held on October 19, 2021; serving as MC was Executive Committee member Melissa Brewer. Keynote speakers were Michelle Dapper, Sports reporter-KCRA Channel 3 and HK Peterson, Assistant Principal-Center HS.

VI. MANAGEMENT SERVICES

A. Informational Reports, Recommendations, Additional Items Presented as First Reading Items

1. Committee Meeting Reports

- a. Executive Committee
President Swartwood reported on the Executive Committee meeting held January 27, 2022:
 - ✓ Acceptance of the audit review
 - ✓ COVID protocol at mega events
- b. President's Advisory Committee
President Swartwood reported on the President's Advisory Committee meeting held January 21, 2022:
 - ✓ Reviewed Board of Managers agenda
 - ✓ Closed session procedures
 - ✓ How to vote by proxy or alternate
 - ✓ COVID
 - ✓ Commissioner's evaluation
- c. SJS Economic Viability Committee
Clarence Isadore reported on the Economic Viability Committee meeting held February 1, 2022:
 - ✓ Audit review
 - ✓ YTD financial status
- d. Playoff Committee
Associate Commissioner Feuerbach reported on the Playoff Committee meeting held December 9, 2021:
 - ✓ Online ticketing through GoFan
 - ✓ Soccer Championship locations
 - Division I Boys/Girls will be at Heart Health Park where the Sacramento Republic play
 - ✓ Soccer ejection policy
 - ✓ AQI policy
 - ✓ Dead period
 - ✓ Championship venues
 - ✓ Playoff reporting forms

2. State CIF Executive Committee

- Past President Becker reported on the State CIF Executive Committee meeting held October 7, 2021 and November 3, 2021:
- ✓ If you are interested in participating in the Leadership Initiative contact Commissioner Garrison or Section staff and you will be forwarded the information as it comes from the State Office.
 - ✓ Title IX 50th Anniversary celebration is the weekend of April 7-9.

3. Sports Advisory Committee Reports

- a. Wrestling Advisory Committee met on December 7, 2021 (Report by Will DeBoard):
 - ✓ Lengthy email discussing on how to conduct this year's winter postseason wrestling events.
- b. Cross Country Advisory Committee met on December 14, 2021 (Report by Will DeBoard):
 - ✓ Amber Lasseter has stepped down as championship director/state advisory committee member and is being replaced by Steve Kinoshita (championship director) and Joel Bernard (state advisory committee).
- c. Track & Field Advisory Committee met on December 14, 2021 (Report by Will DeBoard):
 - ✓ Three (3) of the divisional meets have moved. D1 @ Oak Ridge HS. D3 and 4/5 are @ Weston Ranch HS this year.
- d. Football Advisory Committee met on December 15, 2021 (Report by Will DeBoard):
 - ✓ Discussed the following:
 - Playing JV games to Thursdays with frosh games and playing varsity ONLY on Friday's.
 - Football-only leagues for realignment.
 - Adjusting the current playoff format.

B. OLD BUSINESS (Action "Voting" Items)

1. Sac-Joaquin Section Items

a. Small School Athletic Director Representative Nominations

Motion to approve Allie Tafoya, John Adams Academy Athletic Director as the Small School Athletic Director Representative for 2022-23 & 2023-24 and the remaining 2021-22 school year.

Motion: Dave Nickerson; Seconded: Stevi Balsamo; Roll Call Vote. Passed unanimously 48-0-8

b. SJS Building

Motion authorizing Section staff to retain a real-estate broker.

Motion: Steve Clark; Seconded: Clarence Isadore; Passed 36-12-8

c. Weston Ranch High School - Reclassification

Motion to move Weston Ranch High School from the Valley Oak League to the San Joaquin Athletic Association for all sports, effective the start of the 2022-2023 school year.

Motion: Steve Clark; Seconded: Hillary Harrell; Roll Call Vote. PASSED 48-0-8

2. State CIF Items

a. Proposal to Revise Article 70.D - Terms of Office

Motion to approve revising Article 70.D - Terms of Office for the At-Large Executive Committee Member.

Motion: Clarence Isadore; Seconded: Stevi Balsamo; Roll Call Vote. PASSED 48-0-8

b. Proposal to Revise Article 70.E - Nominations

Motion to approve revising Article 70.E - changes the minimum number of nominations for the Executive Committee from seven to five.

Motion: Clarence Isadore; Seconded: Steve Clark; Roll Call Vote. PASSED 48-0-8

C. NEW BUSINESS (Non-voting Items)

These are first-reading items presented for the purposes of information. No action is anticipated; however, a member can revise the agenda in order to act on any of Section-related items. State items will be first reading at the Federated Council meeting on February 4, 2022.

1. Sac-Joaquin Section Items

a. Weston Ranch High School - Reclassification.

Proposal was moved to Old Business, Item B.1.c.

b. Proposed Revision to SJS Constitution Art. 4, Sec. 6 & 7 - Sup. Representation (BOM)

President Swartwood reviewed this proposed revision which adds a superintendent representative to the Board of Managers.

c. Proposed Revision to SJS Constitution Art. 4, Sec. 3 - Sup. Representation (EC)

President Swartwood reviewed this proposed revision which adds a two (2) superintendent representative to the Executive Committee.

d. Proposed Bylaw 503.9 - Air Quality Index (AQI)

President Swartwood reviewed this proposal which establishes a Section-wide Air Quality Index (AQI) policy.

e. Proposed Revision to Bylaw 2600.1.a - Soccer (Yellow Cards/Ejections)

President Swartwood reviewed this proposed revision which classifies a player being issued two yellow cards in the same game as "disqualified" and removes the consequences of "out the next contest."

f. Sacramento High School - Football Reclassification (Division)

President Swartwood reviewed this proposal which eliminates the requirement that Sacramento High School not be allowed to drop lower than Division 3 in football for post season play.

g. Approval of Full Membership - Sierra Academy of Expeditionary Learning

President Swartwood reviewed this proposal which places Sierra Academy of Expeditionary Learning in the Central Valley California Conference, as a full member, effective the start of the 2022-2023 school year.

h. Approval of Full Membership - River Islands High School

President Swartwood reviewed this proposal which places River Islands High School, a new comprehensive high school, in the Valley Oak League, as a full member, effective the start of the 2022-2023 school year.

i. SJS President-Elect & Executive Committee Nominations

President Swartwood reviewed the following nominees, as forwarded by the SJS nomination committee:

- ✓ President-Elect:
 - Hillary Harrel, Principal-Bear Creek High School Principal.
 - Melissa Brewer, Principal-Hilmar High School Principal.
- ✓ Area North Administrative Representative:
 - Bob Bugalski, Assistant Principal-Dixon High School Assistant Principal,
 - Fadia Desmond, Assistant Principal-Jesuit High School Assistant Principal
 - Lori Ann Donnell, Assistant Principal-Woodcreek High School Assistant Principal.

Nominations were open from the floor, but there were no nominations. Both these positions will be elected at the April Board of Managers meeting.

j. Medium & Large School Athletic Director Representative Nominations

President Swartwood reviewed that as per the Sac-Joaquin Section constitution, athletic director representatives shall be elected to two-year terms and shall be elected at the April Board of Managers meeting. Both the medium and large school representative positions are open as both positions have termed out. Interested individuals need to submit a one-page resume to the Section office by March 11, 2022.

k. Proposed Continued Success Movement - Fall Sports

President Swartwood reported the Executive Committee is proposing the following six (6) programs be moved up a division in the fall, based on the Section's bylaw language for continued success:

- ✓ Central Catholic High School Football - D1 (moved from D2)
- ✓ Escalon High School Football - D5 (Locked)
- ✓ Manteca High School Football - D2 (moved from D3),
- ✓ Monterey Trail High School Football - D1 (Locked)
- ✓ Rocklin High School Girls Tennis - D1 (moved from D2)
- ✓ Escalon High School Girls Volleyball - D3 (moved from D4).

2. State CIF Items

a. CIF Executive Committee Nominations

President-Elect Becker reported that the election for the State CIF President-Elect position will be at the spring meeting of the State CIF Federate Council. Commissioner Garrison announced that Mr. Becker is one of the two nominees.

VII. AUXILIARY REPORTS

A. Assignor of Officials

1. North (Monty Muller)
Mr. Muller thanked the officials, Section staff, league commissioners, and member athletic directors for letting Muller Sports Services move games around because of cancellations. He reminded schools to check arbiter to confirm schedules are in.
2. South (Mark Chase)
Mr. Chase thanked the Section for the two-year renewal of MMSS, Inc's contract.

B. SJADA

Jon Ussery reported that SJADA had six (6) athletic directors speak to new athletic directors at the SJS New AD's Workshop Series on December 8, 2021, at the Section office; it proved to be a beneficial opportunity for all involve. The California State Athletic Directors Conference is April 21-24, 2022, in San Diego.

C. Commissioner

Commissioner Garrison reported on the following:

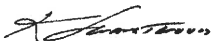
1. YTD Budget: Great fall season - good weather and good match ups. Net income was higher than projected.
2. The 2022-23 budget is being developed. Commissioner Garrison has met with the EVC and superintendents about a new budgeting concept.
3. SJS tentative calendar of events is available online.

4. State CIF Commissioners had two recent check-in meetings online and discussed:
 - ✓ Discussed AB 361 (Resolution for Online Meetings). In order to hold an online governing board meeting the SJS Executive Committee MUST pass a resolution to do so (only good for 30 days). This is mute for the SJS, as the SJS Executive Committee said that the BOM will be held in-person.
 - ✓ What Sections were doing regarding winter sports post season
 - Extending season by a couple of days
5. Winter Sports Information
 - ✓ Application to Host & EAP confirmation forms must be turned into the Section office to host playoffs. Schools that have not turned theirs in have been notified.
 - ✓ Brackets and formats are posted on the website and will be filled in as soon as seeding is complete.
 - ✓ Wrestling Masters is February 18-19 at Stockton Arena. There is an online meeting for all athletic directors of participating schools on February 8.
 - ✓ Soccer championships start February 22. Boys and Girls D1 Soccer Championships will be held at Heart Health Park on February 24. The EC voted to raise admission at the professional venue from \$12.00/\$5.00 to \$15.00/\$8.00.
 - ✓ Basketball championships will be at Golden 1 Center on February 24-25. There will be an online meeting for all participants on February 15. The Executive Committee initiated a fee of \$150 per team for rounds 0,1, and 2 to take care of any loss the Section may have. If the Section ends up with a surplus that money will be sent directly back to the schools. These rounds are non-mega events and ticket sales will cap at 390 tickets. The loss of revenue is from the players, cheerleaders, administrators, etc. from two teams which equals approximately 110 tickets not being sold. If a school or district wants to make it a mega event the Section will need a letter from the principal and the superintendent certifying they are making it a mega event and all CDPH guidelines will be followed. The semifinals and finals will be mega events.
6. Fall Sports Champions (21-22) - Congratulations
 - ✓ **SJS Teams**
 - **Football**
 - ❖ Vanden High School - D3 AA Nor Cal & State Champions
 - ❖ Argonaut High School - D6 AA Nor Cal & State Champions
 - **Golf-G**
 - ❖ Granite Bay High School - State Champions & 2nd Nor Cals
 - ✓ **SJS Individuals**
 - **Girls Cross Country**
 - ❖ Anna McNatt, McClatchy HD - D1 Individual Champion
 - ✓ **Other**
 - **Sac-Joaquin Section 2021-22 Model Coach Winners**
 - ❖ Lisa Avrett - Pitman HS
 - ❖ Kristie Dornan - River City HS
 - ❖ John Kane - Merced HS
 - ❖ Kirk Kluczniak - Bear Creek HS
 - ❖ Brelynn Shirey - Adams Academy
 - ❖ Matt Winton - Livingston HS

VIII. ADJOURNMENT

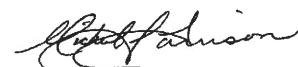
The meeting was adjourned at 12:28 p.m. The next Sac-Joaquin Section Board of Managers meeting will be held on Wednesday, April 6, 2022, at Wine & Roses in Lodi at 9:30am

Respectfully submitted,



Kevin Swartwood
President

Approved,



Michael S. Garrison
Commissioner

PRESIDENT
KEVIN SWARTWOOD
Principal
Golden Valley High School
2121 E. Childs Avenue
Merced, CA 95341
(209) 325-1800
FAX: (209) 385-8002



COMMISSIONER
MICHAEL S. GARRISON
CIF Sac-Joquin Section
P.O. Box 289
Lodi, CA 95241
(209) 334-5900
FAX: (209) 334-0300
www.cifsjs.org

To: SJS Board of Managers

Date: April 6, 2022

Re: Membership Request_Associate - John Adams Academy, El Dorado Hills

Implementation: Fall 2022

Proposal Originated: SJS Staff

Proposal Discussed/Reviewed
SJS Executive Committee - March 24, 2022
SJS Board of Managers - April 6, 2022

Recommendation
Action
Consent Calendar

Proposal Summary:

John Adams Academy, El Dorado Hills (JAA-EDH) is seeking associate membership effective the 2022-2023 school year.

Fiscal Impact:

None

Rationale:

JAA-EDH campus plans to mirror the programming that is provided at the JAA Roseville campus, once fully built out. Sports included will be:

FALL

Cross Country-B
Cross Country-G
Soccer-B
Volleyball-G

WINTER

Basketball-B
Basketball-G

SPRING

Golf-B
Soccer-G
Tennis-Coed
Volleyball-B

JAA-EDH projected student-body enrollment will be approximately 150, spanning grades 9th thru 12th, with a projected enrollment of 220 students in the next three (3) years.



CIF Sac-Joaquin Section Application 2022-23 School Year

ALL INFORMATION MUST BE TYPED

APPLICATION FOR: Full Membership Associate Membership

Name of School John Adams Academy - El Dorado Hills
Street Address 1102 Investment Blvd
City and Zip Code El Dorado Hills CA 95762
School Telephone (916) 934-5302 Athletic Telephone _____
School Website www.johnadamsacademy.org

Type of School (Check all that apply)

Grades 9-12 Grades 10-12 Public Private Co-ed All Boys All Girls

Number of Students per Grade (Current Year): 9th 53 10th 38 11th 29 12th 0 Total: 120

Projected Three-Year Enrollment 220

School Colors Red, White and Blue Mascot Patriots

Charter Schools Only – Chartering District/Institution El Dorado Office of Education

Athletic Program Goals and Objectives

To give the scholars the oppertunity to participate in Varsity and JV education based athletics.

Athletic Administration

Name of Principal Andrew Carico Principal's email Andrew.Carico@Johnadamsacademy.org
Name of Athletic Director Tony Smith Athletic Director's email Tony.Smith@Johnadamsacademy.org
Name of Assistant Principal Overseeing Athletics (if applicable) Zeta Cammarota AP Email: Zeta.Cammarota@Johnadamsacademy.org

Conditions of Membership

1. School understands that full knowledge and implementation of CIF rules is the school's responsibility and that violation of rules may result in a team and/or school's disqualification from competition and/or loss of membership.
2. It is to be understood that schools with limited enrollments and programs will be integrated into existing league structure only as programs, compatibility, and geography permit.
3. Able to meet the requirement of fielding at least two sport per season (Fall, Winter, Spring) and there must be provisions for equal participation by males and females if a co-ed school.
4. Application must be approved by the CIF Sac-Joaquin Section Board of Managers. Upon approval, your school will be billed annual membership dues of \$0.40 (forty cents) per student (with a minimum of \$200.00) plus \$40 per sport per gender offered. These dues must be received by the Sac-Joaquin Section office by October 1 of each year.

Application Packet Checklist **APPLICATION PACKET & FEE SUBMISSION DEADLINE: 30 DAYS BEFORE SAC-JOQUIN SECTION BOARD MEETINGS**

1. Complete and signed CIF Membership Application
2. Previous October State of California Department of Education affidavit form (CBED's)
3. Current and three-year projection enrollment
4. Application fee of \$200.00, made payable to *CIF Sac-Joaquin Section* and mailed to: *CIF Sac-Joaquin Section P.O. Box 289, Lodi, CA 95241*

IMPORTANT Please Note:

Application must have ALL required signatures and all materials listed above to be considered complete. Applications, supporting materials and fee must all be received at least 30 days prior to any year's spring (March/April) Board of Managers meeting to be considered for membership in the following school year. There are no exceptions to this deadline.

Submit applications and supporting materials as PDF files ONLY, email to Karen Johnson at kjohnson@cifsjs.org; hard copy submissions will not be accepted.

.....

Joseph P. Benson
Joseph P. Benson (Jan 25, 2022 08:46 PST)

Signature of Administrator of School (Principal/Superintendent)

John Adams Academy - El Dorado Hills

Name of School

Jan 25, 2022

Date

Initial Participation Levels

Below is a listing of sports offered for both boys and girls within the CIF Sac-Joaquin Section. Please indicate what level your school will be competing, i.e. varsity (V), junior varsity (JV), freshman and sophomore (F-S).

Season	Sport	Boys	Girls
Fall	Cross Country	V - JV - F	V- JV- F
	Field Hockey		
	Football		
	Golf		
	Tennis		
	Volleyball		V - JV
	Water Polo		
Winter	Basketball	V- JV	V- JV
	Soccer	Fall Boys -V	Spring Girls -V
	Wrestling		
Spring	Badminton		
	Baseball		
	Competitive Sport Cheer		
	Golf	V	
	Lacrosse		
	Softball		
	Swimming/Diving		
	Tennis	V	
	Track & Field		
Volleyball	V - JV		

El Dorado Hills 7th - 11th

1/25/2022

2021-2022 **STUDENT COUNTS BY GRADE AND RACE/ETHNICITY (Census Day) - 10/15/2021** Page 1

Sch	School Name	Grade	Total Enrolled	Hispanic	Amer Indian / Alaskan Native	Asian	Filipino	Black / African American	Hawaiian / Pacific Islander	White	Multiple	Missing
33	El Dorado Hills 7th - 11th	7	82	7 8.54%	0 0.00%	1 1.22%	3 3.66%	3 3.66%	1 1.22%	61 74.39%	4 4.88%	2 2.44%
		8	87	10 11.49%	0 0.00%	3 3.45%	2 2.30%	2 2.30%	1 1.15%	64 73.56%	5 5.75%	0 0.00%
		9	53	5 9.43%	0 0.00%	4 7.55%	0 0.00%	1 1.89%	0 0.00%	40 75.47%	3 5.66%	0 0.00%
		10	37	10 27.03%	0 0.00%	1 2.70%	3 8.11%	1 2.70%	0 0.00%	19 51.35%	3 8.11%	0 0.00%
		11	28	6 21.43%	0 0.00%	1 3.57%	0 0.00%	0 0.00%	0 0.00%	20 71.43%	1 3.57%	0 0.00%
	SCHOOL TOTALS		287	38 13.24%	0 0.00%	10 3.48%	8 2.79%	7 2.44%	2 0.70%	204 71.08%	16 5.57%	2 0.70%
	TOTALS		287	38 13.24%	0 0.00%	10 3.48%	8 2.79%	7 2.44%	2 0.70%	204 71.08%	16 5.57%	2 0.70%

Enrollment 9-11 = 118

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www.cifsjs.org

To: SJS Board of Managers

Date: April 6, 2022

Re: Membership Request_Associate - Chesterton Academy of Sacramento

Implementation: Fall 2022

Proposal Originated: SJS Staff

Proposal Discussed/Reviewed
SJS Executive Committee - March 24, 2022
SJS Board of Managers - April 6, 2022

Recommendation
Action
Consent Calendar

Proposal Summary:

Chesterton Academy of Sacramento is seeking associate membership effective the start of the 2022-23 school year.

Fiscal Impact:

None

Rationale:

Chesterton Academy of Sacramento is Sacramento's newest Catholic High School, They will be welcoming students, grades 9-12, with a projected enrollment of 40, effective August 2022. Their three (3) year projected enrollment is 100 students.

They plan to offer the following sports during their inaugural year (22-23):

FALL

Cross Country-B
Cross Country-G

WINTER

Basketball-B
Basketball-G

SPRING

Swim/Dive-B
Swim/Dive-G
Track-B
Track-G



CHESTERTON ACADEMY
OF SACRAMENTO

February 24, 2022

Karen Johnson
Executive Assistant to the Commissioner
CIF Sac-Joaquin Section
P.O. Box 289 Lodi, CA 95241

Dear Ms. Johnson,

Chesterton Academy of Sacramento (CAS) is Sacramento's newest Catholic High School and will welcome students in August of 2022. CAS will offer an integrated classical curriculum with a strong emphasis on the fine arts and anticipates opening with both underclassmen (grades 9-10) and upperclassmen (grades 11-12).

CAS is applying for Associate Membership with the California Interscholastic Federation (CIF) Sac-Joaquin Section (SJS) and intends to abide by all CIF, SJS, and any applicable league rules and regulations. With the approval of associated membership, we will offer our students the ability to participate in athletic competition.

If you have any questions regarding our application, please contact me at (916) 248-9985.

Sincerely,

Miguel D. Acosta
Vice-Chairman
Board of Directors
Chesterton Academy of Sacramento



CIF Sac-Joaquin Section Application

ALL INFORMATION MUST BE TYPED

APPLICATION FOR: Full Membership Associate Membership

SEEKING MEMBERSHIP STARTING IN THE 2022-23 SCHOOL YEAR

Name of School Chesterton Academy of Sacramento

Street Address 4005 Oliveview Ave

City and Zip Code Sacramento, CA 95821

School Telephone 9162521218 Athletic Telephone 9162521218

School Website chestertonsacramento.org

Type of School (Check all that apply)

Grades 9-12 Grades 10-12 Public Private Co-ed All Boys All Girls

Number of Students per Grade (Current Year): 9th 20 10th 10 11th 8 12th 2 Total: 40

Projected Three-Year Enrollment 100

School Colors Blue and Gold Mascot Saints

Charter Schools Only – Chartering District/Institution _____

Athletic Program Goals and Objectives

Through athletic competition, students will learn camaraderie, leadership, and gain confidence.

Athletic Administration

Name of Principal Christopher Owens

Principal's email chris@chestertonsacramento.org

Name of Athletic Director Miguel Acosta

Athletic Director's email miguel@chestertonsacramento.org

Name of Assistant Principal Overseeing Athletics (if applicable) _____ AP Email: _____

Initial Participation Levels

Below is a listing of sports offered for both boys and girls within the CIF Sac-Joaquin Section. Please indicate what level your school will be competing, i.e. varsity (V), junior varsity (JV), freshman and sophomore (F-S).

Season	Sport	Boys	Girls
Fall	Cross Country	JV	JV
	Field Hockey		
	Football		
	Golf		
	Tennis		JV
	Volleyball		
	Water Polo		
Winter	Basketball	JV	JV
	Soccer		
	Wrestling		
Spring	Badminton		
	Baseball		
	Beach Volleyball		
	Competitive Cheer		
	Golf		
	Lacrosse		
	Softball		
	Swimming/Diving	JV	JV
	Tennis		
	Track & Field	JV	JV
Volleyball			

Conditions of Membership

1. School understands that full knowledge and implementation of CIF rules is the school's responsibility and that violation of rules may result in a team and/or school's disqualification from competition and/or loss of membership.
2. It is to be understood that schools with limited enrollments and programs will be integrated into existing league structure only as programs, compatibility, and geography permit.
3. Able to meet the requirement of fielding at least two sport per season (Fall, Winter, Spring) and there must be provisions for equal participation by males and females if a co-ed school.
4. Application must be approved by the CIF Sac-Joaquin Section Board of Managers. Upon approval, your school will be billed annual membership dues of \$0.40 (forty cents) per student (with a minimum of \$200.00) plus \$40 per sport per gender offered. These dues must be received by the Sac-Joaquin Section office by October 1 of each year.

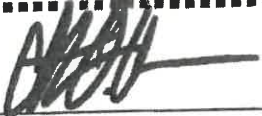
Application Packet Checklist **APPLICATION PACKET & FEE SUBMISSION DEADLINE: 30 DAYS BEFORE SAC-JOQUIN SECTION BOARD MEETINGS**

1. Complete and signed CIF Membership Application
2. Previous October State of California Department of Education affidavit form (CBED's)
 *Note: Chesterton Academy of Sacramento starts instruction August 2022
3. Current and three-year projection enrollment
4. Application fee of \$200.00, made payable to *CIF Sac-Joaquin Section* and mailed to:
 CIF Sac-Joaquin Section P.O. Box 289, Lodi, CA 95241

IMPORTANT Please Note

Application must have ALL required signatures and all materials listed above to be considered complete. Applications, supporting materials and fee must all be received at least 30 days prior to any year's spring (March/April) Board of Managers meeting to be considered for membership in the following school year. **There are no exceptions to this deadline.**

Submit applications and supporting materials as PDF files ONLY, email to Karen Johnson at kjohnson@cifsjs.org; hard copy submissions will not be accepted.



Signature of Administrator of School (Principal/Superintendent)

Chesterton Academy of Sacramento

Name of School

2/23/2022

Date

Chesterton Academy of Sacramento

2022-2023

FINANCIAL PROJECTIONS 2022 - 2027

PLANNING FOR

	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
	2022-2023	2023-24	2024-25	2025-26	2026-27	2027-28
School Location	Enter if applicable	Enter	Enter	Enter	Enter	Enter
I. ENROLLMENT	40	60	100	120	140	160
Grade 9	20	20	40	40	40	40
Grade 10	10	20	20	40	40	40
Grade 11	8	20	20	20	40	40
Grade 12	2	0	20	20	20	40
TOTAL	40	60	100	120	140	160
CLASSES	2	3	5	6	7	8

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COMMISSIONER
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CIF Sac-Joquin Section
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Lodi, CA 95241
(209) 334-5900
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www.cifsjs.org

To: SJS Board of Managers

Date: April 6, 2022

Re: 2022-23 SJS Sports Calendar_Revised

Implementation: Fall 2022

Proposal Originated:

Proposal Discussed/Reviewed

SJS League Commissioners Committee - March 22, 2022
SJS Executive Committee - March 24, 2022
SJS Board of Managers - April 6, 2022

Recommendation

Discussion
Discussion/Action
Consent/Action

Proposal Summary:

Approval of the Revised Sac-Joquin Section 2022-2023 Sports Calendar.

Fiscal Impact:

NA

Rationale:

Staff provides the SJS sports calendar one year in advance so that leagues and member schools have the opportunity to plan well in advance. This calendar contains, for each sport by season: number of allowable contests; start date; first scrimmage date; first contest date; SOP date; last contest date; seasonal period opportunities (dead, limited, out-of-season).

Since being approved at the April 20, 2021 Board of Managers meeting, staff has made two (2) adjustments to the winter soccer season and three (3) editorial adjustments to the summer period heading for each season:

➤ **Soccer (Winter)**

- ✓ Last contest date moved from February 6, 2023 to February 9, 2023.
- ✓ SOP date moved from December 28, 2022 to December 30, 2022.

➤ **Editorial Changes (Summer Period)**

- ✓ Removed 2022 and replaced with 2023

2022-2023 Sac-Joaquin Section Sport Calendar

Sport	Preseason Dead Period Begins	Practice Begins	First Scrimmage Date	# of contacts	First Contest Date	Sit-Out Period Date	Last Contest Date	End of Season Dead Period	Out of Season Period	Limited or Out of Season Period	Summer Period 2023
Football	July 4	July 25	August 12	10	August 19	Sept. 22	Oct. 29	Nov. 27	Nov. 28-April 30	May 1 - May 31	June 1-July 3
Cross-Country	July 11	August 1	August 12	14	August 19	Sept. 22	Oct. 29	Nov. 27	Nov. 28-April 30	May 1 - May 31	June 1-July 10
Girls Golf	July 11	August 1	August 12	24	August 19	Sept. 19	Oct. 19	Nov. 27	Nov. 28-April 30	May 1 - May 31	June 1-July 10
Girls Tennis	July 11	August 1	August 12	24	August 19	Sept. 23	Oct. 27/28	Nov. 27	Nov. 28-April 30	May 1 - May 31	June 1-July 10
Girls Volleyball	July 11	August 1	August 12	28	August 19	Sept. 20	Oct. 20	Nov. 27	Nov. 28-April 30	May 1 - May 31	June 1-July 10
Boys Soccer	July 11	August 1	August 12	28	August 19	Sept. 20	Oct. 20	Nov. 27	Nov. 28-April 30	May 1 - May 31	June 1-July 10
Water Polo	July 25	August 15	August 20	28	August 26	Sept. 22	Oct. 26	Nov. 27	Nov. 28-April 30	May 1 - May 31	June 1-July 17

For Tennis: Oct. 27 is the final date for a team match. Oct. 28 is the final date for a league individual tournament.

Football *Official practice starts July 25 (Bylaw 2007.2). The mandated minimum number of practices (team and individual) prior to any scrimmages or contests must be followed. (Bylaws 2001 and 2002).

*The five day acclimation period is mandatory for all teams and individuals (Bylaw 2003.4).

*August 18 is the first contest date for frosh football, August 19 is the first contest date for frosh-soph and varsity (Bylaw 2007.5).

Sport	Out of Season Period	Limited or Out of Season Period	Preseason Dead Period Begins	Practice Begins	First Scrimmage Date	# of contacts	First Contest Date	Sit-Out Period Date	Last Contest Date	End of Season Dead Period	Out of Season Period	Summer Period 2023
Basketball	July 25-Sept. 4	Sept. 5-Oct. 9	Oct. 10	Oct. 31	Nov. 11	28	Nov. 18	Dec. 31	Feb. 10	March 12	March 13-May 31	June 1-July 23
Soccer	July 25-Sept. 4	Sept. 5-Oct. 9	Oct. 10	Oct. 31	Nov. 11	28	Nov. 18	Dec. 30	Feb. 9	March 12	March 13-May 31	June 1-July 23
Wrestling	July 25-Sept. 4	Sept. 5-Oct. 9	Oct. 10	Oct. 31	Nov. 11	40	Nov. 18	Dec. 27	Jan. 25/Feb. 4	March 12	March 13-May 31	June 1-July 23

For Wrestling Jan. 25 is the final date for a team dual. Feb. 4 is the final date for a league tournament.

Sport	Out of Season Period	Limited or Out of Season Period	Out of Season Period	Preseason Dead Period Begins	Practice Begins	First Scrimmage Date	# of contacts	First Contest Date	Sit-Out Period Date	Last Contest Date	End of Season Dead Period	Summer Period 2023
Badminton	July 25-Aug. 28	Aug. 29-Sept. 25	Sept. 26-Jan. 15	Jan. 16	Feb. 6	Feb. 17	24	Feb. 24	April 1	May 5	May 31	June 1-July 24
Baseball	July 25-Aug. 28	Aug. 29-Sept. 25	Sept. 26-Jan. 15	Jan. 16	Jan. 30	Feb. 17	28	Feb. 24	April 1	May 5	May 31	June 1-July 24
Boys Golf	July 25-Aug. 28	Aug. 29-Sept. 25	Sept. 26-Jan. 15	Jan. 16	Feb. 6	Feb. 17	24	Feb. 24	March 30	May 3	May 31	June 1-July 24
Comp. Sport Cheer	July 25-Aug. 28	Aug. 29-Sept. 25	Sept. 26-Jan. 15	Jan. 16	Feb. 6	Feb. 17	28	Feb. 24	March 27	April 26	May 31	June 1-July 24
Softball	July 25-Aug. 28	Aug. 29-Sept. 25	Sept. 26-Jan. 15	Jan. 16	Jan. 30	Feb. 17	28	Feb. 24	April 4	May 11	May 31	June 1-July 24
Swimming	July 25-Aug. 28	Aug. 29-Sept. 25	Sept. 26-Jan. 15	Jan. 16	Feb. 6	Feb. 17	14	Feb. 24	March 25	April 22	May 31	June 1-July 24
Boys Tennis	July 25-Aug. 28	Aug. 29-Sept. 25	Sept. 26-Jan. 15	Jan. 16	Feb. 6	Feb. 17	24	Feb. 24	March 30	May 2	May 31	June 1-July 24
Coed Tennis	July 25-Aug. 28	Aug. 29-Sept. 25	Sept. 26-Jan. 15	Jan. 16	Feb. 6	Feb. 17	24	Feb. 24	March 28	April 28/29	May 31	June 1-July 24
Track & Field	July 25-Aug. 28	Aug. 29-Sept. 25	Sept. 26-Jan. 15	Jan. 16	Feb. 6	Feb. 17	14	Feb. 24	April 1	May 6	May 31	June 1-July 24
Girls Soccer	July 25-Aug. 28	Aug. 29-Sept. 25	Sept. 26-Jan. 15	Jan. 16	Feb. 6	Feb. 17	28	Feb. 24	March 27	April 27	May 31	June 1-July 24
Boys Volleyball	July 25-Aug. 28	Aug. 29-Sept. 25	Sept. 26-Jan. 15	Jan. 16	Feb. 6	Feb. 17	28	Feb. 24	March 27	April 27	May 31	June 1-July 24
Lacrosse	July 25-Aug. 28	Aug. 29-Sept. 25	Sept. 26-Jan. 15	Jan. 16	Feb. 6	Feb. 17	28	Feb. 17	April 1	April 29	May 31	June 1-July 24

For tennis, April 28 is the final date for a team match. April 29 is the final date for a league individual tournament.

Additional information is on page 2

2022-2023 Sac-Joaquin Section Sport Calendar

Additional Information

NOTE: Conditioning/Weight-Training can be done year-round.

Limited or Out of Season Period: Each school must choose either "Limited" or "Out of Season" for each of its sports during this period and be bound by the rules in this document.

Dead Periods

- Dead periods will adhere to Bylaw 504.8. The preseason dead period begins with the date listed and continues until the first day of practice. The end of season dead period begins with the school's last contest and continues through the date listed.

Limited Periods

- Practice is allowed Monday–Friday for 1.5 hours/day. Saturday practice may be extended for up to 4 hours. However, a maximum of 8 hours/week is allowed, including Monday-Saturday. Sunday practices are not allowed.
- No outside competition of any kind is permitted during the Limited Period.
- All football activities must meet the provisions of CIF Sac-Joaquin Section bylaws 2103.1, 2103.2 and 2103.3.

Out of Season

- Out of Season activities must be sponsored by an agency not under the authority of the CIF as specified in Bylaw 504.7 and 504.9h. If this option is chosen, the use of school equipment is not permitted, any facility usage must be approved by school district administration, and the group must provide proof of insurance.
- All football activities must meet the provisions of Sac-Joaquin Section bylaws 2103.1, 2103.2 and 2103.3.

Summer

- Summer (See Bylaws 501F and G and 504.7b and c and 504.9i): The Sac-Joaquin Section will be dark from June 1 (with the exception of Bylaw 2103.2) until the first day of fall practice. Therefore, all athletic activities during this time period shall be under the authority of each league and/or school district.
- All football activities must meet the provisions of Sac-Joaquin Section bylaws 2103.1, 2103.2 and 2103.3.

Last Contest Date

- The Last Contest Date is the last day permissible for any regular season competition, practice or activity in that sport as determined in the Sport Calendar.

End of Season Dead Period

- The end of season dead period begins immediately following the last contest date for each respective sport. Coaches and their athletes are not allowed to participate in club activities together during this time. The same rules as the preseason dead period apply. (Bylaw 504.8b)

Tournaments - Contacts

Basketball	One (1) contact for each game.
Golf	Tournament count as one (1) contact per day.
Soccer	One (1) contact for each game.
Tennis	One (1) contact for each game.
Volleyball	1 Day Tournament counts as two (2) contacts 2 Day Tournament counts as three (3) contacts
Water Polo	One (1) contact for each game

PRESIDENT
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FAX: (209) 334-0300
www.cifsjs.org

To: SJS Board of Managers

Date: April 6, 2022

Re: 2023-24 SJS Sports Calendar

Implementation: Fall 2023

Proposal Originated:

Proposal Discussed/Reviewed

SJS League Commissioners Committee - March 22, 2022

SJS Executive Committee - March 24, 2022

SJS Board of Managers - April 6, 2022

Recommendation

Discussion

Discussion/Action

Consent/Action

Proposal Summary:

Approval of the Sac-Joquin Section 2023-2024 Sports Calendar.

Fiscal Impact:

NA

Rationale:

Staff provides the SJS sports calendar one year in advance so that leagues and member schools have the opportunity to plan well in advance. This calendar contains, for each sport by season: number of allowable contests; start date; first scrimmage date; first contest date; SOP date; last contest date; seasonal period opportunities (dead, limited, out-of-season).

2023-2024 Sac-Joaquin Section Sport Calendar

Sport	Preseason Dead Period Begins	Practice Begins	First Scrimmage Date	# of contacts	First Contest Date	Sit-Out Period Date	Last Contest Date	End of Season Dead Period	Out of Season Period	Limited or Out of Season Period	Summer Period 2024
Football	July 3	July 24	August 11	10	August 18	Sept. 22	Oct. 28	Nov. 26	Nov. 27-April 30	May 1 - May 31	June 1-July 8
Cross-Country	July 10	July 31	August 11	14	August 18	Sept. 22	Oct. 28	Nov. 26	Nov. 27-April 30	May 1 - May 31	June 1-July 15
Girls Golf	July 10	July 31	August 11	24	August 18	Sept. 18	Oct. 18	Nov. 26	Nov. 27-April 30	May 1 - May 31	June 1-July 15
Girls Tennis	July 10	July 31	August 11	24	August 18	Sept. 22	Oct. 26/27	Nov. 26	Nov. 27-April 30	May 1 - May 31	June 1-July 15
Girls Volleyball	July 10	July 31	August 11	28	August 18	Sept. 19	Oct. 19	Nov. 26	Nov. 27-April 30	May 1 - May 31	June 1-July 15
Boys Soccer	July 10	July 31	August 11	28	August 18	Sept. 19	Oct. 19	Nov. 26	Nov. 27-April 30	May 1 - May 31	June 1-July 15
Water Polo	July 24	August 14	August 18	28	August 25	Sept. 22	Oct. 25	Nov. 26	Nov. 27-April 30	May 1 - May 31	June 1-July 22

For Tennis: Oct. 26 is the final date for a team match. Oct. 27 is the final date for a league individual tournament.

Football *Official practice starts July 24 (Bylaw 2107.2). The mandated minimum number of practices (team and individual) prior to any scrimmages or contests must be followed. (Bylaws 2101 and 2102).

*The five day acclimation period is mandatory for all teams and individuals (Bylaw 2103.4).

*August 17 is the first contest date for frosh football, August 18 is the first contest date for frosh-soph and varsity (Bylaw 2107.5).

Sport	Out of Season Period	Limited or Out of Season Period	Preseason Dead Period Begins	Practice Begins	First Scrimmage Date	# of contacts	First Contest Date	Sit-Out Period Date	Last Contest Date	End of Season Dead Period	Out of Season Period	Summer Period 2022
Basketball	July 24-Sept.3	Sept. 4-Oct. 8	Oct. 9	Oct. 30	Nov. 10	28	Nov. 17	Dec. 30	Feb. 9	March 10	March 11-May 31	June 1-July 29
Soccer	July 24-Sept.3	Sept. 4-Oct. 8	Oct. 9	Oct. 30	Nov. 10	28	Nov. 17	Dec. 29	Feb. 8	March 10	March 11-May 31	June 1-July 29
Wrestling	July 24-Sept.3	Sept. 4-Oct. 8	Oct. 9	Oct. 30	Nov. 10	40	Nov. 17	Dec. 27	Jan. 24/Feb. 3	March 10	March 11-May 31	June 1-July 29

For Wrestling Jan. 24 is the final date for a team dual. Feb. 3 is the final date for a league tournament.

Sport	Out of Season Period	Limited or Out of Season Period	Out of Season Period	Preseason Dead Period Begins	Practice Begins	First Scrimmage Date	# of contacts	First Contest Date	Sit-Out Period Date	Last Contest Date	End of Season Dead Period	Summer Period 2024
Badminton	July 24-Aug. 27	Aug. 28-Sept. 24	Sept. 25-Jan. 14	Jan. 15	Feb. 5	Feb. 16	24	Feb. 23	March 30	May 3	May 31	June 1-July 29
Baseball	July 24-Aug. 27	Aug. 28-Sept. 24	Sept. 25-Jan. 14	Jan. 15	Jan. 29	Feb. 16	28	Feb. 23	March 30	May 3	May 31	June 1-July 29
Beach Volleyball	July 24-Aug. 27	Aug. 28-Sept. 24	Sept. 25-Jan. 14	Jan. 15	Feb. 5	Feb. 16	28	Feb. 23	March 27	April 27	May 31	June 1-July 29
Boys Golf	July 24-Aug. 27	Aug. 28-Sept. 24	Sept. 25-Jan. 14	Jan. 15	Feb. 5	Feb. 16	24	Feb. 23	March 30	May 4	May 31	June 1-July 29
Comp. Sport Cheer	July 24-Aug. 27	Aug. 28-Sept. 24	Sept. 25-Jan. 14	Jan. 15	Feb. 5	Feb. 16	28	Feb. 23	March 25	April 24	May 31	June 1-July 29
Softball	July 24-Aug. 27	Aug. 28-Sept. 24	Sept. 25-Jan. 14	Jan. 15	Jan. 29	Feb. 16	28	Feb. 23	April 2	May 9	May 31	June 1-July 29
Swimming	July 24-Aug. 27	Aug. 28-Sept. 24	Sept. 25-Jan. 14	Jan. 15	Feb. 5	Feb. 16	14	Feb. 23	March 23	April 20	May 31	June 1-July 29
Boys Tennis	July 24-Aug. 27	Aug. 28-Sept. 24	Sept. 25-Jan. 14	Jan. 15	Feb. 5	Feb. 16	24	Feb. 23	March 28	April 30	May 31	June 1-July 29
Coed Tennis	July 24-Aug. 27	Aug. 28-Sept. 24	Sept. 25-Jan. 14	Jan. 15	Feb. 5	Feb. 16	24	Feb. 23	March 27	April 26/27	May 31	June 1-July 29
Track & Field	July 24-Aug. 27	Aug. 28-Sept. 24	Sept. 25-Jan. 14	Jan. 15	Feb. 5	Feb. 16	14	Feb. 23	March 30	May 4	May 31	June 1-July 29
Girls Soccer	July 24-Aug. 27	Aug. 28-Sept. 24	Sept. 25-Jan. 14	Jan. 15	Feb. 5	Feb. 16	28	Feb. 23	March 26	April 25	May 31	June 1-July 29
Boys Volleyball	July 24-Aug. 27	Aug. 28-Sept. 24	Sept. 25-Jan. 14	Jan. 15	Feb. 5	Feb. 16	28	Feb. 23	March 26	April 25	May 31	June 1-July 29
Lacrosse	July 24-Aug. 27	Aug. 28-Sept. 24	Sept. 25-Jan. 14	Jan. 15	Feb. 5	Feb. 16	28	Feb. 16	March 27	April 27	May 31	June 1-July 29

For tennis, April 26 is the final date for a team match. April 27 is the final date for a league individual tournament.

Additional information is on page 2

2023-2024 Sac-Joaquin Section Sport Calendar

Additional Information

NOTE: Conditioning/Weight-Training can be done year-round.

Limited or Out of Season Period: Each school must choose either "Limited" or "Out of Season" for each of its sports during this period and be bound by the rules in this document.

Dead Periods

- Dead periods will adhere to Bylaw 504.8. The preseason dead period begins with the date listed and continues until the first day of practice. The end of season dead period begins with the school's last contest and continues through the date listed.

Limited Periods

- Practice is allowed Monday-Friday for 1.5 hours/day. Saturday practice may be extended for up to 4 hours. However, a maximum of 8 hours/week is allowed, including Monday-Saturday. Sunday practices are not allowed.
- No outside competition of any kind is permitted during the Limited Period.
- All football activities must meet the provisions of CIF Sac-Joaquin Section bylaws 2103.1, 2103.2 and 2203.3.

Out of Season

- Out of Season activities must be sponsored by an agency not under the authority of the CIF as specified in Bylaw 504.7 and 504.9h. If this option is chosen, the use of school equipment is not permitted, any facility usage must be approved by school district administration, and the group must provide proof of insurance.
- All football activities must meet the provisions of Sac-Joaquin Section bylaws 2103.1, 2103.2 and 2103.3.

Summer

- Summer (See Bylaws 501F and G and 504.7b and c and 504.9i): The Sac-Joaquin Section will be dark from June 1 (with the exception of Bylaw 2103.2) until the first day of fall practice. Therefore, all athletic activities during this time period shall be under the authority of each league and/or school district.
- All football activities must meet the provisions of Sac-Joaquin Section bylaws 2103.1, 2103.2 and 2103.3.

Last Contest Date

- The Last Contest Date is the last day permissible for any regular season competition, practice or activity in that sport as determined in the Sport Calendar.

End of Season Dead Period

- The end of season dead period begins immediately following the last contest date for each respective sport. Coaches and their athletes are not allowed to participate in club activities together during this time. The same rules as the preseason dead period apply. (Bylaw 504.8b)

Tournaments - Contacts

Basketball	One (1) contact for each game.
Golf	Tournament count as one (1) contact per day.
Soccer	One (1) contact for each game.
Tennis	One (1) contact for each game.
Volleyball	1 Day Tournament counts as two (2) contacts
	2 Day Tournament counts as three (3) contacts
Water Polo	One (1) contact for each game



**MINUTES OF THE FEDERATED COUNCIL
REGULAR MEETING
February 4, 2022
ONLINE VIA ZOOM**

I. OPENING BUSINESS

A. Call to Order

President Monica Colunga called the meeting to order at 10:00 a.m.

B. Flag Salute

President-Elect Marty Bitter led the flag salute.

C. Roll Call and Introductions

The following members were present: Diana Nalbandian-Hatton, Jesse Hardwick, Steve Sell, Natalie Thorne, David Sullivan, Neezer McNab, Ricardo Rosales, Rianne Pfaltzgraff, Louie Rocha, Doug Williams, Cristi Tellechea, Jeffrey Taylor, Kevin Swartwood, John Becker, Lori Ann Donnell, Clarence Isadore, Dr. Anne Staffieri, Scott Giusti, Anthony Thomas, Mike West, Mary Jane Hibbard, John Nazar, Maureen Ferrel, Patrick Bendzick, Marybeth Ortiz, Mary Jo Truesdale, Charlene Metoyer, Alex Vara, Jean Kinn Ashen, Dave Reid, Dave Brown, Dr. Dan Stepenosky, Dr. Monica Colunga, Marty Bitter, and James Perry.

- D. Also present were:** Ryan Tos, David Grissom, Vicky Lagos, Pat Cruickshank, Scott Johnson, Franky Navarro, Mike Garrison, Joe Heinz, Gail Barksdale, Rob Wigod, Ron Nocetti, Diane Marshall-Freeman, Brian Seymour, Cici Robinson, Chris Fahey, Bobbi Madsen, Rebecca Brutlag, William Chavarin, Christina Shannon, guest from the Central Section, Matt Sozinho; guest from Los Angeles City Section, Dick Dornan; guest from the North Coast Section, Bri Niemi; guest from Northern Section, Helen Wheeler; guest from the Oakland Section, Lamont Robinson; guest from the Sac-Joaquin Section, Jason Feuerbach; guest from the San Diego Section, Todd Cassen; guests from Southern Section, Thom Simmons, Richard Shearer, Rainer Wulf, Mike Middlebrook, and Kristine Palle.

Absent: Doug Kaelin, Cris Oseguera, (Northern Section), Andrea Bustamante (Oakland Section), Suniqua Thomas (San Francisco Section), Dr. Reggie Thompkins (Southern Section), and Jed Clark (Cal Coaches).

E. Adopt Agenda

The agenda was adopted as presented.

Motion to adopt agenda.

Motion: Mike West; Seconded: Kevin Swartwood

MOTION PASSED UNANIMOUSLY 142-0

F. Public Comment

1. General Public

President Monica Colunga reported that no Public Comments were received.



2. Sections
No comments presented at this meeting.
3. Allied Organization
 - Jean Kinn Ashen, CAL Coaches representative, stated that the CSADA board would be meeting in San Diego next week. She stated that the NIAA Scholarship deadline is February 28, 2022.
 - Charlene Metoyer, CSBA representative, thanked Executive Director Ron Nocetti for presenting at the CSBA Conference.
 - Geniel Moon, CADA representative, invited all to attend the CADA conference being held in Reno March 2-5, 2022. She stated that CADA is excited to have CIF Executive Director Ron Nocetti presenting at the CADA conference.
 - Marybeth Ortiz, CAPSO representative welcomed the new CAPSO Representative Patrick Bendzick.

II. COMMUNICATIONS

A. President

President Monica Colunga stated that she did not have any communications to report.

B. Executive Director

Executive Director Ron Nocetti stated that he had no communications to report.

III. CONSENT CALENDAR

The council approved the following item under Consent Calendar:

- A. The minutes of the October 8, 2021, Federated Council Meeting.

Motion to approve the Consent Calendar.

Motion: Steve Sell; Seconded: Louie Rocha

MOTION PASSED UNANIMOUSLY 142-0

IV. REPORTS

A. Federated Council President

President Monica Colunga thanked and congratulated our Section Commissioners and their staff, and the CIF State staff for a great fall championship season. She further commended them for their ongoing collaboration and resiliency in dealing with the challenges during the winter season.

B. Executive Director

1. Transfer and Appeal Data YTD

Executive Director Ron Nocetti presented the 2021-2022 transfer and appeal data. He reported that the transfer numbers are about 1,600 less than two years ago at this time. He stated that the appeal numbers are in line with the past year to date.

2. 2021-2022 Legal Expenses

Executive Director Ron Nocetti reviewed the legal expenses for 2021-2022.



RONALD W. NOCETTI, EXECUTIVE DIRECTOR

CALIFORNIA INTERSCHOLASTIC FEDERATION

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3. Other

Executive Director Ron Nocetti announced that the CIF State Office has hired Anthony Ramos who will join the CIF State office as an Administrative Assistant on February 14, 2022. Executive Director Ron Nocetti welcomed Gail Barksdale the new San Francisco Commissioner.

Executive Director Ron Nocetti stated that he will be presenting at the CADA and CAPHERD conference in March and CSADA in April.

V. MANAGEMENT SERVICES

A. Informational Reports, Recommendations and Additional Items Presented as First Reading Items

1. Committee Meeting Reports

- a. Executive Committee: President Monica Colunga reported that the Executive Committee met via Zoom on Thursday, February 3, 2022. She stated they reviewed the current year budget, the 2022-2023 proposed budget, section meetings attended by CIF staff, the updated goals and objectives, and the 2022-2023 meeting schedule. She stated that they also reviewed the Federated Council Agenda items.
- b. President's Advisory Council: President Monica Colunga reported that the President's Advisory Council met today. President Colunga stated that they reviewed and discussed items going on across the state and the ongoing hard work that's taking place:
- c. Economic Viability Committee: President-Elect Marty Bitter stated that the EVC met this morning via Zoom and discussed the 2021-2022 budget and investment accounts and reviewed the 2022-2023 proposed budget and Workbook. He reported that the EVC voted 8-0 in support of the proposed budget. He stated after recommendation from the Executive Committee, the EVC also recommended that the CIF staff move forward with a 4% COLA as it still falls within the line items of the budget. He shared that Chris Fahey Director of Corporate Sponsorships provided the committee with an update on the marketing and corporate sponsorships.

2. Sports Advisory Committees Report

President Monica Colunga stated that the following sports advisory committees have met, and minutes are included in the portfolio:

Meeting:	Date:
Sports Medicine Advisory Committee	10/19/21
Athletic Administrators Committee	10/27/21
Girls Golf NorCal Championship	11/08/21
Girls Golf SoCal Championship	11/11/21
Girls Golf State Championship	11/16/21
Girls Tennis Regional Championships	11/20/21



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Boys Regional Water Polo Championships	11/20/21
Girls NorCal Water Polo Championships	11/20/21
Girls Regional Volleyball Championships	11/16/21
Girls State Volleyball Championships	11/19-11/20/21
Cross Country State Championship	11/27/21
Football Regional Championships	12/03-12/04/21
Football State Championships	12/10-12/11/21

B. Informational – Proposed Non-Action Items

1. Proposed Budget for 2022-2023

President Elect Marty Bitter reviewed the proposed 2022-2023 budget that was presented to the Executive Committee. He reported that based on this budget, we are projecting a surplus of \$70,000. He stated that initially the budget included a 2% COLA and that the Executive Committee and the Economic Viability Committee are recommending increasing it to a 4% COLA. With this change in COLA, we are still able to maintain the surplus as these amounts still fall within the current line items on the budget.

2. CIF Executive Committee Nominations

President Monica Colunga reported that the Nominating Committee nominated the following candidates for the Executive Committee: Catherine Arenson (San Francisco Section), Scott Giusti (San Diego Section), Natalie Thorne (Central Coast Section), Mike West (Southern Section) Cris Oseguera (Northern Section), Louie Rocha (North Coast Section), and Marybeth Ortiz (CAPSO). President Colunga opened the floor for any additional nominations. There were no further nominations from the floor.

President Monica Colunga reported that the Nominating Committee nominated the following candidates for the Executive Committee President-Elect: John Becker (Sac-Joaquin Section) and Natalie Thorne (Central Coast Section). President Colunga opened the floor for any additional nominations. There were no further nominations from the floor.

C. Action Items Presented for Approval by the Council

1. Proposal to Revise Article 70.D. - Terms of Office

President Monica Colunga presented a proposal brought forward by the Executive Committee regarding a temporary revision to the term for the At-Large Executive Committee member and to address when a current Executive Committee member is no longer a representative of their Section to the Federated Council.

Motion to approve Proposal to Revise Article 70.D. - Terms of Office

Motion: Anne Staffieri; Seconded: Dave Reid

PASSED Unanimously 142-0



2. Proposal to Revise Article 70.E. - Nominations
President Monica Colunga presented a proposal brought forward by the Executive Committee which would change the minimum number of nominations for the Executive Committee.

Motion to approve Proposal to Revise to Article 70.E. Nominations
Motion: Kevin Swartwood; Seconded: Mike West
PASSED Unanimously 143-0

VII. ADJOURNMENT

Federated Council Meeting adjourned at 10:39 a.m.

Respectfully submitted by:

Ron Nocetti
Executive Director

Approved by:

Monica Colunga
President

DRAFT



RONALD W. NOCETTI, EXECUTIVE DIRECTOR

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To: Federated Council

Date: February 28, 2022

Re: President-Elect Election

Proposal Reviewed

11/17/2021 - Nominating Committee

02/04/2022 - Federated Council

04/08/2022 - Federated Council

Proposal Recommendation

Forward Candidates to Federated Council

First Reading – Nominations Closed

Action

Type: Election

Proposal Summary: As per the CIF Constitution and Bylaw 70.F. the following Federated Council members have volunteered to be candidates to serve as President-Elect.

The following candidates have been nominated and have agreed to place their name for consideration to serve as President-Elect: Elect One (1)

John Becker, Sac-Joaquin Section

Natalie Thorne, Central Coast Section

F. Elections

- (1) Elections will occur at the final meeting of the year of the Federated Council.
- (2) Elections for Executive Committee members, other than officers and the at-large committee member, will be held annually.
- (3) Should a second candidate be nominated from any Section or the group of Allied Organizations, only the candidate with the most votes (more votes) from that Section/or group is eligible for election.
- (4) The nominees who receive the most votes, from among those eligible for election, will be elected.
- (5) In the event of a tie between/among candidates whereby there is only one seat available and/or remaining, a revote for the remaining position will take place only between/among the candidates that are tied.
- (6) In the event there is still a tie vote after the first revote, one more vote will take place and if the tie is not broken, a flip of a coin will determine the winner.



CIF State President-Elect Nominee

Name: John C. Becker

Organization/Position: Roseville Joint Union High School District, Superintendent

CIF Section: CIF Sac-Joaquin Section Past President

STATEMENT

As an experienced school administrator, the position of CIF President is a tremendous opportunity to further my leadership and influence supporting education-based athletics and activities. Education-based athletics and activities provide learning opportunities in the classroom and on the playing field/court and we are charged with governing, advocating, progressing, and protecting this privilege for our students. I am humbled and excited by the opportunity and appreciate your time to consider my candidacy for this esteemed position.

EDUCATION

M.A. EDUCATION ADMINISTRATION	1999
National University	
B.A. PHYSICAL EDUCATION	1995
California Lutheran University	

ADMINISTRATIVE EXPERIENCE

- Superintendent (Roseville Joint Union High School District - Current)
- Executive Director, Student Engagement (Roseville Joint Union High School District – 2018-20)
- Placer County Tier 1 Administrative Coach (2014-19)
- Principal, Antelope High School (Roseville Joint Union High School District 2007-18)
- Principal, West Campus High School (Sacramento City USD 2003-07)
- Principal, Oakridge Elementary School (Sacramento City USD 2001-03)

CIF/ATHLETIC EXPERIENCE

- CIF Sac-Joaquin Section President and Officer (2018-2020)
- CIF Executive Committee Member (2019-current)
- CIF Federated Council Member (2016-current)
- CIF Sac-Joaquin Section Board Member (CVC President) (2010-2012)
- Sac-Joaquin Section Realignment Committee Member (2016-17)
- Athletic Director West Campus HS (2004-2006)
- Asst. Varsity Baseball Coach (1995-1999)
- Asst. Varsity Soccer Coach (1995-1999)
- All-American Baseball Team (Cal Lutheran Univ.)
- 3-sport CIF Sac-Joaquin Section Athlete (Valley HS)

OTHER RELATIVE INFORMATION

- ACSA New Superintendent’s Seminar Series (2021)
- ACSA Region 2 Secondary Principal of the Year (2016)
- ACSA Human Resources Academy (2018)
- ACSA Principal’s Academy (2005)
- Delivered various regional presentations on equity and school culture



CIF State President-Elect Nominee

Name: Natalie Talbot Thorne

Organization/Position: PSAL League Commissioner and Pacific Bay Christian- Dean of Athletics and MS

CIF Section: Central Coast Section (CCS)

Thank you for your nominations to serve as the President-Elect or Executive Board Member. I am honored to serve at the CIF level and have the opportunity to give back to student-athletes across the State. The CIF is dear to my heart as it laid the athletic foundation for me at Del Oro High School. That experience transformed me personally. As a leader, I strive to be mindful of my actions and words, listen, ask questions, give honest feedback, think outside the box, and be a voice that honors diversity, equity, and inclusion. If elected as president, paddle colors would support the 49ers- Gold and Red!

EDUCATION AND CREDENTIALS:

- **PRELIMINARY ADMINISTRATIVE SERVICES CREDENTIAL, SMCOE (March 2022)**
- **CERTIFIED MASTER ATHLETIC ADMINISTRATOR, NIAAA (February 2011)**
- **MASTER IN EDUCATION & TEACHER CREDENTIAL, SFSU (May 2004)(May 2001)**

PROFESSIONAL EXPERIENCE:

AWARDS:

- 2018-2019 CCS/ CSADA Athletic Director of the Year
- 2018 CSADA- The Ed Fennelly Distinguished Service Award
- 2018 CIF- Lifetime Pass
- 2014 CCS- Lifetime Pass
- 2007 CCS/ CSADA- Norm Mackenzie Award "Rookie of the Year"

KEY CONTRIBUTIONS:

California Interscholastic Federation:

- Executive Board Member (2021-2022)
- Attended and presented State Championships for Volleyball, Football, NorCal Cheer, and anticipated Basketball (2021-2022)
- Federated Council Representative (2015-2022).
- Economic Viability Committee (2016-2022).

Central Coast Section:

- Vice President (2021-2022)
- Board of Manager (2008-2022)
- Executive Board Member (2011-2022)

Private School Athletic League:

- PSAL League Commissioner (23 member schools)(2014-2022)
- Filed 501c3 for PSAL Inc. as League Commissioner (2017)

OTHER PROFESSIONAL POSITIONS:

- NIAAA Lifetime Member (2005)
- CSADA Member Member (2003)
- PacBay Girls Varsity Basketball Coach (2003-2021).
- PacBay Middle School Volleyball and Basketball Coach (2021-2022)
- PSAL Girls Basketball- Honor Coach (2017)
- CCS and PSAL Girls Basketball Representative (2010-2020)
- San Francisco State University, starter and team captain (1996-1999)
- SF Bay Area Pro-Am Basketball League (1996-1999)
- Stanford University Summer Women's Basketball Coach (1996-1999)
- Del Oro High School Four Sports Athlete- Cross Country, Basketball, Soccer, Track and Field. Received the Army Award for Top Female Athlete.
- For Girls Basketball, I was coached under Mike Takayama, and received Most Valuable Player, First Team All-League, Team Captain, League Championship, and Section Championship (First Girls' Basketball Section title in school's history, 1995) (1991-1995)



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To: Federated Council

Date: February 28, 2022

Re: Executive Committee Election

Proposal Reviewed

11/17/2021 - Nominating Committee

02/04/2022 - Federated Council

04/08/2022 - Federated Council

Proposal Recommendation

Forward Candidates to Federated Council

First Reading - Nominations Closed

Action

Type: Election

Proposal Summary: As per the CIF Constitution and Bylaw 70.F. the following Federated Council members have volunteered to be candidates to serve a two-year term on the CIF Executive Committee.

The following candidates have been nominated and have agreed to place their name for consideration to serve a two-year term on the CIF Executive Committee: Elect Three (3)

~~Gatherine Arenson, San Francisco Section (Voluntary Withdraw)~~

Scott Giusti, San Diego Section

Marybeth Ortiz, California Association of Private School Organizations (CAPSO)

Cris Oseguera, Northern Section

Louie Rocha, North Coast Section

Natalie Thorne, Central Coast Section

Mike West, Southern Section

F. Elections

- (1) Elections will occur at the final meeting of the year of the Federated Council.
- (2) Elections for Executive Committee members, other than officers and the at-large committee member, will be held annually.
- (3) Should a second candidate be nominated from any Section or the group of Allied Organizations, only the candidate with the most votes (more votes) from that Section/or group is eligible for election.
- (4) The nominees who receive the most votes, from among those eligible for election, will be elected.
- (5) In the event of a tie between/among candidates whereby there is only one seat available and/or remaining, a revote for the remaining position will take place only between/among the candidates that are tied.
- (6) In the event there is still a tie vote after the first revote, one more vote will take place and if the tie is not broken, a flip of a coin will determine the winner.



CIF State Executive Committee Nominee

Name: Scott Giusti

Organization/Position: San Diego Unified District Director of Athletics

CIF Section: San Diego

EXPERIENCE

Education Administration/ Teaching Positions Athletic Administration/Oversight

I would like to continue to serve on the State CIF Executive Committee to support and influence the actions of the athletic community with regards to promoting equity, quality, character and academic development. Athletics is my favorite part of my 20+ years of educational experience and I am committed to making a positive impact and serving our student athletes.

San Diego Unified School District- District Director of Athletics
CIF State Executive Committee- Member
CIF State Federated Council- Member
CIF San Diego Section Coordinating Council- Member
CIF San Diego Section Board of Managers- Member & Treasurer
San Diego City Conference- President
Mira Mesa High School, San Diego Unified School District- Principal
San Diego High School, San Diego Unified School District- Principal
Director of Student Activities, PE/Athletics, CCTE, San Diego Unified School District- Teacher

Other professional positions related to education-based athletics

CIF State Federated Council Economic Viability Committee- Member
CIF State Federated Council Leadership Initiative- Member
CIF San Diego Section Executive Committee- Member & Treasurer
San Diego Athletic Council- Member for 12 years and the Chair for the past 7 years
LA Chargers Grant Committee, San Diego/Los Angeles Chargers- Member
City of San Diego & San Diego Unified School District Facilities Coordination- Team Member
Coaches for Racial Equality- Team Member
Integration Committee for Special Olympics, Unified Sports and Unity Games- Team Member
Middle School Athletics Initiative Committee for San Diego Unified School District- Member
San Diego Unified School District- On Campus Baseball Coach
San Diego Unified School District- On Campus Basketball Coach



CIF State Executive Committee Nominee

Name: Marybeth Ortiz

Organization/Position: Junípero Serra High School, Assistant Principal: Student Life

CIF Section: Central Coast Section

EXPERIENCE

Education Administration/ Teaching Positions

- Junípero Serra High School, San Mateo
 - World Languages Department Chairperson (2005-2006)
 - Spanish Teacher
 - Algebra Teacher

Athletic Administration/Oversight

- Junípero Serra High School
 - Assistant Principal: Student Life - overseeing athletics (2006 to present)
 - Senior Class Moderator (2004-present)
 - Big Brothers Moderator (Student Leadership Program) (2002-present)
 - Swim School Director (2001-2006)
 - Student Activities Director and Student Government Moderator (2001-2004)

Other professional positions related to education-based athletics

- Member of the CAPSO Board of Directors (2021-present)
- Member of CIF Federated Council as the CAPSO Representative (September 2014-present)
- Completed CAA Certification Process (2011)
- Completed various LTC Courses, including: 501, 502, 504, 506, 508, 709, 714 (2008-present)
- Member of the NCEA (2008-present)
- Member of the NIAAA (2008-present)
- Member of the CSADA (2008-present)
- Member of the CCSADA (2008-present)
- Founder and Moderator of the Serra Big Brothers Program (2002-2006)
- Member of the PSA Care Team (2001-2002)
- Coach at Our Lady of Angels: 5-8 grade boys and girls (1999-2014)



CIF State Executive Committee Nominee

Name: Cris Oseguera

Organization/Position: Hamilton High School, Principal

CIF Section: Northern Section

EXPERIENCE

2009-present Principal
2007-2009 Assistant Principal/Social Science Teacher

Hamilton High School Hamilton City, CA

- Model expected and appropriate leadership to staff and students; Demonstrate positive interaction with students, staff, and families; Build productive relationships to strengthen and enhance student and parent educational experiences
- Oversee administrative and budgetary functions related to high school, including schoolathletic programs and student body accounts
- Monitor student behavior and enforce discipline; Manage all details regarding student discipline; Define and guide student academic achievement standards in line with school,district, and state goals and objectives
- Monitor and evaluate educational programs to ensure performance growth objectives and standards are continuously achieved; Perform classroom evaluations to assess strategies, effectiveness and promote constructive growth among staff; Promote instructional practicesdriven by data

Additional Duties at Hamilton: AP Test Coordinator (2007-present); CELDT Coordinator(2007-2011); District LEA ST AR Test/CAASPP Test Coordinator (2007-present); Consolidated ApplicationReporting System (CARS) District Application (2008-2017); ACS/WASC Coordinator (2009, 2015)-Six-Year Accreditation both efforts.

1996-2007 Social Studies Teacher
Gridley High School Gridley, CA

- Subjects Taught-World History; US History; Government; Economics; AP US History
- Social Science Department Chair (2002-2007)

2002-2007 Athletic Director
Gridley High School Gridley, CA

Other professional positions related to education-based athletics

Northern Section, CIF
President of NSCIF 2017-2019; Member of NSCIF Executive Committee (2013-present); Member of NSCIF Board of Managers (various 2002-present)

California Interscholastic Federation (CIF) Member,
CIF Federated Council (2017-present)Member, CIF Executive Committee (current)

Association of California School Administrators (ACSA)



CIF State Executive Committee Nominee

Name: Louie Rocha

Organization/Position: North Coast Section President

CIF Section: Executive Committee Nominee

EXPERIENCE

Education Administration/ Teaching Positions Athletic Administration/Oversight

I have served as the Principal of Antioch High School of the Antioch Unified School District in Antioch, California since 2005 – current. Prior experience served as secondary teacher, high school football coach, school guidance counselor and assistant principal.

I have served as President of the Bay Valley Athletic League to the North Coast Section Board of Managers, Executive Board Member of the North Coast Section, two-year term as the President Elect of the North Coast Section and currently serving as President of the North Coast Section for a two year term.

Other professional positions related to education-based athletics

I am currently serving as a member of the North Coast Section Diversity, Equity and Inclusion Committee to promote the participation of under represented minority groups as members of the Board of Managers.

I have represented the Bay Valley Athletic League in the realignment of high school leagues within the Valley Conference and other athletic bylaw changes with a focus on the best interest for our student athletes.

As a site administrator since 1999, I have supervised high school competitions of all team and individual sports of the Bay Valley Athletic League and North Coast Section Conferences.

I served as a varsity high school football coach at Antioch High School and Concord High School that are member high schools of the North Coast Section.

I have had the opportunity to coach both high school football teams in the post season North Coast Section Football Championships.



CIF State Executive Committee Nominee

Name: Natalie Talbot Thorne

Organization/Position: PSAL League Commissioner and Pacific Bay Christian- Dean of Athletics and MS

CIF Section: Central Coast Section (CCS)

Thank you for your nominations to serve as the President-Elect or Executive Board Member. I am honored to serve at the CIF level and have the opportunity to give back to student-athletes across the State. The CIF is dear to my heart as it laid the athletic foundation for me at Del Oro High School. That experience transformed me personally. As a leader, I strive to be mindful of my actions and words, listen, ask questions, give honest feedback, think outside the box, and be a voice that honors diversity, equity, and inclusion. If elected as president, paddle colors would support the 49ers- Gold and Red!

EDUCATION AND CREDENTIALS:

- **PRELIMINARY ADMINISTRATIVE SERVICES CREDENTIAL, SMCOE (March 2022)**
- **CERTIFIED MASTER ATHLETIC ADMINISTRATOR, NIAAA (February 2011)**
- **MASTER IN EDUCATION & TEACHER CREDENTIAL, SFSU (May 2004)(May 2001)**

PROFESSIONAL EXPERIENCE:

AWARDS:

- 2018-2019 CCS/ CSADA Athletic Director of the Year
- 2018 CSADA- The Ed Fennelly Distinguished Service Award
- 2018 CIF- Lifetime Pass
- 2014 CCS- Lifetime Pass
- 2007 CCS/ CSADA- Norm Mackenzie Award "Rookie of the Year"

KEY CONTRIBUTIONS:

California Interscholastic Federation:

- Executive Board Member (2021-2022)
- Attended and presented State Championships for Volleyball, Football, NorcCal Cheer, and anticipated Basketball (2021-2022)
- Federated Council Representative (2015-2022).
- Economic Viability Committee (2016-2022).

Central Coast Section:

- Vice President (2021-2022)
- Board of Manager (2008-2022)
- Executive Board Member (2011-2022)

Private School Athletic League:

- PSAL League Commissioner (23 member schools)(2014-2022)
- Filed 501c3 for PSAL Inc. as League Commissioner (2017)

OTHER PROFESSIONAL POSITIONS:

- NIAAA Lifetime Member (2005)
- CSADA Member Member (2003)
- PacBay Girls Varsity Basketball Coach (2003-2021).
- PacBay Middle School Volleyball and Basketball Coach (2021-2022)
- PSAL Girls Basketball- Honor Coach (2017)
- CCS and PSAL Girls Basketball Representative (2010-2020)
- San Francisco State University, starter and team captain (1996-1999)
- SF Bay Area Pro-Am Basketball League (1996-1999)
- Stanford University Summer Women's Basketball Coach (1996-1999)
- Del Oro High School Four Sports Athlete- Cross Country, Basketball, Soccer, Track and Field. Received the Army Award for Top Female Athlete.
- For Girls Basketball, I was coached under Mike Takayama, and received Most Valuable Player, First Team All-League, Team Captain, League Championship, and Section Championship (First Girls' Basketball Section title in school's history, 1995) (1991-1995)



CIF State Executive Committee Nominee

Name: Michael West

Organization/Position: President of the Executive Committee

CIF Section: Southern Section

EXPERIENCE

Education Administration/ Teaching Positions

Athletic Administration/Oversight

Principal – Martin Luther King High School, July 2015 to present

Principal – Jurupa Valley High School, January 2013 to June 2015

Principal – Jurupa Unified Alternative Education Center, July 2010 – December 2012

Assistant Principal – Patriot High School, August 2007 – June 2010

Athletic Director – Chino Hills High School, November 2000 – July 2007

Athletic Trainer/Teacher – Ayala High School, August 1994 – November 2000

CIF Southern Section President – July 2020 – Present

CIF Southern Section President Elect – July 2018

Other professional positions related to education-based athletics

CIF Southern Section Executive Committee July 2015 – Present

CIF State Sports Medicine Advisory Committee – September 2012 – Present CIF SS Athletic

Trainer Advisory Committee – Sept 2011 – June 2015

CIF State Wrestling Head Master Assessor – March 2005 – June 2015

California Athletic Trainers Association President – Jan 2009 – Dec 2014



To: Federated Council

Date: February 28, 2022

Re: Proposed Budget for 2022-2023

Proposal Originated: Executive Committee

Proposal Reviewed

02/03/2022 - Executive Committee
02/04/2022 - Economic Viability Committee
02/04/2022 - Federated Council
03/10/2022 - Executive Committee
04/08/2022 - Federated Council

Proposal Recommendation

First Reading
Unanimously Recommended
First Reading
Action
Action

Type: Financial

Proposal Summary: The 2022-2023 proposed budget projects income of \$6.68 million and expenses at \$6.61 million. More information, including details of the proposed changes, can be found in the 2022-2023 proposed budget notes page.

V.C.1.a.

CALIFORNIA INTERSCHOLASTIC FEDERATION

2022-2023 Budget Workbook



CIF STATE OFFICE
4658 Duckhorn Drive
Sacramento, CA 95834
www.cifstate.org



Vision Statement

Athletic competition is an integral part of the high school experience. CIF is uniquely positioned to foster student growth in values and ethics. CIF's ideal of "Pursuing Victory with Honorsm," provides the opportunity to dramatically influence the actions of the athletic community. CIF strives to strengthen the integrity of students and adults across the state by promoting the concepts of sportsmanship, honesty and quality academics. These priorities advance the highest principles of character – trustworthiness, respect, responsibility, fairness, caring and good citizenship.

Mission Statement

The CIF governs interscholastic athletics, promoting equity, quality, character and academic development.

Equity - Equal opportunity without regard to race, gender, ethnicity, and disability within all aspects of the athletic program for students, personnel, schools and governance.

Quality - Training, education and commitment of coaches, officials, administrators and parents to improve the quality of athletic programs.

Character - Trustworthiness, respect, responsibility, fairness, caring and good citizenship.

Academic Development - Commitment to encourage academic growth is a high priority.

2021-22

FEDERATED COUNCIL MEMBERS

Officers

CIF President

Dr. Monica Colunga, Principal, Irvine High School

CIF President-Elect

Marty Bitter, Director of Athletics, Madera U.S.D.

CIF Past President

James Perry, California Assoc. for Health, P.E., Recreation & Dance

Executive Committee

John Becker, Superintendent, Roseville Joint U.H.S.D.
Scott Giusti, Director of Athletics, PE & Health, S.D.U.S.D.
Neezar McNab, Assistant Principal, Taft H.S.
Cris Oseguera, Principal, Hamilton High School
Rianne Pfaltzgraff, Principal, Concord High School
Natalie Thorne, Athletic Director, Pacific Bay Christian

Federated Council

Dr. Catherine Arenson, Assistant Principal, Balboa High School
Jean Ashen, California State Athletic Directors Association
John Becker, E.D., Student Engagement, Roseville Joint U.H.S.D.
Marty Bitter, Director of Athletics, Madera U.S.D.
Dave Brown, California Department of Education
Andrea Bustamante, ED, Comm. Schools Student Svc., O.U.S.D.
Dr. Monica Colunga, Principal, Irvine H.S.
Lori Ann Donnell, Assistant Principal, Woodcreek High School
Maureen Ferrel, California Assoc. for Health, P.E., Rec. & Dance
Scott Giusti, Director of Athletics, PE & Health, S.D.U.S.D.
Jesse Hardwick, Athletic Director, Clovis High School
Dr. Paula Hart Rodas, Principal, Lawndale High School
Mary Jane Hibbard, Principal, Rancho Alamitos High School
Clarence Isadore, Principal, Rodriguez High School
Doug Kaelin, Superintendent/Principal, Biggs U.S.D.
Neezar McNab, Assistant Principal, Taft High School
Charlene Metoyer, California School Boards Association
Geniel Moon, California Association of Directors of Activities
Diana Nalbandian-Hatton, Athletic Director, Tulare Union H.S.
John Nazar, Association of California School Administrators
Patrick Bendzick, California Association of Private School Orgs

Jed Clark, California Coaches Association
Marybeth Ortiz, California Association of Private School Orgs
Cris Oseguera, Principal, Hamilton High School
James Perry, Calif. Assn. for Health, PE, Rec. & Dance
Rianne Pfaltzgraff, Principal, Concord High School
Dave Reid, California State Athletic Directors Association
Louie Rocha, Principal, Antioch High School
Ricardo Rosales, Principal, North Hollywood High School
Steve Sell, Athletic Director, Aragon High School
Dr. Anne Staffieri, Ed. D, Superintendent, Escondido U.H.S.D.
Dr. Dan Stepenosky, Superintendent Liaison Committee
Kevin Swartwood, Principal, Golden Valley High School
Jeffrey Taylor, Principal, McClymonds High School
Cristi Tellechea, Principal, Oroville High School
Suniqua Thomas, Principal, Burton High School
Dr. Reggie Thompkins, Assoc Superintendent, Corona-Norco USD
Natalie Thorne, Athletic Director, Pacific Bay Christian
Mary Jo Truesdale, California Coaches Association
Alex Vara, California School Boards Association
Mike West, Principal, Martin Luther King High School
Doug Williams, Principal, Chico High School

Overview

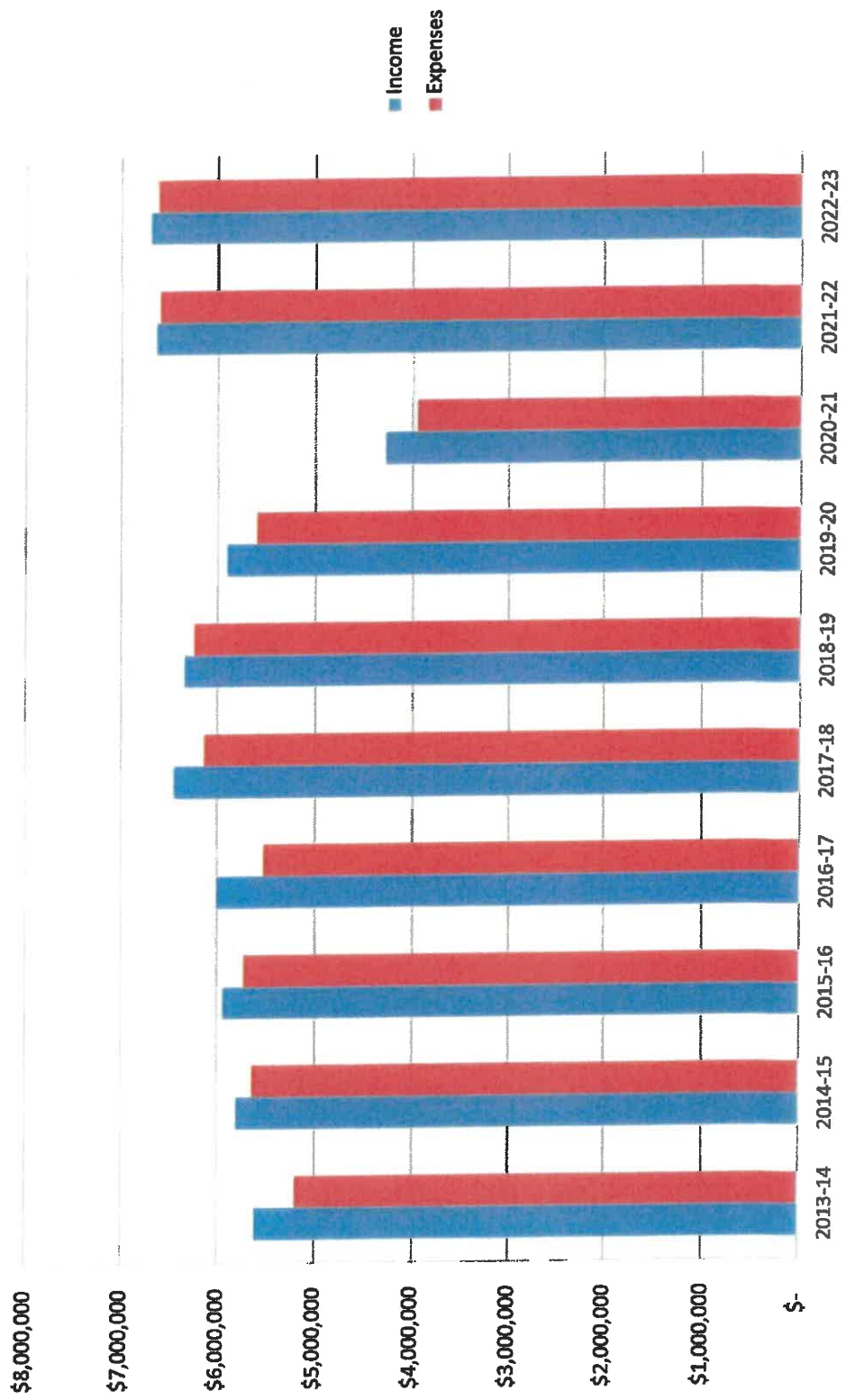
CIF State Overview 2022-2023

The charts contained in the following pages summarize our income and expenses over the past ten years in the certain categories; overall income and expenses, regional and state championships, legal and liability income as well as legal and insurance expenses.

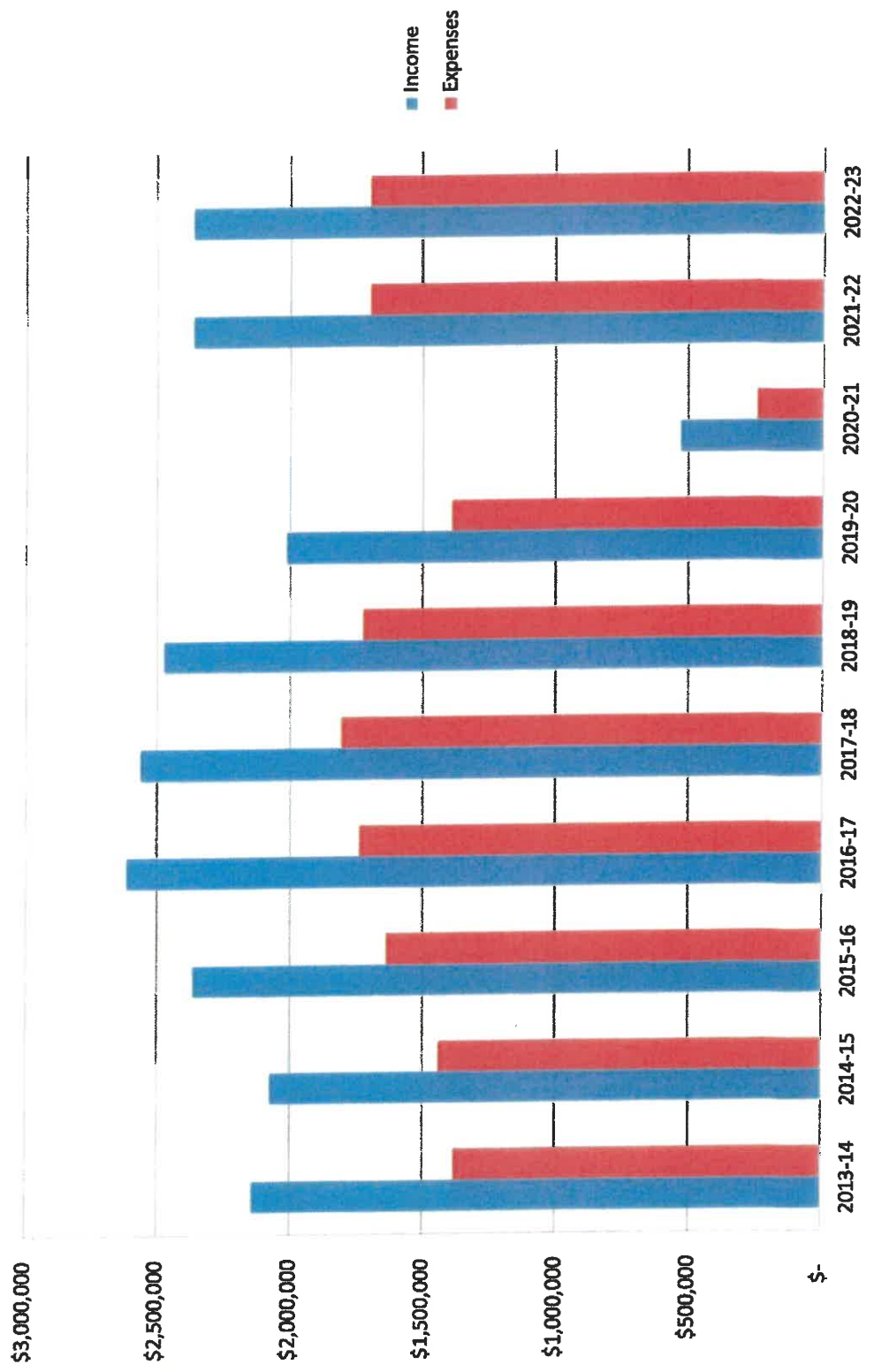
Our income has been gradually increasing year over year to well above six million dollars, due to increasing championship events and our statewide corporate sponsorship contract with PlayFly. Although, due to the COVID pandemic, both 2019-20 and 2020-21 saw a decrease in overall revenue and expenses and specifically regional and state championships income and expenses.

Our legal, liability and insurance costs continue to fluctuate each year. In the legal and insurance expense chart, again due to COVID, our overall liability and insurance expenses came in lower than projected due to premium refunds we were able to obtain for reduced championship events in both 2019-20 and 2020-21 years.

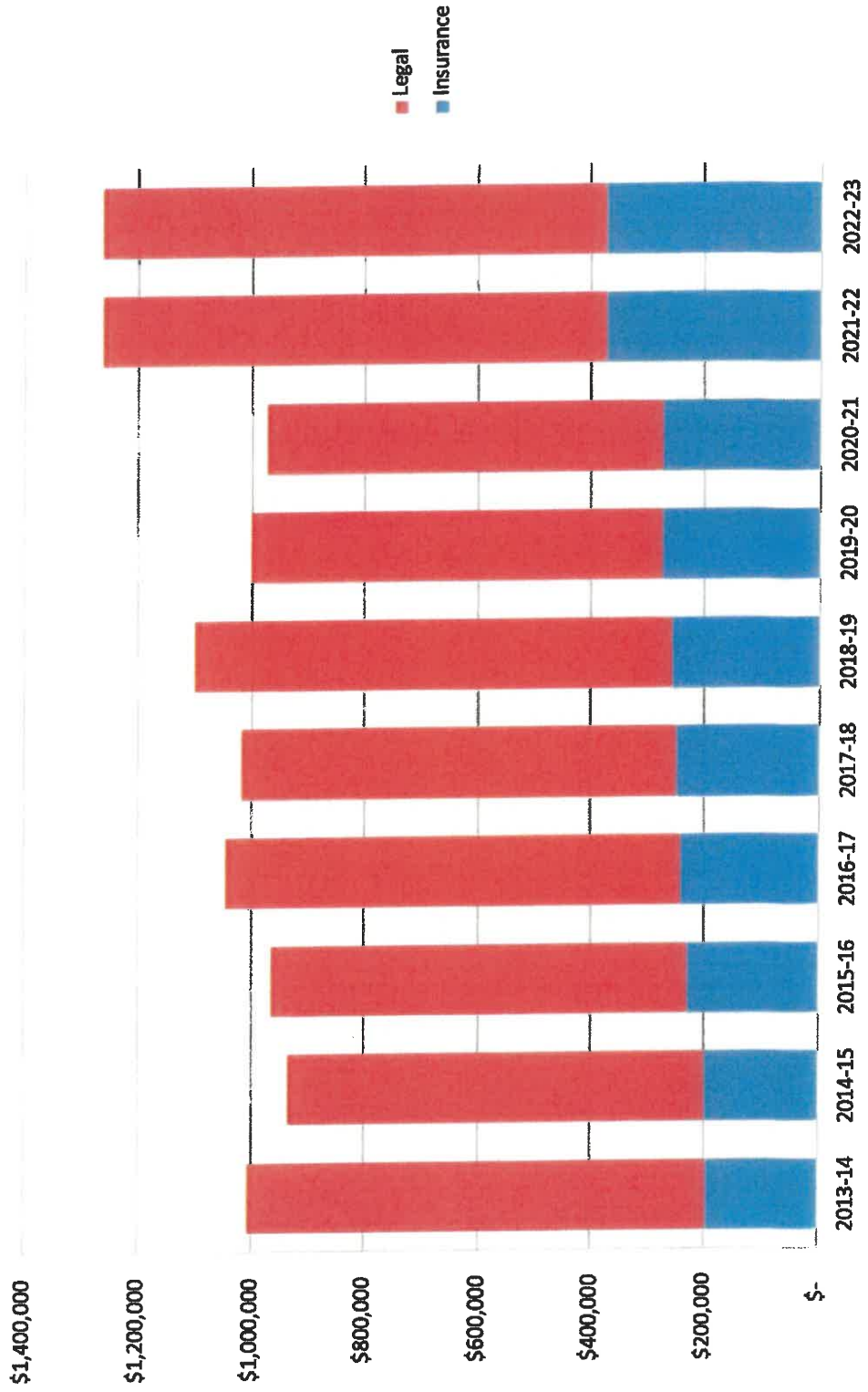
Total Income vs Expenses 2013-2023



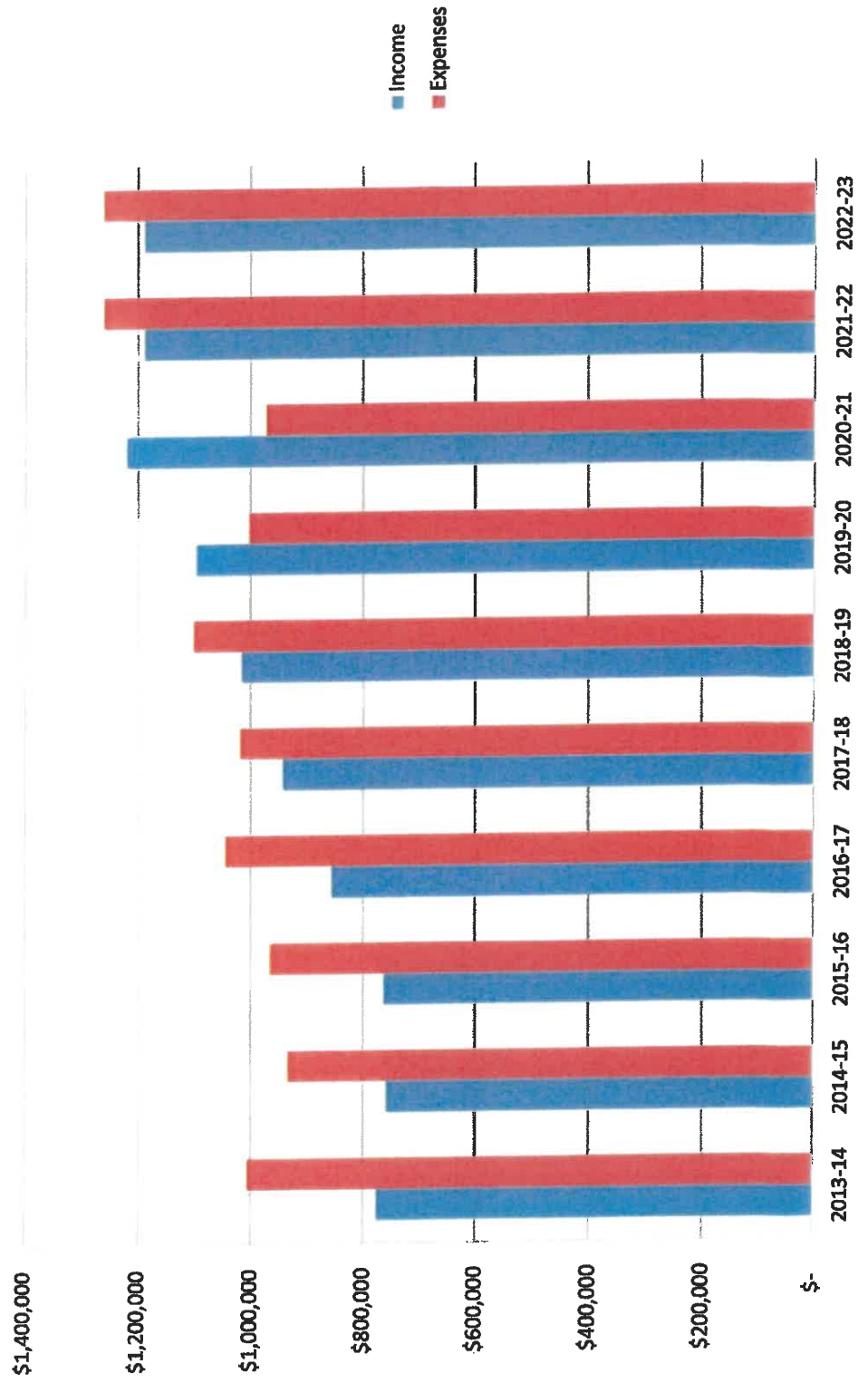
2013-2023 Reg/State Championships Income vs Expenses



Legal and Insurance Expenses 2013-2023



2013-2023 Legal & Insurance Income vs Expenses



Proposed Budget

Proposed Budget Summary 2022-2023

This proposed budget for your consideration recommends only minor changes in income and expenses in marketing dollars due to contract adjustments. The budget indicates nearly a \$70,000 end-of-year surplus and the recommended changes are detailed in the budget notes.

Additionally, this budget includes two unfilled administrative assistant staff positions in the burden and salary figures. Given the likelihood that only one of these positions may be filled in the 2022-2023 school year, an additional surplus of \$65,000 may be realized.

Income Overview

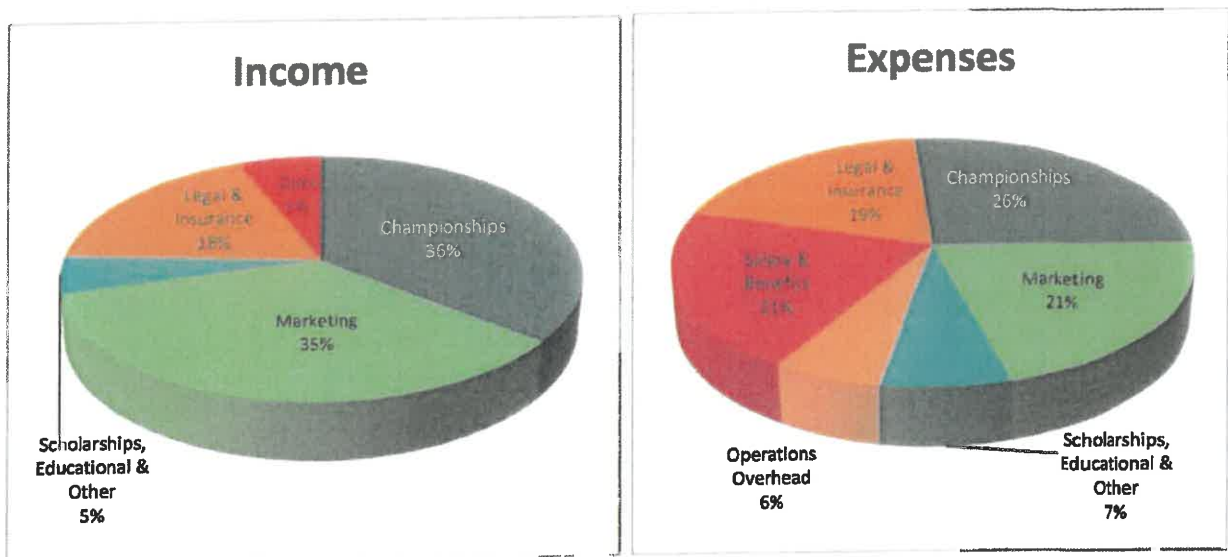
Income projections are based using a conservative approach forecasting an increase (1%) in revenue streams to the organization, from \$6.62 million to \$6.68 million. Keeping true to past practice and due to inconsistent revenue the past two years from the pandemic, the projected figures are based on conservative income numbers.

The major sources of income for the CIF are 1) championship events (36%), 2) marketing and corporate support (35%) and 3) legal assessment to schools (18%).

Expenses Overview

Expenses to the organization are projected to have a minor increase (.3%) based on the figures in the proposed budget, from \$6.59 million to \$6.61 million. Our projected expenses show a slight increase in sponsorship and marketing expenses due to contract adjustments.

The major expenses of the organization are 1) championship events (26%) with the majority of those funds being returned to schools to reimburse expenses for team travel and hosting fees, 2) marketing (21%) with most of these funds given directly to CIF Sections for their distribution share in state-wide marketing income, 3) salary and benefits for employees and retirees (21%), and 4) legal, liability, and insurance costs (19%).




2022-2023 PROPOSED BUDGET NOTES

As of December 10, 2021

Marketing

- Line 21 – Sponsorships Increase income based on marketing partnership with PlayFly (\$29,901)
- Increase expenses based on marketing partnerships, contracts, CIF Home (\$20,644)
- Line 25 – Broadcast Rights St Increase income based on contract increase (\$32,564)

2021 - 2022 YTD BUDGET
as of
December 10, 2021

	2020-21	2020-21	2020-21	2020-21	2020-21	2021-22	2021-22	2021-22	2021-22	2021-22	2022-23	2022-23	2022-23	2022-23
	BUDGET INCOME	YTD INCOME	BUDGET EXPENSE	YTD EXPENSE	BUDGET INCOME	YTD INCOME	BUDGET EXPENSE	YTD EXPENSE	BUDGET INCOME	YTD INCOME	BUDGET EXPENSE	YTD EXPENSE	BUDGET INCOME	YTD EXPENSE
 Championships	\$ 2,264,000	527,828	\$ (1,595,000)	(243,164)	\$ 2,364,000	369,385	\$ (1,695,000)	(918,507)	\$ 2,364,000		\$ (1,695,000)		\$ 2,364,000	
						15%		36%						
Educational Programs	\$ 225,000	127,295	(74,000)	(3,310)	\$ 225,000	103,965	(74,000)	(8,237)	\$ 225,000		(74,000)		\$ 225,000	
Interest Income	\$ 5,000	254,492	(5,000)	(7,572)	\$ 5,000	40,322	(5,000)	(5,071)	\$ 5,000		(5,000)		\$ 5,000	
Marketing	\$ 2,230,035	1,740,259	(1,297,888)	(1,170,465)	\$ 2,279,617	1,106,167	(1,328,052)	(978,354)	\$ 2,342,283		(1,348,709)		\$ 2,342,283	
						49%		44%						
Dues Income	\$ 485,000	407,364		0	\$ 405,000	404,687		0	\$ 405,000				\$ 405,000	
Legal and Liability	\$ -	\$ -	\$ -	\$ -	\$ -	1,400	\$ -	\$ -	\$ 1,105,000				\$ 1,105,000	
Operating Costs	\$ 149,000		(1,324,711)	(1,531,243)	\$ 149,000		(1,924,711)	(515,603)	\$ 149,000		(1,924,741)		\$ 149,000	
Programs: Off-Rules/Awards & Scholarships	\$ -	\$ -	(37,000)	(14,998)	\$ -	\$ -	(37,000)	1,000	\$ -		(37,000)		\$ -	
Governance & NFHS	\$ -	\$ -	(285,700)	(13,198)	\$ -	\$ -	(285,700)	(63,518)	\$ -		(285,700)		\$ -	
Totals	\$ 6,473,035	\$ 4,276,553	\$ 18,402,377	\$ 3,956,029	\$ 6,622,617	\$ 3,037,434	\$ 16,594,631	\$ 2,380,747	\$ 6,685,263		\$ 6,615,275		\$ 6,685,263	

2021 - 2022 YTD BUDGET
as of
December 10, 2021

2022 - 2023 PROPOSED BUDGET

	2020-21	2020-21	2020-21	2020-21	2020-21	2021-22	2021-22	2021-22	2021-22	2021-22	2021-22	2021-22	2021-22	2022-23	2022-23	2022-23	2022-23
	BUDGET INCOME	YTD INCOME	BUDGET EXPENSE	YTD EXPENSES	BUDGET INCOME	YTD INCOME	BUDGET EXPENSE	YTD EXPENSES	BUDGET INCOME	YTD INCOME	BUDGET EXPENSE	YTD EXPENSES	BUDGET INCOME	YTD INCOME	BUDGET EXPENSE	YTD EXPENSES	
Programs																	
Improvement in Officiating	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
63 Officials Accreditation	\$ -	\$ -	\$ (3,000)	\$ -	\$ -	\$ -	\$ (3,000)	\$ -	\$ -	\$ -	\$ (3,000)	\$ -	\$ -	\$ -	\$ (3,000)	\$ -	\$ -
Awards and Recognition Programs																	
64 Scholar Athlete	\$ -	\$ -	\$ (10,000)	\$ (10,054)	\$ -	\$ -	\$ (10,000)	\$ -	\$ -	\$ -	\$ (10,000)	\$ -	\$ -	\$ -	\$ (10,000)	\$ -	\$ -
65 Staff of Sport	\$ -	\$ -	\$ (8,000)	\$ (3,808)	\$ -	\$ -	\$ (8,000)	\$ 1,000	\$ -	\$ -	\$ (8,000)	\$ -	\$ -	\$ -	\$ (8,000)	\$ -	\$ -
66 CIF Coaches Award	\$ -	\$ -	\$ (3,000)	\$ (1,136)	\$ -	\$ -	\$ (3,000)	\$ -	\$ -	\$ -	\$ (3,000)	\$ -	\$ -	\$ -	\$ (3,000)	\$ -	\$ -
Rule Interpretations																	
67 Travel expense for Interpretations	\$ -	\$ -	\$ (4,000)	\$ -	\$ -	\$ -	\$ (4,000)	\$ -	\$ -	\$ -	\$ (4,000)	\$ -	\$ -	\$ -	\$ (4,000)	\$ -	\$ -
Consultation - equity																	
68 Consultation - equity	\$ -	\$ -	\$ (5,000)	\$ -	\$ -	\$ -	\$ (5,000)	\$ -	\$ -	\$ -	\$ (5,000)	\$ -	\$ -	\$ -	\$ (5,000)	\$ -	\$ -
69 California Sales Tax Exp. Prior Year's Exp 1	\$ -	\$ -	\$ (4,000)	\$ -	\$ -	\$ -	\$ (4,000)	\$ -	\$ -	\$ -	\$ (4,000)	\$ -	\$ -	\$ -	\$ (4,000)	\$ -	\$ -
Sub-Total Programs	\$ -	\$ -	\$ (37,000)	\$ (14,958)	\$ -	\$ -	\$ (37,000)	\$ 1,000	\$ -	\$ -	\$ (37,000)	\$ -	\$ -	\$ -	\$ (37,000)	\$ -	\$ -
Governance & NFHS Governance Meetings																	
70 Federated Council	\$ -	\$ -	\$ (85,000)	\$ (182)	\$ -	\$ -	\$ (85,000)	\$ (84,166)	\$ -	\$ -	\$ (85,000)	\$ (84,166)	\$ -	\$ -	\$ (85,000)	\$ -	\$ -
71 Executive Committee	\$ -	\$ -	\$ (60,000)	\$ (488)	\$ -	\$ -	\$ (60,000)	\$ (48,539)	\$ -	\$ -	\$ (60,000)	\$ (48,539)	\$ -	\$ -	\$ (60,000)	\$ -	\$ -
72 Section Commissioners	\$ -	\$ -	\$ (35,000)	\$ (239)	\$ -	\$ -	\$ (35,000)	\$ (4,016)	\$ -	\$ -	\$ (35,000)	\$ (4,016)	\$ -	\$ -	\$ (35,000)	\$ -	\$ -
73 Other Governance Meetings	\$ -	\$ -	\$ (40,000)	\$ (1,499)	\$ -	\$ -	\$ (40,000)	\$ (3,953)	\$ -	\$ -	\$ (40,000)	\$ (3,953)	\$ -	\$ -	\$ (40,000)	\$ -	\$ -
74																	
National Federation																	
75 Annual Member Dues	\$ -	\$ -	\$ (5,000)	\$ (2,500)	\$ -	\$ -	\$ (5,000)	\$ (2,500)	\$ -	\$ -	\$ (5,000)	\$ (2,500)	\$ -	\$ -	\$ (5,000)	\$ -	\$ -
76 Summer Conference Meeting Expenses	\$ -	\$ -	\$ (15,000)	\$ (6,705)	\$ -	\$ -	\$ (15,000)	\$ (7,541)	\$ -	\$ -	\$ (15,000)	\$ (7,541)	\$ -	\$ -	\$ (15,000)	\$ -	\$ -
77 Section 7.8 - Fall Meeting Expenses	\$ -	\$ -	\$ (7,000)	\$ (4,411)	\$ -	\$ -	\$ (7,000)	\$ (3,480)	\$ -	\$ -	\$ (7,000)	\$ (3,480)	\$ -	\$ -	\$ (7,000)	\$ -	\$ -
78 Winter Meeting Expenses	\$ -	\$ -	\$ (4,000)	\$ -	\$ -	\$ -	\$ (4,000)	\$ (359)	\$ -	\$ -	\$ (4,000)	\$ (359)	\$ -	\$ -	\$ (4,000)	\$ -	\$ -
79 National AD's meeting	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
80 Other meeting expenses	\$ -	\$ -	\$ (2,000)	\$ (100)	\$ -	\$ -	\$ (2,000)	\$ (236)	\$ -	\$ -	\$ (2,000)	\$ (236)	\$ -	\$ -	\$ (2,000)	\$ -	\$ -
80a NFHS Online Exams	\$ -	\$ -	\$ -	\$ (713)	\$ -	\$ -	\$ -	\$ (71)	\$ -	\$ -	\$ (2,700)	\$ (564)	\$ -	\$ -	\$ (2,700)	\$ -	\$ -
81 NFHS Publications	\$ -	\$ -	\$ (2,700)	\$ (378)	\$ -	\$ -	\$ (2,700)	\$ (564)	\$ -	\$ -	\$ (2,700)	\$ (564)	\$ -	\$ -	\$ (2,700)	\$ -	\$ -
81a Prior Year Expenses	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Sub-Total Governance & NFHS	\$ -	\$ -	\$ (265,700)	\$ (13,185)	\$ -	\$ -	\$ (265,700)	\$ (83,518)	\$ -	\$ -	\$ (265,700)	\$ (83,518)	\$ -	\$ -	\$ (265,700)	\$ -	\$ -
Sub-total																	
82	\$ -	\$ -	\$ (302,700)	\$ (28,183)	\$ -	\$ -	\$ (302,700)	\$ (62,518)	\$ -	\$ -	\$ (302,700)	\$ (62,518)	\$ -	\$ -	\$ (302,700)	\$ -	\$ -
83 Total forwarded from Sheet 1	\$ 5,129,035	\$ 3,057,349	\$ (2,975,898)	\$ (1,424,811)	\$ 5,278,817	\$ 2,027,826	\$ (3,108,062)	\$ (1,211,069)	\$ 5,341,283	\$ -	\$ (3,126,706)	\$ (3,126,706)	\$ 5,341,283	\$ -	\$ (3,126,706)	\$ -	\$ -
84 Total forwarded from Sheet 2	\$ 1,344,000	\$ 1,218,202	\$ (3,123,898)	\$ (2,503,323)	\$ 1,344,000	\$ 1,009,606	\$ (3,195,869)	\$ (1,107,161)	\$ 1,344,000	\$ -	\$ (3,195,869)	\$ (1,107,161)	\$ 1,344,000	\$ -	\$ (3,195,869)	\$ -	\$ -
85	\$ 6,473,035	\$ 4,275,551	\$ (6,402,377)	\$ (3,928,029)	\$ 6,622,817	\$ 3,037,432	\$ (6,394,831)	\$ (2,308,247)	\$ 6,685,283	\$ -	\$ (6,615,275)	\$ (6,615,275)	\$ 6,685,283	\$ -	\$ (6,615,275)	\$ -	\$ -
GRAND TOTAL	\$ 6,473,035	\$ 4,275,551	\$ (6,402,377)	\$ (3,928,029)	\$ 6,622,817	\$ 3,037,432	\$ (6,394,831)	\$ (2,308,247)	\$ 6,685,283	\$ -	\$ (6,615,275)	\$ (6,615,275)	\$ 6,685,283	\$ -	\$ (6,615,275)	\$ -	\$ -

Salary & Burden

Salary Schedule & Burden Summary 2022-2023

The salary schedule and burden on the following pages are calculated by employee salary, which includes a 4% increase for employees, the projected employer contributions for PERS, medical, dental and vision costs, and the required Federal employee taxes (FICA and Medicare). As mentioned in the budget summary, this burden includes one unfilled administrative assistant staff positions.

The employees are broken out into three different line-item categories based on the appropriate accounting. The categories include salaries and benefits, marketing, and legal and liability.

2022-2023 SALARY SCHEDULE

	Admin Asst. I	Admin Asst. II	Bookkeeper	Asst. to the Ex. Dir	Assistant Director	Media Relations Officer	Director of Corporate Sponsorships	Director	Director	Director	Senior Director	Assistant Executive Director	Associate Executive Director
Step 1	\$ 44,304	\$ 48,515	\$ 54,848	\$ 72,455	\$ 74,481	\$ 81,528	\$ 111,278	\$106,401	\$106,401	\$106,401	\$132,281	\$ 138,895	\$ 145,508
Step 2	\$ 46,519	\$ 50,941	\$ 57,590	\$ 76,077	\$ 78,205	\$ 85,604	\$ 116,842	\$111,721	\$111,721	\$111,721	\$138,895	\$ 145,840	\$ 152,784
Step 3	\$ 48,845	\$ 53,488	\$ 60,469	\$ 79,881	\$ 82,115	\$ 89,884	\$ 122,684	\$117,307	\$117,307	\$117,307	\$145,839	\$ 153,132	\$ 160,423
Step 4	\$ 51,287	\$ 56,162	\$ 63,493	\$ 83,875	\$ 86,221	\$ 94,378	\$ 128,818	\$123,173	\$123,173	\$123,173	\$153,131	\$ 160,788	\$ 168,444
Step 5	\$ 53,852	\$ 58,970	\$ 66,568	\$ 88,069	\$ 90,532	\$ 99,097	\$ 135,259	\$129,332	\$129,332	\$129,332	\$160,788	\$ 168,828	\$ 176,866
Additional 5% Longevity after years 8, 12 & 16													
Step 9	\$ 56,544	\$ 61,919	\$ 70,001	\$ 92,473	\$ 95,058	\$ 104,052	\$ 142,022	\$135,798	\$135,798	\$135,798	\$168,827	\$ 177,269	\$ 185,710
Step 13	\$ 59,372	\$ 65,015	\$ 73,501	\$ 97,096	\$ 99,811	\$ 109,255	\$ 149,123	\$142,588	\$142,588	\$142,588	\$177,269	\$ 186,133	\$ 194,995
Step 17	\$ 62,340	\$ 68,265	\$ 77,176	\$101,951	\$104,802	\$ 114,718	\$ 156,579	\$149,717	\$149,717	\$149,717	\$186,132	\$ 195,439	\$ 204,745
													\$ 209,864
													\$ 215,110

2022-2023

EMPLOYEE	Step	SALARY	PERS 10.87% + \$126,105	MED	DENTAL	VISION	LTC	LTD	OTHER	FICA 6.2% Cap	MED 1.45%
RON NOCETTI	N	225,000	42,750	29,898	2,365	231	4,500	2,500		6,625	3,263
Salaries - 50%		112,500	21,375	14,949	1,183	116	2,250	1,250		3,175	1,280
Legal/liability - 50%		112,500	21,375	14,949	1,183	116	2,250	1,250		3,175	1,280
CHRISTINA SHANNON	N	88,069	10,568	11,075	990	231				5,460	1,277
Salaries - 50%		44,035	5,284	5,537	495	116				2,730	639
Legal/liability - 50%		44,035	5,284	5,537	495	116				2,730	639
BRIAN SEYMOUR	N	185,710	22,285	29,898	2,365	231				7,960	2,693
BOBBI MADSEN	N	142,588	17,111	29,898	2,365	231				7,960	2,068
CICI ROBINSON	N	129,332	15,520	29,898	2,365	231				8,019	1,875
WILLIAM CHAVARIN	N	129,332	15,520	33,290	2,365	231				8,019	1,875
CHRIS FAHEY	N	135,259	16,231	29,898	2,365	231				7,960	1,961
REBECCA BRUTLAG	N	104,052	12,486	29,898	2,365	231				6,451	1,509
ADMIN ASST I	Y	44,304	5,316	29,898	2,365	231				2,747	642
ADMIN ASST I	Y	44,304	5,316	29,898	2,365	231				2,747	642
UNFUNDED PERS LIABILITY			126,105								
P/T TEMP		12,000								744	174
										0	0
SALARIES & BENEFITS		948,157	246,319	233,165	18,233	1,848	2,250	1,250	0	50,551	13,397
MARKETING		135,259	16,231	29,898	2,365	231			503,064	7,960	1,961
LEGAL & LIABILITY		156,535	26,659	20,486	1,678	231	2,250	1,250	0	5,905	1,919
TOTALS		1,239,950	289,209	283,549	22,275	2,310	4,500	2,500	0	64,416	17,277

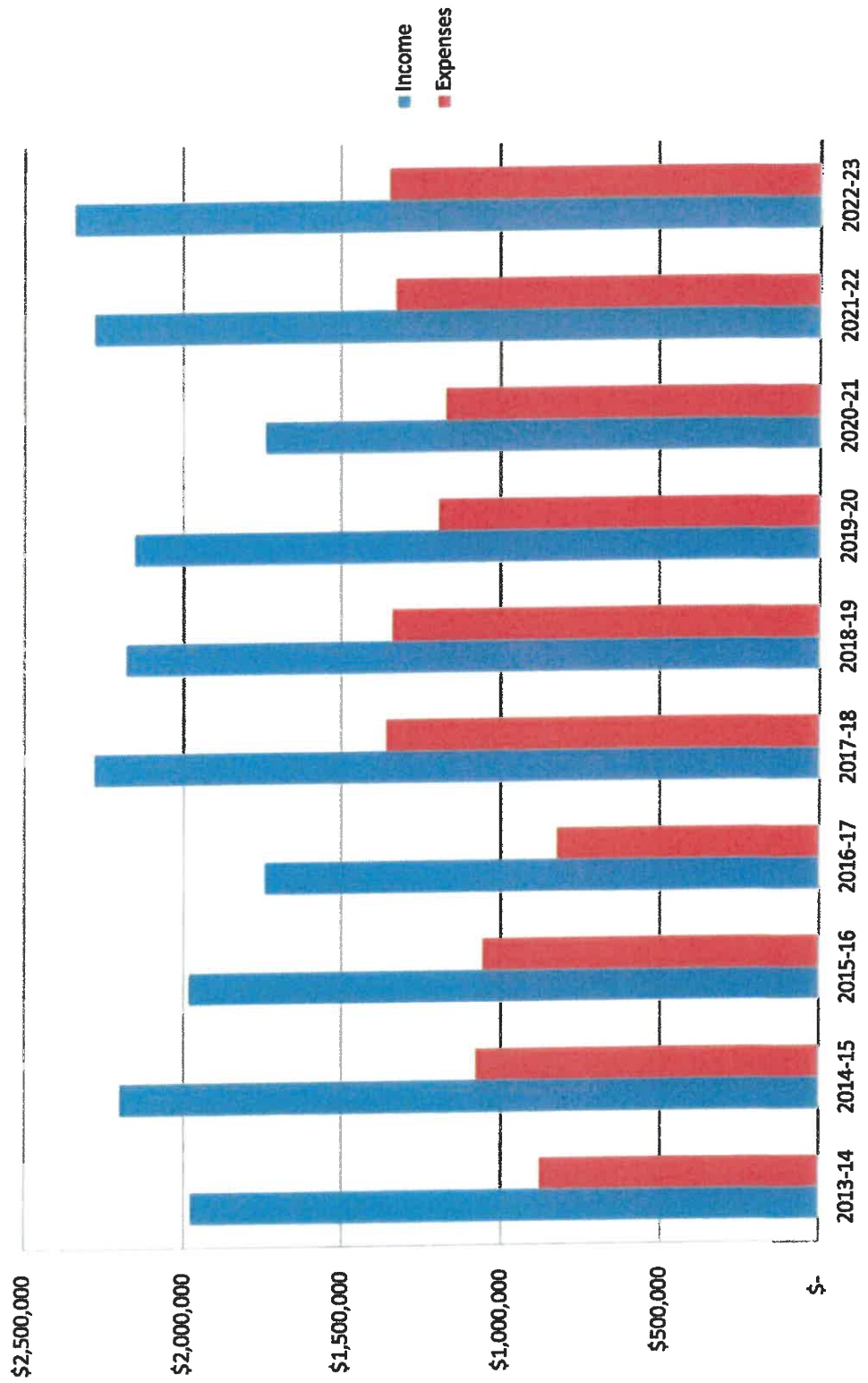
Marketing

Marketing Summary 2022-2023

The marketing spreadsheet breaks down our partners based on state only and statewide contracts. Our marketing contracts are comparable to years past. These include guaranteed minimums for our income through 2027 for the State and all ten Sections due to a marketing partnership with PlayFly. All marketing contracts, excluding ball and broadcast rights, are processed through PlayFly.

Our broadcasts rights contract with Spectrum Sports Network has a built-in four percent annual increase. This contract is guaranteed through the 2025-26 school year.

Marketing Income vs Expenses 2013-2023





California Interscholastic Federation
2022-2023 State Marketing Income Overview
 December 10, 2021

PARTNER	CATEGORY	EXPIRES	STATUS	ANNUAL FEE
STATE ONLY				
NIKE	Specific - State FB & Official Ball	7/31/27	Signed	\$ 35,000.00
HL CORPORATION	Sport Specific - Badminton	7/31/24	Signed	\$ 1,750.00
SUB TOTAL				\$ 36,750.00
BROADCAST RIGHTS				
SPECTRUM	Broadcast Rights State	7/31/26	Signed	\$ 846,699.73
SUB TOTAL				\$ 846,699.73
SECTION SPLIT				
HEAD PENN	Specific - Official Ball	7/31/25	Signed	\$ 4,000.00
BADEN	Specific - Official Ball	7/31/24	Signed	\$ 10,000.00
SUB TOTAL				\$ 14,000.00
TOTAL				\$ 897,449.73



California Interscholastic Federation
2022-2023 State Marketing Income Overview
December 10, 2021

PLAYFLY SECTION SPLIT - Year 6	
SECTION	TOTAL
CENTRAL	\$50,481.46
CENTRAL COAST	\$59,402.72
LOS ANGELES CITY	\$40,711.51
OAKLAND	\$4,588.06
NORTH COAST	\$80,257.45
NORTHERN	\$35,981.44
SAC-JOQUIN	\$94,391.56
SAN DIEGO	\$86,504.58
SAN FRANCISCO	\$4,588.06
SOUTHERN	\$493,349.41
STATE OFFICE	\$394,578.41
	\$1,344,834.66



California Interscholastic Federation
2022-2023 CIF Broadcast Rights Income
 December 10, 2021

Spectrum Sports Network - Year 11			
	Gross	Net	Change
2011-2012	\$550,000.00	\$495,000.00	
2012-2013	\$572,000.00	\$514,800.00	\$19,800.00
2013-2014	\$594,880.00	\$535,392.00	\$20,592.00
2014-2015	\$618,675.20	\$556,807.68	\$21,415.68
2015-2016	\$643,422.21	\$572,645.77	\$15,838.09
2016-2017	\$669,159.10	\$595,551.60	\$22,905.83
2017-2018	\$695,925.46	\$626,332.91	\$30,781.32
2018-2019	\$723,762.48	\$651,386.23	\$25,053.32
2019-2020	\$752,712.98	\$677,441.68	\$26,055.45
2020-2021	\$782,821.50	\$704,539.35	\$27,097.67
2021-2022	\$814,134.36	\$732,720.92	\$28,181.57
2022-2023	\$846,699.73	\$762,029.76	\$29,308.84
2023-2024	\$880,567.72	\$792,510.95	\$30,481.19
2024-2025	\$915,790.43	\$824,211.39	\$31,700.44
2025-2026	\$952,422.05	\$857,179.84	\$32,968.46
	\$11,012,973.20	\$9,898,550.07	\$362,179.84

Appendix

Appendix Summary 2022-2023

The CIF has three separate investment accounts with our investment advisory firm, Stifel. The information contained in the subsequent pages is a consolidated summary of our investment accounts that include our non-designated reserve account, our fully funded retiree healthcare account, and our deferred building maintenance account. Also enclosed is a copy of our actuarial valuation for our retiree healthcare account.

**STIFEL INVESTMENT BALANCES
as of 1/1/2022**

RESERVE ACCOUNT	Current Month Value	Previous Month Value
CIF NON-DESIGNATED RESERVE	\$2,481,131.01	\$2,418,087.70
CIF DESIGNATED RESERVE - RETIREE HEALTH CARE BENEFITS	\$2,112,605.40	\$2,058,450.07
CIF DESIGNATED RESERVE - DEF. MAINTENANCE BUILDING FUND	\$173,341.64	\$168,192.20
TOTALS	\$4,767,078.05	\$4,644,729.97

August 23, 2021

**Ms. Bobbi Madsen
Director
California Interscholastic Federation
4658 Duckhorn Drive
Sacramento, CA 95834**

Dear Ms. Madsen:

Enclosed is my 2021 actuarial valuation report for the CIF post-retirement medical plan.

If you have any questions, please give me a call.

Sincerely,

A handwritten signature in black ink that reads "Bill Yee". The signature is written in a cursive, flowing style.

William Yee, ASA, MAAA, EA

encls

CALIFORNIA INTERSCHOLASTIC FEDERATION
POST-RETIREMENT MEDICAL PLAN
ACTUARIAL VALUATION AS OF JULY 31, 2021

Purpose of Report

The CIF post-retirement medical plan pays medical insurance premiums for the eligible group of retirees. The purpose of this report is to determine the actuarial present value of future medical insurance premiums, and to review the adequacy of the reserve fund established to pay premiums.

Covered Eligible Group

The covered group includes eight retirees and six spouses. Their average is 76. The plan is closed to other active employees.

The eligible retirees are covered in the same medical insurance plan that covers active employees. The expected annual premium for this fiscal year is \$99,960.

Reserve Fund

CIF has established a reserve fund to pay medical insurance premiums for the eligible group. **The reserve fund's market value increased from \$1,793,800 to \$2,071,150** during the twelve months ending July 31. \$101,268 was withdrawn from the reserve fund during that period to reimburse CIF for medical insurance premiums. The reserve fund's investment return was approximately 21% for the twelve months. Measuring from 2012, the annualized average investment return is estimated at 8.2%. (We did not audit information on the reserve fund provided by CIF.)

Results of Actuarial Valuation

The actuarial valuation first starts with the current premiums and projects future medical insurance premiums using the health cost trend rates and mortality assumptions summarized in the Actuarial Assumptions section below. Although the premiums charged by the insurance company are not age dependent, this valuation uses premiums that are graded by age.

The actuarial present value of future retiree medical premiums is the present value of the projected premiums discounted at the reserve fund's targeted return of 6.0%. ***The actuarial present value of future retiree medical premiums is \$1,505,000.***

**CALIFORNIA INTERSCHOLASTIC FEDERATION
 POST-RETIREMENT MEDICAL PLAN
 ACTUARIAL VALUATION AS OF JULY 31, 2021**

To gauge the sensitivity of our estimate to our assumptions, the actuarial present value is recalculated by changing key assumptions. First, the future medical premium inflation was changed by +1.0% and -1.0%. Then valuations were also performed assuming future investment return of 5% instead of the targeted 6%. In the table below you can see the present value of future premiums changes by 9 to 10 percentage points for one percentage point change in premium inflation.

	Present Value of Future Premiums		
	Base premium inflation -1.0%	Base premium inflation	Base premium inflation +1.0%
6% investment return	\$1,381,000	\$1,505,000	\$1,648,000
5% investment return	\$1,515,000	\$1,660,000	\$1,827,000

The reserve fund of \$2.07 million is sufficient in each of the scenarios. At the worst case among the six (low investment return and high premium inflation), the reserve fund has a surplus of \$240,000 or 13% of the value of future premiums.

**CALIFORNIA INTERSCHOLASTIC FEDERATION
POST-RETIREMENT MEDICAL PLAN
ACTUARIAL VALUATION AS OF JULY 31, 2021**

Actuarial Assumptions

Valuation Date

July 31, 2021

Discount Rate

6.00% for the first 20 years and 3.00% thereafter
Discount rates for other scenarios are half the initial rate after 20 years.

Healthcare Trend Rates

Annual medical insurance premiums are assumed to increase at the following trend rates:

Year	Annual Increase – Medical Insurance Premiums
2021	7.5%
2022	7.0%
2023	6.0%
2024	5.4%
2028	5.3%
2050	5.2%
2054	5.0%
2059	4.9%
2065	4.7%

The above trend rates from 2024 forward were developed using the baseline projection of the Society of Actuaries (SOA) Long-Run Medical Cost Trend Model. The following assumptions were used as input variables into this model:

- Rate of Inflation 2.5%
- Rate of Growth in Real Income / GDP per capita 1.5%
- Extra Trend due to Technology and other factors 1.1%
- Health Share of GDP Resistance Point 25.0%
- Year for Limiting Cost Growth to GDP Growth 2075

**CALIFORNIA INTERSCHOLASTIC FEDERATION
POST-RETIREMENT MEDICAL PLAN
ACTUARIAL VALUATION AS OF JULY 31, 2021**

The SOA Long-Run Medical Cost Trend Model and its baseline projection are based on an econometric analysis of historical US medical expenditures and the judgments of experts in the field. The long-run baseline projection and input variables have been developed under the guidance of an SOA Project Oversight Group.

Mortality RP 2014 Healthy Annuitant Generational Mortality with improvement scale MP 2020.

Sample RP 2014 Healthy Annuitant Mortality Rates		
Age	Male	Female
65	0.0113	0.0080
70	0.0164	0.0121
75	0.0255	0.0197
80	0.0427	0.0336
85	0.0750	0.0594
90	0.1326	0.1059

Per Capita Cost Pooled Premium Rates have been adjusted to age specific costs. The aging factors are based on the Society of Actuaries age-curve study "Health Care Costs—From Birth to Death."

Unadjusted Monthly Premium	
Retiree only (not Medicare eligible)	\$839
Retiree only (Medicare eligible)	\$587
Retiree plus Dependent (both Medicare eligible)	\$1,174
Adjusted Age Specific Per Capita Cost	
Age	Per Capita Cost
65	\$ 534
70	\$ 590
75	\$ 637
80	\$ 671
85	\$ 686
90	\$ 684

Certain retirees also have vision and/or dental coverage. Dental premiums are \$116 per month.



CIF SAC-JOQUIN SECTION GOALS 2021-2022



1. Communications and Engagement with Stakeholders

- a. Redesign the Section website.
 - ❖ Updates and redesign (secondary navigation bar, football page, water polo page, volleyball page).
 - ❖ Created separate pages for each link under the AWARDS AND EVENTS tab.
 - ❖ Redesigned boys basketball, girls basketball, boys soccer, and girls soccer.
 - ❖ Created a LINKS tab.
 - ❖ **Redesigned baseball, softball, swimming/diving, and volleyball (boys)**
- b. Expand the use of social media in communications with member schools, the public, and media outlets.
 - ❖ Trial run with Hootsuite (interactions, followers, engagement, all up).
 - ❖ Purchase Hootsuite (\$50/month) - will help with our social media presence.
 - ❖ Comparison between 9/01/21 – 10/31/21 and 11/01/21 – 12/31/21 shows: increase in followers, increase in posts, increase in engagements (see Hootsuite printout).
 - ❖ Use of Adobe Creative Cloud Express to create SJS specific graphics.
 - ❖ Monthly message publication from the Section office to membership.
 - ❖ Five (5) publications have gone out - August, September, October, November, January.
 - ❖ **March publication issued.**
- c. Develop a CIF Sac-Joaquin Section program, via YouTube, with content to be inclusive of news, developments, and trainings.
 - ❖ Created a YouTube channel (playoff football meeting posted, GoFan ticket sales meeting posted, basketball rules interpreter meeting posted).
 - ❖ **Uploaded 3 videos on upcoming second read/voting items and emailed information out to ADs and league commissioners.**
- d. Develop a roadmap/checklist for athletic directors hosting playoff events.
 - ❖ **COMPLETED:** Available to Athletic Directors on Section website.
- e. Develop a library of public service announcements (PSA), from notable Sac-Joaquin Section persons, expressing the importance of high school athletics.
 - ❖ In Progress (making connections; next steps receive video footage of three (3) questions asked related to education-based athletics).
- f. Support and engage in, to the fullest extent possible, the 50-year celebration of Title IX.
 - ❖ Hosted Women in Sports Leadership Conference for CIF-SJS female student-athletes.
 - ❖ Title IX social media messages posted every Friday highlighting female accomplishments and milestones.
 - ❖ Exploring partnerships with Crystal Creamery to highlight female athletes.
 - ❖ **Section staff is attending the State CIF Federated Council meeting in April where six outstanding Spirit of Sport recipients from all over the state will be honored.**
 - ❖ **Section staff is attending the State CIF Federated Council reception and dinner in April where the 50th Anniversary of Title IX will be celebrated.**

2. Professional Development/Growth Opportunities for Membership

- a. Conduct new athletic directors workshop series (Five {5} Sessions).
 - ❖ **COMPLETED:** All five workshops carried out in fall of 2021.
- b. Conduct regional eligibility workshops.
 - ❖ **Will start Spring 2022.**
- c. Develop an athletic director incentive program (i.e. MVP AD Program).
 - ❖ Rough draft complete.
- d. Create a one-page document of the top 14 legal duties of athletic directors.
 - ❖ **COMPLETED:** Created a general page and a detailed page document. Posted to website.

3. Finance

- a. Replace vacant staff positions.
 - ❖ Associate Commissioner Position hired.
 - ❖ Still need to hire Administrative Assistant position – Target: November/December/January.
 - ❖ Administrative Assistant interviews held in January.
 - ❖ **Need to hire Administrative Assistant position.**
- b. Develop strategies and/or methods in developing an organizational budget that is sustainable on a long-term basis.
 - ❖ In Progress (Superintendents identified - trying to set a meeting date).
 - ❖ Superintendent meeting tentatively set for late January.
 - ❖ **Superintendent meetings were held virtually and in-person with the Commissioner.**
 - ❖ **Information and ballot sent out to district Superintendents, private school Presidents/Head of Schools, and charter school Presidents to vote on changing the due structure.**
- c. Fully fund retiree benefit obligation/investment account.
 - ❖ **In Progress**
- d. Develop a non-designated reserve account that is commensurate with the organizations operational budget, establishing long-term financial stability.
 - ❖ **COMPLETED:** At this time established non-designated reserve account has met the board mandate of 30%.

4. Development/Implementation of New Rules/Regulations/Bylaws

- a. Develop a Sac-Joaquin Section bylaw that keeps schools from charging the Section rental fees for use of facilities for playoff contests.
 - ❖ **Died in committee.**
- b. Review current practices for league alignment and explore potential alternative options.
 - ❖ Research carried out in regards to the current set-up in Nevada and Utah (and other states).
 - ❖ Discussions held in Section Office and with Football Advisory Committee regarding possible league alignments.
 - ❖ **Staff meetings set starting in April to begin identifying current issues with league alignment, realignment proposal development, etc.**

5. CIF Sac-Joaquin Section Operational Processes & Procedures

- a. Implement new playoff ticketing processes (online, touchless).
 - ❖ **COMPLETED** (fully in digital ticketing only)
- b. Develop playoff score reporting system/process.
 - ❖ **COMPLETED:** Use of MaxPreps brackets for all sports except: Badminton, Cross County, Golf, Tennis, Swimming/Diving, Track & Field, Wrestling
- c. Change current section wide playoff bracket design from InDesign to Excel.
 - ❖ **COMPLETED:** website widget/live doc/brackets update automatically upon reporting of score.

6. CIF-CIF Home

- a. Fully utilize CIF Home capabilities, Inclusive of:
 - ❖ Financial forms (playoffs, foundation games, etc.). - **COMPLETED** (no longer applicable as we are now using digital ticketing).
 - ❖ Update the DQ process. - **COMPLETED** (Still altering/improving it to make it even better).
 - ❖ Implement the 14-Year-Old football waiver. - **COMPLETED**
- b. Continue to work with membership to maintain updated site information.
 - ❖ **Upcoming meeting with CIF Home staff to try and streamline procedures, discuss CIF Home and MaxPreps ability to communicate, etc.**

- ❖ Ability to run reports and communicate directly with coaches. When contacting swim coaches, coaches that had moved on or ADs that had put their email information (no head coach when school year started) updated their information.
- ❖ Started using CIF Home reports to gather information and contacting league commissioners with schools that had missing swim/dive, softball, and baseball information.

Updated 03.14.22

SAC-JOQUIN SECTION SANCTIONS STATISTICS

2021-22

TOTAL VIOLATIONS	SCHOOLS	BYLAW 200	BYLAW 300	BYLAW 500	BYLAW 600	MISC
113	52	72	1	16	17	7
		207/206/503 - 56	300.B - 1	Pre-Enrollment Contact		Foundation Date - 2
		205 - 13		Sunday - 1		2600 (SOC) - 2
		201 - 1		Classifications/Levels		2100 (FB-Age) - 1
		200 - 1		Team/Player - 1		3100 (VB) - 2
		203 - 1		Season of Sport		
				Ineligible Athlete - 3		
				Official Ball - 4		
				Grade Level - 1		
				Non-CIF Member - 4		
				503.M - 1		
				Dead/Limited/OS - 1		

2020-21 (Covid Year)

TOTAL VIOLATIONS	SCHOOLS	BYLAW 200	BYLAW 300	BYLAW 500	BYLAW 600	MISC
41	24	25	0	12	0	4
		207/206/503 - 18		Pre-Enrollment Contact - 2		Refusal to Comply - 2
		205 - 6		Sunday - 1		Article 22 - 2
		201 - 1		Classifications/Levels - 2		
				Ejection - 1		
				Season of Sport - 5		
				Ineligible Athlete - 1		

2019-20 (All Spring Sports Cancelled, March 2020 - COVID 19)

TOTAL VIOLATIONS	SCHOOLS	BYLAW 200	BYLAW 300	BYLAW 500	BYLAW 600	MISC
82	63	46	0	21	4	11
		207/206/503 - 36		Dead/Limited/OS - 6		FB Age - 1
		205 - 9		Ineligible Athlete - 2		Official Ball - 3
		204 - 1		Classifications/Levels - 5		Scrimmage Date (1603.3) - 2
		203		Sunday - 4		Non HS Stu. Prt. (503/201) - 2
		202		Admin. Supervision		Foundation Date - 1
				Practice Limitation - 1		Bylaw 105 - 1
				Failure Playoffs - 2		Bylaw 700 - 1
				No Physical - 1		

2018-19

TOTAL VIOLATIONS	SCHOOLS	BYLAW 200	BYLAW 300	BYLAW 500	BYLAW 600	MISC
98	73	63 207/206/503 - 42 205 - 16 203 - 1 202 - 1 8 th grade contact-3	2 303 - 2	21 Dead/Limited - 6 General - 6 Classifications - 4 Failure Playoffs - 2 Sunday - 2 Admin. Supervision - 1	8	3 Acclimation - 1 General - 1 1206 - 1 Official Ball - 1

2017-18

TOTAL VIOLATIONS	SCHOOLS	BYLAW 200	BYLAW 300	BYLAW 500	BYLAW 600	MISC
104	73	51 207/206/503 - 40 205 - 8 Other - 3	1	30 Dead/Limited - 13 Sunday - 4 Failure Playoffs - 5 Classifications - 3 General - 5	18	4 Acclimation - 3 General - 1

SAC-JOAQUIN SECTIONS 2021-22 SANCTIONS

School	Sport	Level(s)	Infraction	Date of Infraction	Penalty
Atwater	Soccer-G	Varsity	207.1	2021-21	Participation of a residentially ineligible athlete. MUST forfeit the following Varsity Girls Soccer contests: 4/26/21 vs. Le Grand HS, 4/29/21 vs. Merced HS, 5/13/21 vs. Livingston HS.
Bear Creek	Water Polo-B	Varsity	503.B	TBA	Participation of a residentially ineligible athlete in the sport of Varsity Boys Water Polo . MUST forfeit the first contest won or tied in which the ineligible athlete participated (TBA / Info Due 3/18/22). MUST submit a Corrective Action Plan (Due: 4/4/22) & End of Year Report (Due: 6/13/22).
Bear Creek	Basketball-G	Varsity	207.1	11-23-21	Participation of a residentially ineligible athlete. No need to forfeit, as BCHS lost contest.
Bear River	Cross Country-B	Varsity JV	503.B	2021-22	Participation of a residentially ineligible athlete in the sport of Varsity & IV Boys Cross Country . No forfeits needed as no contests were won or tired during the 2021-22 season. MUST submit a Corrective Action Plan (Due: 12/17/21) & End of Year Report (Due: 6/13/22).
Bear River	Cross Country-B	Varsity	503.B	2021-22	Participation of a residentially ineligible athlete in the sport of Varsity Boys Cross Country . No forfeits needed as no contests were won or tired during the 2021-22 season. MUST submit a Corrective Action Plan (Due: 12/17/21) & End of Year Report (Due: 6/13/22).
Beyer	Soccer-G	Varsity	600	1/15/22 to 1/17/22	VGSOC player participation with a non-school (club) soccer team (Disney Girls College Showcase 1/15-17/22) – 3 games. Student-Athlete is ineligible for the next six (6) BHS VGSOC contests – 1/19/22 vs. Ceres HS, 1/24/22 vs. Grace Davis HS, 1/26/22 vs. Mountain House HS, 1/31/22 vs. Pacheco HS, 2/2/22 vs. Johansen HS, 2/10/22 @ CIFSS Rd 1 Playoff.
Beyer	Volleyball-G	Varsity	503.8 / 3100.3-g	10-26-21	Did not use the Molten volleyball for playoff game – First Infraction = WARNING.
Bret Harte	Baseball	Program	504	8/16/21, 8/24/21 9/31/21	Participation in a fall baseball league w/out securing an outside agency – BSB Program. Sanctions - Entire Program: - (2-1): Loss of 6 days of practice (2/14, 2/21, 2/22, 3/2, 3/7, 3/11) - Limited to 21 contacts 2021-22 season. - PROBATION, thru 1/20/23
Buhach Colony	Soccer-G	Varsity	207.1	2020-21	Participation of a residentially ineligible athlete. MUST forfeit the following Varsity Girls Soccer contests: 4/23/21 & 4/26/21 vs. Delhi HS, 4/29/21 vs. El Capitan HS.

SAC-JOAQUIN SECTIONS 2021-22 SANCTIONS

School	Sport	Level(s)	Infraction	Date of Infraction	Penalty
Buhach Colony	Soccer-G	Varsity	600	11-24-21 to 12-2-21	VGSO C player participation with a non-school (club) soccer team (sometime between 11/24/21 and 12/2/21) and then w/ HS team. Student-Athlete is ineligible for the next two (2) BCHS VGSO C contests - 1/5/22 vs. Central Valley HS, 1/7/22 vs. Patterson HS, BCHS MUST forfeit the following VGSO C contests - 12/3/21 vs. Bret Harte HS, 12/8/21 vs. El Capitan HS, 12/15/21 vs. Golden Valley HS.
Buhach Colony	Cross Country-G	Varsity	205.B.(1).d	10-28-21	Participation of a scholastically ineligible - varsity girls cross country . MUST forfeit CCC meet participated in on 10/28/21.
Buhach Colony	Soccer-B	JV	207.1	2020-21	Participation of a residentially ineligible athlete in the sport of IV Boys Soccer . No forfeits needed as no contests were won or tired during the 2020-21 season.
Capital Christian	Basketball	Freshman	207.1	2020-21	Participation of a residentially ineligible athlete. MUST forfeit the following Freshmen Boys Basketball contests: 4/21/21 vs. Clayton Valley HS.
Center	Basketball-B	Varsity	205.B.(1).d	1-21-22, 1-24-22 1-26-22	VBSK - Participation of a scholastically ineligible athlete MUST forfeit the following Varsity Boys Basketball contests: 1/24/22 vs. Lindhurst HS and 1/26/22 vs. Foothill HS.
Ceres	Soccer-B	Varsity	600	11-27-21 to 12-8-21	VB SO C player participation with a non-school (club) soccer team (11/23, 12/4, 12/5, 12/6) and HS team. Student-Athlete is ineligible for the next eight (8) CHS VB SO C contests - 12/10 vs. Beyer HS, 12/15 vs. Johansen HS, 12/17 vs. Pacheco HS, 1/5 vs. Los Banos, 1/7 vs. Mountain House HS, 1/12 vs. Grace Davis HS, 1/14 vs. Lathrop HS, 1/19 vs. Beyer HS. MUST forfeit the following VB SO C contests - 11/19 vs. Central Valley HS, 12/3 vs. Edison HS, 12/3 vs. Merced HS, 12/8 vs. Lathrop HS.
Ceres	Football Baseball	JV Varsity/JV	207.1	2020-21	Participation of a residentially ineligible athlete. MUST forfeit the following contests: IV Football - None, only game participate in was lost by CHS. IV Baseball - 4/19/21 vs. Atwater HS, 4/22/21 vs. Central Valley HS, 4/27/21 vs. Johansen HS {DH}, 4/29/21 vs. Los Banos HS, 5/10/21 vs. Golden Valley HS, 5/11/21 vs. Central Valley HS {DH}, 5/17/21 vs. El Capitan HS, 5/25/21 vs. Los Banos HS {DH}. Varsity Baseball - 5/4/21 (Double-Header) vs. Grace Davis HS, 5/18/21 & 5/20/21 vs. Pacheco HS.
Ceres	Volleyball-G	Program	Foundation Date	8-30-21	Warning
Christian Brother	Basketball-G	JV	502.A / 502.B	12-9-21	Participation against a non-CIF member - Warning.

SAC-JOAQUIN SECTIONS 2021-22 SANCTIONS

School	Sport	Level(s)	Infraction	Date of Infraction	Penalty
Delta Charter	Football Basketball-B	Varsity Varsity	207.1	2020-2021	Participation of a residentially ineligible athlete. No need to forfeit as all games were lost.
East Union	Soccer-B	Varsity	503.M	1-14-22, 1-19-22 1-21-22, 1-22-22	VBSOC player participation prior to serving 5 game suspension (only served a 1 game suspension). Student-Athletes: ineligible for the next four (4) EUHS VBSOC contests – 2021-22 playoffs. If all four (4) games are not served during the playoffs, then the remaining games will roll into the 22-23 soccer season.) MUST forfeit the following VBSOC contests: 1/14/22 vs. Manteca HS, 1/19/22 vs. Central Catholic HS, 1/21/22 vs. Oakdale HS, and 1/22/22 vs. Sierra HS.
East Union	Soccer-B	Varsity	600	1-15-22	VBSOC player participation with a non-school soccer team (1/15/22) – Two (2) games. Student-Athletes: ineligible for the next four (4) EUHS VBSOC contests - 1/19/22 vs. Catholic HS, 1/21/22 vs. Oakdale HS, 1/22/22 vs. Sierra HS, 1/28/22 vs. Weston Ranch HS)
Elite Public School	Football Basketball-B&G	JV	503.B – (7) 207.1 – (2) 205.B.(1).d – (6)	2021-22	Participation of eight (8) residentially and/or scholastically ineligible athletes in the sports of IVFB, IVBBSK & IVGBSK . MUST Forfeit the following contests: IVFB: 8/24 v. Twelve Bridges HS, 9/3 v. St. Patrick HS, 9/9 v. Vanden HS, 9/16 v. Kennedy-R HS, 9/23 v. Folsom HS, 10/1 v. Oak Ridge HS. IVBBSK: 11/11/v. Richmond HS, 11/23 v. Armijo HS, 11/29 & 12/7 v. Pierce HS, 12/2 & 12/4 v. West Campus HS, 12/14 v. Woodland Christian HS, 12/17 v. Point Arena HS, 12/18 v. Credo HS. IVGBSK: 11/11 v. Richmond HS, 11/29 v. Pierce HS, 12/2 to 12/4 @ River City HS Tour., 12/6 v. Rodriguez HS, 12/14 v. Woodland Christian HS, 12/21 v. Napa HS, 1/7 v. Vallejo HS, 1/14 & 1/21 vs. Vanguard.
Elite Public School	Football	JV	503.B	2021-22	Participation of a residentially ineligible athlete in the sport of IV Football . MUST forfeit the first contest won or tied in which the ineligible athlete participated (TBA / Info Due 1/10/22). MUST submit a Corrective Action Plan (Due: 1/31/22) & End of Year Report (Due: 6/13/22).
Elite Public School	Football	JV	503.B	2021-22	Participation of a residentially ineligible athlete in the sport of IV Football . MUST forfeit the first contest won or tied in which the ineligible athlete participated (TBA / Info Due 1/10/22).

SAC-JOAQUIN SECTIONS

2021-22 SANCTIONS

School	Sport	Level(s)	Infraction	Date of Infraction	Penalty
El Capitan	Soccer-G	Varsity	503.8 / 2600.5.h	2-12-22	MUST submit a Corrective Action Plan (Due: 1/31/22) & End of Year Report (Due: 6/13/22). VGSO C – Did not use the Wilson soccer ball for playoff game – First Infraction = WARNING.
El Capitan	Soccer-B	Varsity	600	12-11-21	VB SO C players (2), participation with a non-school soccer team (12/11/21) – one (1) game. Student-Athletes are ineligible for the next two (2) ECHS VB SO C contests - 12/15/21 vs. Atwater HS, 12/17/21 @ Merced HS.
El Dorado	Basketball-B	JV	503.B	2020-21	Participation of a residentially ineligible athlete in the sport of IV Boys Basketball. MUST forfeit the first contest won or tied in which the ineligible athlete participated (4/23/21 vs. Galt HS). MUST submit a Corrective Action Plan (Due: 12/17/21) & End of Year Report (Due: 6/13/22).
El Dorado	Football	JV	503.B	2021-22	Participation of a residentially ineligible athlete in the sport of IV Football. MUST forfeit the first contest won or tied in which the ineligible athlete participated (8/20/21 vs. Amador HS). MUST submit a Corrective Action Plan (Due: 12/17/21) & End of Year Report (Due: 6/13/22).
Enochs	Soccer-G	Varsity	503.8/ 2600.5.h	2-12-22	VGSO C – Did not use the Wilson soccer ball for playoff game – First Infraction = WARNING.
Enochs	Basketball-B	JV	503.B	2020-21	Participation of a residentially ineligible athlete in the sport of IV boys basketball. MUST forfeit the first contest won or tied in which the ineligible athlete participated (4/21/21 vs. Downey). MUST submit a Corrective Action Plan (Due: 1/3/22) & End of Year Report (Due: 6/13/22).
Esparto	Football	Varsity	2100	9-10-21	Participation of an age-inappropriate athlete. MUST forfeit the following Varsity Football contest: 9/10/21 vs. Maxwell HS.
Forest Lake Chr.	Volleyball-G	Varsity	207.1	8-24-21	MUST forfeit the following Varsity VB contests: 8/24/21 vs. Pine Hills Adventist.
Forest Lake Chr.	Baseball	Varsity	207.1	2020-2021	Participation of a residentially ineligible athlete. MUST forfeit the following Varsity BSB contests: 4/14/21 vs. Wheatland HS, 5/3/21, 5/6/21 & 5/13/21 vs. Foresthill HS.
Franklin(EG)	Basketball-G	Varsity	207.1	11-19-21, 11-23-21, 12-2-21	Participation of a residentially ineligible athlete. MUST forfeit the following VB SO C contests: 11/19/21 vs. Wood HS, 11/23/21 vs. Bear Creek HS.
Golden Valley	Basketball-G	Varsity	205.B	1-22-22 to 2-3-22	Participation of a scholastically ineligible athlete – VB SO C.

SAC-JOAQUIN SECTIONS 2021-22 SANCTIONS

School	Sport	Level(s)	Infraction	Date of Infraction	Penalty
Golden Valley	Soccer-B	Varsity	600	12-11-21 & 12-12-21	MUST forfeit the following contest - 2/3/22 vs. Central Valley HS. VBSOC player participation with a non-school soccer team (12/11/21 & 12/12/21). Student-Athlete is ineligible for the next eight (8) GVHS VBSOC contests - 12/15/21 vs. Buhach Colony HS, 12/17/21 vs. Patterson HS, 1/7/21 vs. El Capitan HS, 1/12/21 vs. Merced HS, 1/14/21 vs. Central Valley HS, 1/19/21 vs. Atwater HS, 1/21/21 vs. Buhach Colony HS, 1/26/21 vs. Patterson HS.
Golden Valley	Soccer-B	Varsity	600	12-11-21 & 12-12-21	VBSOC player participation with a non-school soccer team (12/11/21 & 12/12/21). Student-Athlete is ineligible for the next eight (8) GVHS VBSOC contests - 12/15/21 vs. Buhach Colony HS, 12/17/21 vs. Patterson HS, 1/7/21 vs. El Capitan HS, 1/12/21 vs. Merced HS, 1/14/21 vs. Central Valley HS, 1/19/21 vs. Atwater HS, 1/21/21 vs. Buhach Colony HS, 1/26/21 vs. Patterson HS.
Golden Valley	Soccer-B	Varsity	600	12-11-21 & 12-12-21	VBSOC player participation with a non-school soccer team (12/11/21 & 12/12/21). Student-Athlete is ineligible for the next four (4) GVHS VBSOC contests - 12/15/21 vs. Buhach Colony HS, 12/17/21 vs. Patterson HS, 1/7/21 vs. El Capitan HS, 1/12/21 vs. Merced HS, 1/14/21 vs. Central Valley HS, 1/19/21 vs. Atwater HS, 1/21/21 vs. Buhach Colony HS, 1/26/21 vs. Patterson HS.
Gregori	Basketball-B	Varsity	500.C & 503.B	2020-2021	Participation of an ineligible athlete in the sport of varsity boys basketball. MUST forfeit the following contests: 4/30/21 & 5/19/21 vs. Enochs HS, 5/5/21 & 5/21/21 vs. Modesto HS, 5/7/21 vs. Pitman HS, 5/12/21 vs. Downey HS and 5/14/21 vs. Turlock HS.
Gustine	Volleyball-G	Program	Foundation Date	8-30-21	Warning
Inderkum	Football	JV	207.1	10-8-21	Participation of a residentially ineligible athlete. MUST forfeit the following JV Football contest: 10/8/21 vs. River Valley HS.
Kennedy	Softball Baseball	Varsity JV	207.1	2020-21	Participation of a residentially ineligible athlete. MUST forfeit the following contests: VSB - 4/15/21 & 5/11/21 vs. Monterey Trail HS, 4/27/21 vs. Grant HS, 5/4/21 & 5/27/21 vs. Burbank HS, 5/18/21 vs. McClatchy HS.
Kennedy	Basketball-G	JV	502.A / 502.B	12-9-21	Allowed a non-CIF member school to participate in their JVBASK tournament – Warning.
Kennedy	Football	Varsity	207.1	2020-21	Participation of a residentially ineligible athlete. MUST forfeit the following Varsity Football contests: 3/19/21 vs. Johnson HS, 4/1/21 vs. Cordova HS.
Kennedy	Football	Varsity	207.1	2020-21	Participation of a residentially ineligible athlete.

SAC-JOAQUIN SECTIONS 2021-22 SANCTIONS

School	Sport	Level(s)	Infraction	Date of Infraction	Penalty
Lathrop	Swim-B	Varsity	205.B.(1).d	3-4-22	MUST forfeit the following Varsity Football contests: 3/19/21 vs. Johnson HS, 4/1/21 vs. Cordova HS, 4/15/21 vs. Woodcreek HS. Participation of a scholastically ineligible athlete – VBSWIM . MUST forfeit contest 3/4/21 vs. Ceres HS.
Lathrop	Soccer-G	JV	205.B.(1).d	11-22-21	Participation of a scholastically ineligible athlete – JV Girls Soccer . MUST forfeit contest 11/22/21 vs. Weston Ranch HS.
Lincoln(L)	Swim-B	Varsity	503.B	2020-2021	Participation of a residentially ineligible athlete in the sport of VBSWIM . MUST forfeit the first contest won or tied in which the ineligible athlete participated (2/19/21 vs. Nevada Union HS). MUST submit a Corrective Action Plan (Due: 3/21/22) & End of Year Report (Due: 6/13/22).
Lincoln(L)	Soccer-B	JV	503.B	2020-2021	Participation of a residentially ineligible athlete in the sport of JV boys soccer . MUST forfeit the first contest won or tied in which the ineligible athlete participated (4/7/21 vs. Placer HS). MUST submit a Corrective Action Plan (Due: 12/20/21) & End of Year Report (Due: 6/13/22).
Lincoln(L)	Football Basketball-B	Freshmen JV	207.1	2020-2021	Participation of a residentially ineligible athlete. MUST forfeit the following contests: Freshmen FB - 3/18/21 vs. West Park HS, 3/24/21 vs. Ponderosa HS & Junior Varsity BSK - 5/24/21 vs. West Park HS, 5/26/21 vs. Nevada Union HS.
Lincoln(S)	Football	JV	503.B	8-20-21 to 10-15-21	Participation of a residentially ineligible athlete in the sport of JV football . MUST forfeit the first contest won or tied in which the ineligible athlete participated (8/20/21 vs. Edison HS). MUST submit a Corrective Action Plan (Due: 11/19/21) & End of Year Report (Due: 6/13/22).
Linden	Baseball	JV	207.1	2020-21	Participation of a residentially ineligible athlete. MUST forfeit the following JV Baseball contests: {5/13/21 vs. Mountain House)
Linden	Cross Country-B Track-B	Varsity Varsity	207.1	2020-21	Participation of a residentially ineligible athlete. MUST forfeit the following contests: Varsity XC - 2/19/21 vs. Staggs HS, 2/2/21 vs. Chavez HS, 3/5/21 vs. Edison HS & Varsity TRK - 5/12/21, 5/19/21 @ SDL meet.
Livingston	Soccer-B	Varsity	600	12-3-21 to 12-5-21	VBSOC player participation with a non-school (club) soccer team (12/4 & 12/5). Student-Athlete is ineligible for the next four (4) IHS VBSOC contests - 2/7 vs. Madera South HS, 12/9 vs. Le Grand HS, 12/15 vs. Riverbank HS, 12/17 vs. Escalon HS.

SAC-JOAQUIN SECTIONS 2021-22 SANCTIONS

School	Sport	Level(s)	Infraction	Date of Infraction	Penalty
Lodi	Tennis-G	Varsity	503.B	8-20-21 to 10-22-21	Participation of a residentially ineligible athlete in the sport of Varsity Girls Tennis . MUST forfeit the first contest won or tied in which the ineligible athlete participated (9/7/21 vs. McNair HS). MUST submit a Corrective Action Plan (Due: 11/19/21) & End of Year Report (Due: 6/13/22).
Lodi	Basketball-G	Varsity & JV	207.1	2020-21	Participation of a residentially ineligible athlete. MUST forfeit the following contests: VGESK - 5/19/21 vs. Manteca HS; IVGBSK - 5/20/21 vs. Tokay HS.
Lodi	Baseball	JV	207.1	2020-21	Participation of a residentially ineligible athlete. MUST forfeit the following contests: IVBSB - NEED TO BE IDENTIFIED AND REPORTED .
Los Banos	Wrestling-B	Program	504.M	12-26-21	Practicing on a Sunday violation is a 2:1 (two {2} days of sanctions for every one {1} day of violation). Loss of the following two (2) days of practice: Friday, 12/31/21 & Monday, 1/3/22.
Manteca	Basketball-B	JV	207.1	2020-21	Participation of a residentially ineligible athlete. MUST forfeit the following contests: IVBBSK - 4/22/21 & 4/23/21 vs. Sierra HS, 4/30/21 vs. Tokay HS, 5/5/21 vs. Lincoln HS, 5/6/21 & 5/7/21 vs. East union HS, 5/14/21 vs. Central Catholic HS, 5/15/21 vs. West HS, 5/17/21 vs. Modesto Christian HS, 5/20/21 & 5/21/21 vs. Weston Ranch HS.
Mountain House	Water Polo-G	Varsity	200.A, 201, 203 503.C	10-26-21	Warning
Nevada Union	Football	JV	207.1	2021-22	Participation of a residentially ineligible athlete. MUST forfeit the following IV Football contest: 9/10/21 vs. Colfax HS, 10/15/21 vs. Oakmont HS, 10/29/21 vs. Lincoln(L) HS.
Oakdale	Volleyball-G	Varsity	503.8 / 3100.3.g	10-25-21	Did not use the Molten volleyball for playoff game - First Infraction = WARNING.
Placer	Basketball-G	Varsity	207.1	2020-21	Participation of a residentially ineligible athlete. MUST forfeit the following Varsity Girls Basketball contests: 4/28/21 vs. Nevada Union HS, 4/30/21 vs. Rio Linda HS.
Rio Americano	Lacrosse-B	Varsity	207.1	2020-21	Participation of a residentially ineligible athlete. MUST forfeit the following varsity boys lacrosse contests: 4/19/21 vs. Casa Roble HS, 4/23/21 vs. Christian Brothers HS, 4/26/21 vs. Lincoln HS, 5/8/21 vs. Woodcreek HS and 5/17/21 vs. Del Oro HS.
Rio Vista	Football	Varsity	207.1/500.C	8-20-21 to 9-19-21	Participation of a residentially ineligible athlete. MUST forfeit the following varsity football contests: 8/28/21 vs. Millennium HS, 9/3/21 vs. Big Valley Christian HS. SOP will be applied to student athlete during the 2022-23 school year.

SAC-JOAQUIN SECTIONS 2021-22 SANCTIONS

School	Sport	Level(s)	Infraction	Date of Infraction	Penalty
River City	Basketball-B	Varsity	600	11-28-21	VBBSK player participation with a non-school basketball team (11/28/21). Student-Athlete is ineligible for the next two (2) RCHS VBBSK contests - 12/14/21 vs. Tokay HS, 12/16/21 @ Carmel HS Tour.
River City	Basketball-B	JV	600	11-28-21	VBBSK player participation with a non-school basketball team (11/28/21). Student-Athlete is ineligible for the next two (2) RCHS VBBSK contests - 12/14/21 vs. Tokay HS, 12/16/21 @ Carmel HS Tour.
Rodriguez	Water Polo-B	Varsity	205.B.(1).d	2021-22	VBWP - Participation of a scholastically ineligible athlete MUST forfeit the following Varsity Boys Water Polo contests: 9/25/21 vs. Encinal HS & Laguna Creek HS, 10/8/21 - TBA, 10/9/21 - TBA, 10/16/21 vs. El Cerrito HS & Pinole Valley HS.
Rocklin	Competitive Sport Cheer	Varsity	503.B.(1)	3-1-22	Participation of a residentially ineligible athlete in the sport of competitive sport cheer . MUST forfeit the first contest won or tied in which the ineligible athlete participated (3/4/22 vs. Del Oro HS). MUST submit a Corrective Action Plan (Due: 10/8/21) & End of Year Report (Due: 6/12/22).
Rodriguez	Football	JV	503.B.(1)	8-20-21	Participation of a residentially ineligible athlete in the sport of junior varsity football . No action as swim meet was lost. MUST forfeit the first contest won or tied in which the ineligible athlete participated (8/20/21 vs. Bear Creek HS). MUST submit a Corrective Action Plan (Due: 10/8/21) & End of Year Report (Due: 6/12/22).
Sierra	Soccer-B	Varsity	600 (4)	1-15-22	VBSSC players (4) - participation with a non-school soccer team (1/15/22) - 3 players - two (2) games & one player - one (1) game. Student-Athletes: Players (3) who played in two (2) club games - ineligible for the next four (4) SHS VBSSC contests - 1/21/22 vs. Kimball HS, 1/22/22 vs. East Union HS, 1/26/22 vs. Oakdale HS, 1/28/22 vs. Manteca HS) Player (1) who played in one (1) club game - ineligible for the next two (2) SHS VBSSC contests - 1/21/22 vs. Kimball HS, 1/22/22 vs. East Union HS.
Sierra	Basketball-B	Varsity	207.1	2020-21	Participation of a residentially ineligible athlete. MUST forfeit the following Varsity BSK contests: 4/29/21 vs. East Union HS, 5/6/21 vs. Escalon HS, 5/20/21 vs. Kimball HS.
Sonora	Soccer-B	Varsity	205.B.(1).d	12-14-21	VBSSC - Participation of a scholastically ineligible athlete

SAC-JOAQUIN SECTIONS 2021-22 SANCTIONS

School	Sport	Level(s)	Infraction	Date of Infraction	Penalty
Sonora	Water Polo-B	Varsity	503.B	2021-22	MUST forfeit the following Varsity Boys Soccer contests: 12/14/21 vs. Calaveras HS. Participation of a residentially ineligible athlete in the sport of Varsity Boys Water Polo . MUST forfeit the first contest won or tied in which the ineligible athlete participated - 9/11/21 vs. Ripon HS. MUST submit a Corrective Action Plan (Due: 1/3/22) & End of Year Report (Due: 6/13/22).
Stagg	Basketball-G	Varsity	503.B	11-19-21	Participation of a residentially ineligible athlete in the sport of Varsity Girls Basketball . MUST forfeit the first contest won or tied in which the ineligible athlete participated - 11/19/21 vs. Bella Vista HS. MUST submit a Corrective Action Plan (Due: 12/17/21) & End of Year Report (Due: 6/13/22).
Tracy	Water Polo-G	Varsity	502.E	10-26-21	Warning
Twelve Bridges	Cross Country-G	JV	503.B	8-20-21 to 10-21-21	Participation of a residentially ineligible athlete in the sport of JV Girls Cross Country . MUST forfeit the first contest won or tied in which the ineligible athlete participated (9/15/21 @ PVL Meet #1). MUST submit a Corrective Action Plan (Due: 11/19/21) & End of Year Report (Due: 6/13/22).
Vacaville Christian	Track-G Swimming-G	Varsity	207.1	2020-21	Participation of a residentially ineligible athlete. MUST forfeit the following contests: VGTRK - 5/5/21, 5/12/21, 5/19/21, 5/25/21 - SDL Meet; VGSWM - 4/8/21, 4/21/21, 5/1/21 - SDL Meet.
Vanden	Soccer-B	Varsity	300.B.(2)	2021-22 11-30-21 to 1-14-22	Participation of a female student-athlete on the VHS VBSOC team, while VHS offers a girls varsity soccer team. WARNING
West	Soccer-B	Varsity	600	11-24-21	VBSOC player participation with a non-school (club) soccer team (11/24) and HS team. Student-Athlete is ineligible for the next two (2) WHS soccer contests - 12/16 vs. Millennium HS, 1/4 vs. Lodi HS.
West	Basketball-G	JV	503.B	11-19-21 to 12-10-21	MUST forfeit the following VBSOC contests - 11/29 vs. Enochs HS, 12/2 vs. Kimball HS, 12/7 vs. Franklin(S) HS. Participation of a residentially ineligible athlete in the sport of JV Girls Basketball . MUST forfeit the first contest won or tied in which the ineligible athlete participated (11/19/21 vs. Golden Valley HS). MUST submit a Corrective Action Plan (Due: 1/10/22) & End of Year Report (Due: 6/13/22).
West Campus	Volleyball-G	JV	207.1	2020-2021	Participation of a residentially ineligible athlete.

SAC-JOAQUIN SECTION 2021-22 SANCTIONS

School	Sport	Level(s)	Infraction	Date of Infraction	Penalty
					MUST forfeit the following Junior Varsity VB contests: 5/24/21 & 6/2/21 vs. Kennedy HS, 5/25/21 vs. Natomas HS, 5/26/21 vs. Mesa Verde HS.
West Park	Soccer-G	Varsity	500.C	11-30-21	Participation of a residentially ineligible athlete in the sport of Varsity Girls Soccer - was on an SOP and played. No action required as the match was lost by WPHS.
Weston Ranch	Soccer-B	Varsity	600	1-15-22 & 1-16-22	VBSOC players (2) - participation with a non-school soccer team (1/15/22 & 1/16/22) - Player "A"- two (2) games & Player "B"- one (1) game. Student-Athletes: Player "A" - ineligible for the next four (4) WRHS VBSOC contests - 1/19/22 vs. Kimball HS, 1/24/22 vs. Merced HS, 1/26/22 vs. C. Catholic HS, 1/28/22 vs. E. Union HS Player "B" - ineligible for the next two (2) WRHS VBSOC contests - 1/19/22 vs. Kimball HS, 1/24/22 vs. Merced HS, 1/26/22.

SAC-JOAQUIN SECTION APPEALS INFORMATION 2021-22

SECTION APPEALS: 6 (6-Sustained / 0-Overtured / 0-Pending)						
September 23, 2021	Program	Vacaville Christian	Football	CIF Constitution, Bylaws and Directives		SUSTAINED
September 23, 2021	Program	Stone Ridge Christian	Athletic/Football	CIF Constitution, Bylaws and Directives		SUSTAINED
September 27, 2021	██████████	Stone Ridge Christian	Football	Bylaw 204 - Waiver of a Charge of a Semester		SUSTAINED
September 27, 2021	██████████	Capital Christian	Football	Bylaw 204 - Waiver of a Charge of a Semester		SUSTAINED
September 28, 2021	Program	Ripon Christian	Athletic/Football	CIF Constitution, Bylaws and Directives		SUSTAINED
September 28, 2021	Program	Capital Christian	Athletic/Football	CIF Constitution, Bylaws and Directives		SUSTAINED

STATE APPEALS: 2 (1-Sustained / 0-Overtured / 1-Pending)						
October 28, 2021	██████████	Folsom	Wrestling	207/510 - Club Association		SUSTAINED
TBD	██████████	Union Mine	Baseball	207/510 - Following the Coach		PENDING

STATE APPEALS		SECTION APPEALS	
2021-22	2 (1-Sustained / 0-Overtured / 1 Pending)	6	(6-Sustained / 0-Overtured)
2020-21	1 (1-Sustained / 0-Overtured)	0	(0-Sustained / 0-Overtured)
2019-20	9 (8-Sustained / 1-Overtured)	1	(1-Sustained / 0-Overtured)
2018-19	20 (7-Sustained / 13-Overtured / 4 Cancelled)	1	(1-Sustained / 0-Overtured)
2017-18	9 (4-Sustained / 5-Overtured)	3	(2-Sustained / 1-Overtured)
2016-17	12 (10-Sustained / 1-Overtured / 1 Canceled)	1	(1-Sustained / 0-Overtured)
2015-16	16 (13-Sustained / 1-Overtured / 2 Canceled)	3	(0-Sustained / 2-Overtured / 1 Canceled)
2014-15	6 (3-Sustained / 3-Overtured)		

League	NP Status	D&O App - Provided	D&O App - Received	D&O Insurance	GL
CAL	X	X	X	X	X
CVC					X
CCAA					X
CCAL					X
CCC					X
CVCL					X
DL	X	X	X	X	X
FVL	X	X	X		X
GEL					X
GSL					X
ML					X
MEL	X	X	X	X	X
MLL					X
MVL					X
NPAC					X
PVL					X
SMAL					X
SJAA					X
SDK					X
SFL	X	X	X		X
SVC					X
SAL					X
TVL					X
TCAL	X	X	X	X	X
VOL					X
WAC	X	X	X	X	X
				Updated 3-14-22	

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COMMISSIONER
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Lodi, CA 95241
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FAX: (209) 334-0300
www.cifsjs.org

To: SJS Board of Managers

Date: April 6, 2022

Re: Proposed Revision to SJS Constitution Article 4, Section 6 & Section 7 - Superintendent Representation on the SJS Board of Managers.

Implementation: Fall 2022

Proposal Originated: Staff / Executive Committee

Proposal Discussed/Reviewed

SJS Executive Committee - September 30, 2021
SJS Executive Committee - November 16, 2021
SJS Executive Committee - January 27, 2022
SJS Board of Managers - February 2, 2022
SJS Board of Managers - April 6, 2022

Recommendation

Discussion
First Reading (Support)
Unanimous Support (8-0)
First Reading
Action

Proposal Summary:

This proposal revises SJS Constitution language regarding Board of Managers superintendent representation:

- A. Adds an additional Superintendent Representative.
- B. Identifies the current Superintendent Representative and the new Superintendent Representative as North and South Superintendent Representatives.
- C. Establishes terms for the positions.
- D. Outlines the process for election.

Fiscal Impact:

None

Rationale:

Having one Superintendent Representative for the entire Section is difficult for the dissemination of information. With the addition of a Superintendent Representative, the organization is able to split the two representatives into North and South representatives. This provides more superintendent representation and helps with the dissemination of information as our superintendent representatives would only be responsible for communicating with member superintendents within their geographical area – cuts the current responsibility almost in half.

Article 4 - Section 6

Each league in the Sac-Joquin Section will be represented on the Board of Managers. Each league is entitled two votes and two representatives on the Board of Managers. The following representatives will be entitled to one vote: large school athletic directors representative, medium school athletic directors representative, small school athletic directors representative, school board member, ~~and the superintendents representative-North and superintendents representative-South~~. The Executive Committee will only vote on items when there is a tie. A quorum shall consist of two-thirds of the membership of the Board of Managers to conduct business.

Article 4 - Section 7

League representatives and at-large representatives shall constitute the Board of Managers and shall be authorized to conduct business.

1. A quorum shall consist of two-thirds of the membership of the Board of Managers to conduct business.
 - a. The President to vote in case of tie.
2. Athletic Directors shall be elected to two-year terms, as representatives for the large, medium, and small schools of the Section.
 - a. The large schools, the medium schools and the small schools representatives shall be elected at the spring meeting of the Board of Managers.
3. Superintendent Representatives shall be elected to two-year terms - a representative (1) from the North and a representative (1) from the South.
 - a. The North & South Superintendent Representatives shall be elected at the spring meeting of the Board of Managers.

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To: SJS Board of Managers

Date: April 6, 2022

Re: Proposed Revision to SJS Constitution Article 4, Section 3 - Superintendent Representation on the Executive Committee.

Implementation: Fall 2022

Proposal Originated: Staff / Executive Committee

Proposal Discussed/Reviewed

SJS Executive Committee - September 30, 2021
SJS Executive Committee - November 16, 2021
SJS Executive Committee - January 27, 2022
SJS Board of Managers - February 2, 2022
SJS Board of Managers - April 6, 2022

Recommendation

Discussion
First Reading (Support)
Unanimous Support (8-0)
First Reading
Action

Proposal Summary:

This proposal adds two (2) At-Large Superintendent Representatives to the SJS Executive Committee; one (1) from the North member schools/districts and one (1) from the South member schools/districts.

Fiscal Impact:

None

Rationale:

The Executive Committee and staff believe that the organization needs representation from our superintendents; their global perspectives add another layer to multi-layered approach we have created providing yet another perspective to our discussions and decision making.

Section 3

EXECUTIVE COMMITTEE (SAC-JOQUIN SECTION)

1. The Executive Committee of the CIF Sac-Joaquin Section shall consist of the following:
 - a. Board of Managers Officers
 - i. President
 - ii. President-Elect
 - iii. Past President
 - b. Regular Members
 - i. Sac-Joaquin Athletic Director Association Representative - SJADA (one)
 - ii. Area Administrator Representatives-North/South (two)
 - iii. At-Large Administrator (one)
 - iv. Area Athletic Director Representative-North or South (one)
 - v. At-Large Athletic Director Representative (one)
 - vi. At-Large Superintendent Representative-North/South (two)
2. Regular members of the Executive Committee shall be elected to three-year terms at the regular April meeting of the Board of Managers. The full Board of Managers shall vote for all members of the Executive Committee except for the following:
 - a. Sac-Joaquin Athletic Director Association Representative will be elected/appointed by the SJADA Board and forwarded to the Section to serve a two-year term with one (1) term renewable.
 - b. At-Large Representatives (Superintendent, Administrator & Athletic Director) will be appointed to assure a more balanced representation of the gender, ethnic composition and geographic boundaries (North/South) of the Sac-Joaquin Section.
 - i. The Executive Committee will identify and announce the needed representation.
 - ii. League representatives or individuals may make nominations accompanied by supporting qualifications and background information.
 - iii. The Executive Committee will proceed with consideration of all nominees and make an appointment to fill the needed representation.
 - iv. The appointment of the At-Large position will be for two (2) years with one (1) term renewable.
3. Area Representatives will be designated North & South and be elected as follows:
 - a. Administrator - One representative from the northern part of the Section and one representative from the southern part of the Section.
 - b. Athletic Director - One representative from either the northern part of the Section or southern part of the Section.
 - c. The northern & southern part of the Section will be defined by the leagues of the Sac-Joaquin Section, as follows:
 - i. Northern: CAL, CVC, CVCL, DELTA, FVL, GEL, GSL, MEL, METRO, NPAC, PVL, SDL, SFL, SMAL, SVC.
 - ii. Southern: CCAA, CCAL, CCC, MLL, MLL, SJAA, SAL, TCAL, TVL, VOL, WAC.
4. A regular member of the Executive Committee, who has served two consecutive terms of office, will not be eligible for re-election until one year has elapsed following the second term.
5. With the exception of the Past-President, membership on the Executive Committee shall be confined to superintendents, assistant superintendents, district level administrators, site administrators, principals, assistant principals, vice principals and athletic directors (for athletic director's offices) who have served in these positions in an administrative capacity in a CIF Sac-Joaquin Section school/district for two or more years.
6. The Executive Committee shall be the administrative body of the CIF Sac-Joaquin Section, and it shall enforce rules and regulations approved by the Board of Managers of the Sac-Joaquin Section and can consider all questions related to a violation of such rules and regulations.
7. The Executive Committee shall hold no less than five regular meetings during the school year. These meetings shall occur at the call of the chairperson. Special meetings may be called by the Commissioner on the advice of the President.
8. The Commissioner shall attend all meetings of the Executive Committee and serve as its secretary.
9. The proceedings of the Executive Committee at each of its regular meetings shall be published and sent to all member schools of the CIF Sac-Joaquin Section.
10. A member of the Executive Committee may be removed from office at any regular meeting of the Board of Managers or at a special meeting called for that purpose by a two-thirds vote of the Board of Managers members present.
11. Any vacancy in the Executive Committee that may occur during the school year shall be filled by Executive Committee appointment. This appointment shall terminate at the regular Board of Managers meeting in April, at which time there shall be an election for a full term of office.
12. A quorum of the Executive Committee shall consist of a majority of Executive Committee members.

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To: SJS Board of Managers

Date: April 6, 2022

Re: Proposed Bylaw 503.9 - Air Quality Index Policy

Implementation: Fall 2022

Proposal Originated:

Proposal Discussed/Reviewed

SJS Executive Committee - September 30, 2021
SJS Executive Committee - November 16, 2021
SJS Playoff Committee - December 9, 2021
SJS Executive Committee - January 27, 2022
SJS Board of Managers - February 2, 2022
SJS Board of Managers - April 6, 2022

Recommendation

Discussion
First Reading (Support)
Unanimous Support (13-0)
Unanimous Support (8-0)
First Reading
Action

Proposal Summary:

This proposal establishes a universal maximum air quality index number for all member schools participation (preseason, league, and postseason) in outdoor education-based athletics.

Fiscal Impact:

None

Rationale:

With the increasing exposure to poor air quality, as a result of seasonal fires, it is believed that the organization needs to establish an Air Quality Index policy that is universal and consistent across the entire Section. This is necessary for the health and safety of our student-athletes and coaches.

Bylaw 503.9 - Air Quality Index Policy (AQI)

An air quality index of less than 151 must be registered, at the beginning of the contest, for all high school outdoor athletic events hosted by SJS member schools during preseason, league, and section championship events. SJS member schools may not host outdoor contests when the AQI is equal to or greater than 151.

NOTE: Host school determines AQI using an app or website info. The SJS Executive Committee recommends the use of the website www.airnow.gov

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To: SJS Board of Managers

Date: April 6, 2022

Re: Proposed Revision to Bylaw 2600.1.a - Sport of Soccer (Yellow Cards / Ejections)

Implementation: Fall 2022

Proposal Originated: SJS Staff

Proposal Discussed/Reviewed

SJS Executive Committee - September 30, 2021
SJS Executive Committee - November 16, 2021
SJS Playoff Committee - December 9, 2021
SJS Executive Committee - January 27, 2022
SJS Board of Managers - February 2, 2022
SJS Board of Managers - April 6, 2022

Recommendation

Discussion
First Read (Support)
Unanimous Support (10-0)
Unanimous Support (8-0)
First Reading
Action

Proposal Summary:

This proposal further defines the issuance of yellow cards and red cards in the sport of soccer. With the implementation of the Statewide Sportsmanship and Ejection Policy (503.M) soccer players receiving a red card due to the issuance of two yellow cards must be removed from the current game and the upcoming contest. This proposal aims to define, in the sport of soccer, a disqualification versus an ejection.

Fiscal Impact: None

Rationale: Currently the CIF Sac-Joaquin Section Sport By-laws read for the sport of soccer:

2600.1 Rules

All soccer competition in the Sac-Joaquin Section will be conducted under National Federation rules unless otherwise provided herein.

- a. A player receiving a **straight** red card shall be ejected. ~~Two yellow cards issued in the same game to the same player carries the same consequence as a red card.~~
- b. An ejected player may not play for the duration of the game and will adhere to the appropriate number of subsequent game suspensions in accordance with Bylaw 503.M (Statewide Sportsmanship and Ejection Policy).
- c. A player who receives two yellow cards in any game will be disqualified for that contest and may not play for the remainder of the game. The player will be eligible for the team's next game.
- d. A player who receives a yellow card in any game must leave the field of play and may be substituted for according to NFHS guidelines. The player may re-enter the game at any subsequent time that a legal substitution may be made.

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To: SJS Board of Managers

Date: April 6, 2022

Re: Sacramento High School - Football Reclassification (Division)

Implementation: 2022-23

Proposal Originated: SJS Office

Proposal Discussed/Reviewed

SJS Playoff Committee - December 9, 2021
SJS Executive Committee - January 27, 2021
SJS Board of Managers - February 2, 2022
SJS Executive Committee - March 24, 2022
SJS Board of Managers - April 6, 2022

Recommendation

Discussion only (Unanimous Support)
First Reading (Support)
First Reading
Action
Action

Proposal Summary:

This proposal eliminates the realignment amendment, which has been in place since 2014, that forces Sacramento High football to compete no lower than Division III. Thus, allowing them to drop to Division IV or lower, if appropriate.

Fiscal Impact: None.

Rationale:

In 2014, Sacramento HS was moved from the Metro League (D2) into the Capital Athletic League (D3) as a result of realignment. At the time, there was concern Sacramento HS - which had very strong football and boys and girls basketball programs - could potentially fall into D4. So, a clause was inserted into the adopted realignment proposal, forcing Sacramento HS to drop no lower than D3 in those sports; this very same clause was adopted during realignment in 2018. Since then, Sacramento HS has seen its enrollment drop by more than 50% (927 to 418) and the Division IV football participants have gotten larger and more able to defend themselves. This year, Vista del Lago - a team that beat Sacramento HS football (47-33) in league play - was moved down into D4 instead of Sacramento HS.

Note: We're not including basketball in this proposal because that sport has fewer divisions, so D4 is a less-competitive field in basketball vs. football. Additionally, both of Sacramento's basketball programs can currently go no lower than D2 due to continued success.

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To: SJS Board of Managers

Date: April 6, 2022

Re: **Membership Request_Full - Sierra Academy of Expeditionary Learning**

Implementation: Fall 2022

Proposal Originated: SJS Staff

Proposal Discussed/Reviewed

SJS Executive Committee - January 27, 2022

SJS Board of Managers - February 2, 2022

SJS Executive Committee - March 24, 2022

SJS Board of Managers - April 6, 2022

Recommendation

Discussion (Support)

First Reading

Action

Action

Proposal Summary:

Sierra Academy of Expeditionary Learning, who has been an associate member since fall 2018, is seeking full membership, effective the start of the 2022-23 school year. The Section is proposing placing them in the Central Valley California League (CVCL).

Fiscal Impact:

None

Rationale:

See attached application.



Received

AUG 12 2021



CIF Sac Joaquin Section

505 Main St, Nevada City, CA 95959 • www.sierraacademy.net • 530-268-2200 • SAELinfo@sierraacademy.net

To CIF Board Members,

On behalf of Sierra Academy of Expeditionary Learning and Ghidotti Early College High School (multi-school agreement) thank you for the opportunity to expand our program and reach new heights. I would like to express interest and preparedness for full membership and becoming league members. In the school year 2021/22 we enter our 4th season of Fire Wolf sports and will draw from 365 overall students between two schools (SAEL and Ghidotti). Our program was founded three years ago when a small Charter School in Nevada City (Sierra Academy) established associate membership, adding Ghidotti Early College HS as a multi-school agreement after dis-joining a multi-school agreement with Nevada Union.

During our first three years we've worked to build up our programs to include two sports per season; Fall: Girls' Volleyball, B/G Cross Country, Winter: B/G Basketball, and Spring: Boys' Volleyball, B/G Track & Field. We've offered Co-ed soccer in the winter but will not continue soccer at this time as it was challenging to field in Nevada County due to weather, lighting, and facility reasons. We are interested in adding more sports but are waiting to see if there are particular sports that will serve well if added to a particular league based on needs. Soccer (preferably Fall or Spring) and Golf would be sports that our program would readily be able to add in the future.

Over the past three years we've competed against almost all teams from the CVC, NPAC, and SMAL. I've attended league meetings with the SMAL, and spoken to many AD's and league president's about the potential of joining a league. The biggest concern from most athletic directors is the distance separating us in Nevada City to most schools in the Sacramento area. As this will be a bit of a challenge I also feel this is what's best for the program as a whole to continue pushing the program forward. Both schools' principals are in favor of joining a league and fully support the program. We have coaches in place who are committed and also encourage the move to join a league and hope to compete for playoffs in the near future.

In closing, I'm excited and anxious for the next step as it's been a lot of moving parts to "start up" a high school sports program from scratch. If we were to join a league this will add yet more responsibilities and accountability for our program as a whole. Finally, me and the student-athletes are willing and able to meet these demands and look forward to hearing back from you at your earliest convenience.

Thank you very much,

Tyler Smith
Athletic Director
Sierra Academy of Expeditionary Learning/
Ghidotti Early College High School

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To: SJS Board of Managers

Date: April 6, 2022

Re: Membership Request_Full - River Islands High School

Implementation: Fall 2022

Proposal Originated: SJS Staff

Proposal Discussed/Reviewed

SJS Executive Committee - January 27, 2022

SJS Board of Managers - February 2, 2022

SJS Executive Committee - March 24, 2022

SJS Board of Managers - April 6, 2022

Recommendation

Discussion (Support)

First Reading

Action

Action

Proposal Summary:

River Islands High School, a new comprehensive high school, in the Banta Unified School, will be opening their doors on a satellite site during the 2022-23 school year, while their schools construction is completed and ready for the 2023-24 school year. They will open with freshmen only and anticipate reaching approximately 1800 students at full capacity.

The Section is proposing placing them in the Valley Oak League for the next two (2) years and then revisiting their alignment during the 2023 realignment process.

Fiscal Impact:

None

Rationale:

See attached application.



CIF Sac-Joaquin Section Application

ALL INFORMATION MUST BE TYPED

APPLICATION FOR: Full Membership Associate Membership

SEEKING MEMBERSHIP STARTING IN THE 22-23 SCHOOL YEAR

Name of School River Islands High School

Street Address 2760 Penrose Ln *(This address is for the 22-23 school year only/9th Grade Academy)

City and Zip Code Lathrop, 95330

School Telephone (209) 229-4700 Athletic Telephone _____

School Website Riacademies.net

Type of School (Check all that apply)

Grades 9-12 Grades 10-12 Public Private Co-ed All Boys All Girls

Number of Students per Grade (Current Year): 9th 150 10th _____ 11th _____ 12th _____ Total: _____

Projected Three-Year Enrollment 600

School Colors Navy & Teal (Pending Board Approval)

Mascot Riptide (Pending Board Approval)

Charter Schools Only Chartering District/Institution Banta Unified School District

Athletic Program Goals and Objectives

River Islands High School is committed to providing student athletes with the opportunity to compete in interscholastic athletics at a highly competitive level with class and courage. Our goal is to help student athletes develop healthy, responsible life-long habits and positive attitudes that prepare them for the real world. Integrity, commitment, responsibility and community are core values of our athletic program. *We are opening RIHS during the 22-23 school year with the 9th Grade Academy located on a satellite site. We will be adding one additional class each year as we become a 9th -12th high school. Phase 1 of our high school campus will be completed for the 23-24 school year.

Athletic Administration

Name of Principal Carey Simoni Principal's email csimoni@riacademies.net

Name of Athletic Director _____ Athletic Director's email _____

Name of Assistant Principal Overseeing Athletics (if applicable) _____ AP Email: _____

Initial Participation Levels

Below is a listing of sports offered for both boys and girls within the CIF Sac-Joaquin Section. Please indicate what level your school will be competing, i.e. varsity (V), junior varsity (JV), freshman and sophomore (F-S).

Season	Sport	Boys	Girls
Fall	Cross Country	F	F
	Field Hockey		
	Football		
	Golf		
	Tennis		
	Volleyball		F
	Water Polo		
Winter	Basketball	F	F
	Soccer	F	F
	Wrestling		
Spring	Badminton		
	Baseball	F	
	Beach Volleyball		F
	Competitive Cheer		F
	Golf		
	Lacrosse		
	Softball		
	Swimming/Diving		
	Tennis		
	Track & Field		
Volleyball	F		

Conditions of Membership

1. School understands that full knowledge and implementation of CIF rules is the school's responsibility and that violation of rules may result in a team and/or school's disqualification from competition and/or loss of membership.
2. It is to be understood that schools with limited enrollments and programs will be integrated into existing league structure only as programs, compatibility, and geography permit.
3. Able to meet the requirement of fielding at least two sport per season (Fall, Winter, Spring) and there must be provisions for equal participation by males and females if a co-ed school.
4. Application must be approved by the CIF Sac-Joaquin Section Board of Managers. Upon approval, your school will be billed annual membership dues of \$0.40 (forty cents) per student (with a minimum of \$200.00) plus \$40 per sport per gender offered. These dues must be received by the Sac-Joaquin Section office by October 1 of each year.

Application Packet Checklist **APPLICATION PACKET & FEE SUBMISSION DEADLINE: 30 DAYS BEFORE SAC-JOQUIN SECTION BOARD MEETINGS**

1. Complete and signed CIF Membership Application
2. Previous October State of California Department of Education affidavit form (CBED's)
3. Current and three-year projection enrollment
4. Application fee of \$200.00, made payable to *CIF Sac-Joaquin Section* and mailed to: *CIF Sac-Joaquin Section P.O. Box 289, Lodi, CA 95241*

IMPORTANT Please Note:

Application must have ALL required signatures and all materials listed above to be considered complete.

Applications, supporting materials and fee must all be received at least 30 days prior to any year's spring (March/April) Board of Managers meeting to be considered for membership in the following school year.

There are no exceptions to this deadline.

Submit applications and supporting materials as PDF files ONLY, email to Karen Johnson at kjohnson@cifsis.org; hard copy submissions will not be accepted.


Signature of Administrator of School (Principal/Superintendent)

River Islands High School

Name of School

1/12/22

Date

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To: SJS Board of Managers
Date: April 6, 2022
Re: SJS President-Elect Election
Implementation: Fall 2022

Proposal Originated: SJS Staff

Proposal Discussed/Reviewed
SJS Board of Managers - October 6, 2021
Nominating Committee - November 5, 2021
SJS Board of Managers - February 2, 2022
SJS Board of Managers - April 6, 2022

Recommendation
Announcement of Nominating Committee
Nominations
First Reading - Nominations Closed
Action/Election

Proposal Summary:

As per the Sac-Joquin Section Constitution, Article 4 - Section 5, the following Board of Managers Members have volunteered to be candidates to serve as President (2022-23 and 2023-2024).

The following candidates have been nominated and have agreed to put their name forward for consideration to serve as President-Elect: Elect One (1)

President-Elect (2022-23 & 2023-24)

- Hillary Harrell, Principal-Bear Creek High School
- Melissa Brewer, Principal-Hilmar High School

ARTICLE 4; SECTION 3 - EXECUTIVE COMMITTEE (SAC-JOQUIN SECTION)

1. The Executive Committee of the CIF Sac-Joquin Section shall consist of the following:
 - a. Board of Managers Officers
 - i. President
 - ii. President-Elect
 - iii. Past President
 - b. Regular Members
 - i. Sac-Joquin Athletic Director Association Representative - SJADA (one)
 - ii. Area Administrator Representatives-North/South (two)
 - iii. At-Large Administrator (one)
 - iv. Area Athletic Director Representative-North or South (one)
 - v. At-Large Athletic Director Representative (one)
2. Regular members of the Executive Committee shall be elected to three-year terms at the regular April meeting of the Board of Managers. The full Board of Managers shall vote for all members of the Executive Committee except for the following:
 - a. Sac-Joquin Athletic Director Association Representative will be elected/appointed by the SJADA Board and forwarded to the Section to serve a two-year term with one (1) term renewable.
 - b. At-Large Representatives (Administrator & Athletic Director) will be appointed to assure a more balanced representation of the gender, ethnic composition and geographic boundaries (North/South) of the Sac-Joquin Section.
 - i. The Executive Committee will identify and announce the needed representation.
 - ii. League representatives or individuals may make nominations accompanied by supporting qualifications and background information.
 - iii. The Executive Committee will proceed with consideration of all nominees and make an appointment to fill the needed representation.
 - iv. The appointment of the At-Large position will be for two (2) years with one (1) term renewable.
3. Area Representatives will be designated North & South and be elected as follows:
 - a. Administrator - One representative from the northern part of the Section and one representative from the southern part of the Section.
 - b. Athletic Director - One representative from either the northern part of the Section or southern part of the Section.
 - c. The northern & southern part of the Section will be defined by the leagues of the Sac-Joquin Section, as follows:
 - i. Northern: CAL, CVC, CVCL, DELTA, FVL, GEL, GSL, MEL, METRO, NPAC, PVL, SDL, SFL, SMAL, SVC.
 - ii. Southern: CCAA, CCAL, CCC, MLL, MLL, SJAA, SAL, TCAL, TVL, VOL, WAC.

CIF-SJS
President -Elect
2022-23 & 2023-24

Hillary Harrell, Principal-Bear Creek High School

Melissa Brewer, Principal-Hilmar High School

Hillary M. Harrell

233 South Sunset Drive, Lodi, Ca 95240

hmoeckli@gmail.com

408-476-4259

Objective To serve as the president-elect of the Sac-San Joaquin Section

Experience

2019-present Member, Board of Managers Sac-San Joaquin Section

Serve on the board of managers of the Sac-San Joaquin Section, representing the SJAA. In that capacity, serve on the Economic Viability Committee, reviewing budget proposals and advocating for the school communities represented by our section. Serve on the Dale Lacky scholarship committee, as well as participate in appeal hearings at the section office. Advocate for student athletes, schools, and the health and well being of our school communities.

2016-present Principal Bear Creek High School, Lodi Unified School District

Lead school through development and implementation of data-driven goals for student achievement in academics, social and emotional learning, and preparation for college and career. Develop and coach administrative team in addressing key goals—disproportionality in student achievement and discipline, expanding CTE options, preparing all students for college and career, supporting students in Special Education and EL students. Support and Supervise certificated and classified staff as they serve a diverse population of students. Serve as a leader in the Bear Creek community in a complex world facing constant evolution, especially in technology and expectations for education. Serve as president and active member of SJAA athletic league.

2010-2016 Vice Principal Franklin High School, Elk Grove Unified School District

Supervised Special Education, Mathematics, and Counseling Departments. Coordinated with administration, department chairs, counselors, and clerical staff to develop the master schedule. Worked with teacher leaders to prepare professional development. Served as 504 coordinator. Collaborated with teachers, administration, and counseling to implement Advisory curriculum.

2010-2012 Vice Principal Toby Johnson Middle School, Elk Grove Unified School District

Supervised English-Language Arts, Special Education, and Physical Education Departments. Implemented Advocacy curriculum, which focused on research-based strategies and skills appropriate for middle school students. Developed plans to improve student achievement using Title II, Title III, and State Compensatory funds. Wrote grants to generate funds for school programs.

2007-2012 High School English Teacher Valley High School, Elk Grove Unified School District

Taught English 10, served on the English Learner team, and served as the Advocacy Coordinator at VHS.

Education Master of Arts, Educational Leadership and Policy Studies, California State University, Sacramento, May 2010

Administrative Credential, California State University, Sacramento, December 2009

Secondary, Single-Subject Credential, English with CLAD, San Jose State University, San Jose, 2003

Bachelor of Arts in English, San Jose State University, San Jose, May 2001

References Mr. Scott McGregor, Assistant Superintendent of Secondary Education, Lodi Unified School District, 209-331-7005

Mr. Jeff Palmquist, Superintendent, Oakley Union Elementary School District, 925-625-5050

Mrs. Chantelle Albiani, Principal of Franklin High School, Elk Grove Unified School District, calbiani@egusd.net , 916-714-8150

Melissa Brewer

4725 Idaho Road, Turlock, CA. 95380

(209) 968-5979

mbrewer@hilmar.k12.ca.us

"...strong interpersonal skills...very conscientious, hardworking individual who deeply believes in other people...has a particularly strong passion for helping young people succeed...can effectively evaluate teachers and establish teacher structures at schools..."

John A. Borba, Ed.D.
Professor of School Administration

"...it is very clear that Mrs. Brewer evaluates the outcomes of everything she presents to the students and is continually looking for methods to increase student success."

Jan Gordon
Principal
Ceres Unified School District

Education & Certifications

Master of Education in School Administration **December 2015**
California State University Stanislaus, Turlock, CA (GPA 4.0/4.0)

Preliminary Administrative Credential **May 2010**
California State University Stanislaus, Turlock, CA (GPA 3.5/4.0)

Single Subject English Credential **October 2009**
Chapman University, Salida, CA (GPA 3.86/4.0)

Bachelor of Art Communications **May 2003**
MAJOR: Organizational Communications
MINOR: Journalism CONCENTRATION: Marketing
California State University Stanislaus, Turlock, CA (GPA 3.0/4.0)

Leadership & Professional Experiences

SJS Executive Committee Member **August 2020 - Present**
South Administrator Representative

- Serve on a 10-member team to assist in providing council to the Section Commissioner and office staff regarding various orders of business and agenda items throughout the year including fiscal and budget oversight, human resource occurrences, office management decisions, review of ejections, sanctions, correspondence and other guidance needed to help uphold our section-adopted constitutional bylaws.
- Regularly attend SJS Board of Managers meetings as well as other section-sponsored events to help support the Commissioner, our Section, and to congratulate our membership and student-athletes in support of education-based athletics in Sac-Joaquin high school sports.
- Helped serve as Master of Ceremonies for the Women-in-Sports Leadership Conference hosted every other year by the section office for young women in our membership schools (Oct. 2021).

CIF State Leadership Committee **Sept. 2019 - Present**

- Worked in partnership with State Leadership and CIF membership to design a variety of web-based, interactive "one-sheeters" to provide a rich menu of resources for new and aspiring principals and athletic directors.
- In collaborative teams, committee members worked on a variety of current CIF initiatives (gender equity, access equity, mental health, club sports) to create resources aimed at improving education-based athletics in high schools by highlighting important issues and providing tools and training for site administrators statewide.

SJS Sportsmanship Committee **May 2019 – Dec. 2019**

- Collaborated with various section stakeholders including section officers, league principals and athletic directors, officials, and arbiters to review current rules and expectations centered around sportsmanship.
- Worked on the development and implementation of updated language to current section bylaws to further support the mission of the CIF and to improve sportsmanship at all levels of athletic involvement.

Dale A. Lackey Scholarship Selection Committee **March 2018 - Present**

- Collaborate with section principals and commissioners to review and select scholarship recipients.
- Responsible for the review and consensus of scholar-athlete nominations from across the section for scholarship awards.

TVL President

Aug. 2018 – June 2020

- Lead and maintain professional collegiality between CIF, league schools, and stakeholders.
- Encouraged and helped add swimming, girls wrestling, and boys volleyball to Hilmar High and TVL athletic programs.
- Construct and lead committees to review ejection appeals and disputes.
- Promote positive athletic culture that embodies academics and sportsmanship contact along with victory through honor.
- Review monthly agendas for league members and uphold CIF bylaws and league expectations

Community Relations & Fundraising

- Developed an All-Sports fundraising committee for the high school to organize annual events and generate additional funds for all sports programs with an emphasis on growing smaller sports and improving athletic experiences for students; the All Sports Gala & River Bash fundraisers earned over \$30,000.
- Volunteer at football game concession stand with other school board members, the superintendent and Hilmar Unified students and families.
- Coordinate and co-direct LOVE Hilmar community outreach program. Assist in communication with schools, businesses, churches, and community members to Schedule city-wide projects and community needs
- Organize and disseminate appropriate tasks to 150+ volunteers

Administrative Experience

- **Principal** July 2016 to present
 - Hilmar High School, Hilmar, CA
- **Vice Principal** Sept 2015 – June 2016
 - Hilmar High School, Hilmar, CA
- **Vice Principal** June 2014 – Sept. 2015
 - Modesto City Schools, Modesto, CA

Teaching Experience

- **Instructional Speaker** Oct. 2011 – July 2015
 - Brandman University, Salida, CA
- **English Teacher, 10-12** August 2008 - July 2014
 - Ceres Unified School District, Ceres, CA

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Principal
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FAX: (209) 385-8002



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Lodi, CA 95241
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FAX: (209) 334-0300
www.cifsjs.org

To: SJS Board of Managers

Date: April 6, 2022

Re: Executive Committee-North Area Administrative Representative Election

Implementation: Fall 2022

Proposal Originated: SJS Staff

Proposal Discussed/Reviewed

SJS Board of Managers - October 6, 2021
Nominating Committee - November 5, 2021
SJS Board of Managers - February 2, 2022
SJS Board of Managers - April 6, 2022

Recommendation

Announcement of Nominating Committee
Nominations
First Reading - Nominations Closed
Action/Election

Proposal Summary:

As per the Sac-Joquin Section Constitution, Article 4 - Section 5, the Board of Managers members have volunteered to be candidates to serve a three-year term on the SJS Executive Committee, as the North Area Administrative Representative (2022-2025)

The following candidates have been nominated and have agreed to put their name forward for consideration to serve as North Area Administrative Representative to the SJS Executive Committee:

Area Representative - North Administrator (2022-23, 2023-24, & 2024-25)

- Bob Bugalski, Assistant Principal-Dixon High School
- Fadia Desmond, Assistant Principal-Jesuit High School
- Lori Ann Donnell, Assistant Principal-Woodcreek High School

ARTICLE 4; SECTION 3 - EXECUTIVE COMMITTEE (SAC-JOQUIN SECTION)

1. The Executive Committee of the CIF Sac-Joquin Section shall consist of the following:
 - a. Board of Managers Officers
 - i. President
 - ii. President-Elect
 - iii. Past President
 - b. Regular Members
 - i. Sac-Joquin Athletic Director Association Representative - SJADA (one)
 - ii. Area Administrator Representatives-North/South (two)
 - iii. At-Large Administrator (one)
 - iv. Area Athletic Director Representative-North or South (one)
 - v. At-Large Athletic Director Representative (one)
2. Regular members of the Executive Committee shall be elected to three-year terms at the regular April meeting of the Board of Managers. The full Board of Managers shall vote for all members of the Executive Committee except for the following:
 - a. Sac-Joquin Athletic Director Association Representative will be elected/appointed by the SJADA Board and forwarded to the Section to serve a two-year term with one (1) term renewable.
 - b. At-Large Representatives (Administrator & Athletic Director) will be appointed to assure a more balanced representation of the gender, ethnic composition and geographic boundaries (North/South) of the Sac-Joquin Section.
 - i. The Executive Committee will identify and announce the needed representation.
 - ii. League representatives or individuals may make nominations accompanied by supporting qualifications and background information.
 - iii. The Executive Committee will proceed with consideration of all nominees and make an appointment to fill the needed representation.
 - iv. The appointment of the At-Large position will be for two (2) years with one (1) term renewable.
1. Area Representatives will be designated North & South and be elected as follows:
 - a. Administrator - One representative from the northern part of the Section and one representative from the southern part of the Section.
 - b. Athletic Director - One representative from either the northern part of the Section or southern part of the Section.

- c. The northern & southern part of the Section will be defined by the leagues of the Sac-Joaquin Section, as follows:
 - i. Northern: CAL, CVC, CVCL, DELTA, FVL, GEL, GSL, MEL, METRO, NPAC, PVL, SDL, SFL, SMAL, SVC.
 - ii. Southern: CCAA, CCAL, CCC, MLL, MLL, SJAA, SAL, TCAL, TVL, VOL, WAC.

NOTE:

There will be two at-large positions the Executive Committee will need to fill for the 2022-23 and 2023-24 school years (Administrator & Athletic Director); as per Article 4, Section 3, #2.b.ii - League representatives or individuals may make nominations accompanied by supporting qualifications and background information. The DEADLINE to submit any such nominations is **April 8, 2022**.

CIF-SJS
Area Representative
North Administrator

2022-23

2023-24

2024-25

Bob Bugalski, Assistant Principal-Dixon High School

Fadia Desmond, Assistant Principal-Jesuit High School

Lori Ann Donnell, Assistant Principal-Woodcreek High School

Robert Bugalski

4980 Keane Drive • Carmichael, CA • 95608
CELL (916) 834.6616 • EMAIL BugalskiBob@gmail.com

Collaborative high school administrator with 29 years of experience at the high school level including administration, teaching and coaching. My work style revolves around an open process of listening and understanding to find and implement effective solutions with teachers, students, parents, coaches and the community. I enjoy being part of a strong administrative team with a clear vision and work hard to implement plans to achieve goals. I have worked extensively with at-risk students as an administrator, teacher and basketball coach. My philosophy is to create a culture of challenge and support for all students, and have seen amazing growth and transformation of students from a broad range of backgrounds.

Administrative Experience includes:

Current President, Golden Empire League; League representative 9 years
Curriculum Development and Implementation / Lead Admin for Facilities & Maintenance / Lead Admin for Athletics / Supervision & Evaluation of Personnel / Instructional Strategies / IPE's and 504's / Perkins Grant / Career Technical Education / Conflict Mediation Program / AP Program Development / AVID / PBIS / Student Government & Leadership

ADMINISTRATIVE EXPERIENCE – 2009 to present

Assistant Principal, 9 years

Dixon High School, Dixon, CA

Teacher in Charge, 3 years

Franklin High School, Elk Grove, CA

Scope of Work: Full administrative duties on high school campus, as noted above. Administrative oversight of all athletic programs including budget, hiring, evaluations and facilities. Responsible for CTE Perkins Grant application as well as management of funds and program requirements.

Select Accomplishments: Developed the school's first strategic plan for athletics, leading a committee of parents, students, coaches, teachers and community members. Increased student participation in athletics to 60% of student body. With Administrative Team, raised the percentage of students meeting the a-g requirement by over 20%. Part of District team planning and implementing AVID district-wide.

COACHING EXPERIENCE – 1993-2011

Assistant Men's Basketball Coach, 7 years

San Joaquin Delta College, Stockton

Head Varsity Boy's Basketball Coach, 8 years

Franklin High School, Elk Grove; Lincoln High School, Stockton; Galt High School, Galt

Select Accomplishments: Galt High School first home playoff game in 45 years; Lincoln High School first league championship in school history, Coach of the Year, Created first summer youth program; Franklin High School first league championship in school history, Section runners-up, NorCal playoffs

TEACHING EXPERIENCE – 1993-2011

High School Teacher, 18 years

Franklin High School, Elk Grove; Lincoln High School, Stockton; and Galt High School, Galt

Adjunct Physical Education Instructor, 11 years

Folsom Lake College, Folsom; San Joaquin Delta College, Stockton; and California State University Stanislaus, Turlock

EDUCATION

Master of Arts; Health, Physical Education and Recreation

St. Mary's College, Moraga, CA, 2000

Master of Arts; Education

Chapman University, Orange, CA 1998

Bachelor of Arts; Political Science; concentration: Urban Administration

California Polytechnic State University, San Luis Obispo, CA 1991

Fadia Desmond
916-390-6686 – fadia.desmond@jesuithighschool.org

EDUCATION

Ph. D. - UNIVERSITY OF CALIFORNIA, DAVIS 2004
Education

M.A. - STANFORD UNIVERSITY 1995
Education
Single Subject Teaching Credential in English
Cross-Cultural Language & Academic Development (CLAD) Credential

B.A. - UNIVERSITY OF CALIFORNIA, LOS ANGELES 1994
English (American Studies emphasis)
Specialization: Education

ADMINISTRATIVE EXPERIENCE

Jesuit High School July 2018 – present
Assistant Principal, Instruction & Student Life

St. Francis Catholic High School July 2015 – July 2018
Assistant Principal, Academics & Student Life

TEACHING EXPERIENCE

Walden University August 2011 – June 2014
Contributing Faculty

National University – Sacramento August 2004 – August 2012
Adjunct Faculty

Rocklin Unified School District - Rocklin High School August 1995 - June 1997
Language Arts Teacher

VOLUNTEER EXPERIENCE

Stanford University – Admissions Office August 2011 – May 2019
Alumni Volunteer & Chair, OVAL, Central Valley/North Sacramento

Stanford University – Graduate School of Education February 2014 – May 2021
Chair, Alumni Awards & Recognition Committee

Stanford University July 2012 – July 2016
Alumni Association
Board President, Sacramento Stanford Association

HONORS/AWARDS

Stanford Associate November 2020 – present
Stanford Associates Board of Governors – Award of Merit April 2020

LORI ANN DONNELL

WOODCREEK HIGH SCHOOL



ATHLETICS LEADERSHIP

Assistant Principal, Woodcreek High School 2018 – present
Athletic Director, Woodcreek High School, 2002-17
CIF State Athletic Administrators Advisory Committee, 2013 – present
CIF SJS North Administrator Representative 2019 – present
CIF State Federated Council Member 2019- present
Sac-Joaquin Section Board of Managers, Large School AD Rep, 2016-17
Sac-Joaquin Section Economic Viability Committee, 2016-17
Sac-Joaquin Section Playoff Committee, 2016-17
CIF Title IX Resource Network, 1999-2010

TEACHING EXPERIENCE

Physical Education, Woodcreek High School, 1995-17
Department Coordinator, Physical Education, 2005-17

COACHING EXPERIENCE

Woodcreek High School

Assistant Varsity Girls Basketball Coach, 2007-2010, 2011-2014
Junior Varsity Girls Basketball Head Coach, 2006-07
Freshman Girls Basketball Head Coach, 2005-2006
Varsity Girls Basketball Head Coach, 1995-2005
Varsity Girls Golf Coach, 1998-2001
Assistant Varsity Softball Coach, 1996-1998

College of the Siskiyous

Interim Head Women's Basketball Coach, 1994-1995

Oakmont High School

Junior Varsity Girls Basketball Head Coach, 1993-1994
Assistant Varsity Softball Coach, 1993-1994

AWARDS AND RECOGNITIONS

CIF Sac-Joaquin Section Athletic Director of the Year, 2015
WHS Excellence in Leadership Award, 2015
CSADA Norm Mackenzie Award, 2005
RJUHS D Excellence Award, 2002, 2008
RJUHS D Teachers Who Make a Difference, 2004, 2012

916-771-6565 EXT 4011
ldonnell@rjuhsd.us

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To: SJS Board of Managers

Date: April 6, 2022

Re: Medium & Large School Athletic Director Representatives to the BOM - Election

Implementation: Fall 2022

Proposal Originated: SJS Staff

Proposal Discussed/Reviewed

Executive Committee - January 27, 2022
SJS Board of Managers - February 2, 2022
SJS Board of Managers - April 6, 2022

Recommendation

Discussion
First Reading
Action Item (Vote)

Proposal Summary: As per the Sac-Joquin Section Constitution, Article 4 - Section 7.2, athletic director representatives shall be elected to two-year terms and shall be elected at the spring meeting of the Board of Managers. The Medium and Large school Athletic representative positions are open as both current representatives have completed their recently elected / appointed terms (2020-21 & 2021-22, respectively).

Nominations were due Friday, March 11, 2022; the following individuals have submitted their nomination/one-page resume for consideration to serve in the designated role for the designated time:

Large Schools AD Rep - Division I & II Schools (2020-21 & 2021-22)

- Grant Guensler, Athletic Director - Woodcreek High School

Medium Schools AD Rep - Division III, IV & V Schools (2020-21 & 2021-22)

- Scott Winton, Athletic Director - Livingston High School

Grant Guensler
Woodcreek High School
(916) 316-7174 - Cell
gguensler@rjuhsd.us

Dear Selection Committee:

Please accept this cover letter and attached resume as my application for the position of Large School Athletic Director Representative Board of Managers.

My name is Grant Guensler, and I am currently the Athletic Director and a teacher at Woodcreek High School. In my tenure, both as the AD, teacher, assistant AD, and coach at Woodcreek High School, I have gained the knowledge and skills that will make me an effective Leader for Woodcreek High School. I have been a part of bringing Inside out coaching to Woodcreek HS along with education-based athletics.

In my experiences with these jobs, I have gained the respect of the students and their families. My administration has continually given me outstanding evaluations, which have provided me with the confidence to pursue what I see as the natural next step for me in a leadership role. My current administrators have encouraged me to pursue this BOM position because they feel that I have the drive, the patience, the work ethic, and the personality to be very effective in this role. I have the ability to hold my students/athletes to a high standard and they understand that I expect them to give me the best they can at all times. The coaches I lead respect the fact that I lead by example. I hold myself to that same high standard. My colleagues respect me, not only for what I bring to the school, but as someone who sees the future of education and is willing to adapt with the times. I am a trusted part of the Woodcreek High School's faculty and I have been told that my opinion does matter on many different topics.

As Athletic Director and Assistant Athletic Director at Woodcreek HS I have helped implement the Inside Out coaching philosophy with our coaches and students. I have run events and worked with coaches to make their programs run smoothly. I believe that athletics is a vital part of a high school's culture and that student athletes should have the opportunity to excel and enjoy athletics at our school. I have worked with the school's administration team, the CIFSJS section staff, parents, and coaches to provide the best opportunity for our student athletes at Woodcreek HS. As a coach for well over twenty years, I have been able to build programs to be successful and self-sustaining. At Woodcreek High School, I have coached the athletes on the deck as well as overseeing the entire aquatics program. In my position as supervisor of the aquatics program, I have been in charge of the Section Finals for water polo for many years, and I have been on the Section water polo playoff advisory committee for years.

During my 21 years of teaching, over 25 years of coaching and 2 years as an AD and 2 years as the assistant AD, I have acquired the interpersonal skills to deal with many situations as they arise. I believe I am a natural leader that leads by example. Getting people to understand our group goals and strive to reach our goals is my strength. I have always been well liked in all my jobs in life. While that isn't the most important thing, it helps in leading people. I will continue to work hard and become an asset to the section office and the section as a whole in the capacity of Athletic Director representative BOM.

OBJECTIVE:

CIFSJS Large School Athletic Director representative Board of Managers
Roseville Joint Union High School District
Roseville CA, 95747

Athletic Leadership Responsibilities

1. Athletic Director, Woodcreek High School, 2019 - present
2. Assistant Athletic Director, Woodcreek High School, 2017 - 2019
3. WASC lead teacher Hanford High School, 2000-2001
4. Union Site Rep Hanford Joint Union School District 1999 – 2002
5. SFL (Sierra Foothill League) Coaches Rep water polo 2005 to 2014
6. SFL (Sierra Foothill League) Coaches Rep Swim/dive 2005 – 2010

Honors/Awards

1. Teacher who makes a difference, Woodcreek HS, 2018
2. Coach of the year in the WYL (West Yosemite League) 1997,1998,2000
3. New teacher of the year in Hanford High School 1997
4. Student Teacher of the Month for National University 2004

TEACHING WORK EXPERIENCE:

Woodcreek High School

2551 Woodcreek Oaks Blvd.
Roseville, CA 95747
(916) 771-6565
Teacher / Athletic Director / Coach
8/05 – current

Rocklin High School

5301 Victory Lane
Rocklin, CA 95765
(916) 632-1600
Student Teacher / Substitute Teacher / Coach
8/04 – 6/05

OTHER WORK EXPERIENCE

City of Roseville

Program Supervisor
311 Vernon Street
Roseville, CA 95678
(916) 774-5200

***Purpose:** To be selected as a member of the Sac-Joaquin Section's Executive Committee (AD at large position) or to be voted in as the SJS Board of Managers Medium School Representative.*

Education

1996 B.A. Art Studio - Minor: English at U.C. Davis
2019 Masters in Coaching and Athletic Administration: Concordia University

Athletic Director Experience

2008-2014 Merced High School Athletic Director
2014- Livingston High School Athletic Director
2021-2022 Co-Led Athletic Director for the Merced Union High School District

Teaching/Coaching Experience

1993-2004 Football Coach Livingston High, Golden Valley High and Merced High School
1996-2001 Baseball Head JV/Assistant Varsity Baseball Coach (LHS, GVHS, MHS)
1997- Teacher: Golden Valley High School (97-98), Merced High (98-14), Livingston High (14-)
1997-1998 Major League Baseball International Envoy Coach- Great Britain/France/Austria
2002-2007 Head Varsity Baseball Coach Merced High School
2005-2014 Head Varsity Golf Coach (Girls' 2005-2013, Boys' 2008-2014)

High School Athletic Associations and Memberships

2008- California State Athletic Directors Association
2016-2019 Sac-Joaquin Section Athletic Directors Association Small School Board Representative
2016- Livingston High Executive Representative for the Merced Union H.S. District Teachers Association
2017- National Interscholastic Athletic Administrator Association

Athletic Director Accomplishments

2009 Established the model for head coaching evaluations adopted by the Merced Union H.S. District.
2010/2011 Led the redesign concept of Atwater and Merced Highs new gym projects.
2010/19 Successfully organized efforts to redesign the MUHSD athletic coaching stipend structure.
2011 Created a second softball field on campus at Merced High.
2012 Organized the first home varsity football contest on campus (Merced High) in school history
2013 Solicited funding and designed the initial plans for an on-campus football stadium at Merced High.
2012/14 Collaborated with MUHSD and MUHSDTA in making the Athletic Director position full release.
2016- Developed and implemented the Livingston High Athletics "Block L" Program; A comprehensive leadership and character development program for all LHS athletes and coaches.
2017/2018 Speaker: Sac-Joaquin Section New Athletic Director Conference
2019- Mentor for new SJS Athletic Directors
2019 Speaker at the SJSADA Athletic Director Conference in Rocklin
2020- Sac-Joaquin Section Playoff Committee Member
2021 Speaker: Sac-Joaquin Section New Athletic Director Conference.
2021-22 Appointed (Apr. 2021) Medium School Athletic Director Representative for the Board of Managers.

***Statement:** I believe my experiences as a high school athletic director, teacher, and coach will benefit the Sac-Joaquin Section Board of Managers. I have worked as an Athletic Director at both a large and medium sized school for the past 14 years. I have worked pragmatically with my colleagues in the Central California Conference (2008-2014), Western Athletic Conference (2014-2018) and the Trans Valley League (2018-) to improve the athletic experience for our student-athletes and coaches. The best way to honor the tradition of our organization is to look forward. Finding our best practices for our student-athletes and schools is an ongoing task. I understand the value of relationships and trust within our organization and look forward to serving.*

PRESIDENT
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To: SJS Board of Managers

Date: April 6, 2022

Re: Continued Success Movement - Fall Sports

Implementation: Fall 2022 (2022-23)

Proposal Originated: SJS Staff

Proposal Discussed/Reviewed

Executive Committee - January 27, 2022
SJS Board of Managers - February 2, 2022
SJS Board of Managers - April 6, 2022

Recommendation

Unanimous Support 8-0
First Reading
Action

Proposal Summary:

As per "Continued Success" language in bylaws 2107.8.f.5-Football, 2900.5.a.3.v-Tennis and 3102.1.c.5-Volleyball, staff in consultation with the Executive Committee is recommending the movement of six (6) fall sports school programs/teams up a division.

Continued Success:

If a school has maintained continued success over several years but has not won three straight Section titles, the Section Commissioner (in consultation with the Executive Committee) may recommend to the board that a school be moved to a higher division. Continued success may include, but not be limited to, the following:

- * *Section semifinalists or finalist for four or more years in a row with a least one Section title; or*
- * *Four Section titles in a span of six years.*

Fiscal Impact:

None

Rationale:

The reason for developing the bylaw language under "Continued Success" was to have additional criteria, beyond the "three in a row" language that would allow staff to review the success of schools in specific sports and make recommendations for movement should those schools maintain immense success (other than winning a Section title), thus maintaining a competitiveness for them and all membership.

Proposed Movement, Effective Fall 2022

Central Catholic Football - D1 2022

(2015-16: D3-1st / 2016-17: D2-Qrts / 2017-18: D2-Semis / 2018-19: D2-2nd / 2019-20: D2-Qrts / 2021-22: D2-1st)

Escalon Football - D5 2022 (Lock)

(2015-16: No playoffs / 2016-17: No playoffs / 2017-18: D6-Semis / 2018-19: D6-Semis / 2019-20: D6-1st / 2021-22: D5-1st)

Manteca Football - D2 2022

(2015-16: D3-Qrts / 2016-17: D4-1st / 2017-18: D3-1st / 2018-19: D3-Qrts / 2019-20: D3-1st / 2021-22: D3-1st)

Monterey Trail Football - D1 2022

(2015-16: D1-1st round / 2016-17: D1-1st round / 2017-18: D1-1st round / 2018-19: D1-2nd / 2019-20: D1-2nd / 2021-22: D2-2nd)

Rocklin Girls Tennis - D1 2022 (Lock)

(2015-16: D1-1st / 2016-17: D1-Qrts / 2017-18: D2-1st / 2018-19: D1-1st / 2019-20: D1-Semis / 2021-22: D1-1st)

Escalon Girls Volleyball - D3 2022

(2015-16: D4-Qrts / 2016-17: D4-Qrts / 2017-18: D4-Semis / 2018-19: D4-Semis / 2019-20: D4-1st / 2021-22: D4-1st)

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(209) 334-5900
FAX: (209) 334-0300
www.cifsjs.org

To: SJS Board of Managers

Date: April 6, 2022

Re: Sale of the Sac-Joaquin Section (Peter J. Saco) Building

Implementation:

Proposal Originated: SJS Staff

Proposal Discussed/Reviewed

SJS Executive Committee - June 17, 2021
SJS Executive Committee - August 26, 2021
SJS Board of Managers - October 6, 2021
SJS Executive Committee - January 27, 2022
SJS Board of Managers - February 2, 2022
SJS Executive Committee - March 24, 2022
SJS Board of Managers - April 6, 2022

Recommendation

Discussion
Unanimous Support (8-0)
Closed Session / Discussion
Discussion
Action (Authorized Staff to retain a real estate broker)
Discussion
Action

Proposal Summary:

At the last BOM meeting (2/2/22), the Board was presented with information about the potential sale of the CIF-SJS Building, currently located at 1368 East Turner Road in Lodi. The Board acted, directing staff to retain a broker. At this session, the Board will be asked to approve the sale of the building and authorize the SJS Executive Committee to oversee the negotiations and terms of sale with Section staff and the broker.

- October 6, 2021
 - Item was placed on the BOM agenda under closed session.
 - Placing the SJS building/property on the market was discussed with the Board of Managers. The BOM asked staff to bring back information for consideration.
- February 2, 2022
 - Item was placed on the BOM agenda under action.
 - The information request by the BOM was presented at this meeting (see attached).

At this time, the Section has consulted with TBA brokers; **each broker will not enter into formal contract with the Section until we commit to selling the building.** Below is a synopsis of what each broker has shared with us:

Real Estate Broker #1 - \$1,150,000.00

Real Estate Broker #2 - \$1,100,000.00 to \$1,200,000.00

Real Estate Broker #3 - \$1,500,000.00

Real Estate Broker #4 - \$1,200,000.00

Real Estate Broker #5 - \$1,000,000.00 to \$1,100,000.00

The Real Estate Brokers we have connected with are:

Cushman & Wakefield, RE/MAX, Colliers Real Estate, The Bokides Company Inc., Peterson & Company.

Building Sale/Purchase Pros and Cons

	<u>Pros</u>	<u>Cons</u>
1	Building Mortgage Balance approx \$481,000 with potential value ranging from \$1.1 million to \$1.25 million	
2	Low interest rates for CIFsjs to potentially purchase/lease somewhere else	
3		Building is across the street from the Lodi Dump and next door to a rock grinding business. The area is not a professional environment.
4		Increased transient flows living on the streets and dropping garbage inclusive of syringes and other items in our parking lot
5		Growing maintenance items inclusive of parking lot redo, cracks in foundation cement. These will become expenses shortly.
6	Potential Sale minus mortgage payoff = Net Amount = \$700k to \$750k dependent on Sale price to use entirely or partly on downpayment	
7		No way to know what is available to purchase or lease elsewhere until sale is made. Surrounding properties showed purchases of office condos in the \$648k to \$835k range and a couple of leases of comparable sq ft sizing ranging \$3300 to \$4000 per month.
8	Interest rates are currently low. Currently approximately 3% loans for buyers. (Our current loan is at 4.9%)(Refi's Commercially are at approx 3.6 to 3.8% plus costs)	Interest rates will not stay this low Currently approx 3% commercial loans for buyers with Fed primed for increase of 1/4% three times during 2022.

General Notes

9	General Info on a Sale. Example: Purchase price of \$800k with Down Pay of \$400k leaving a mortgage amount owing on the building at 3.5% for 20 years = \$2609 per month or at 15 years = \$3216 per month as an example...
10	Bottom line: Are we able to sell and get a price we are comfortable with?
11	If we sell, can we find something we are comfortable purchasing?
12	Completely contingent on "IF" we can sell.....



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Office Sale Update - Talking Points

12/31/2021

- The Sale of the 1368 E. Turner building needs to be an Un-Tethered Process. The sale stands separately on its own and if it sells, the sale would be with no contingencies attached to having another building to purchase or lease. Whilst we might be able to lease back for a duration of time, this shall not be tethered as part of a sale.
- Three different RE Agencies toured the building and provided initial thoughts as to worth
 - ✓ Cushman and Wakefield
 - ✓ Cindy Borgeding-Remax
 - ✓ Colliers
- Current Loan Amount Owing at 12/31/21 = \$481k
- Currently Low Commercial interest (Right at about 3% loans- with Fed potential raises of ¼ to ½ % in March, June, and October).
- At \$1.2 Sale minus Mortgage Payoff and Commission of approx. 5% = Net \$700 to \$750k
- Doing Full Appraisal without offer – We don't want to do this and lose the ability to negotiate.
- Appraisal for Commercial Real Estate = \$4000 to \$5000



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To: SJS Board of Managers

Date: April 6, 2022

Re: Proposed Budget for 2022-23

Implementation: Fall 2022

Proposal Originated: Executive Committee

Proposal Discussed/Reviewed

SJS Executive Committee - January 27, 2022
SJS Economic Viability Committee - February 1, 2022
SJS Executive Committee - March 24, 2022
SJS Economic Viability Committee - March 29, 2022
SJS Board of Managers - April 6, 2022

Recommendation

Discussion
Discussion
Discussion/Action
Discussion/Action
First Reading

Proposal Summary:

The proposed budget and all materials were not available at the time of publication of the SJS Board of Managers Meeting materials.

Fiscal Impact:

Section Operations

Next:

SJS Board of Managers Action – June 22, 2022

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To: SJS Board of Managers

Date: April 6, 2022

Re: Continued Success Movement - Winter Sports

Implementation: Winter 2022-23

Proposal Originated: SJS Staff

Proposal Discussed/Reviewed
SJS Executive Committee - March 24, 2022
SJS Board of Managers - April 6, 2022

Recommendation
Discussion/Action
First Reading

Proposal Summary:

As per "Continued Success" language in bylaws 1605.1.c.5-Basketball, 2600.5.d.5-Soccer and 3303.8.a.5-Wrestling, staff may present to the Board of Managers recommendations to move schools up a division, after consulting with the SJS Executive Committee on March 24, 2022.

Formal Proposal MAY be distributed/presented at the Board of Managers meeting on April 6, 2022.

Continued Success:

If a school has maintained continued success over several years but has not won three straight Section titles, the Section Commissioner (in consultation with the Executive Committee) may recommend to the board that a school be moved to a higher division. Continued success may include, but not be limited to, the following:

- * *Section semifinalists or finalist for four or more years in a row with a least one Section title; or*
- * *Four Section titles in a span of six years.*

Fiscal Impact:

None

Rationale:

The reason for developing the bylaw language under "Continued Success" was to have additional criteria, beyond the "three in a row" language that would allow staff to review the success of schools in specific sports and make recommendations for movement should those schools maintain great success (other than winning a Section title), thus maintaining a competitiveness for them and all membership.

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To: SJS Board of Managers

Date: April 6, 2022

Re: Realignment Committee Nominations (2024-2028)

Implementation: January-March 2023

Proposal Originated: SJS Staff

Proposal Discussed/Reviewed
Executive Committee - March 24, 2022
SJS Board of Managers - April 6, 2022

Recommendation
Discussion
First Reading

Proposal Summary: As per SJS Constitution Article 2, Section 3.A, the Board of Managers will accept nominations of one (1) principal and one (1) athletic director from each league. Voting by the BOM, for two (2) principals and one (1) athletic director from both the north and south, will take place at the October 5, 2022 BOM meeting.

SJS Constitution Article 2, Section 3.A.(1)

The realignment committee shall consist of the following: two co-chairpersons, one executive committee member, two member school principals from the north, two member school principals from the south, one athletic director from the north, one athletic director from the south, two at-large positions and the Section Commissioner. The two at-large positions can be any individual currently involved with school related matters, such as school board members, district office personnel, member school principals, athletic directors, etc. Retired school administrators who served on the Board of Managers during their tenure as a site administrator may also be selected for an at-large position. **Each member league will nominate one principal and one athletic director to serve on the committee, and the Board of Managers will vote to fill the positions.** A league cannot be represented by more than one person on the committee. The Executive Committee will select the two at-large positions. All individuals on the realignment committee will be voting members with the exception of the two co-chairpersons and the Section Commissioner. **The members of the realignment committee cannot be members of the Board of Managers, with the exception of the Executive Committee member who will not be allowed to vote on any appeals to the Board of Managers.**

Nominations are due to the Section office by **Friday, September 9, 2022** (nominations should include a one (1) page resume)

SECTION REALIGNMENT TIMELINE FOR 2024-2028

- **April 6, 2022**
SJS Board of Managers meeting; first reading item - Nominations for Realignment Committee / Distribute timeline.
 - **AUGUST 10-11, 2022**
"School results form" will be discussed with league commissioners at their August meeting.
 - **AUGUST 15, 2022**
"School results form" will be distributed and discussed with membership.
 - **SEPTEMBER 9, 2022**
Nominations for realignment committee are due to the Section office, from League Commissioners. (Each league is to nominate one (1) Athletic Director and one (1) Administrator - **submission of nominations require a one (1) page resume**).
 - **SEPTEMBER 13-15, 2022**
Distribution of nominations (list & one (1) page resumes from all leagues who have submitted a nomination). Member schools will review the list and discuss at their league meeting who the league will vote for to serve on the realignment committee.
 - **SEPTEMBER 26, 2022**
"School results form" is due to your league commissioner or earlier if determined by the league and commissioner.
 - **OCTOBER 3, 2022**
All members "School results form" are due to the Section office.
 - **OCTOBER 5, 2022**
Voting for Realignment Committee takes place at the Board of Managers meeting. The Realignment Committee shall consist of the following (**ANY INDIVIDUAL WHO SERVES ON THE REALIGNMENT COMMITTEE CANNOT ALSO BE A MEMBER OF THE BOARD OF MANAGERS**):
 - Two (2) co-chairpersons**
 - One (1) Executive Committee member*
 - Two (2) principals from the north
 - Two (2) principals from the south
 - One (1) athletic director from the north
 - One (1) athletic director from the south
 - Two at-large positions (chosen by Executive Committee after election is completed)
 - Section Commissioner**
- NOTE: *Executive Committee member does not vote on any appeals to the Board of Managers.
*Non-voting member of the Realignment Committee.
- **MEETING SCHEDULE (JANUARY 2023 to MARCH 2023)**
 1. Meeting #1 - Tuesday, January 17, 2023 (TBD)
 2. Meeting #2 - Tuesday, February 7, 2023 (TBD)
 3. Meeting #3 - Tuesday, February 28, 2023 (TBD)
 4. Meeting #4 - Tuesday, March 7, 2023 (TBD)
 5. Meeting #5 - Tuesday, March 21, 2023 - if necessary (TBD)

Meetings will be open to the public, and the public will be given the opportunity to speak to the committee.

➤ **MARCH 27, 2023**

Submit a final proposal to member schools for a vote.

➤ **APRIL 3, 2023**

Voting ballots are due to the Section office.

➤ **APRIL 4-10, 2023**

Proposal forwarded to Board of Managers for approval. This is based on the proposal receiving a simple majority approval.

➤ **APRIL 26, 2023**

BOM will vote on the realignment proposal

➤ **APRIL 2023-JUNE 2024**

Schools will have this period of time to meet with their new leagues and re-organize.

➤ **AUGUST 2024**

New realignment officially begins.

DRAFT

SUPPLEMENTAL DOCUMENTS PORTFOLIO

(BOM 4-6-22)

2. 2022-2023 SJS Meeting Dates Calendar **{Pg. 1}**
3. 2022-2023 SJS Holiday Calendar **{Pg. 2}**
4. 2022-2023 SJS Tentative Calendar of Events **{Pgs. 3-16}**
5. SJS Model Coach Press Release **{Pgs. 17-19}**
6. 2022-2023 Updated SJS Quick Reference Playoff Guide **{Pgs. 20-23}**
7. 2023-24 SJS Quick Reference Playoff Guide **{Pgs. 24-27}**
8. Articles of Interest
 - a. NFHS Voice: Article - National Coaches of the Year Focused on Education-Based Philosophies **{Pgs. 28-31}**
 - b. NFHS Voice: Article - NFHS-NFL Football Initiatives, Multiple Sport Participants in Super Bowl **{Pgs. 32-35}**
 - c. NFHS Voice: Article - Regarding Sportsmanship, It's Time for Wake-Up Call in High School Sports **{Pgs. 36-39}**
 - d. NFHS News Release - 2020-21 National Coaches of the Year Selected by NFHS Coaches Association **{Pgs. 40-53}**
 - e. NFHS News Release - NFHS to Host First-Ever Women and Sport Leadership Virtual Summit in May **{Pgs. 54-57}**
 - f. NFHS News Release - Relaxed Hair Adornment, Uniform Rules Among Administrative Changes Set for High School Volleyball in 2022-23 **{Pgs. 58-61}**
 - g. NFHS News Release - NFHS Foundation Approves Grant to Distribute Wet Bulb Globe Thermometers to High Schools **{Pgs. 62-64}**
 - h. NFHS News Release - NFHS Learning Center Delivers 15 Millionth Course **{Pgs. 65-67}**
 - i. NFHS News Release - NFHS Learning Center Debuts Free "Football Tackling" Course Through NFL Partnership **{Pgs. 68-71}**

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MEETINGS SCHEDULE FOR 2022-23

SJS BOARD OF MANAGERS

FALL

October 5, 2022 (Wednesday) TBD

WINTER

February 1, 2023 (Wednesday) TBD

SPRING #1

April 26, 2023 (Wednesday) TBD

SPRING #2

June 21, 2023 (Wednesday) Virtual/Zoom

SJS EXECUTIVE COMMITTEE

Thursday, August 25, 2022 Section Office
 Thursday, September 29, 2022 Section Office
 Thursday, November 17, 2022 Section Office
 Thursday, January 26, 2023 Section Office
 Thursday, April 20, 2023 Section Office
 Thursday, May 11, 2023 (Tent.) Section Office
 Thursday, June 15, 2023 Section Office

PRESIDENTS ADVISORY COUNCIL

Monday, September 19, 2022 Virtual
 Wednesday, January 18, 2023 Virtual
 Monday, April 17, 2023 Virtual

PLAYOFF COMMITTEE

Thursday, September 8, 2022 Section Office
 Thursday, January 19, 2023 Section Office
 Thursday, May 4, 2023 Section Office

SJS SUMMIT/ADMIN WORKSHOP

TBD

STATE CIF FEDERATED COUNCIL

October 7, 2022 (Fri) TBD

February 2-3, 2023 (Thurs-Fri) TBD

April 27-28, 2023 (Thurs-Fri) TBD

ECONOMIC VIABILITY COMMITTEE

Monday, October 3, 2022 Virtual
 Monday, January 30, 2023 Virtual
 Monday, April 24, 2023 Virtual
 Monday, June 19, 2023 Virtual

SJS LEAGUE COMMISSIONERS

Tuesday, August 9, 2022 Section Office
 Tuesday, April 4, 2023 Section Office

REALIGNMENT COMMITTEE

Tuesday, January 17, 2023 TBD
 Tuesday, February 7, 2023 TBD
 Tuesday, February 28, 2023 TBD
 Tuesday, March 7, 2023 TBD
 Tuesday, March 21, 2023 TBD

SUPERINTENDENTS COMMITTEE

TBD

SJS NEW ATHLETIC DIRECTORS WORKSHOP

(All workshops will be held at the Section Office, Lodi – 9:00 AM)

Wednesday, August 3, 2022	Wednesday, October 26, 2022
Wednesday, August 17, 2022 (12 noon)	Wednesday, December 7, 2022
Wednesday, September 28, 2022	Wednesday, April 19, 2023 (Tentative)

APPROVED: EXECUTIVE COMMITTEE -TBA

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**SAC-JOQUIN SECTION
 HOLIDAYS 2022-23**

<u>DAY</u>	<u>DATE</u>	<u>HOLIDAY</u>
MONDAY	SEPTEMBER 5	LABOR DAY
MONDAY	OCTOBER 10	COLUMBUS DAY*
FRIDAY	NOVEMBER 11	VETERAN'S DAY
THURSDAY-FRIDAY	NOVEMBER 24-25*	THANKSGIVING*
MONDAY	DECEMBER 26	CHRISTMAS (OBSERVED)
TUESDAY-FRIDAY	DECEMBER 27-30	WINTER BREAK
MONDAY	JANUARY 2	NEW YEAR'S DAY (OBSERVED)
MONDAY	JANUARY 16	MARTIN LUTHER KING DAY
MONDAY	FEBRUARY 20	PRESIDENTS DAY*
FRIDAY	MARCH 31	CESAR CHAVEZ DAY*
FRIDAY-MONDAY	APRIL 7 & 10	EASTER
MONDAY	MAY 29	MEMORIAL DAY
MONDAY	JUNE 19	JUNETEENTH#
MONDAY-TUESDAY	JULY 3-4	INDEPENDENCE DAY

* CALIFORNIA OR NATIONAL HOLIDAY THAT WILL BE OBSERVED IN DECEMBER (2022) DUE TO STAFF WORKING POST-SEASON EVENTS OR MUTUALLY AGREED TO ADJUST. OFFICE WILL BE OPEN.

NATIONAL HOLIDAY OBSERVED IN CONJUNCTION WITH INDEPENDENCE DAY.

APPROVED: EXECUTIVE COMMITTEE - TBD

SAC-JOAQUIN SECTION

Subject to Change

Calendar of Events

2022-2023

Updated March 15, 2022

JULY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
Week 1	<div style="border: 1px solid black; padding: 2px;"> INDEPENDENCE DAY SJS Office Closed Football Preseason Dead Period Begins </div> 4	5	6	7	8	9
Week 2	Fall Sports Dead Period Begins (except for football and water polo)	12	13	14	15	16
Week 3						
Week 4	FOOTBALL PRACTICE STARTS Water Polo Dead Period Begins	19	20	21	22	23
		26	27	28	29	30
	31					

AUGUST 2022

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 5		FALL SPORTS PRACTICE STARTS (except for football and water polo) 1		New AD Workshop #1 3			
Week 6			League Commissioners Mtg. Section Office - 10 a.m. 9			FALL SPORTS FIRST SCRIMMAGE (except for Water Polo) 12	6
Week 7	7	8		10	11		13
		Water Polo Practice Begins 15		ADMIN WORKSHOP TENTATIVE (Wire and Roses) New AD Workshop #2 17	FROSH FOOTBALL FIRST CONTEST 18	FIRST FALL SPORT CONTEST (except for Water Polo) 19	Water Polo First Scrimmage 20
Week 8							
	14	15	16				
		FOUNDATION GIRLS VOLLEYBALL GAMES 22			Executive Committee Meeting Section Office - 10 a.m. 25	FIRST WATER POLO CONTEST 26	
Week 9							
	21	22	23	24	25	26	27
	28	29	30	31			

SEPTEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 9						
Week 10	LABOR DAY SJS Office Closed	State Commissioners Committee	State Commissioners Committee	Playoff Committee Mtg. Section Office 10:00a.m.		
4	5	6	7	8	9	10
Week 11						
11	12	13	14	15	16	17
	NFHS Section 7/8 Meetings					
18	19	20	21	22	23	24
Week 13	Presidents Advisory Council Mtg. 1:30pm (Virtual)		New AD Workshop #3	Executive Committee Meeting Section Office - 10 a.m.		
25	26	27	28	29	30	1

OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 14	2 Economic Viability Committee Meeting (Virtual)	3 WINTER SPORTS DEAD PERIOD BEGINS	4 COLUMBUS DAY * Holiday Observed at Later Date	5 CIF SJS Board of Managers	6 CIF State Federated Council	7 8
Week 15	9	10	11	12	13	14 15
Week 16	16	17	18	19	20	21 22
Week 17	23	24	25	26	27	28 29
Week 18	30	31				

NOVEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 18		Girls Volleyball Playoffs Water Polo Playoffs	Girls Team Tennis Playoffs Water Polo Playoffs D1, D2 Ind. Girls Tennis		Football Playoffs	GIRLS VOLLEYBALL FINALS Cross Country Subsection
Week 19	NorCal Girls Golf Girls Team Tennis	1 Water Polo Playoffs Girls Tennis Team Finals NorCal Girls Volleyball	2 GIRLS VOLLEYBALL FINALS (tentative)	3	4 VETERAN'S DAY SIS Office Closed Football Playoffs WINTER SPORTS FIRST SCRIMMAGE	5 WATER POLO FINALS CROSS COUNTRY SECTION NorCal Girls Volleyball
Week 20		8 NorCal Girls Volleyball	9 NorCal Water Polo STATE GIRLS GOLF	10 Executive Committee Meeting Section Office - 10 a.m.	11 FIRST WINTER SPORTS CONTEST Football Playoffs	12 NorCal Water Polo
Week 21		15 NorCal Girls Volleyball	16 NorCal Girls Volleyball	17 THANKSGIVING SIS Office Closed	18 NorCal Girls Tennis STATE GIRLS VOLLEYBALL FINALS	19 STATE CROSS COUNTRY FOOTBALL FINALS
Week 22		22 FOUNDATION BASKETBALL GAMES	23	24	25	26
		29	30			

DECEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 22					NorCal Football	
			New AD Workshop #5	1	2	3
Week 23					STATE FOOTBALL BOWL GAMES	
4	5	6	7	8	9	10
Week 24						
11	12	13	14	15	16	17
Week 25						CHRISTMAS EVE
18	19	20	21	22	23	24
Week 26	Christmas Day Observed OFFICE CLOSED					
CHRISTMAS			* HOLIDAYS OBSERVED HERE			
25	26	27	28	29	30	31

JANUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 27 1 New Year's Day	2 New Year's Day Observed OFFICE CLOSED	3	4 BOM Items Due	5	6	7
Week 28				BOM MATERIALS OUT		SJS Traditional Competitive Cheer Invitational (Oak Ridge HS)
8	9	10	11	12	13	14
Week 29	15	16	17	18	19	20
	21	22	23	24	25	26
Week 30	27	28	29	30	31	
Week 31						

FEBRUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 31			CIF SJS Board of Managers	CIF State Federated Council		Last Day For Individual Wrestling
Week 32	SPRING SPORTS PRACTICE STARTS (except for Baseball and Softball)	REALIGNMENT #2	1	Last Day For Soccer	Last Day For Basketball	Basketball Seeding
5	6	7	8	9	10	11
Week 33	D1-6 GIRLS SOCCER	D1-6 BOYS SOCCER	D1-6 GIRLS SOCCER	D1-6 BOYS SOCCER	FIRST SPRING SPORTS SCRIMMAGE	D5-6 BOYS/GIRLS SOCCER FINALS
12	13	14	15	16	17	18
Week 34	PRESIDENT'S DAY * Holiday Observed at Later Date	D1-4 BOYS & GIRLS SOCCER FINALS			SPRING SPORTS FIRST CONTEST DATE	
19	20	21	22	23	24	25
Week 35	Boys Volleyball Foundation Games	NorCal Soccer				
26	27	28				

MARCH 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 35				NorCal Basketball		
			1	NorCal Soccer		NorCal Soccer Finals
Week 36		NorCal Basketball Finals			3	4
		REALIGNMENT #4				
	6	7	8	9	10	11
Week 37						
				State Commissioners Committee		
	13	14	15	16	17	18
Week 38						
		REALIGNMENT #5				
	20	21	22	23	24	25
Week 39						
	REALIGNMENT BALLOT OUT		BOM Items Due			
	27	28	29	30	31	
26						

Cesar Chavez Day
* Holiday Observed
at Later Date

APRIL 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 39						
Week 40	REALIGNMENT BALLOTS DUE	League Commissioners Meeting Section Office - 10 a.m.			GOOD FRIDAY SJS Office Closed	1
Week 41	2	4	5	6	7	8
EASTER	SJS Office Closed					
Week 42	9	11	12	13	14	15
	Presidents Advisory Council Meeting 1:30pm (Virtual)		New AD Workshop #6 (Tentative)	Executive Committee Meeting Section Office - 10 a.m.		Last Day For Swimming Contest
Week 43	16	18	19	20	21	22
	Economic Viability Committee Meeting (Virtual)		Last Day For Competitive Cheer	CIF State Federated Council	Boys Diving Trials/Finals	Boys Diving Trials/Finals
			CIF SJS Board of Managers	Competitive Sport Cheer Playoffs	Girls Diving Trials/Finals	Competitive Sport Cheer Playoffs
				Last Day For Boys Volleyball & Girls Soccer Contest	Last Contest Day Co-ed Team Tennis	Last Day For Lacrosse & Ind. Tennis Contests
					Boys Volleyball & Girls Soccer	29
	24	25	26	27	28	29

MAY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 44		Boys Volleyball Playoffs Last Day Boys Team Tennis Girls Soccer Playoffs D7 DALE SCHOLARSHIP & MODEL COACH BREAKFAST AWARDS	Boys/Coed Team Tennis Seeding Last Day for Boys Golf	Girls Swimming Trials Boys Volleyball Playoffs Boys/Coed Team Tennis Playoffs Girls Soccer Playoffs D7 Playoff Committee Meeting 10:00am Section Office	Boys Swimming Trials Last Contest Day for Badminton & Baseball	Boys/Girls Swimming Finals Last Contest Day for Track & Field Girls Soccer Finals D7
	1	2	3	4	5	6
Week 45	Boys Divisional Golf Boys/Coed Team Tennis Playoffs	Boys Volleyball Playoffs	Boys/Coed Team Tennis Finals	Executive Committee Mtg. (Tentative) Last Day For Softball	Badminton Playoffs Boys/Coed Team Tennis Finals	Badminton Finals Boys Volleyball Finals
	8	9	10	11	12	13
Week 46	BOYS MASTERS GOLF Baseball Playoffs Boys/Coed Individual Tennis Playoffs	NorCal Boys Volleyball Softball Playoffs	BASEBALL PLAYOFFS	NorCal Boys Volleyball Softball Playoffs	Softball Seeding	NorCal Badminton Finals NorCal Boys Volleyball Finals Softball Playoffs + D5-7 Finals
	15	16	17	18	19	20
Week 47	NorCal Golf	Softball Playoffs	Baseball Finals	Baseball Finals	STATE TRACK MEET Softball Finals D1-4	STATE TRACK MEET
	22	23	24	25	26	27
Week 48	MEMORIAL DAY SJS Office Closed	Norcal Baseball Norcal Softball	BOYS STATE GOLF			
	29	30	31			
	28					

JUNE 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 48				Norcal Baseball Norcal Softball		Norcal Baseball Finals Norcal Softball Finals
Week 49		State Commissioners Committee				
Week 50	BOM MATERIALS OUT					
	4	5	6	7	8	9
Week 51	11	12	13	14	15	16
		JUNETEENTH * Holiday Observed at Later Date		CIF SJS Board of Managers		
	18	19	20	21	22	23
Week 52				Executive Committee Meeting Section Office - 10 a.m.		
	25	26	27	28	29	30
				NFHS Summer Meeting		

JULY 2023

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 1							1
		# HOLIDAY OBSERVED SJS Office Closed	INDEPENDENCE DAY SJS Office Closed				
	2	3	4	5	6	7	8
Week 2		Fall Sports Dead Period Begins (except for football and water polo)					
	9	10	11	12	13	14	15
Week 3							
	16	17	18	19	20	21	22
Week 4		FOOTBALL PRACTICE STARTS					
	23	24	25	26	27	28	29
		Water Polo Dead Period Begins					
	30	31					

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MEDIA RELEASE

FOR IMMEDIATE RELEASE
 Tuesday, January 11, 2022

Contact: Will DeBoard, Assistant Commissioner
 wdeboard@cifsjs.org

Sac-Joaquin Section names six Model Coaches

Lisa Avrett and Kirk Klucznik selected for statewide honors

The Sac-Joaquin Section today named **Lisa Avrett** (Pitman), **Kristie Dornan** (River City), **John Kane** (Merced), **Kirk Klucznik** (Bear Creek), **Brelynn Shirey** (John Adams Academy) and **Matt Winton** (Livingston) as the recipients of the

2021-22 Sac-Joaquin Section Model Coach Award.

This year's six winners represent six different high schools, six leagues, four of the seven divisions and both halves of the Section.

Avrett is the fourth coach from Pitman High to

receive this award. Kane is the second coach from Merced High to receive this award and Winton is the second winner from Livingston High. These are the first winners from Adams Academy, Bear Creek and River City High Schools.

To date, 128 coaches have been honored from 76 different schools.

The award, honoring coaches who are positive role models within our schools and the community at large, is being given for the 21st year. Each of the six model coaches will receive a plaque and a lifetime Sac-Joaquin Section pass at the Scholarship Breakfast on April 26.

Each member school in the Sac-Joaquin Section

can nominate one male and one female coach from its staff. Those names then went to the leagues, and each league was then directed to select one male and one female coach and send those names to the Section office for consideration.

Below is a short synopsis of this year's six honorees, listed in alphabetical order:

LISA AVRETT (Pitman)

Avrett coached water polo and swimming at Johansen for 23 years, swimming at Oakdale for three years, and water polo and swimming at Pitman for the last three years.

She's also volunteers within her community with the Red Cross as she teaches and trains lifeguards and she's been a coach with Modesto-Stanislaus Water Polo for 23 years.

"Lisa's totally invested in the development of young women here at Pitman," Pitman athletic director Dave Walls said. "And as a coach has demonstrated the true qualities of trustworthiness, respect and fairness. She's invested so much of her heart and time in growing Pitman Aquatics."

KRISTIE DORNAN (River City)

Dornan has coached cross country and track and field since 2014; she also coached girls basketball for five years (2006-2010) and girls soccer for five years (2001-2005). Her girls basketball teams won two league championships during her tenure.

In addition to that, she has been a member of the peer mediation team (10 years), school safety team (two years), PBTS Team (two years) and was

Model Coach Winners	
2021-2022	
Lisa Avrett	Pitman
Kristie Dornan	River City
John Kane	Merced
Kirk Klucznik	Bear Creek
Brelynn Shirey	Adams Academy
Matt Winton	Livingston

Note: Above are the winners, listed alphabetically, of the 2021-22 Model Coach program.

MODEL COACH – 2 of 3

the WASC Chair for two years. She's been a class advisor for four years.

"Kristie is a natural born leader of student-athletes and staff," River City athletic director Matthew Powell said. "Her unlimited energy and sacrifice to help and care for River City's students' well-being in unmatched.

"She goes above and beyond for everything here at River City, attacking every aspect of her life with great enthusiasm."

JOHN KANE (Merced)

Kane currently coaches girls golf (since 2014), softball (since 2017) and is an assistant for boys basketball (since 2012). Previously, he coached at Atwater; varsity boys basketball for 12 years, freshman softball for four years, JV baseball for four years and freshman football for two years. In girls golf, he was named the Merced Sun-Star coach of the year in 2018 and was the 2020-21 SJS Coach of the Year. While at Atwater, he won an award for championing the inclusion of students with disabilities.

He volunteers as a youth coach in his community with basketball, baseball and softball.

"John is always teaching his athletes and students on all six pillars of character," Merced athletic director Paul Hogue said. "I do not worry about Coach Kane and his programs. His kids carry themselves with class and respect for him and our school."

KIRK KLUCZNIK (Bear Creek)

Kirk has coached girls volleyball for 28 years and softball for 24 years. During his time at Bear Creek, he's seen his teams win a combined 15 league titles and the volleyball team has a current league winning streak of 53 matches.

He developed the Rivals Unite Softball Tournament for the last eight years, during which time he's raised \$55,000 for the local Breast Cancer Foundation. He's worked with the Special Olympics for four years.

Past Model Coach Winners

2001-02

Warren Blomquist	Oakmont
Mike Gebhardt	Mesa Verde
Judy Morris	Rio Linda
Angie Pozzi	Rocklin
Barbara Smith	Sonora
Harvey Tahara	McClatchy

2002-03

Armando Alonzo	Colfax
Paul Cornwell	Beyer
Jackie Gabriel	Casa Roble
Gary Stringfellow	Woodcreek
Donna Tofft	Lincoln (L)
Judy Wettstein	Vacaville

2003-04

Suzanne Baker	Capital Christian
Tom Galvin	Lincoln-S
Joan Lewis	Del Oro
Darla Mayhew	Sonora
Dean Perkins	Oakmont
Peter Sawyer	Dixon

2004-05

Dan Carmazzi	Jesuit
Jan Edwards	Bret Harte
Barbara Iten	Dixon
Radley McCord	Placer
Shawna Nunes	Ceres
Bill Rood	Linden
Jim Rubiales	Lincoln-S
Alynn Wright	St. Francis

2005-06

Keri Butler	Vanden
Kristy Dwyer	Summerville
Rick Francis	Sonora
Rod Gaines	Tokay
Tevani Liotard	Sierra
Marlen Ronten	Summerville

2006-07

Denise Aguilar	Sheldon
Brent Bohlender	Johansen
Jack McCrory	Bear River
Terri McKillop	Woodcreek
Angelo Naldi	Livingston
Lisa Shrock	Sierra

2007-08

Walt Lange	Jesuit
Max Miller	Cordova
Ron Pucci	Colfax
Thalia Puddy	Wood
Felicia Rowley	St. Mary's
Mary Jo Truesdale	Sheldon

2008-09

Vince Bicocca	Calaveras
Jennifer Birch	Roseville
Patty Burnett	McNair
Courtney Porter	Tokay
Nan Prolo	Benicia
Mike Singer	Armijo

2009-10

LaDeane Hansten	Sonora
Mark Loureiro	Escalon
Len Marks	Marysville
Vicky Satterlee	Colfax
Elizabeth Saunders	Vintage
Jack Thomson	Sierra

2010-11

Rich Cathcart	Bret Harte
Nancy Holt	Woodcreek
Connie Marion	Lodi
Ann Talamantes-Ristow	Hogan
Mick Tate	Pitman
Ben Tsukiji	West

Note: Above are the winners, listed alphabetically, from inception in 2001-02 through 2010-11.

MODEL COACH – 3 of 3

"Kirk is the longest-serving coach at Bear Creek High School," Former Bear Creek athletic director Jason Johnson said. "He has directly impacted nearly 1,000 student-athletes, helping them find their inner-strength, tenacity, drive, spirit, and their boundless futures."

BRELYNN SHIREY (John Adams Academy)

Shirey has coached girls volleyball, girls basketball and boys volleyball at Adams Academy for the last six years each. Her girls basketball team was the 2016-17 academic team champion and her 2019-20 girls volleyball team was the NPAC champion.

She's been the Adams Academy service project chaperone since 2016, helping coordinate work with Feed my Starving Children, Acres of Hope and Winter Gala.

"I cannot remember a season of basketball or volleyball where I didn't learn something from Coach Bre," Kailee Beloberk, one of her players, said. "She taught our teams lessons in humility, loving others, using our voices for good and supporting one another."

MATT WINTON (Livingston)

Winton has coached baseball for 29 years, football for 15 years, girls golf for 14 years and boys golf for one year. He's won five league coach of the year titles in baseball and girls golf, both sports where he is still active.

He's provided a free youth baseball clinic in Livingston for the last 19 years, served for four years on the Livingston Recreation Commission, and has been the Block L Advisor for five years.

"Matt's enthusiasm and love for coaching is exemplified in his interaction with all his players," Hilmar girls golf coach Ty Pettigrew said. "He understands how to use the game of golf to form his players into productive members of society when they leave his program."

NOTE: The Sac-Joaquin Section is also working in conjunction with the state CIF in honoring 20 model coaches from among the 10 sections of the state of California. Each section is allowed two recipients (one male and one female) for their award. From the six above, the committee selected Lisa Avrett of Pitman and Kirk Klucznik of Bear Creek to represent the Sac-Joaquin Section at that level.

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CIF Sac-Joaquin Section oversees high school athletics for 191 schools and 225,000 students. Its geographic boundaries stretch from Merced in the south, Grass Valley in the North, Fairfield to the west and the Nevada state line to the east. The Section is the second largest of California's 10 athletic sections.

Past Model Coach Winners	
2011-12	
Diane Heine	Christian Brothers
Mike Papadopoulos	Vacaville
Kelly Rhoden	Nevada Union
Roddy Svendsen	Atwater
Mike Takayama	Del Oro
Janice Williams	Galt
2012-13	
Kingsley Claudy	Monterey Trail
Debbie Clemens	Pitman
Mark Miller	Linden
Michael Morris	Rio Linda
Jana Osgood	Downey
Jill Tooker	Del Oro
2013-14	
Rusty Fachner	Escalon
Michael Gimenez	Whitney
Maria Hill	Valley Christian
Mike Johnson	Franklin-EG
Rhonda Mohr	Davis Sr.
Mimi Scott	Colfax
2014-15	
Terri Hammerstrom	Franklin-S
Eric McCahon	Cordova
Mike Rosendin	Sierra
Tara Staal	Lodi
Christie Wheeler	Bella Vista
Mike Zaklan	Linden
2015-16	
Jay Aliff	Union Mine
Troy Mott	Napa
Kay Nekota	Vacaville
Kristen Pontes-Christian	Pitman
Matt Thissen	Golden Valley
Elizabeth Zamora	Lincoln-L
2016-17	
Lynn Barcellos	Los Banos
Mary Krupka	Turlock
Catherine Mendes	Hilmar
Manuel Pires	Sierra
Rob Scheidt	Merced
Dean Stark	Sac Waldorf
2017-18	
Fred Jones	Vacaville
Mike Lee	Bella Vista
Mary McCullick	Atwater
Sarah McLaughlin	Rodriguez
Linda Merrida	Pioneer
Steve White	Oak Ridge
2018-19	
Maureen Barnett	Rio Americano
Greg Largent	Escalon
Terry Logue	Bear River
Jill McPherson	Ripon
Marcy Tarr	Marysville
Rick Wanlin	Rosemont
2019-20	
T.J. Ewing	Monterey Trail
Patti Harris	Hilmar
Daryn Glasgow	Bear River
Scott Savoie	Bear River
Rob Steve	Gregori
MaryAnn Tolbert	Manteca
2020-21	
Luis Barranon	Marysville
Tracy Cordes	Rodriguez
Brian Kilby	Franklin-EG
Chopper Mello	Golden Valley
Christine Toon	West
Jacqueline Wooding	Golden Valley

Note: Above are the winners, listed alphabetically, from inception in 2011-12 through 2020-21.



QUICK REFERENCE PLAYOFF GUIDES 2022-23

Updates

Football	Round 2 Playoff Date Adjustment November 10 to November 11
Water Polo	Semis Site Adjustment TBA to Home Sites
Soccer	Pushed Season Back Six (6) days Playoffs Adjusted
Softball	D1-4 Playoff Dates Adjustment

March 9, 2022

QUICK REFERENCE FALL PLAYOFF GUIDE - 2022-23

GIRLS GOLF	D - I	D - II	D - III	D - IV	D - V
	Oct. 24 @ TBD (TCAL host)	Oct. 24 @ TBD (CCAL host)	Oct. 24 @ TBD (VOL host)	Oct. 24 @ TBD (GEL host)	Oct. 24 @ TBD (MLL host)
	Masters Oct. 31 @ The Reserve at Spanos Park		NorCal Nov. 7 @ TBA		State Nov. 16 @ TBA

GIRLS VOLLEYBALL	D - I	D-II	D-III	D-IV	D-V	D-VI
All volleyball finals will be played on Nov. 3 or 5 at sites TBD	Oct. 24	Oct. 24	Oct. 24	Oct. 24	Oct. 25	Oct. 25
	Oct. 25	Oct. 25	Oct. 25	Oct. 25	Oct. 27	Oct. 27
	Oct. 27	Oct. 27	Oct. 27	Oct. 27	Nov. 1	Nov. 1
	Nov. 1	Nov. 1	Nov. 1	Nov. 1	Nov. 3 or 5	Nov. 3 or 5
	Nov. 3 or 5	Nov. 3 or 5	Nov. 3 or 5	Nov. 3 or 5		
	NORCAL Nov. 8, 9, 10, 12, 15 @ Home Sites			STATE Nov. 18-19 @ TBD		

BOYS SOCCER	October 25, 27 and 29
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GIRLS TEAM TENNIS	ROUND ONE	ROUND TWO	SEMIFINALS	FINALS	NORCAL
DIVISIONS I AND II	Oct. 31	Nov. 2	Nov. 7	Wednesday, Nov. 9	Nov. 18-19
DIVISIONS III AND IV	Oct. 31		Nov. 2	Tuesday, Nov. 8	
GIRLS IND. TENNIS	Nov. 3-4 @ Johnson Ranch Racquet Club, Roseville				

WATER POLO	OUTBRACKET	ROUND ONE	SEMIS	SECTION FINALS
DIVISION I Girls	Nov. 1 @ Home Sites	Nov. 3 @ Home Sites	Nov. 8 @ Home Sites	Nov. 12 @ Woodcreek
DIVISION II Girls	Nov. 1 @ Home Sites	Nov. 3 @ Home Sites	Nov. 8 @ Home Sites	Nov. 12 @ Woodcreek
DIVISION III Girls	Nov. 1 @ Home Sites	Nov. 3 @ Home Sites	Nov. 8 @ Home Sites	Nov. 12 @ Woodcreek
DIVISION I Boys	Nov. 2 @ Home Sites	Nov. 4 @ Home Sites	Nov. 9 @ Home Sites	Nov. 12 @ Woodcreek
DIVISION II Boys	Nov. 2 @ Home Sites	Nov. 4 @ Home Sites	Nov. 9 @ Home Sites	Nov. 12 @ Woodcreek
DIVISION III Boys	Nov. 2 @ Home Sites	Nov. 4 @ Home Sites	Nov. 9 @ Home Sites	Nov. 12 @ Woodcreek
NORCAL	Nov. 16 & 19 - Sites TBD			

FOOTBALL	D - I	D - II	D - III	D - IV	D - V	D - VI	D - VII
	Nov. 4	Nov. 4	Nov. 4	Nov. 4	Nov. 4	Nov. 4	Nov. 4
	Nov. 11	Nov. 11	Nov. 11	Nov. 11	Nov. 11	Nov. 11	Nov. 11
	Nov. 18	Nov. 18	Nov. 18	Nov. 18	Nov. 18	Nov. 18	Nov. 18
	Nov. 25/26	Nov. 25/26	Nov. 25/26	Nov. 25/26	Nov. 25/26	Nov. 25/26	Nov. 18
FINALS	Sites TBD						
STATE BOWL GAMES	Regionals: December 2-3, 2022 @ Home Sites State: December 9-10, 2022 @ Sites TBD						

CROSS COUNTRY	SUBSECTION	SECTION	STATE
	Nov. 5 @ Angels Camp	Nov. 12 @ Willow Hill, Folsom	Nov. 26 @ Woodward Park

TRAD. COMP. CHEER	SJS INVITATIONAL	NORCAL REGIONAL
	Jan. 14 @ Oak Ridge HS	Jan. 21 @ TBD

QUICK REFERENCE WINTER PLAYOFF GUIDE - 2022-23

TEAM WRESTLING	DIVISION I - II - III - IV - V - VI					
	January 28 @ Site TBD					
BOYS WRESTLING	D - I	D-II	D-III	D-IV	D-V	Masters
	Feb. 10-11 @ (TCAL Host)	Feb. 10-11 @ (Metro Host)	Feb. 10-11 @ (VOL Host)	Feb. 10-11 @ (WAC Host)	Feb. 10-11 @ (TVL Host)	Feb. 17-18 @ Stockton Arena
BOYS WRESTLING	STATE TOURNAMENT					
	February 23-25 @ Mechanics Bank Arena, Bakersfield					
GIRLS WRESTLING	NORTH/SOUTH REGIONALS		SECTION		STATE	
	Feb. 10-11 @ Central Valley (S), Natomas (N)		Feb. 17-18 @ Stockton Arena		Feb. 23-25 @ Mechanics Bank Arena	
BOYS BASKETBALL	OUTBRACKETS	ROUND ONE	ROUND TWO	SEMIFINALS	FINALS	
DIVISION I	Feb. 14 Home Sites	Feb. 15 Home Sites	Feb. 17 Home Sites	Feb. 22 Home Sites	Feb. 24 or 25 @ Golden 1 Center	
DIVISION II	Feb. 14 Home Sites	Feb. 15 Home Sites	Feb. 17 Home Sites	Feb. 22 Home Sites	Feb. 24 or 25 @ Golden 1 Center	
DIVISION III	Feb. 14 Home Sites	Feb. 15 Home Sites	Feb. 17 Home Sites	Feb. 22 Home Sites	Feb. 24 or 25 @ Golden 1 Center	
DIVISION IV	Feb. 14 Home Sites	Feb. 15 Home Sites	Feb. 17 Home Sites	Feb. 22 Home Sites	Feb. 24 or 25 @ Golden 1 Center	
DIVISION V		Feb. 15 Home Sites	Feb. 17 Home Sites	Feb. 22 Home Sites	Feb. 24 or 25 @ Golden 1 Center	
DIVISION VI		Feb. 15 Home Sites	Feb. 17 Home Sites	Feb. 22 Home Sites	Feb. 24 or 25 @ Golden 1 Center	
GIRLS BASKETBALL	OUTBRACKETS	ROUND ONE	ROUND TWO	SEMIFINALS	FINALS	
DIVISION I	Feb. 13 Home Sites	Feb. 14 Home Sites	Feb. 16 Home Sites	Feb. 21 Home Sites	Feb. 24 or 25 @ Golden 1 Center	
DIVISION II	Feb. 13 Home Sites	Feb. 14 Home Sites	Feb. 16 Home Sites	Feb. 21 Home Sites	Feb. 24 or 25 @ Golden 1 Center	
DIVISION III	Feb. 13 Home Sites	Feb. 14 Home Sites	Feb. 16 Home Sites	Feb. 21 Home Sites	Feb. 24 or 25 @ Golden 1 Center	
DIVISION IV	Feb. 13 Home Sites	Feb. 14 Home Sites	Feb. 16 Home Sites	Feb. 21 Home Sites	Feb. 24 or 25 @ Golden 1 Center	
DIVISION V		Feb. 14 Home Sites	Feb. 16 Home Sites	Feb. 21 Home Sites	Feb. 24 or 25 @ Golden 1 Center	
DIVISION VI		Feb. 14 Home Sites	Feb. 16 Home Sites	Feb. 21 Home Sites	Feb. 24 or 25 @ Golden 1 Center	
BASKETBALL	NORCAL		NORCAL FINALS		STATE FINALS	
	Feb. 28, March 1, 2, 4 @ Home Sites		March 7 @ Sites TBD		March 10-11 @ Golden 1 Center	

BOYS SOCCER	D - I	D-II	D-III	D-IV	D-V	D-VI
Finals Sites TBD	Feb. 14 Feb. 16 Feb. 18 Feb. 21-23	Feb. 14 Feb. 16 Feb. 18 Feb. 21-23	Feb. 14 Feb. 16 Feb. 18 Feb. 21-23	Feb. 14 Feb. 16 Feb. 18 Feb. 21-23	Feb. 14 Feb. 16 Feb. 18	Feb. 14 Feb. 16 Feb. 18

GIRLS SOCCER	D - I	D-II	D-III	D-IV	D-V	D-VI
Finals Sites TBD	Feb. 13 Feb. 15 Feb. 17 Feb. 21-23	Feb. 13 Feb. 15 Feb. 17 Feb. 21-23	Feb. 13 Feb. 15 Feb. 17 Feb. 21-23	Feb. 13 Feb. 15 Feb. 17 Feb. 21-23	Feb. 13 Feb. 15 Feb. 18	Feb. 13 Feb. 15 Feb. 18

NORCAL SOCCER	Feb. 28, March 2 and 4 @ Home Sites
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QUICK REFERENCE SPRING PLAYOFF GUIDE - 2022-23

DIVING	GIRLS	BOYS	STATE SWIMMING AND DIVING MAY 11-13 @ Clovis West Aquatic Complex
	TRIALS AND FINALS - April 28 @ McClatchy H.S.	TRIALS AND FINALS - April 29 @ McClatchy H.S.	
SWIMMING	TRIALS	FINALS	
	GIRLS -- May 4 @ Site TBD BOYS -- May 5 @ Site TBD	BOYS and GIRLS -- May 6 @ Site TBD	

COMPETITIVE SPORT CHEER	April 27 and 29 at Vista del Lago High School
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BOYS & COED TENNIS	BOYS D - I	BOYS D-II	BOYS D-III	BOYS D-IV	COED D-I	COED D-II
TEAM PLAYOFFS	May 4 May 8 May 10 May 12 NorCal Tournament - May 19-20	May 4 May 8 May 10 May 12	May 4 May 8 May 10	May 4 May 8 May 10	May 4 May 8 May 10 May 12	May 4 May 8 May 10
INDIVIDUAL TOURNAMENTS	BOYS May 15-16 @ Johnson Racquet Club, Roseville			COED May 15-16 @ Oak Park Tennis Center, Stockton		

BOYS VOLLEYBALL	PLAYOFFS	FINALS	NORCAL
	May 2, 4, 9	May 13 @ TBD	May 16, 18, 20

GIRLS SOCCER	May 2, 4 and 6
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BOYS GOLF	D - I	D - II	D - III	D - IV	D - V	D - VI
	May 8 @ TBA (SFL host)	May 8 @ TBA (CVC host)	May 8 @ TBA (CCC host)	May 8 @ TBA (WAC host)	May 8 @ TBA (PVL host)	May 8 @ TBA (host TBD)
	Masters May 15 @ The Reserve at Spanos Park		NorCal May 22 @ TBD		State May 31 @ TBD	

TRACK & FIELD	Division I	Division II	Division III	Division IV-V	Masters	State
	May 10 and 12 @ Tokay H.S.	May 10 and 12 @ Bella Vista H.S.	May 9 and 11 @ Site TBD (FVL Host)	May 9 and 11 @ TBD	May 19-20 @ Davis Sr. H.S.	May 26-27 @ Buchanan H.S.

BADMINTON	SJS Tournament	REGIONAL
	May 12 and May 13 @ Site TBD (TCAL Hosts)	May 20 @ Independence H.S.

SOFTBALL	D - I	D - II	D - III	D - IV	D - V	D - VI	D - VII
* Subject to change	May 16 May 18 May 23 May 26-27	May 16 May 18 May 23 May 26-27	May 16 May 18 May 23 May 26-27	May 16 May 18 May 23 May 26-27	May 16 May 18 May 20	May 16 May 18 May 20	May 16 May 18 May 20

BASEBALL	D - I	D - II	D - III	D - IV	D - V	D - VI	D - VII
* Subject to change	May 9 May 11 May 15 May 17 May 18 May 23-26	May 9 May 11 May 15 May 17 May 18 May 23-26	May 9 May 11 May 15 May 17 May 18 May 23-26	May 9 May 11 May 15 May 17 May 18 May 23-26	May 10 May 15 May 17 May 18 May 23-26	May 10 May 15 May 17 May 18 May 23-26	May 10 May 15 May 17 May 18 May 23-26

BASEBALL/SOFTBALL	Northern California Regionals: May 30 and June 1, 3
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**QUICK REFERENCE
PLAYOFF GUIDES
2023-24**

March 9, 2022

QUICK REFERENCE FALL PLAYOFF GUIDE - 2023-24

GIRLS GOLF	D - I	D - II	D - III	D - IV	D - V
	Oct. 23 @ TBD (TCAL host)	Oct. 23 @ TBD (CVC host)	Oct. 23 @ TBD (CAL host)	Oct. 23 @ TBD (GEL host)	Oct. 23 @ TBD (SDL host)
	Masters Oct. 30 @ The Reserve at Spanos Park		NorCal Nov. 6 @ TBA		State Nov. 15 @ TBA

GIRLS VOLLEYBALL	D - I	D-II	D-III	D-IV	D-V	D-VI
All volleyball finals will be played on Nov. 3 or 5 at sites TBD	Oct. 23	Oct. 23	Oct. 23	Oct. 23	Oct. 24	Oct. 24
	Oct. 24	Oct. 24	Oct. 24	Oct. 24	Oct. 26	Oct. 26
	Oct. 26	Oct. 26	Oct. 26	Oct. 26	Oct. 31	Oct. 31
	Oct. 31 Nov. 2 or 4	Oct. 31 Nov. 2 or 4	Oct. 31 Nov. 2 or 4	Oct. 31 Nov. 2 or 4	Nov. 2 or 4	Nov. 2 or 4
	NORCAL Nov. 7, 8, 9, 11, 14 @ Home Sites			STATE Nov. 17-18 @ TBD		

BOYS SOCCER	October 24, 26 and 28
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GIRLS TEAM TENNIS	ROUND ONE	ROUND TWO	SEMIFINALS	FINALS	NORCAL
DIVISIONS I AND II	Oct. 30	Nov. 1	Nov. 6	Wednesday, Nov. 8	Nov. 17-18
DIVISIONS III AND IV	Oct. 30		Nov. 1	Tuesday, Nov. 7	
GIRLS IND. TENNIS	Nov. 2-3 @ Johnson Ranch Racquet Club, Roseville				

WATER POLO	OUTBRACKET	ROUND ONE	SEMIS	SECTION FINALS
DIVISION I Girls	Oct. 31 @ Home Sites	Nov. 2 @ Home Sites	Nov. 7 @ Home Sites	Nov. 11 @ Woodcreek
DIVISION II Girls	Oct. 31 @ Home Sites	Nov. 2 @ Home Sites	Nov. 7 @ Home Sites	Nov. 11 @ Woodcreek
DIVISION III Girls	Oct. 31 @ Home Sites	Nov. 2 @ Home Sites	Nov. 7 @ Home Sites	Nov. 11 @ Woodcreek
DIVISION I Boys	Nov. 1 @ Home Sites	Nov. 3 @ Home Sites	Nov. 8 @ Home Sites	Nov. 11 @ Woodcreek
DIVISION II Boys	Nov. 1 @ Home Sites	Nov. 3 @ Home Sites	Nov. 8 @ Home Sites	Nov. 11 @ Woodcreek
DIVISION III Boys	Nov. 1 @ Home Sites	Nov. 3 @ Home Sites	Nov. 8 @ Home Sites	Nov. 11 @ Woodcreek
NORCAL	Nov. 16, 16 & 18 - Sites TBD			

FOOTBALL	D - I	D - II	D - III	D - IV	D - V	D - VI	D - VII
	Nov. 3 Nov. 10 Nov. 17 Nov. 24/25	Nov. 3 Nov. 10 Nov. 17 Nov. 24/25	Nov. 3 Nov. 10 Nov. 17 Nov. 24/25	Nov. 3 Nov. 10 Nov. 17 Nov. 24/25	Nov. 3 Nov. 10 Nov. 17 Nov. 24/25	Nov. 3 Nov. 10 Nov. 17 Nov. 24/25	Nov. 3 Nov. 10 Nov. 17
FINALS	Sites TBD						
STATE BOWL GAMES	Regionals: December 1-2, 2023 @ Home Sites State: December 8-9, 2022 @ Sites TBD						

CROSS COUNTRY	SUBSECTION	SECTION	STATE
	Nov. 4 @ Angels Camp	Nov. 11 @ Willow Hill, Folsom	Nov. 25 @ Woodward Park

TRAD. COMP. CHEER	SJS INVITATIONAL	NORCAL REGIONAL
	Jan. 13 @ Oak Ridge HS	Jan. 20 @ TBD

QUICK REFERENCE WINTER PLAYOFF GUIDE - 2023-24

TEAM WRESTLING	DIVISION I - II - III - IV - V - VI					
	January 27 @ Site TBD					
BOYS WRESTLING	D - I	D-II	D-III	D-IV	D-V	Masters
	Feb. 9-10 @ (SFL Host)	Feb. 9-10 @ (CCAL Host)	Feb. 9-10 @ (VOL Host)	Feb. 9-10 @ (GSL Host)	Feb. 9-10 @ (SVC Host)	Feb. 16-17 @ Stockton Arena
BOYS WRESTLING	STATE TOURNAMENT					
	February 22-24 @ Mechanics Bank Arena, Bakersfield					
GIRLS WRESTLING	NORTH/SOUTH REGIONALS		SECTION		STATE	
	Feb. 9-10 @ Central Valley (S), Natomas (N)		Feb. 16-17 @ Stockton Arena		Feb. 22-24 @ Mechanics Bank Arena	
BOYS BASKETBALL	OUTBRACKETS	ROUND ONE	ROUND TWO	SEMIFINALS	FINALS	
DIVISION I	Feb. 13 Home Sites	Feb. 14 Home Sites	Feb. 16 Home Sites	Feb. 21 Home Sites	Feb. 23 or 24 @ Golden 1 Center	
DIVISION II	Feb. 13 Home Sites	Feb. 14 Home Sites	Feb. 16 Home Sites	Feb. 21 Home Sites	Feb. 23 or 24 @ Golden 1 Center	
DIVISION III	Feb. 13 Home Sites	Feb. 14 Home Sites	Feb. 16 Home Sites	Feb. 21 Home Sites	Feb. 23 or 24 @ Golden 1 Center	
DIVISION IV	Feb. 13 Home Sites	Feb. 14 Home Sites	Feb. 16 Home Sites	Feb. 21 Home Sites	Feb. 23 or 24 @ Golden 1 Center	
DIVISION V		Feb. 14 Home Sites	Feb. 16 Home Sites	Feb. 21 Home Sites	Feb. 23 or 24 @ Golden 1 Center	
DIVISION VI		Feb. 14 Home Sites	Feb. 16 Home Sites	Feb. 21 Home Sites	Feb. 23 or 24 @ Golden 1 Center	
GIRLS BASKETBALL	OUTBRACKETS	ROUND ONE	ROUND TWO	SEMIFINALS	FINALS	
DIVISION I	Feb. 12 Home Sites	Feb. 13 Home Sites	Feb. 15 Home Sites	Feb. 20 Home Sites	Feb. 23 or 24 @ Golden 1 Center	
DIVISION II	Feb. 12 Home Sites	Feb. 13 Home Sites	Feb. 15 Home Sites	Feb. 20 Home Sites	Feb. 23 or 24 @ Golden 1 Center	
DIVISION III	Feb. 12 Home Sites	Feb. 13 Home Sites	Feb. 15 Home Sites	Feb. 20 Home Sites	Feb. 23 or 24 @ Golden 1 Center	
DIVISION IV	Feb. 12 Home Sites	Feb. 13 Home Sites	Feb. 15 Home Sites	Feb. 20 Home Sites	Feb. 23 or 24 @ Golden 1 Center	
DIVISION V		Feb. 13 Home Sites	Feb. 15 Home Sites	Feb. 20 Home Sites	Feb. 23 or 24 @ Golden 1 Center	
DIVISION VI		Feb. 13 Home Sites	Feb. 15 Home Sites	Feb. 20 Home Sites	Feb. 23 or 24 @ Golden 1 Center	
BASKETBALL	NORCAL		NORCAL FINALS		STATE FINALS	
	Feb. 27, 28, 29, March 2 @ Home Sites		March 5 @ Sites TBD		March 8-9 @ Golden 1 Center	

BOYS SOCCER	D - I	D-II	D-III	D-IV	D-V	D-VI
Finals Sites TBD	Feb. 13 Feb. 15 Feb. 17 Feb. 20-22	Feb. 13 Feb. 15 Feb. 17 Feb. 20-22	Feb. 13 Feb. 15 Feb. 17 Feb. 20-22	Feb. 13 Feb. 15 Feb. 17 Feb. 20-22	Feb. 13 Feb. 15 Feb. 17	Feb. 13 Feb. 15 Feb. 17

GIRLS SOCCER	D - I	D-II	D-III	D-IV	D-V	D-VI
Finals Sites TBD	Feb. 12 Feb. 14 Feb. 16 Feb. 20-22	Feb. 12 Feb. 14 Feb. 16 Feb. 20-22	Feb. 12 Feb. 14 Feb. 16 Feb. 20-22	Feb. 12 Feb. 14 Feb. 16 Feb. 20-22	Feb. 12 Feb. 14 Feb. 17	Feb. 12 Feb. 14 Feb. 17

NORCAL SOCCER	Feb. 27, 29, March 2 @ Home Sites
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QUICK REFERENCE SPRING PLAYOFF GUIDE - 2023-24

DIVING	GIRLS	BOYS	STATE SWIMMING AND DIVING
	TRIALS AND FINALS - April 26 @ McClatchy H.S.	TRIALS AND FINALS - April 27 @ McClatchy H.S.	
SWIMMING	TRIALS	FINALS	MAY 9-11 @ Clovis West Aquatic Complex
	GIRLS -- May 2 @ Site TBD BOYS -- May 3 @ Site TBD	BOYS and GIRLS -- May 4 @ Site TBD	

COMPETITIVE SPORT CHEER	April 26 and 27 at Vista del Lago High School
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BOYS & COED TENNIS	BOYS D - I	BOYS D-II	BOYS D-III	BOYS D-IV	COED D-I	COED D-II
TEAM PLAYOFFS	May 2 May 7 May 9 May 11	May 2 May 7 May 9 May 11	May 2 May 7 May 9	May 2 May 7 May 9	May 2 May 7 May 9 May 11	May 2 May 7 May 9
	NorCal Tournament - May 17-18					
INDIVIDUAL TOURNAMENTS	BOYS May 13-14 @ Johnson Racquet Club, Roseville			COED May 13-14 @ Oak Park Tennis Center, Stockton		

BOYS VOLLEYBALL	PLAYOFFS	FINALS	NORCAL
	April 30, May 2, 7	May 11 @ TBD	May 14, 16, 18

GIRLS SOCCER	April 30, May 2 and 4
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BOYS GOLF	D - I	D - II	D - III	D - IV	D - V	D - VI
	May 6 @ TBA (SFL host)	May 6 @ TBA (CCAL host)	May 6 @ TBA (VOL host)	May 6 @ TBA (GEL host)	May 6 @ TBA (PVL host)	May 6 @ TBA (SDL host)
	Masters May 13 @ The Reserve at Spanos Park		NorCal May 20 @ TBD		State May 29 @ TBD	

TRACK & FIELD	Division I	Division II	Division III	Division IV-V	Masters	State
	May 7 and 9 @ Oak Ridge H.S.	May 8 and 10 @ Bella Vista HS	May 7 and 9 @ Site TBD (MEL Host)	May 8 and 10 @ Weston Ranch HS	May 17-18 @ Davis Sr. H.S.	May 24-25 @ Buchanan H.S.

BADMINTON	SJS Tournament	REGIONAL
	May 10 and May 11 @ Site TBD (MEL Hosts)	May 18 @ Independence H.S.

SOFTBALL	D - I	D - II	D - III	D - IV	D - V	D - VI	D - VII
* Subject to change	May 14 May 16 May 21 May 24-25	May 14 May 16 May 21 May 24-25	May 14 May 16 May 21 May 24-25	May 14 May 16 May 21 May 24-25	May 14 May 16 May 18	May 14 May 16 May 18	May 14 May 16 May 18

BASEBALL	D - I	D - II	D - III	D - IV	D - V	D - VI	D - VII
* Subject to change	May 7 May 9 May 13 May 15 May 16 May 21-24	May 7 May 9 May 13 May 15 May 16 May 21-24	May 7 May 9 May 13 May 15 May 16 May 21-24	May 7 May 9 May 13 May 15 May 16 May 21-24	May 8 May 13 May 15 May 16 May 21-24	May 8 May 13 May 15 May 16 May 21-24	May 8 May 13 May 15 May 16 May 21-24

BASEBALL/SOFTBALL	Northern California Regionals: May 28, 30 and June 1
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The NFHS Voice



National Coaches of the Year Focused on Education-based Philosophies

Dr. Karissa L. Niehoff, NFHS Chief Executive Officer

 @KarissaNFHS

It is hard to imagine that any profession is more important and has had as significant of an impact on other people than the high school coaching profession.

Memories from participating in high school sports more often than not involve coaches – men and women who not only helped us learn and play our particular sports better, and have fun doing so, but who, in many cases, helped us navigate through that stretch of life.

And along with health-care workers, teachers and other individuals who work with young people, we all should be indebted to high school coaches for their additional time and effort the past two years. In addition to their normal busy schedules, these individuals have faced numerous additional burdens related to the pandemic.

It is indeed one of the highlights of the year when the NFHS has the opportunity to recognize some of these individuals who have devoted their lives to coaching high school sports.

Earlier this week, the NFHS recognized more than 650 individuals for their efforts as high school coaches during the 2020-21 school year, including 23 as National Coaches of the Year. As you might imagine with individuals selected for this honor, their accomplishments are amazing.

The 23 coaches selected for this national honor have led their respective teams to a combined 116 state championships. While four of the coaches won their first state title this past year, several others have won 10-15 state championships.

Specifically, Ron Insinger is the winningest high school boys basketball coach in Pennsylvania history. Jeffrey Howard has won 10 Ohio boys state cross country titles – most in state history. Jesse Nelson retired as the winningest girls basketball coach in Kansas history. John Dwyer won his 12th Illinois state lacrosse championship with a perfect 25-0 record. Kristin Liles has led her teams to 11 state girls tennis titles in Oklahoma.

While the accomplishments of these five individuals, along with the other 18, are extraordinary, the state titles, career victories and perfect records are not the only defining measures of success – far from it in fact. Responses by these individuals to the “Coaching Philosophy” section of the nomination form reveals what is really important in education-based athletics.

Kit Harris, the boys and girls wrestling coach at Baldwin High School in Baldwin City, Kansas, who led his team to the 2021 Kansas State High School Activities Association Girls Wrestling State Championship, said “to be successful at something is meaningless unless you are a good person along the way.” He

stresses the 5C's – character, competing, citizenship, classroom commitment and community.

Insinger, who has won 984 games as boys basketball coach at Loyalsock Township High School in Williamsport, Pennsylvania, said, “My philosophy has always been to strive to make each student-athlete a better person than they were at the beginning of each season. The wins and championships are a bonus. If I enhanced each player's integrity by the end of each season, we were all winners! For me the ‘score’ that matters most is the one that measures their effort and ultimately only they know the score.”

Samuel “Bunky” Colvin, boys soccer coach at McIntosh High School in Peachtree City, Georgia, who has a 400-58 record and seven state championships, reveals his key to success: “I firmly believe that if all we do is win titles, we have not fulfilled our duty as coaches. The most valuable thing players should receive from participation in soccer is a staff devoted to helping players become the best students and people they can become. We are in the business of creating leaders who will impact the world for good. Winning games will always come second to helping our young men to prepare to win in life.”

Linda Drust, the Girls Spirit Coach of the Year from Cartersville (Illinois) High School, certainly understands her mission as a high school coach: “It is my philosophy to facilitate opportunities through my position as cheer coach that will prepare my team for immediate success as well as opportunities for success after high school. I coach my athletes for a short time in their life, and accepting that I have an opportunity to enhance their experience to be better students, spouses, parents and people is my core value for being a coach.”

And perhaps the most direct philosophy comes from the Girls Softball Coach of the Year, Ed McQuade, of Greenway High School in Phoenix, Arizona,

“My coaching philosophy is simple and easily duplicated: FOCUS ON CHARACTER - wins and losses will take care of themselves.”

These are but a few of the amazing individuals selected as NFHS National Coaches of the Year for 2020-21 – all of whom have impacted student-athletes in positive ways for decades.

In addition to these 23 individuals, we salute all of this nation’s high school coaches for the extra burdens they are continuing to carry during these challenging times. They deserve our utmost respect and appreciation.

Dr. Karissa L. Niehoff is in her fourth year as chief executive officer of the National Federation of State High School Associations (NFHS) in Indianapolis, Indiana. She is the first female to head the national leadership organization for high school athletics and performing arts activities and the sixth full-time executive director of the NFHS. She previously was executive director of the Connecticut Association of Schools-Connecticut Interscholastic Athletic Conference for seven years.



The NFHS Voice



NFHS-NFL Football Initiatives, Multiple Sport Participants in Super Bowl

Dr. Karissa L. Niehoff, NFHS Chief Executive Officer

 @KarissaNFHS

The week leading up to the Super Bowl gains the attention of millions across the globe. Many are anticipating the actual match-up between the best professional football teams in the world, while others are looking forward to the unveiling of new television commercials or hosting watch parties.

At the high school level, it is an opportunity to showcase the value of all high school sports and activities, including football, and to evaluate the health and wellness – and ensure the growth – of these programs moving forward.

Earlier this week, the NFHS and the NFL announced another step in their partnership aimed at promoting the growth, understanding and support for football at the high school level with the debut of “Football Tackling,” a new free course offered through the NFHS Learning Center.

The course is designed to assist interscholastic coaches in teaching, evaluating and programming proper tackling techniques and is the latest project resulting from the NFHS-NFL partnership that was announced in September 2020.

Ed Passino, senior consultant for high school football promotion who was hired to lead the partnership, said “coaching education and player protection are primary pillars of the NFHS-NFL partnership, and this tackle course exemplifies that commitment. This course provides coaches a lens to not only teach and evaluate tackling, but it also delivers concepts to best develop confidence in players through appropriate contact load management, skill instruction and progression guidelines.”

In addition to the football tackling course, the NFHS and NFL have been studying participation trends, and striving to increase confidence in students and parents that the sport is, in fact, more focused on risk minimization than ever before.

And while the NFHS and the NFL have been working together to enhance the long-term viability of football – both for the million students who compete in the sport annually and the three to five percent who will continue to play at higher levels – the NFHS continues to promote the value of competing in as many sports and activity programs as possible.

The journey to the Super Bowl for most of the participants in this weekend’s game began in high school – but not just on the football field on Friday nights. Contrary to what many people think, arriving on the world’s biggest football stage did not begin by playing the sport year-round. Instead, they became some of the sport’s top prospects by playing multiple sports in high school.

Several of the players in Super Bowl LVI participated in three high school sports, topped by Bengals’ quarterback Joe Burrow. As a senior at Athens High

School in The Plains, Ohio, Burrow won Mr. Football honors in Ohio, was first-team all-state as a point guard on the basketball team and also participated in track and field.

Bengals' wide receiver Tyler Boyd was a three-sport (football, basketball, baseball) standout at Clairton (Pennsylvania) High School, which included leading the football team to a 63-1 record in four years. Rams' wide receiver Odell Beckham Jr. participated in football, basketball, and track and field – and drumline – at Isidore Newman High School in New Orleans, Louisiana.

Many others were two-sport stars, including Rams' quarterback Matthew Stafford, who teamed with Los Angeles Dodgers' pitcher Clayton Kershaw in football and baseball at Highland Park High School in Dallas. Stafford's top receiver Cooper Kupp, who in addition to playing football at Davis High School in Yakima, Washington, helped the school's basketball team to the Washington Interscholastic Activities Association Class 4A Championship as a senior.

In addition, the eight quarterbacks who reached the divisional round of the NFL playoffs played a total of 24 sports in high school, including Tennessee's Ryan Tannehill, who was a four-sport standout at Big Spring (Texas) High School.

Playing multiple sports in high school is truly a winning formula. In addition to enhancing chances for a college scholarship and playing a sport at the highest level, there are innumerable benefits for the 95 percent of high school athletes who will not play at higher levels.

Multiple-sport participants have a reduced risk of overuse injuries, are able to learn from multiple coaches, participate in cross-training which leads to better athleticism, have better mental development and teamwork skills, and have a reduced chance of burnout in sports. Further, students can enjoy multiple

activities concurrently, such as participation on a sports team while also belonging to a performing arts group.

Whether the goal is to participate in high school sports and activities to have fun with their peers, or to achieve a college athletic scholarship, or to be a lifelong participant, the best route to achieving a successful, healthy balance in life is to participate in multiple sports and other activities.

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The NFHS Voice



Regarding Sportsmanship, It's Time for Wake-up Call in High School Sports

Dr. Karissa L. Niehoff, NFHS Chief Executive Officer

 @KarissaNFHS

From time to time, everyone needs a wake-up call to get back on course, to regain focus and to “get with the program.” That time is at hand in high school sports as it relates to unsportsmanlike conduct.

In the 103-year history of the NFHS and organized sports in the United States, good sportsmanship has been one of the most important outcomes of these programs. When appropriate behavior occurs, competitive play is more enjoyable for everyone.

And for some individuals recently, the games have not been enjoyable. In the past few months, following are some of the unfortunate incidents that have occurred at the high school level:

- The mayor of a city was ejected from his daughter's high school basketball game after threatening a referee.

- A volleyball official was followed off the court by a coach who was shouting obscenities.
- A referee was assaulted and knocked unconscious during a basketball tournament.
- A student from the opposing school in the stands shouted racist comments at a high school basketball player on the court.
- At another game in another state, inappropriate chants were made against the opposing team's players on the court.
- While it was at a lower level, continued poor parent behavior in the stands led a Central New York youth basketball league to end the season early.

Unfortunately, the list could go on and on. When hearing accounts like these and many others that regularly occur, the primary reason for the current officials' shortage becomes painfully obvious – unacceptable behavior on the part of coaches, parents and other spectators.

While all of these displays of unacceptable behavior must stop, the recent occurrences of students and other spectators using hurtful, demeaning and hateful language at individuals on the opposing team is heartbreaking.

High school sports and other activities exist to lift people up, not demean or tear people down. The goal is to treat everyone equally and treat each other with respect. Any speech or harassment that is insulting, demeaning or hurtful will not be tolerated.

High schools must establish a culture that values the worth of every single person – both players on the school's team and players on the opposing team.

There must be a no-tolerance policy regarding behavior that shows disrespect for another individual.

Likewise, the accounts of violent attacks against officials are incomprehensible and must be stopped. As Dana Pappas, NFHS director of officiating services, said, “Do you really think that these individuals who are volunteers are going to take a half-day off of work, get paid less than they’re probably making at their real job to go and be unfair in a game? It doesn’t make sense. They are there to give back. They are there to be community servants.”

NFHS playing rules are written to encourage sportsmanship. Participation in these programs should promote respect, integrity and sportsmanship. However, for these ideals to occur, everyone involved must do their part.

Because of a concern that unsporting behavior in education-based athletics has increased the past year, the NFHS has made sportsmanship the No. 1 Point of Emphasis in all sports for the 2022-23 season.

And if there was ever a doubt, the recent unfortunate events at the college level should make it crystal clear that the person most responsible for setting the tone at high school athletic contests is the coach(es).

If coaches act in a sportsmanlike manner, their behavior sets the tone for players, spectators and others. If coaches, however, are constantly complaining about the decision of contest officials, spectators are more likely to do the same.

There must be a collaborative, working relationship between contest officials and game administration to promote good sportsmanship and safely conduct the contest. Everyone has their roles to play in creating a positive, sportsmanlike atmosphere at contests.

Officials should focus on the actions of players, coaches and other bench/sideline personnel. A positive, open line of communication between officials and coaches ultimately results in a better contest for everyone involved.

Contest officials, however, should never engage with spectators who are exhibiting unsporting behavior. Once the contest begins, school administration is responsible for dealing with unruly spectators. A proactive approach by school administration includes monitoring the behavior of spectators and intervening as needed.

If spectators are using demeaning or profane language at officials – or at others in the stands – those individuals must be removed from the contest by school administration.

Rather than spectators like the ones described above, more **fans** are needed at high school sporting events. Fans support the officials, the players and the coaches, unlike the **fanatics** who tear down and do harm to the participants, the school and the community.

Good sports win with humility, lose with grace and do both with dignity. It takes the efforts of everyone every day to ensure that sportsmanship remains one of the top priorities in education-based activity programs.

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NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

NEWS RELEASE

2020-21 National Coaches of the Year Selected by NFHS Coaches Association

FOR IMMEDIATE RELEASE

Contact: Dan Schuster

INDIANAPOLIS, IN (January 18, 2022)— Twenty-three high school coaches from across the country have been selected as 2020-21 National Coaches of the Year by the National Federation of State High School Associations (NFHS) Coaches Association.

The NFHS, which has been recognizing coaches through an awards program since 1982, honors coaches in the top 10 girls sports and top 10 boys sports (by participation numbers), and in two “other” sports – one for boys and one for girls – that are not included in the top 10 listings. The NFHS also recognizes a spirit coach as a separate award category. Winners of NFHS awards must be active coaches during the year for which they receive their award. This year’s awards recognize coaches for the 2020-21 school year.

Recipients of the 2020-21 national awards for boys sports are: **John Adair**, baseball, Malakoff (Texas) High School; **Ron Insinger**, basketball, Williamsport (Pennsylvania) Loyalsock Township Senior High School; **Jeffrey Howard**, cross country, Peninsula (Ohio) Woodridge High School; **Rob Zimmerman**, 11-player football, DeWitt (Michigan) High School; **Holly Lester**, golf, Gilbert (Iowa) High School; **Samuel “Bunky” Colvin**, soccer, Peachtree City (Georgia) McIntosh High School; **Christopher Verity**, swimming and diving, Endwell (New York) Maine-Endwell High School; **Tom O’Brien**, tennis,

Kansas City (Missouri) Barstow School; **Larry Topp**, track and field, Minster (Ohio) Local Schools; and **Mike Simons**, wrestling, Springfield (Oregon) Thurston High School.

The recipients of the 2020-21 NFHS national awards for girls sports are: **Jesse Nelson**, basketball, Olpe (Kansas) High School; **Stanley Johnson**, cross country, Moulton (Alabama) Lawrence County High School; **Leonard Kull**, golf, Washington (Iowa) High School; **John Dwyer**, lacrosse, Wilmette (Illinois) Loyola Academy; **John Hanley**, soccer, San Jose (California) Archbishop Mitty High School; **Ed McQuade**, softball, Phoenix (Arizona) Greenway High School; **Stefanie Kerska**, swimming and diving, Ann Arbor (Michigan) Pioneer High School; **Kristin Liles**, tennis, Tulsa (Oklahoma) Cascia Hall Prep School; **Dori Whitford**, track and field, Spokane (Washington) Mead High School; and **Jean LaClair**, volleyball, Bronson (Michigan) High School.

The recipient of the National Coach of the Year Award for spirit is **Linda Drust** of Cartersville (Illinois) High School. **Robert Vance Jones**, a 6-player football coach at Balmorhea (Texas) High School, was chosen in the “other” category for boys sports, and **Kit Harris**, a girls wrestling coach at Baldwin High School in Baldwin City, Kansas, was chosen in the “other” category for girls sports.

The NFHS receives nominations from its member state associations, which often works with the state coaches’ association in its respective state. The state association then contacts the potential state award recipients to complete a coach profile form that requests information regarding the coach’s record, membership in and affiliation with coaching and other professional organizations, involvement with other school and community activities and programs, and coaching philosophy. To be approved as an award recipient and considered for sectional and national coach of the year consideration, this profile form must be completed by the coach or designee and then approved by the executive director (or designee) of the state athletic/activities association.

The next award level after state coach of the year is sectional coach of the year. The NFHS is divided into eight geographical sections. They are as follows: Section 1 – Northeast (CT, ME, MA, NH, NJ, NY, RI, VT); Section 2 – Mideast (DE, DC, KY, MD, OH, PA, VA, WV); Section 3 – South (AL, FL, GA, LA, MS, NC, SC, TN); Section 4 – Central (IL, IN, IA, MI, WI); Section 5 – Midwest (KS, MN, MO, NE, ND, SD); Section 6 – Southwest (AR, CO, NM, OK, TX); Section 7 – West (AZ, CA, HI, NV, UT); and Section 8 – Northwest (AK, ID, MT, OR, WA, WY).

The NFHS Coaches Association has an advisory committee composed of a chair and eight sectional representatives. The sectional committee representatives evaluate the state award recipients

from the states in their respective sections and select the best candidates for the sectional award in each sport category. The NFHS Coaches Association Advisory Committee then considers the sectional candidates in each sport, ranks them according to a point system, and determines a national winner for each of the 20 sport categories, the spirit category and two “other” categories.

A total of 660 coaches will be recognized this year with state, sectional and national awards.

Following are biographical sketches of the 23 NFHS National High School Coaches of the Year for 2020-21:

COACHES OF THE YEAR – BOYS SPORTS

Baseball

John Adair

Malakoff, Texas

John Adair retired following the 2021 season, closing the book on a 32-year high school baseball coaching career that comprised more than 600 victories at four different schools, and 20 coach-of-the-year awards from the county, district, regional and state levels. In his final season, Adair’s Malakoff High School squad achieved a storybook ending for their longtime coach, claiming the University Interscholastic League 3A state championship on the strength of a 38-7 record. Adair has been a member of the Texas High School Baseball Coaches Association (THSBCA) throughout his entire high school coaching career and has served as its president since 2020. He also spent two years as THSBCA 1st Vice President, one year as assistant secretary, three years as a regional director and six years as a poll director for the 1A to 3A classifications. Adair, who has also coached football and boys and girls basketball at both the junior high and high school levels, refers to his coaching program as “The Spring Training of Life” and strives to instill positive traits in young people to help them become successful and productive adults.

Basketball

Ron Insinger

Williamsport, Pennsylvania

Ron Insinger is the all-time winningest high school boys basketball coach in Pennsylvania history, having amassed 984 career victories – and counting – over 47 seasons at Loyalsock Township Senior High School (LTSHS) in Williamsport. While Insinger’s legendary run at Loyalsock includes 38 20-

win seasons, 30 league titles, 24 district titles, and 30 coach-of-the-year honors from various outlets, his first state championship did not come until this past season when his Loyalsock Lancers capped a 27-1 campaign with the Pennsylvania Interscholastic Athletic Association 3A state title. In addition to earning inductions into the West Branch Valley Hall of Fame (2010), Pennsylvania Basketball Hall of Fame (2012), Pennsylvania State Sports Hall of Fame (2017) and Lock Haven University Hall of Fame (2020), Insinger has been lauded by the state Senate and House of Representatives on several occasions for his outstanding service to the game of basketball and to the youth of the Commonwealth. Insinger has also been director of athletics at LTSHS for the past 16 years, and has coached boys soccer, boys and girls track and field, and girls basketball at different times throughout his tenure.

Cross Country

Jeffrey Howard

Peninsula, Ohio

Jeffrey Howard has built a cross country dynasty at Peninsula (Ohio) Woodridge High School. In 28 seasons, he has led the Bulldogs to 12 Ohio High School Athletic Association (OHSAA) Division II state championships (10 boys, 2 girls), claimed 34 conference championships (17/17) and mentored 51 All-Ohioans (37/14) and 230 state meet qualifiers (116/114). His 10 OHSAA boys state titles, which include stretches of five in a row from 2006 to 2010 and three in a row from 2018 to 2020, are the most for any boys program in state history. His boys teams have won 12 district championships and 12 regional championships and have set the record for lowest combined state meet score, twice. Howard has been boys Metro Athletic Conference coach of the year 18 times, including the past 17 years in a row, and has received the same honor from the Akron Touchdown Club (eight times), OHSAA/Ohio Association of Track and Cross Country Coaches (OATCCC) (seven times) and the NFHS (Ohio – three times, Section 2 – 2010). As a result of his outstanding resume, Howard was inducted into the OATCCC Hall of Fame with the class of 2018.

Football, 11-player

Rob Zimmerman

DeWitt, Michigan

In his 26th coaching season, Rob Zimmerman guided the DeWitt (Michigan) High School football team to an undefeated 12-0 season and a Michigan High School Athletic Association Division 3 state championship – his first title in five championship game appearances. DeWitt’s sensational season brought a slew of coach-of-the-year (COY) honors for Zimmerman – 10 total – including the *USA Today* State of Michigan Coach of the Year, Detroit Lions Coach of the Year, three different state COY awards from the Michigan High School Football Coaches Association (MHSFCA) and a runner-up finish for the NFL Don Shula National Coach of the Year award. Counting his 2020 accolade, Zimmerman has been named MHSFCA regional COY 14 times since 2000 and won the *Lansing State Journal* “Coach of the Decade” distinction for the 2000s. He has turned DeWitt football into one of the most prominent programs in the state with 19 conference championships in his 23 seasons at DHS – including the past 16 in a row – 14 district championships and 12 regional championships. His teams have performed exceptionally well in the classroom, too, receiving 1st team academic all-state honors in each of the past nine seasons.

Golf

Holly Lester

Gilbert, Iowa

Holly Lester’s 34th season as the Gilbert (Iowa) High School (GHS) boys golf coach was a display of pure dominance, as her squad won all 15 of its competitive meets (12 regular season, three tournaments), including the program’s first-ever Iowa High School Athletic Association Class 3A state championship. The Tigers’ stellar campaign resulted in Lester’s seventh coach-of-the-year (COY) honor from the Raccoon River Conference, as well as a COY award from the Iowa High School Golf Coaches Association. In addition to seven conference championships, Lester’s teams have won eight sectional championships and four district championships and have posted seven top-five finishes in nine state tournament appearances. Lester started both the boys and girls golf programs at Gilbert in 1988 – opting to focus solely on boys golf beginning with the 1999 season – and has previously coached GHS softball and volleyball during her lengthy career. She also currently coaches winter cheer and girls basketball at Gilbert Middle School, and has drawn on her experience at different levels of coaching to develop her coaching philosophy, which is focused on valuing and preparing all athletes for competition regardless of their skill level.

Soccer

Samuel “Bunky” Colvin

Peachtree City, Georgia

Samuel “Bunky” Colvin, of Peachtree City (Georgia) McIntosh High School, has been a high school soccer coach for 26 years, including the past 22 years as a head coach. Colvin has been awarded numerous coach-of-the-year awards at various distinctions including three national awards, two regional awards and 16 state-level awards. In addition to leading his team to seven state championships, he has amassed a record of 400 wins and just 58 losses, including a 22-1 record this past season. Also an American Government teacher at McIntosh, Colvin holds a master’s degree in educational leadership and was named McIntosh teacher of the year in 2004 where he has served as a mentor teacher and a supervising teacher for student teachers.

Swimming and Diving

Christopher Verity

Endwell, New York

Christopher Verity, of Endwell (New York) Maine-Endwell High School, has been a varsity high school swimming and diving coach since 1993. First at Johnson City High School, Verity led the boys program until 2009 while also coaching the girls team from 2006 until 2010. At Maine-Endwell, Verity began as an assistant in 2010 and has led the boys program at Maine-Endwell since 2015. He also assumed the position of head coach for the girls program in 2011 where he continues to lead both teams. Since 2003, at least one individual or relay team from Verity’s teams have advanced to the New York State Public High School Athletic Association Boys Swimming and Diving State Championships each season (41 different qualifiers). Verity has also led his teams to five state championships.

Tennis

Tom O’Brien

Kansas City, Missouri

Tom O’Brien, of Kansas City (Missouri) Barstow School, has been a high school tennis coach since 1978, including stints as the Barstow School girls and boys coach since 2006 and 2008, respectively. First at Hickman Mills High School, O’Brien served as the junior varsity basketball coach (1973-80), head golf coach (1975-2005) and head girls tennis coach (1978-2004). While at Barstow, O’Brien’s teams have been perennial contenders and have accumulated more than 325 wins, which

includes several state tournament appearances and championships. In 2013, he was named both the Coach of the Year for Missouri and the NFHS Sectional Coach of the Year (Midwest Section).

Track and Field

Larry Topp

Minster, Ohio

Larry Topp, of Minster (Ohio) Local Schools, has been a high school boys track and field coach for more than 40 seasons. Topp was the recipient of the Ohio Association of Track and Cross County Coaches 2021 Coach of the Year Award, and he received a similar honor in 2012 when he was selected as the 2012 Fred Dafler State Coach of the Year for Ohio. Locally, Topp has been tabbed for 15 track league coach-of-the-year awards with the most recent coming in 2021. In cross country, Topp was named as a league coach of the year 13 times, most recently in 2021. Topp is a retired teacher, an active bus driver and also continues to coach cross country.

Wrestling

Mike Simons

Springfield, Oregon

Mike Simons, of Springfield (Oregon) Thurston High School, has been a high school wrestling coach for 25 years, including the last 18 at Thurston. Simons has made a push to increase participation numbers, and he now has about 80 wrestlers – 45 boys and 35 girls – attending practice each day. Since 2018, the Thurston boys team has finished among the top four teams at the state championships, and the Thurston girls program has an active streak of four consecutive state championships. Simons has collected a record of 312 wins with just 76 losses. He was named the 2019 NFHS Coach of the Year for girls wrestling in Oregon, as well as the sectional honor. In 2013, Simons – through fundraising and community involvement – established the Thurston Middle School boys and girls wrestling program.

COACHES OF THE YEAR – GIRLS SPORTS

Basketball

Jesse Nelson

Olpe, Kansas

Jesse Nelson ended his outstanding 44-year high school coaching career in grand style, leading the Olpe High School girls basketball team to a perfect 25-0 record and the Kansas State High School

Activities Association Class IA Girls Basketball Championship. Nelson retired in May 2021 as the all-time winningest basketball coach – girls or boys – in Kansas state history with 951 wins and 111 losses – an amazing winning mark of 89.5 percent. Nelson earned five KSHSAA state championships and registered five undefeated seasons. His teams appeared in the state tournament 30 times and won 31 league championships. Nelson also won 394 games as the district’s junior high girls basketball coach, and he also coached junior high and high school girls track and field. Nelson was the 2014 USA Today America’s Girls Basketball Coach National Champion and the 2016 McDonald’s All-American Team head coach. This past year, he was named coach of the year by the Kansas Basketball Coaches Association.

Cross Country

Stanley Johnson

Moulton, Alabama

In addition to coaching girls cross country at Lawrence County High School in Moulton, Alabama, Johnson also coaches boys cross country as well as junior high girls and boys cross country. He has led his teams to eight Alabama High School Athletic Association (AHSAA) boys state cross country championships and seven AHSAA girls state titles for a total of 15 overall championships. Johnson’s teams have finished as state runner-up eight other times. On three occasions – 2003, 2014 and 2015 – his boys and girls teams have claimed state titles the same year. Johnson has involved his teams in numerous community service projects during his 31 years coaching the sport. He uses cross country as a means of reaching out to any student who is willing to “buy-in” to the program and to become a well-rounded person. He uses the sport to “enhance a child’s life and to help bring revenue to our community. My theme is ‘not no, but how.’”

Golf

Leonard Kull

Washington, Iowa

Leonard Kull has been a teacher, coach and official in Iowa for more than 50 years. In addition to coaching football and wrestling, Kull coaches girls golf and has led his teams to six Iowa girls golf state championships. He has been selected Iowa Class 4 Coach of the Year four times (2008, 2015, 2016, 2018), and he has been honored as district coach of the year 12 times. In addition to coaching

three sports, Kull has been a science and chemistry teacher, as well as a contest official. Kull officiated baseball and softball from 1972 to 1995, and he has officiated volleyball since 1995. He has been a member of the Washington Officials Association since 1972, including a term as president. Kull said he considered coaching young people to be “an absolute privilege. Golf is an individual game, but I found that if team members concentrated on team successes before individual accomplishments, individual success took care of itself.”

Lacrosse

John Dwyer

Wilmette, Illinois

John Dwyer has coached the girls lacrosse team at Loyola Academy in Wilmette, Illinois, to 12 state championships in his 21 years at the school, including nine consecutive titles at one stretch. His team won the 2021 state title with a perfect 25-0 record, a team that included his oldest granddaughter. Dwyer’s overall record in 21 years is 445 victories and 61 losses – a winning mark of 87 percent. His 2021 undefeated team was ranked No. 8 in the final USA Lacrosse Magazine poll and No. 4 in the final MaxPreps poll. Dwyer has been selected coach of the year two times by the Illinois High School Women’s Lacrosse Association. More than 100 of Dwyer’s players have advanced to college lacrosse, and he has coached all six of his children at some point during his career. Dwyer has been a member of the Illinois High School Women’s Lacrosse Association for 17 years, and he is a former member of the NFHS Girls Lacrosse Rules Committee.

Soccer

John Hanley

San Jose, California

John Hanley has coached high school girls soccer for 26 years and has compiled a 450-67 career record. Currently the girls soccer coach at Archbishop Mitty High School in San Jose, California, Hanley has led his teams to nine California Interscholastic Federation-Central Coast Section (CIF-CCS) championships, including eight at Archbishop Mitty since taking over the program in 2007. Hanley previously coached at Bishop O’Dowd High School in Oakland, California, and led that school to its first girls soccer CIF-North Coast Section championship. Hanley has been an associate national staff coach with the United Soccer Coaches (formerly NSCAA) since 1999. He also serves as a coach educator for

USC, organizing and running courses ranging from fundamentals of soccer coaching to special courses. Hanley was named high school coach of the year twice by the San Jose Mercury News, and he was CCS Coach of the Year twice by Prep2Prep.com. Last year, he was a CIF-CCS Honor Coach.

Softball

Ed McQuade

Phoenix, Arizona

For more than 40 years, Ed McQuade has led the Phoenix (Arizona) Greenway High School softball program to nearly 900 wins and five state championships. McQuade has led his teams to the Arizona Interscholastic Association (AIA) state tournament in 39 of 41 seasons and been named AIA State Softball Coach of the Year five times. He currently serves on the AIA Softball Advisory Committee after previously serving from 2013 to 2018. McQuade, who is a member of the Arizona High School Athletic Coaches Hall of Fame, has guided 56 players to 36 different four-year universities, including three who are current Division I head coaches.

Swimming and Diving

Stefanie Kerska

Ann Arbor, Michigan

Stefanie Kerska has been the head coach of the Ann Arbor (Michigan) Pioneer High School girls swimming and diving program since 2015 (she has also led the boys program since 2014). In that short time, she has led the two programs to three Michigan High School Athletic Association (MHSAA) state championships, including back-to-back girls titles in 2020 and 2021. She was named MHSAA Swimming Coach of the Year for both girls and boys in 2021. Prior to coming to Pioneer, Kerska was an assistant coach at the University of Michigan and was a member of the USA Swimming National Team coaching staff from 2008 to 2016.

Tennis

Kristen Liles

Tulsa, Oklahoma

In 2021, Kristen Liles led the Tulsa (Oklahoma) Cascia Hall Prep School boys and girls tennis teams to Oklahoma Secondary School Activities Association (OSSAA) state championships, bringing her total of state titles to 11 during her 18-year coaching career. The Tulsa World and the OSSAA named Liles the Girls Coach of the Year for 2021, and the Oklahoma Coaches Association named her the Class

4A Boys Tennis Coach of the Year. In addition to team championships, Liles has guided 21 girls and 26 boys to individuals state championships. She is a member of the Oklahoma Tennis Coaches Association and has been elected to its Advisory Board five times.

Track and Field

Dori Whitford

Spokane, Washington

Since 1986, Dori Whitford has led the girls track and field program at Spokane (Washington) Mead High School with a simple motto: "Focus on working hard, doing our best and having fun, and the winning will take care of itself." It's a motto that helped Whitford lead Mead to a 2010 Washington Interscholastic Activities Association (WIAA) Class 4A girls state championship, and to success in numerous other sports as well. In addition to track and field, she has coached the cross country team since 2006 and earned her league's Cross Country Coach of the Year honor in 2020. Whitford is also a fixture in the local track community, organizing and directing multiple races and meets in the Spokane area.

Volleyball

Jean LaClair

Bronson, Michigan

Jean LaClair has led the Bronson (Michigan) High School volleyball program since 2000, garnering more than 1,200 wins and five Michigan High School Athletic Association (MHSAA) state championships. Behind LaClair's leadership, Bronson won four consecutive championships from 2015 to 2018. Her honors include the Michigan High School Coaches Association (MHSCA) Volleyball Coach of the Year in 2010, a finalist for the National High School Athletic Coaches Association Coach of the Year in 2011 and the 2019 MHSAA Allen W. Bush Award. As Bronson's athletic director, LaClair has served as an National Interscholastic Athletic Administrators Association (NIAAA) Delegate twice and earned the NIAAA State Award of Merit in 2019.

COACHES OF THE YEAR – OTHER SPORTS

Girls Spirit

Linda Drust

Cartersville, Illinois

When Linda Drust left competitive cheer in 1987 to further her career in school administration, she knew she would coach again. And she likely saved her best for her second stint. Since returning in 2011, and becoming head coach in 2012, Drust has had Cartersville (Illinois) High School contending each year for a state championship. After qualifying for six-consecutive Illinois High School Association (IHSA) Competitive Cheer State Finals, Drust and her Cartersville squad won the championship in 2019-20. The win was one of three team championships guided by Drust during her career. In 2020 and 2021, Cartersville captured back-to-back IHSA Sectional Championships. In 2019, Cartersville came up just short (.04 points) of winning the Illinois Cheerleading Coaches Association (ICCA) Championship. Drust has been a member of ICCA since she returned to coaching 2011. She is also one of the original board members of the Illinois High School Cheerleading Coaches Association (IHSCCO), and is in her third year as co-mentor chair. In that officer role, Drust is responsible for organizing and facilitating a statewide mentoring program, which currently includes more than 20 new coaches.

Boys Other – 6-Player Football

Robert Vance Jones

Balmorhea, Texas

For 51 years, Vance Jones has walked the sidelines of high school gridirons as a coach, amassing more than 175 victories. In January 2021, he helped bring Balmorhea (Texas) High School its first state championship when his Bears defeated Richland Springs, 74-38, in the University Interscholastic League (UIL) Conference 1A Six-Man Division 2 State Championship. With the win, Jones became the third coach in UIL history to win state championships at three different schools, joining Pete Shotwell (Abilene, Breckenridge and Longview) and Terry Cron (Bartlett, Mart and Commerce). Jones, who was named the 2020 Texas Six-Man Division 2 Coach of the Year, has four state championships to his name. His first came with Sanderson High School in 1976, and later in back-to-back seasons (2009, 2010) with Garden City High School. His coaching prowess also helped him earn Texas Six-Man Division 1 Coach of the Year honors during his two-year title run with Garden City. In 2020, the Texas Six-Man Coaches Association – of which Jones is also a member – inducted him into its hall of fame. Jones has previously served as a member of the Texas Girls Coaches Association and Texas High School Coaches Association.

Kit Harris

Other – Girls Wrestling

Baldwin City, Kansas

The illustrious 28-year coaching tenure of Kit Harris ramped up in 1999 when he assumed head wrestling coach duties at his alma mater, Baldwin High School, in Baldwin City, Kansas. Upon departing Class 6A Washburn Rural High School, Harris grew Baldwin into a perennial power in both boys and girls wrestling. In only the second year it was offered, Baldwin won the 2021 Kansas State High School Activities Association (KSHSAA) Girls Wrestling State Championship. In 2015, Harris was at the helm of a squad that captured the KSHSAA Boys Wrestling State Championship. The two team titles are accompanied by the eight individual state champions, 17 state finalists and 56 state placers coached by Harris. His career includes 271 all-time victories, in addition to recognition as a five-time *Lawrence Journal-World* Coach of the Year (2002, 2007, 2008, 2015, 2021) and three-time KSHSAA Class 4A Coach of the Year (2002, 2015, 2021). On three occasions (2007, 2015, 2021), Harris was also honored as the Kansas Coaches Association Coach of the Year and NFHS Midwest Section Coach of the Year. Harris has served as the Team Kansas Cadet Freestyle/Greco Coach for seven years, in addition to three terms as Kansas Wrestling Coaches Association (KWCA) president. *USA Today* named him a finalist for its “Most Caring Coach in America” award in 2015.

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NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

NEWS RELEASE

NFHS to Host First-Ever Women and Sport Leadership Virtual Summit in May

FOR IMMEDIATE RELEASE

Contact: Lindsey Atkinson

INDIANAPOLIS, IN (February 1, 2022) —In pursuit of the continued advancement of educational and competitive opportunities for women in sports, the National Federation of State High School Associations (NFHS) is hosting its first-ever Better Together: Women and Sport Leadership Virtual Summit on May 1-3.

The three-day virtual event features discussion from influential female leaders at all three levels of sport. It is designed to develop meaningful, actionable solutions to continue the growth of women in sports through coaching, officiating and administration.

“Title IX’s passage nearly 50 years ago served as the flagship legislation for the growth of high school girls athletic programs,” said Dr. Karissa Niehoff, NFHS CEO. “The Better Together: Women and Sport Leadership Virtual Summit strives to build on that growth, assisting attendees in connecting the skills learned in activities to those associated with being an effective leader.”

Through the virtual summit, participants can also expect to learn how to identify and articulate their personal strengths; identify gender stereotypes that create barriers; understand the importance of mentorship; and understand the value of advocating for other women.

Niehoff opens the virtual summit and its “Breaking Down Barriers” session at 6 p.m. Eastern time on Sunday, May 1. She will be joined during the three days by fellow featured speakers **Dr. Jen**

Welter, the first female NFL coach and a sports psychologist; **Betsy Butterick**, a communication specialist and former collegiate and professional basketball coach; and **Violet Palmer**, a retired collegiate and professional basketball official who now serves as the NBA Referee Operations Manager and is the coordinator of women’s basketball officials for the Big Sky, Pac-12, Western Athletic and West Coast Conferences.

Welter highlights the inaugural event’s opening general session at 6:45 p.m. on May 1. A female trailblazer in her own right, Welter was the first female to coach in the NFL, having worked with Arizona Cardinals linebackers in 2015. She previously coached the Texas Revolution of Champions Indoor Football (CIF). It was with the Revolution that Welter also competed as the first female running back in a men’s professional league in 2014. The coaching roles proved to be a springboard to other opportunities. Welter most recently served as a defensive specialist for the Atlanta Legends of the Alliance of American Football (AAF). As a player, Welter had a highly decorated career in women’s professional football, including four world championships and eight all-star selections. She also won gold medals earlier in her career as a member of Team USA in the 2010 and 2013 International Federation of American Football’s (IFAF) Women’s World Championship.

“Reimagining Through Innovation” lays the foundation for day two, which begins with **Butterick** hosting the second general session at 2 p.m. on Monday, May 2. A former coach with college- and WNBA-coaching experience, Butterick uses her unique background to help improve communication for individuals from the locker room to the boardroom. She meets coaches where they are and supports the growth that they’re looking to make. Through her work as a communication specialist, Butterick also helps teams improve communication effectiveness while working collaboratively to create positive change at all levels of the team.

The third and final day of the virtual summit, coined the “Realizing Your Power” session, kicks off at 2 p.m. on Tuesday, May 2. Following the second day of moderated panel discussion at 3 p.m., the virtual summit draws to a close as retired basketball official **Violet Palmer** bookends the event as its closing general session speaker at 4 p.m.

Boasting experience in the NBA, WNBA and NCAA, Palmer made history in 1997 when she officiated an NBA game, making her the first woman to do so for a men’s professional sporting event. That same year, she also officiated the inaugural WNBA Championship. Palmer added to her legacy nearly a decade later when she became the first woman to oversee a NBA postseason game, and, in

2014, became the first woman to officiate an all-star game of any major sport in the United States. A native of Lynwood, California, she was a star point guard at nearby Compton (California) High School. Palmer helped later lead Cal Poly Pomona University to back-to-back NCAA Division II national championships (1985, 1986).

Breakout sessions led by esteemed coaches, administrators and officials follow introductory remarks on each day of the virtual summit. They feature discussion from experts with experience working alongside the Little League World Series, USA Track and Field, NCAA, Atlantic Coast Conference, Pac-12, and state high school athletic/activity associations.

For more information and to register for the Better Together: Women and Sport Leadership virtual summit, please visit: meetings.nfhs.org/btwls22/.

This press release was written by Cody Porter, manager of media relations at the National Federation of State High School Associations (NFHS).

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NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

NEWS RELEASE

Relaxed Hair Adornment, Uniform Rules Among Administrative Changes Set for High School Volleyball in 2022-23

FOR IMMEDIATE RELEASE

Contact: Lindsey Atkinson

INDIANAPOLIS, IN (February 28, 2022) — Hair adornments such as beads are now legal in high school volleyball as long as they are securely fastened and do not endanger other players. This rule change, along with eliminating manufacturer reference size and quantity restrictions on uniform bottom waistbands, headline new rules adopted for the 2022-23 season.

In all, seven rules changes were recommended by the National Federation of State High School Associations (NFHS) Volleyball Rules Committee at its annual meeting January 16-18. All rules changes were reviewed and approved by the NFHS Board of Directors.

“Most of this year’s rules changes deal with the administrative side of things. The NFHS Volleyball Rules Committee really feels like the sport is in a great place,” said Jo Auch, assistant executive director of the South Dakota High School Activities Association and chair of the NFHS Volleyball Rules Committee. “The two changes of note relax restrictions on hair adornments such as beads, as well as the number of manufacturer logos on uniform bottoms. We’ve seen

some different trends in these areas that helped lead to the changes we made. We feel pretty positive about them and believe coaches, officials and players will, too.”

To align officials’ rulings on flat barrettes and other hair adornments, the Volleyball Rules Committee eliminated size restrictions of 2 inches or less that were previously cited in Rule 4-1-6. The rule now allows for bobby pins, flat clips, flat barrettes and other adornments to legally be worn in the hair as long they do not present a safety hazard to the player, teammates or opponents.

The adoption of changes to Rule 4-2-1f presents student-athletes with the opportunity to wear uniform bottoms featuring multiple manufacturer logos, trademarks or references that exceed 2¼ inches on waistbands. Oftentimes, student-athletes are responsible for supplying their own uniform bottom. Given current trends in the sport of volleyball, the rules committee recognized the lack of uniform bottoms available to student-athletes without substantial manufacturer representation.

“The Volleyball Rules Committee took another step in creating a more inclusive environment within the sport by relaxing restrictions on hair adornments,” said Lindsey Atkinson, NFHS director of sports and liaison to the Volleyball Rules Committee. “It was extremely important to the rules committee to create rules language that supported diversity of hair trends while minimizing the risk of injury to the athlete, teammates and opponents.”

Another focal point of the committee was the alignment of Rule 5-6-3b, e, and Rule 5-7-3e, addressing scorer and libero notification procedures. The committee’s actions eliminate the use of the sounding device when an improper server is used and aligns the notification to that of a discrepancy in the score, at which point the second referee is notified during the first dead ball.

Other changes adopted by the Volleyball Rules Committee include additional allowances for time-out and substitution-related requests by a head coach, assistant coach or playing captain.

Changes to Rule 11-2-1 now allow for verbalized requests for a time-out on a dead ball by the head coach or playing captain prior to the first referee’s signal for the ensuing serve. This

allows the second referee to grant a time-out during a dead ball without visual signal when heard verbalized by a head coach or captain and not require the visual signal.

The introduction of new language to Rule 12-2-5a clarifies that assistant coaches may ask the second referee for the number of their team's substitutions during a dead-ball situation. Previously, the rule allowed for assistant coaches to review the accuracy of the score, verify the number of time-outs, request the serving order of the assistant coach's team, and verify the proper server for the opponent.

A complete listing of the volleyball rules changes will be available on the NFHS website at www.nfhs.org. Click on "Activities & Sports" at the top of the home page and select "Volleyball."

According to the most recent NFHS High School Athletics Participation Survey, volleyball is the second-most popular sports for girls (trailing track and field) with 452,808 participants in 16,572 schools nationwide. In addition, there are 63,563 boys participating in the sport at 2,692 schools, and 25 states conduct state championships in boys volleyball.

This press release was written by Cody Porter, manager of media relations at the National Federation of State High School Associations (NFHS).

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NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

NEWS RELEASE

NFHS Foundation Approves Grant to Distribute Wet Bulb Globe Thermometers to High Schools

FOR IMMEDIATE RELEASE

Contact: Davis Whitfield

INDIANAPOLIS, IN (February 3, 2022)— The NFHS Foundation has announced a grant program to distribute 5,000 wet bulb globe thermometers to high schools across the country. The \$1.5 million program will provide schools with an important tool for minimizing heat-related illness during outdoor activities.

Wet bulb globe thermometers measure the heat stress in direct sunlight, accounting for temperature, humidity, wind speed, sun angle and cloud cover. High schools can use the thermometer’s reading to help determine if the weather is appropriate to hold outdoor activities.

“The mission of the NFHS Foundation is, in part, to fund research and programs for risk minimization, and this program certainly satisfies that,” NFHS Chief Operating Officer Davis Whitfield said. “This program is a direct distribution to schools to help ensure the health and safety of students.”

An initial grant was approved by the NFHS Foundation Board of Directors last fall of \$450,000, but demand for the thermometers was so high that an additional

distribution was approved in January to cover the purchase of 5,000 units.

Approximately 2,500 thermometers will be distributed in April, with the remainder to be delivered to schools in time for late-summer workouts. The NFHS will work with its member state associations to distribute the thermometers to schools.

“The NFHS Foundation Board of Directors unanimously supported these additional funds. We all felt it will more immediately assist our member schools to proactively reduce risk for our students,” said Billy Strickland, NFHS Foundation Board of Directors president and executive director of the Alaska School Activities Association.

Each Kestrel-made thermometer will be calibrated by geographic zone and come with a tripod and Bluetooth capability for school administrators to access the information via phone. The NFHS will also produce and provide a tutorial video – through the NFHS Learning Center – on how to operate the thermometers.

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About the National Federation of State High School Associations (NFHS)

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NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

NEWS RELEASE

NFHS Learning Center Delivers 15 Millionth Course

FOR IMMEDIATE RELEASE

Contact: Dan Schuster

INDIANAPOLIS, IN (January 31, 2022)— The National Federation of State High School Associations (NFHS) Learning Center shattered yet another ceiling earlier this month when it surpassed 15 million course deliveries since its inception in 2007. The milestone comes after a record-breaking year in 2021 with more than 2.6 million courses delivered — more than any other year in the Learning Center’s 15-year history.

Founded as the NFHS Coach Education Program, the Learning Center has evolved from just two courses for coaches (*Fundamentals of Coaching* and *First Aid for Coaches*) to more than 85 online education courses, more than 50 of which are available at no charge. Learning Center course offerings extend across 14 different sports with sport-specific courses and to performing arts programs.

“We are elated that the NFHS Learning Center continues to grow as a destination for professional development for the interscholastic community and beyond,” said Dan Schuster, NFHS director of educational services. “15 million is only a number; however, the fact that over 15 million online courses have been accessed and are educating and engaging with coaches, students, parents, officials, and members of performing arts programs is humbling.”

Twenty-two Learning Center courses are available for students— at no charge — including *The Student Experience*, *Hazing Prevention for Students*, *Implicit Bias* and *the Captains Course*.

“While everything we do at the NFHS has — at minimum — an indirect impact on high school students, the NFHS Learning Center has been able to directly bring value to more than 1.4 million students in improving their interscholastic experience through coursework,” Schuster said. “Not only have we been able to leave an impact on today’s students, but we are also working to prepare the next generation of parents, coaches, administrators and officials.”

In addition to students, the Learning Center has served — and continues to serve — nearly two million coaches, hundreds of thousands of parents and tens of thousands of administrators and officials.

“Years ago, we were excited and humbled by impacting tens of thousands through the NFHS Learning Center,” Schuster said. “Now, we have had the opportunity to impact millions of people in the midst of participating in or facilitating interscholastic activities.”

In 2010, *Concussion in Sports* was the first course to be made available at no cost. To date, the course has been accessed more than six million times, making up more than 40 percent of the Learning Center’s deliveries.

During the early portion of the COVID-19 pandemic, the NFHS Learning Center adapted to quickly turn around and provide a COVID-19 course for coaches and administrators, which has been accessed more than 300,000 times.

On as-needed basis, select state associations use the platform to host modified courses with state components tailored to states’ needs such as complying with state statutes or by working with the NFHS to put together preseason rules clinic courses for coaches, administrators and officials.

For more information on the NFHS Learning Center, visit www.NFHSLearn.com.

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NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

NEWS RELEASE

NFHS Learning Center Debuts Free “Football Tackling” Course Through NFL Partnership

FOR IMMEDIATE RELEASE

Contact: Dan Schuster

INDIANAPOLIS, IN (March 1, 2022) —The National Federation of State High School Associations (NFHS) and the National Football League (NFL) have teamed up to produce a new, free “Football Tackling” course for the NFHS Learning Center, designed to assist interscholastic coaches in teaching, evaluating and programming proper tackling techniques.

“This course is full of valuable tools and actual drills that will help any interscholastic football coach, and it is a welcome addition to the NFHS Learning Center,” said Dan Schuster, NFHS Director of Educational Services. “Not only is the content valuable, but it is available at no cost, which will allow easy access to football coaches across the country.”

“We’re excited to work together with NFHS to provide this free course to high school coaches and continue our efforts of growing the game of football and advocating for player protection,” said Roman Oben, NFL Vice President of Football Development.

“We believe this course will enable athletes to continue playing football at a high level while implementing proper playing techniques.”

“Football Tackling” begins by presenting that coaches must have a simple framework to effectively teach tackling while also managing contact. Coaching “checkpoints” known as Key Performance Indicators (KPIs) are also addressed in the opening chapter and range from striking accuracy and body positioning to appropriate drill intensity.

The course also stresses the importance of managing contact while players become acclimated to tackling drills and other physical practice activities. Balancing a regimen of contact and non-contact training is not only an effective way to monitor contact frequency and severity, it also provides opportunities for players to hone tackling mechanics such as tracking and leverage before putting them to use at full speed.

Another section takes an in-depth look at different types of tackling drills and separates them into four distinct categories: teaching drills, tracking drills, bag drills and ‘Small Space, Big Fight’ drills. Each subgroup contains roughly five drill examples that are profiled in detail according to their skill development objectives and can be used at various speeds and levels of contact for targeted instruction.

The final chapter of “Football Tackling” touches on equipment fitting and presents the necessary guide information and measurements for assuring players are wearing appropriately sized helmets and shoulder pads.

The “Football Tackling” course is one of several projects resulting from the NFHS-NFL partnership that was announced in September 2020. This first-ever partnership was aimed at promoting the growth, understanding and support for football at the high school level. A major focus of the NFHS-NFL partnership has been surveying of state

high school association administrators, high school student-athletes, parents, coaches and officials with regard to their experiences in football and the benefits of participation.

In addition, the partnership was started to identify, inform and educate participants, partners, associations, government and media around the benefits and values of participating in high school football.

Ed Passino, the senior consultant for high school football promotion who was hired to lead the NFHS-NFL partnership, has been involved in the production of “Football Tackling” as a part of his position to work with external stakeholders and football organizations to promote, grow and improve the overall perception of football at the high school level.

“Coaching education and player protection are primary pillars of the NFHS-NFL partnership, and this tackle course exemplifies that commitment,” said Ed Passino, Senior Consultant for High School Football. “Built alongside football coaches and athletic administrators across the country, this course provides coaches a lens to not only teach and evaluate tackling, but it also delivers concepts to best develop confidence in players through appropriate contact load management, skill instruction and progression guidelines.”

For more information on “Football Tackling,” please visit [The NFHS Learning Center](#).

This press release was written by Nate Perry, coordinator of media relations at the National Federation of State High School Associations (NFHS).

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